

Za Boha a Národ



For God and Nation

Slovak Catholic Falcon

Slovenský Katolícky Sokol

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Jesus is Risen as He said

by Rev. Andrew S. Hvozdic,
Supreme Chaplain

Happy Easter! There is breaking news! Jesus has risen from the dead! We hear all sorts of news every day but there is one news item more im-



portant than all others - Jesus' resurrection - and yet we do not hear much about Jesus' resurrection in the news bulletins. We

have studied history and there are various different interpretations of history but like news bulletins most of them miss the most important event of history, Jesus' resurrection. But Jesus' resurrection is the breaking news.

When there is big news you hear about it for a few days or more. But because Jesus' resurrection is such big news, we celebrate it in a particular way for the next fifty days during the entire Easter Season. We spend the next seven weeks unraveling the meaning of Jesus' resurrection for our lives and the Church. We see Jesus' resurrection symbolized by the Paschal Candle lit during every Mass throughout these next

fifty days until Pentecost. It was first lit last night during the Easter Vigil symbolizing Jesus' resurrection. During every Mass until Pentecost we will read a portion of the Acts of the Apostles which shows us the effects of Jesus' resurrection spreading out as the Church grows and grows and spreads and spreads. When you throw a stone into a pond, the ripples from the impact spread out and out, and during the next seven weeks we will see the impact of Jesus' resurrection spreading out more and more as we listen to excerpts of the Acts of the Apostles every day.

Since no one else has risen, Jesus' words are the most important words of all time in the whole world. So anyone looking for answers to questions about life and the meaning of life and what to do with one's life ought to look to Jesus' words for the answer. The entire Bible is the word of God, but the four Gospels contain the words of Jesus which is why we give the Gospels special importance. There are no other words in the world like these words of the Gospels. I once heard someone say he would love to know what God thinks. There is a way to find out what God thinks. Read the words of Jesus. The words of Jesus come from his heavenly Father. The words of Jesus are the words of God. If you want to know what God thinks, you have no further to look than the Bible and especially the words of Jesus in the four Gospels.

Not only is Jesus' resurrection the biggest breaking news of all time, news that we continue to celebrate specially for the next seven weeks of Easter, news that shows us we have to listen to Jesus for the truth if we are looking for answers to questions about life, but Jesus' resurrection is only the beginning. Before his death, he was in Galilee but since his resurrection he is with us everywhere and in every time. The empty tomb tells us the body of Jesus was not there. Where was he? He appeared many times to his apostles and disciples during the next days. One of the things Jesus taught after his resurrection is that the place to look for him is at Mass. On the road to Emmaus

(Continued on page 10)

Happy Easter from our Protector LENT/EASTER 2018 REFLECTION

What does Lent mean for you? There are as many responses as there are people. Sin, sacrifice, fasting,



Jesus carrying the Cross, suffering, crucifixion, death.

All these various aspects of Lent help us to re-think, re-focus, and re-discover the meaning of Lent which includes the strengthening our relationship with God as well as with others. By going through the discipline of Lent, whatever that is for you, we discard all the extra baggage in our lives which has accumulated over the years, that baggage of worldly things which turn our gaze and focus away from Christ. With each step, as we walk with Christ through His crucifixion, Christ leads us out of the darkness of our world

(Continued on page 10)

2018 Fraternalist of the Year Program celebrates volunteerism and outreach

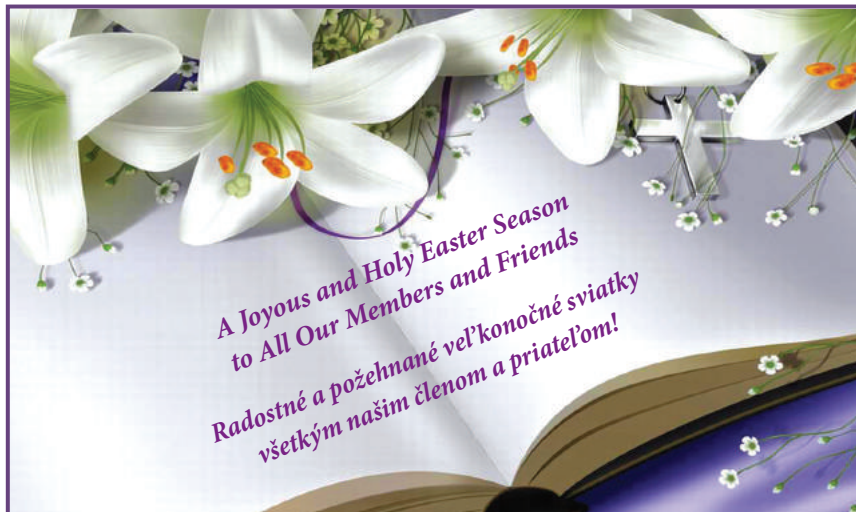
Life insurance benefits may be purchased from either a commercial insurance company or a fraternal benefit society. Both provide financial security, however a fraternal benefit organization provides much more than financial protection. Founded after the American Civil War, fraternalists in the United States offered an important extra not found in commercial suppliers - a vision and history of service and outreach to the community. The presence of fraternalists in churches, educational institutions and outreach projects enhance the quality and effectiveness of these groups which help to make a difference in the lives of countless individuals and communities. Often fraternalists are movers and shakers who champion particular and noble causes. They are able witnesses of the high ideals of fraternalism and are pleased to serve the needs of others.

Over the years, our organization has been blessed with individuals who have championed a spirit of caring and sharing among our members and within the communities in which we reside. Since 1985, we have taken the initiative to honor such members with our Fraternalist of the Year designation. Each year we ask the membership to recommend an individual member who in their mind reflects the vibrant spirit

of Sokol fraternalism and outreach. Such individuals often do so quietly and without much acclaim. Well, now is the opportunity for an Assembly, Wreath or individual member to take the time to nominate an individual member who in their estimation serves as a role model and mentor for others and who is worthy of such recognition. There are many such individuals out there and they should be recognized. So at your next lodge or Group meeting, discussion of the Fraternalist of the Year program should be on the meeting agenda and an individual should be nominated.

This year's honoree will be presented with an appropriate plaque along with a gift of \$200 as a small token of our gratitude for his or her efforts in promoting Slovak Catholic Sokol volunteerism and outreach. The presentation of the Fraternalist of the Year plaque will take place at a dinner hosted by our organization for the honoree's family and friends.

A special nomination form is available from the home office. Contact Daniel F. Tanzone who coordinates the program at 800 886-7656. A recent photo of the nominee should be included along with the completed nomination form. Deadline for receipt of the completed nomination form at the home office is Friday, July 6, 2018.



A Joyous and Holy Easter Season
to All Our Members and Friends
Radostné a požehnané veľkonočné sviatky
všetkým našim členom a priateľom!

Message from our Supreme President

by Michael J. Horvath

Valentine's Day 2018 was to be a day to express our love, appreciate, honor and begin our 40 days of lent, instead it turned out to be a day of tragedy. Future Valentine's Days will now remember Valentine's Day as the day that young school students and teachers lost their lives in a horrible act of violence. Let us continue to pray daily and each Valentine's Day for all victims of violence and their families and continue to pray that this violence will stop.

On Sunday, March 4, 2018, I attended Assembly 59, Wilkes-Barre, PA, annual meeting. It was one of the several meetings Assembly 59 holds in the year but it is the most important meeting of the year. The Assembly officers went through the normal agenda items and then started a discussion on how to get more members interested in the Assembly and its meetings. The discussion led to activities and communications. The members attending the meeting were asked come to the next meeting with ideas for activities the Assembly can sponsor

to increase membership participation. This brought a level of excitement and was support by those at the meeting. I believe this is a good start for the Assembly and hope other Assemblies will do the same.

As you are reading this article your Board of Directors is holding its 1st quarterly meeting of 2018, March 16-18, 2018. The Board will be reviewing the results of 2017 and hear the annual reports of the Slovak Catholic Sokol professional advisors. Our investment advisor, PNC Investments, actuary, CPS Actuaries and accountant, Vision Financial will be giving us the data on the financial conditions of the Society and their recommendations on how to improve it in 2018. Our Director of Sales and Marketing, Albert J. Suess, Jr., F.I.C. will provide the Board with the results of 2017 and his plans for 2018. The Physical Fitness Board will introduce their 2018 list of ideas and activities for the Boards approval. The Board then will make its recommendation on the goals and objectives it wants to achieve in 2018. All of the reports and minutes of the meeting will be published in a future issue of the Falcon. Any member having any questions regarding the reports of the meeting

(Continued on page 4)

Pittsburgh Agreement Centennial Celebration on April 15 in New York

The Slovak League of America, a civic and cultural federation of organized Americans of Slovak ancestry, will host a special celebration marking the 100th anniversary of the signing of the Pittsburgh Agreement on Sunday, April 15 in New York City. It was the Slovak League of America along with the Czech National Alliance, the representatives of organized American Slovaks and Czechs, which called and hosted the historic meeting in Pittsburgh in May 1918 and invited Thomas G. Masaryk to the gathering. Masaryk would become the first president of Czecho-Slovakia in October 1918.

The Pittsburgh Agreement spelled out in detail the rights of autonomy for the Slovaks who would partner with the Czechs in the new state. Unfortunately, Masaryk later failed to honor the promised autonomy and instead presided over a strong centralist regime in Prague. The hyphen found in the original spelling of the new republic would disappear in 1923.

The celebrate this historic document in the history of the liberation of the Slovaks and Czechs, the Slovak League, will host the celebration at St. John Nepomucene Parish located at the corner of East 66th Street and First Avenue in Manhattan. The Rev. Richard D. Baker serves as pastor of the United Parish of St. John Nepomucene, St. John the Martyr and St. Francis Xavier Cabrini. Slovak Mass will be celebrated at 10:15 a.m. in church and the luncheon and cultural program begins at 1 p.m. in the parish social hall located at 407 East 67th Street. Principal speaker at the luncheon will be Cynthia M. Maleski, Esq., national president of the First Catholic Slovak Ladies Association and our Sokolka. A cultural program will feature the talent of the young tenor and star of the Metropolitan Opera, our Sokol of Assembly 182, Andrew Pulver who will present an array of beloved Slovak folk songs. A spirited display of Slovak folk dances will also be presented by a local New York area Slovak folk ensemble. Area Sokol members are invited to attend the program which includes a luncheon free of charge to all participants. An enjoyable afternoon is assured.

OUR NEXT ISSUE IS APRIL 18

In keeping with our monthly publishing schedule of the Slovak Catholic Falcon, the next issue will be that of Wednesday, April 18. Deadline for all photos and information for this issue will be Monday, April 9.

From the Supreme Physical Fitness Board A Healthier You!

With the summer fast approaching, I am sure everyone is looking attain that perfect beach body. I am sure that many people committed to a New Year's resolution to lose



weight or have a healthier diet. As we move into March, maybe the burden of our everyday lives have put our New Year's resolutions on the back burner. We make convenient excuses such as, "I will lose weight once I do finish my work project or I will exercise when the kids are done with school." Since I am newly appointed to the Supreme Physical Fitness Board, and given that my current studies are in Physical Therapy, I thought it would be beneficial to give you some helpful tips and advice to help you stick to your diet and lose that weight for the beach body, or simply, healthier body, you want.

The most important thing when losing weight is to stay hydrated. Water is key to helping your body keep its metabolism going. Your metabolism is important for turning all the food you consume during the day into energy. It is recommended that you drink 6 to 8 cups of water each day. However, with exercise it is important to drink even more than those 6 to 8 cups. Keep in mind that sugary drinks such as juice and soda or pop are not good for you. That extra sugar you intake, if not burned, gets converted to fat right away, which is then stored in your body. Am I telling you to not have your daily cup of orange or apple juice? No. Rather I am saying do not have that second or 3rd cup because that is unnecessary.

Another valuable tip is to watch

your overall sugar and carbohydrate intake. When you are shopping for food make a conscious effort to read the labels and see how many grams of sugar are in the item. For example, Greek yogurt is a great source of protein and probiotics. However, some companies pack it with sugar - up to 18grams! Try and find that Greek yogurt or whatever food you like that has less sugar, preferably 9-14 grams, because this in turn will help you keep the fat off. Carbohydrates are great sources of energy for the body that is because the body turns them into glucose. Glucose is a simple sugar that provides your body with energy. However, if you intake too many carbs and do not exercise the body takes the excess glucose and turns them into fat. If you do consume carbohydrates it is important to buy whole wheat pasta and breads with grains. It is important to try and avoid refined flour.

Dieting does no good without exercise. I am not saying that you have to train like an Olympian, but moderate exercise along with dieting will reap benefits. The days are getting longer and the weather will start to get warmer. A helpful hint to get some extra exercise is going for walks as a family after dinner. Even if it is just 15 minutes! When you drop your son or daughter off for practice, maybe stay and walk or run while they are practicing. Walking or running are great ways to also help manage or prevent other diseases such as high blood pressure, diabetes or high cholesterol.

Hopefully the helpful hints I presented will help you get back on track with that New Year's resolution, and get you to that ultimate beach body, or more realistically, a healthier you.

Zdar Boh!
Kevin Mattom

Fun Facts About Easter You Probably Didn't Know

The art of painting eggs is called pysanka, which originated among the Slavic nations. It involves using wax and dyes to color the egg.

The term Easter gets its name from Eastre, the Anglo-Saxon goddess who symbolizes the hare and the egg.

The exchange or giving of Easter eggs actually dates back to before Easter and the giving of eggs is actually considered a symbol of rebirth in many cultures.

Peep peep... did you know Americans buy more than 700 million marshmallow Peeps during Easter? This makes Peeps the most popular non-chocolate Easter candy.

Americans consume more than 16 million jelly beans during this holiday. That is enough jelly beans

to circle the globe not once, not twice, but three times.

During the holiday, more than 90 million chocolate bunnies, 91.4 billion eggs and 700 million Peeps are produced each year in the United States alone.

Next to Halloween, Easter is the biggest candy-consuming holiday of the year. Good thing they are almost six months apart, perfect for your yearly dentist check-ups!

An estimated \$14.7 billion is spent in total for Easter in the US.

Easter is the oldest Christian holiday and one of the most important days of the year.

The White House of tradition of the Easter Egg Roll started back in 1878, with President Rutherford B. Hayes.



SLOVAK CATHOLIC SOKOL

A tradition of providing sound financial protection and benefits to our members.

Slovak Catholic Sokol Discount Program

As a Sokol, you now have access to hundreds of travel and entertainment discounts. Just become a member of Tickets At Work to access your discounts.

Tickets At Work is pleased to offer entertainment and travel discounts for both regional and nationwide attractions and events to all Slovak Catholic Sokol members. These discounts are not available to the general public and are exclusive to the Tickets At Work Corporate Discount Program. Be sure to visit often as new products and discounts are constantly being added!!

COMPANY CODE: go to www.slovakcatholicsokol.org for code

How to Get Started:

1. Go to <http://www.ticketsatwork.com>
2. Click on "Become a Member".
3. You will then be prompted to create an account with your email address & company code.

Once enrolled, you will have access to all the discounts nationwide.

If you do not have internet access, you can call customer service at the toll free number - 1-800-331-6483, and use the Slovak Catholic Sokol code (contact Kathy for code). Customer Service is available 7 days a week.

See the TicketsAtWork.com website for details and restrictions.

If you have any questions, contact Supreme Physical Directress Kathy Watkins at kathyw323@gmail.com or 412-225-8233.



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Slovak Catholic Sokol



*From the desk of the Supreme Secretary***TAKE ADVANTAGE OF THESE RATES**

by Scott T. Pogorelec, F.I.C.

As usual, the month of March brings some rather interesting weather. It can be 65 degrees with sunshine one day and 30 degrees plus a nor'easter the next! This March has been no different as we are dealing with some winter snowstorms here in New Jersey. We hope all our east coast Sokols are staying safe and are keeping faith that warmer times are near.

The month of March here at the Home Office allows us an opportunity to review our past year results and to look forward to our future. The first Quarterly Meeting of the Board of Directors will be held at the Home Office on March 16th and 17th. Our Board, which is the highest governing body of our organization between Conventions, will be making the important decisions to ensure our successful future. We will get a chance to hear from our hired professionals who will report on our 2017 results and 2018 projections. I am very pleased to announce that for the second year in a row, we will be seeing an increase in Surplus! The Home Office and Board of Directors will continue to look for ways to increase our income and minimize our expenses in this volatile environment. In the coming issues of the Falcon, you will have the opportunity to read the reports of our Directors, as well as the Official Minutes of the Board of Directors Meeting. I recommend that you take the time to read each report to acknowledge the time and effort put in by each of our Officers.

March also gives us a reminder that Uncle Sam will be looking for us! I am, of course, speaking about the dreaded Tax Day. This year, taxes aren't due until Tuesday, **April 17th**. That is the deadline for submitting individual tax returns to the federal government for tax year 2017. The reason Tax Day does not fall on the 15th in 2018 is two-fold: First, April 15th falls on a Sunday this year. And second, Monday, April 16th is Emancipation Day, a holiday celebrated in Washington D.C. I hope that a giant refund will be in order for all our Sokol members! If in fact a refund is coming, have you thought about what you will do with the extra cash? I would like to urge all our members to look into purchasing something that will secure not only your future, but also the future of your Family. This year, why not invest in a Sokol Annuity?

Our Vantage Collection of annuities offer financial protection and supplies you with the same fraternal benefits that a Legacy Life product would offer. The current rates are extremely competitive and certainly more attractive than any bank CDs currently available. Your investment can grow rapidly since there is no initial service, contract, or premium fees. Every dollar you pay in premium goes directly to your account's cash value and starts earning interest immediately. Another important factor is that our annuity products are tax deferred, meaning your gains are accumulated tax free and only gets taxed upon constructive receipt of the gain. This allows for the growth to be compounded on the portion of earnings and not subjected to investment taxation. As you can see, the benefits of investing in our products are plentiful. So, think about using that tax return in one of the smartest ways possible in securing your future and retirement. If you have any questions, give me a call at the Home Office or call our Director of Sales and Marketing, Albert J. Suess, F.I.C., at (855) 874-9179, and we would be glad to assist you. For more information, you can also visit our website, www.slovakcatholicsokol.org.

Allow me to take this opportunity to wish all our members and families a blessed and joyous Easter. On behalf of my beautiful wife, Maggie, my "always smiling" son, Reid Thomas, and my entire Family, may you and yours enjoy a wonderful Easter! God Bless and Zdar Boh!

Cardinal Timothy Dolan to bless Easter Baskets at New York Slovak Church

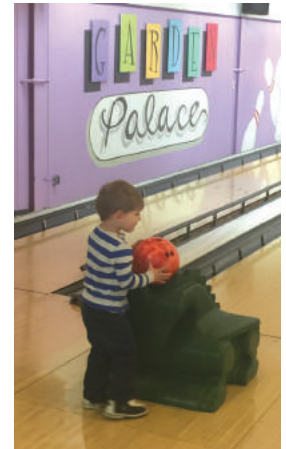
Father Richard D. Baker, pastor of the United Parish of St. John Nepomucene, St. John Martyr and St. Frances Xavier Cabrini in New York announced this week that His Eminence, Cardinal Timothy M. Dolan, the Archbishop of New York will bless the traditional Easter baskets in St. John Nepomucene Church on Holy Saturday, March 31 beginning at 11 a.m. The church is located at the corner of East 66th Street and First Avenue in Manhat-

tan, tel. 212 734-4613.

These baskets are filled with the traditional foods enjoyed at the Easter celebration in a Slovak home. Cardinal Dolan's visit is historic in that he is the first Archbishop of New York to celebrate the traditional rite in the Slovak parish which had its beginnings on New York's lower East Side in 1895. The New York area Slovak community is invited to participate in the blessing rite.

Scenes of the 13th Annual Sokol Children's Bowlingfest Hosted by Group 1

The Garden Palace Bowling Lanes – Clifton, N.J. – February 18





REFLECTOR...

Jotings from Sokol and Slovak life

Centennial of the Pittsburgh Agreement set for May 31

All is in readiness for the 100th anniversary of the signing of the historic Pittsburgh Agreement set for May 31. The commemorative program will be held at the Heinz History Center in Pittsburgh, Pa. beginning at 6 p.m. The program will include presentations by various government officials from Slovakia and the Czech Republic. A reception will follow the formal program.

The signing of the Pittsburgh Agreement on May 31, 1918, was an important step in the course of events which led to the establishment of an independent Czechoslovak state after the First World War. Hosted by the Slovak League of America, the Czech National Alliance and Slovak American fraternal organizations, the group invited Professor Thomas G. Masaryk to Pittsburgh, who later became the first president of Czechoslovakia, to discuss the issue of Slovak autonomy for the new republic.

Admission for this memorable event is \$35.00 per person (no tickets will be printed). Admission can be purchased from Carol Hockman at carohl254@aol.com or from the Honorary Slovak Consul Joseph T. Senko at jtsenko@aol.com or tel. 412 956-6000. Make checks payable to WPSCA and mail to: Manor Oak Two, Suite 500, 1910 Cochran Rd., Pittsburgh, PA 15220. No admission will be sold at the door. Admission must be purchased by the deadline of May 15.

A special commemorative limited edition medal has been struck for this event. The medal and wooden stand are available for \$35.00 plus \$5.00 for shipping and handling. The medal as well as a 11/17-inch poster of the Pittsburgh Agreement at the cost of \$10.00 will also be available at the event or by contacting the contacts above.



Special hotel accommodations have been made with the Hampton Inn, located across the street from the History Center and the Homewood Suites one block away. The group rate at the Hampton Inn is \$169 a night plus tax. For reservations at the Hampton Inn call 412 288-4350 or book online. The rate at the Homewood Suites is \$179.00 plus tax. Their phone number is 412 232-0200. At either hotel, mention that you are with the Pittsburgh Agreement group. Deadline for reservations is May 2.

In conjunction with the celebration, a symposium is scheduled for the afternoon of May 31 from 1:30-3:30 p.m. at the University of Pittsburgh in room 4130 of Posvar Hall. All are welcome to attend. The panel will include speakers familiar with Czech, Slovak and U.S. history during the years surrounding the signing of the Pittsburgh Agreement. Panelists will include Dr. Milada Polisenka from Anglo American University in Prague, Dr. Slavomir Mihalek from the Institute of History of the Slovak Academy of Sciences and Dr. Hugh Agnew from George Washington University.

For additional information on the celebration, contact the Slovak Honorary Consul Joe Senko at 412 956-6000 or the Czech Honorary Consul Carol Hochman at 412 855-6581.

Centennial All-Sokol Slet set for July 1-7 in Prague

2018 is an important year in the life of Slovaks and Czechs worldwide. It marks the 100th anniversary of the establishment of the first republic of Czechoslovakia. It was in 1918 with the support and blessing of the United States and the administration of President Woodrow Wilson and his Fourteen Points program, that the Slovaks and Czechs were liberated and a new free, democratic republic was set up in the very heart of Europe. American Slovaks and Czechs played a significant role in the country's establishment. The spelling of the new republic's name in 1918 employing the use of the hyphen, reflected the fact that two peoples, the Czechs and the Slovaks made up the republic. In 1923, the hyphen suddenly disappeared.

The Sokol movement was founded in Prague in 1862. From its beginnings, the movement promoted the liberation of the family of Slavic nations. Needless to say, the movement found no support within the Austro-Hungarian government. 1918 saw the first All-Sokol Slet - Vsesokol'sky Slet held in Prague. Previously, the Hapsburgs did not allow any large-scale Slets. Slets were only held locally. The movement quickly spread among the various Slavic peoples. The Slovaks organized their first group in 1865, the Poles in 1867, the Slovenians, the Croatians, the Ukrainians and others soon followed suit.

The Sokol movement had its beginnings in the United States in 1865 when a group of Czech immigrants established their organization in St. Louis. The first Polish Sokol group was founded in the United States in Chicago in 1887. The first Slovak Sokol group was formed in Chicago in 1896 and our own Slovak Catholic Sokol was founded in 1905. A Canadian Sokol organization was later established. With the establishment of Czechoslovakia, the first Sokol Slet including Sokols from around the world gathered in Prague for the first international Sokol Slet. Over the years, such All-Sokol Slets were held regularly in Prague with the exception of the World War II years as well as during the 41-year Communist domination of Czechoslovakia. Members of the Slovak Catholic Sokol participated on one of these All Sokol Slets in 1929.

This summer's Slet then celebrates the rich fitness, educational, cultural and social programs of the Sokol movement worldwide. A number of American Sokol members plan to participate in the historic centennial Slet in Prague in July. For additional information on this Slet, contact the American Sokol, 9126 Ogden Ave., Brookfield, Ill. 60513, <https://american-sokol.org/prague-slet-2018/>

In conjunction with the 2018 XVI All Sokol Slet in Prague, Sokol Greater Cleveland will host a tour, A Week

in Prague, June 30 to July 8. The tour includes 8 nights hotel accommodations at the Hotel Roma, daily meals, motor coach as per itinerary with English speaking guide; tours to Karlstejn Castle & Beroun, Kutna Hora and Prague, entrance fees, admission to the XVI Sokol Slet, all hotel taxes and fees, plus optional sightseeing tours, as well as theatre and concert programs. \$1,222.00 per person based on double occupancy, airfare not included; for reservations contact Vlad Nemecek at Email: vjnemecek@aol.com or tel. 901 570-0361. Airfare not included.

As heirs of the great Sokol movement, we extend best wishes to all those who will participate in the XVI All Sokol Slet in Prague. Nazdar and Zdar Boh!

Join us for the 2018 Consular Tour of Slovakia and its Neighbors

Honorary Slovak Consul, Joseph T. Senko is pleased to announce that this year's 13th annual deluxe 15-day tour to Slovakia, Austria, Poland and Hungary is set for August 13-26. The itinerary for Slovakia includes visits to the historic cities and towns of Bratislava, Svätý Jur, Devín, Bojnica, the High Tatras, Levoca, Kezmarok, Spišská Sobota, Spišský Hrhov, Zdiar, Stara Lubovna, Kosice, Bardejov, Jediná and Presov. Some of the highlights in Slovakia include six castles, a mock wedding, two wine tastings and rafting on the Dunajec river which forms the natural boundary between Slovakia and Poland. This the only 2018 tour that also includes welcome receptions by the U.S. Ambassador in Bratislava and the Mayor of Presov. A tour of the imperial capital of Vienna is also included in the itinerary.

As you travel through various regions of Slovakia, arrangements can be made for you to visit your ancestral villages and families.

At no extra cost, Brother Senko who is our Sokol of Assembly 16 in Pittsburgh, has included two nights in Poland and two nights in Hungary. While in Poland, the tour will visit the shrines of St. Faustina and the Shrine of the Black Madonna - Our Lady of Czestochowa. In addition, the tour will visit the Wadowice, the birthplace of St. Pope John Paul II, the famous Wieliczka salt mines and Auschwitz. And of course, we will stop in Zakopane.

In Hungary, the tour will visit the architectural sites including the Royal Palace, Citadella fortress and the Hungarian parliament.

The total price for this fantastic tour is just \$4,300 per person, based on double occupancy. This includes round-trip airfare from either Pittsburgh or New York, two delicious meals daily, four star hotels, free admission to all the sites, air conditioned bus, a professional English-speaking guide and more. Compare this itinerary with other tour packages. For a detailed copy of the daily itinerary or more information, contact Joe Senko at jtsenko@aol.com or tel. 412 956-6000. Join your fellow Sokol members on this once-in-a-lifetime opportunity to visit the land of our ancestor. An enjoyable and memorable experience is assured.

Slovak Language Program Set

The California University of Pennsylvania is pleased to announce that it has formed alliances with the Ministry of Education of the Slovak Republic, the iLearn Civic Association in Bratislava and the Studia Academica Slovaca - the Centre for Slovak as a Foreign Language at Comenius University, Bratislava, Slovakia as partners in a project whose aim includes but is not limited to the creation and delivery of Slovak language courses at both the elementary (basic course) and academic level (Slovak as a foreign language).

As a first step, we offer you free of charge a pre-beginner e-learning course of Slovak as a foreign language aiming to basic language skills which can be applied in everyday use. The online course consists of various dialogues, illustrations, records, and exercises and therefore it provides direct feedback after testing your acquired skills. The vocabulary and phraseology for this course is freely accessible in Google Play Store or Apple Store with the name iLearn.sk

Feel free to register on the site www.myslovak.sk and start learning!

More information you can find on our website www.csj.sk - **Bruce Barnhart**, Provost and Vice President for Academic Affairs, California University of Pennsylvania, PA; **Vladimir Burcik**, Project's Solution Manager in charge, Faculty of Arts, Comenius University in Bratislava, Slovakia.

Held in Boardman, OH, January 12-14, 2018

Minutes of Annual Meeting of the Supreme Physical Fitness Board

FIRST SESSION, FRIDAY - JANUARY 12, 2018

The first session was called to order by Supreme Director of Sports and Athletics James Matlon. Brother Matlon welcomed all Fitness Board members and stressed the importance of family, faith, fraternalism and friendship for our fraternal society.

Opening prayer was proclaimed by Assistant Physical Director Dusan Dorich.

Pledge of Allegiance was led by Supreme Physical Fitness Board Member Julie Laury.

Roll call was taken by Supreme Physical Fitness Board Member Nancy Kropolinsky. All Fitness Board members were present.

Welcome Remarks

Welcome remarks were given by the following members:

President of Group 17 and Chairperson of the Supreme Auditors Jim Jerek welcomed all board members. Brother Jerek offered his assistance for anything that the board needs for the weekend meeting in Boardman. He provided ethnic food for our Friday evening meeting, and arranged Saturday evening Mass with his brother, Father John Jerek, as the officiant.

Supreme President Michael Horvath gave greetings, and welcomed all board members. He spoke on the success of all events in 2017 and complimented the hard work and the leadership of Brother John Underation and Sister Kathleen Watkins at the Slet.

Supreme Secretary Scott Pogorelec spoke of the Board of Directors support and pride in annual activities and the leadership of the SPFB. A huge welcome was expressed to Brother Kevin Matlon for accepting an appointment to the Physical Fitness Board as one member is currently on a leave of absence. Condolences were offered to Brother John Underation on the passing of his father.

Supreme Physical Director John Underation spoke of the support his family received from the entire Sokol family.

Supreme Physical Directress Kathleen Watkins spoke about the amount of hard work and dedication that goes on before and behind the scenes of all our events and thanked the board members for their support.

Slovak Catholic Sokol - 2017 International Activities

Group	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	Totals
Bowling	8	0	0	0	5	12	16	0	12	0	6	0	7	0	1	0	0	0	0	67
Slet	5	0	41	30	25	0	10	0	0	4	0	0	50	0	0	1	0	21	0	187
Golf	7	0	0	0	28	4	15	0	15	1	0	7	0	25	0	3	9	0	8	122
Reunion	0	0	0	2	4	0	5	0	0	0	0	0	0	18	0	0	7	2	0	38
Walking																				
Program	5	2	2	18	28	4	0	2	4	1	3	12	13	25	0	0	2	1	0	122
Softball																				
Volleyball/Basketball																				

Supreme Physical Directress Kathleen Watkins discussed the yearly activity report shown below.

Objectives and Goals for the annual meeting were established by Supreme Director of Sports and Athletics James Matlon.

Old Business

Review of the 2017 International Slet

Supreme Physical Director John Underation and Supreme Physical Directress Kathleen Watkins reviewed information received from the 2017 International Slet. The SPFB members reviewed a Slet questionnaire sent to all Directors, Directress, chaperones and SPFB members. The questionnaire discussed ideas and potential changes for future International Slets.

Supreme Physical Directress and Supreme Physical Director wanted to once again thank all family and friends who volunteered to help during the International Slet. Supreme Physical Directress Watkins will respond to all groups regarding the comments and suggestions.

Supreme Director of Sports and Athletics James Matlon acknowledged a letter from Group 4 president Jennifer Romine. Sister Romine wished great success for the SPFB members as well as provided suggestions and recommendations for future sporting events.

The minutes from last year's meeting were reviewed and approved.

Supreme Director of Sports and Athletics James Matlon established the break out session committees.

Clinic: John Underation, Chairperson. Kathy Watkins, Dusan Dorich, Katie Swift, Julie Laury, Martin Degnan, and Kevin Matlon

Sports Program/Communication: Frank Laury, Chairperson. Kevin Matlon and Nancy Kropolinsky

Group/Assembly Correspondence: Kathleen Watkins and, Chairperson, Dusan Dorich
Supreme Director of Sports and Athletics James Matlon then closed the meeting to allow the SPFB to meet in their breakout sessions.

A motion was made by Supreme Physical Fitness Board Member Julie Laury to close the first session and seconded by Supreme Physical Fitness Board Member Kevin Matlon.

A closing prayer was said by Supreme Physical Fitness Board Member Kevin Matlon

SECOND SESSION, SATURDAY, JANUARY 13TH

Supreme Director of Sports and Athletics James Matlon called the second session to order at 9:00 am.

Opening prayer was said by Supreme Assistant Physical Directress Katie Swift.

Clinic Assignments

The International Clinic will be held once again at SUNY Brockport, July 26-29.

A discussion was had by all members discussing previous comments about the food, lodging and facilities at SUNY Brockport.

Assignments for the International Clinic will be finalized closer to the date of the Clinic.

The evening activities were decided as the board discussed the importance of having organized events for fraternal fun.

A lively discussion was had by all on several changes that will need to be addressed at the

Clinic to take place at the International Slet.

There was discussion regarding an insurance seminar at the clinic. Supreme Secretary Scott Pogorelec will be in attendance, so he has offered to conduct the seminar to address the issuance of policies and how to send in recommendations to the home office.

Activities and seminar topics were discussed.

Supreme Physical Director John Underation will need to finalize all contract details for the International Slet in 2019.

Presentation of Committee Reports

Sports Program/Communication

Supreme Physical Director John Underation deferred the report to Supreme Assistant Physical Directress Katie Swift.

The 72nd International Bowling Tournament will be held at Orleans Lanes in Las Vegas, Nevada on Monday May 21st and Tuesday May 22nd.

Rocky Gap Reunion will be planned once again by Assistant Physical Directress Katie Swift. The proven success of last year's event encouraged the SPFB members to make this a yearly event. The reunion will be held from June 1-3, 2018.

A lively discussion was had to keep the traditional Softball tournament alive. A suggestion was made to make the tournament more of a family fun or weekend getaway. Supreme Physical Fitness Board Member Marty Degnan will work with Supreme President Mike Horvath to arrange an AAA baseball game on Friday evening and a casino evening on Saturday. The Softball Tournament will be held the weekend of July 13-15, 2018.

Supreme Director of Sports and Athletics James Matlon is in the process of making posters for all events to be hung up in the Slovak Catholic Sokol Clubs to help increase participation.

The 63rd International Golf Tournament will be held in West Middlesex, Pennsylvania. There was a discussion on the feasibility of having electronic scoring at future golf tournaments. Brother Matlon will look into it.

Supreme Director of Sports and Athletics James Matlon assigned the SPFB members to events for the 2018 Sports year. Supreme Physical Fitness Board Member Nancy Kropolinsky will work the Bowling Tournament. Supreme Physical Fitness Board Member Marty Degnan will work the Softball Tournament. ALL SPFB members will work the International Clinic and Supreme Physical Fitness Board Member Julie Laury will be working the golf tournament.

Supreme President Mike Horvath had a lengthy discussion on the importance of philanthropy work that we take part in. This past year the International Slet participated in the Crayon Project and also collected gently used golf shirts for the golf tournament to be donated. Brother Mike would like the organization to participate in more acts of kindness at each event. The SPFB decided to design a refrigerator magnet with the 2018 sports activities listed. Supreme Physical Directress Kathleen Watkins will begin working on designing and ordering the magnets. These will be sent to all BOD members, SPFB members, Honorary Supreme Officers, Group Presidents, and anyone who participated in an event in 2017.

Review of 2017 Falcon Articles

Assistant Physical Director Dusan Dorich reported that all SPFB members did complete their required articles for the 2017 year.

Brother Dorich then assigned the 2018 articles as follows:

January-Martin Degnan
February-Julie Laury
March-Kevin Matlon
April-Katie Swift
May-John Underation
June-Nancy Kropolinsky
July-Dusan Dorich
August-Kathleen Watkins
September-Julie Laury
October-Martin Degnan
November-Katie Swift
December-Frank Laury

Supreme Physical Directress Kathleen Watkins reminded everyone that the Falcon is now going to a once a month publication. Please remember that all articles must submitted to the Home Office in the first week of each month.

Supreme Assistant Director of Sports and Athletics Frank Laury discussed the review book. After many hours of work, he added names of each event, places and names of participants to the photos. It was discussed that the SPFB would like that to continue for the 2019 Slet.

Supreme Physical Fitness Board Member Nancy Kropolinsky gave an annual report on the Sunshine Fund. The Sunshine Fund is a fund that all SPFB members collect money for different events throughout the year.

New Business

Supreme Physical Fitness Board Member Nancy Kropolinsky, with the help of Supreme Auditor Jim Jerek has designed a website to sell promotional gear. Items will include hooded sweatshirts, visors, ¾ zip shirts, golf shirts, t-shirts and other items. The website will be released in the upcoming months.

A lively discussion was had by Assistant Physical Directress Katie Swift on how to keep the younger generations involved. The importance of keeping members who are in their mid-twenties stay involved is key for future growth.

The SPFB is creating events called Sokol Hangouts. It will be a very non-formal way to plan events for people to come together, catch up and have a stress free time. Events will include the Warrior Dash, Color Runs, The Tillman Run, and group rates at indoor water parks. More information will be posted soon.

Supreme Physical Directress Kathleen Watkins will continue to update the Facebook and Twitter pages and Assistant Physical Directress Katie Swift will continue to update the Instagram page.

2018 Physical Fitness Board Recommendations:

(Continued on page 6)

Held in Clifton, N.J.**Minutes of the Annual Meeting of Group 1, "Msgr. Stephen Krasula"**

The annual meeting of Group 1 took place on Sunday, October 29, 2017 in Clifton, N.J. The program opened with the officers and delegates marching in a body to SS. Cyril and Methodius Church for the 10:30 a.m. Slovak Mass which was celebrated for the living and deceased members of Group 1 by the Rev. Richard D. Baker, Group 1 chaplain and pastor of the United Parish of St. John Nepomucene, Martyr, and St. Frances Xavier Cabrini in New York City. Concelebrants included Msgr. John J. Demkovich and the Rev. Peter Bujdos, C.O.

Following the liturgy, the officers and delegates assembled in the church hall where the annual meeting was called to order by the President, Attorney John D. Pogorelec, Jr. The president then called on our chaplain, Father Richard D. Baker who offered the opening prayer followed by the Pledge of Allegiance to the Flag. The president then called on Supreme Sports Director James C. Matlon to offer the welcome on behalf of Assembly 24 of Boonton, N.J. which was hosting this year's meeting.

The roll call was then taken.

Representatives from the following lodges were present: Assembly 1 and Wreath 2, Passaic, N.J., Assembly 24, Boonton, N.J., Assembly 162, Clifton, N.J., Assembly 182, New York City and Assembly 219, Yonkers, N.Y.

The president then asked the Secretary, Daniel F. Tanzone to read the minutes of the officers meetings held in 2017. The minutes of the meeting of February 11 were accepted on a motion by Joseph Lojek, seconded by Albert Pogorelec. The minutes of the meeting of September 23 were accepted on a motion by Thomas Krack, seconded by Christine Smith.

Then a written report was distributed by the treasurer, Anthony Glodava. Acceptance was postponed until the report of the auditors might be presented.

The officers reports were then presented. The report of the Chaplain, Rev. Richard D. Baker was accepted on a motion by Dorothy Lukas, seconded by James C. Matlon.

The president vacated the chair to the vice president. Brother John D. Pogorelec, Jr. then presented his report. The report was accepted on a motion by Peter Walentowicz,

seconded by Joseph Krzysik.

The report of the vice president John Termyna was then accepted on a motion by Peter Walentowicz, seconded by Eric Topczij.

Daniel F. Tanzone then presented his report as secretary which was accepted on a motion by Clifford Ainsworth, seconded by Christine Smith.

The report of the auditors was then presented by David Bulwin. He and the other auditor, Thomas Krack indicated that they found all books to be in order and commended Brother Glodava, the treasurer on a job well done. They moved for the adoption of the treasurer's report which was accepted on a motion by Eric Topczij, seconded by Anna Walentowicz.

The report of the Physical Fitness Board was then presented by the Sports Director Eric Topczij. Brother Topczij presented an overview of the sporting activities in which Group 1 participated in 2017. Group 1 was represented at the 48th International Slet held at SUNY Bockport, N.Y. as well as the 71st international bowling tournament held in Wilkes-Barre, Pa. Group 1 golfers also enjoyed participation in the 62nd international golf tournament held in DuBois, Pa. No softball tournament was held in 2017. Group 1 hosted its successful adult bowling tournament, the children's bowlingfest as well as the Spaghetti Supper. Brother Topczij looked forward to our youth participating in the Supreme Clinic - Kurz in Bockport, N.Y. during the summer of 2018. On a motion by John Termyna, seconded by Thomas Krack, the report of the Physical Fitness Board was accepted.

Before breaking for lunch, the president called on Supreme Secretary Scott T. Pogorelec, F.I.C. for remarks. The appointment of the various committees was announced and the president asked that they meet during the luncheon break. The blessing before meals was then offered by Father Richard D. Baker. Introduction of Supreme Officers in attendance then took place. In addition to our General Counsel, John D. Pogorelec, Jr. and Supreme Secretary Scott T. Pogorelec, introduced were Supreme Sports Director James C. Matlon and Honorary Supreme Officers, John D. Pogorelec, Sr., Esq. and Daniel F. Tanzone.

Following the luncheon, the president called the second session of the annual meeting to order at 1:30 p.m. The Verifications Committee presented its report. A total of 16 delegates and 13 officers were in attendance. The chairman, Joseph Lojek moved for the adoption of the report and was accepted.

The report of the Resolutions Committee was then presented by its chairperson Clifford Ainsworth.

Report of the Resolutions Committee

1) Congratulations and fraternal best wishes go out to Group 1 members who were recipients of Slovak Catholic Sokol Scholarship Grants in 2017. These include on the college level: Alexis Benjamin, Suzanne Bilicka, Mark Farrell, Jenna Freda, and Sean Freda; on the high school level, Ethan D. Romagnoli and Brooke A. Morella; and on the grade school

(Continued on page 17)

Sokol Calendar**MARCH 16-17**

■ Quarterly Meeting of the S.C.S. Board of Directors at the Home Office, Passaic, N.J.

SUN. MARCH 18

■ Annual St. Joseph Day observance hosted by Assembly 182 at St. John Nepomucene parish, corner 66th Street and First Ave., New York City, beginning with Slovak Mass at 10:15 a.m. followed by luncheon and fraternal program in the parish social hall.

■ Annual Lenten Mass and Brunch hosted by Assembly 25 and Wreath 15 beginning with 8 a.m. Mass at St. John the Baptist Church followed by brunch at the Slovak Catholic Sokol Club, Perryopolis, Pa.

■ Semi-annual meeting of Group 3, "Rev. Edmund Mochak" at the Slovak Catholic Sokol Hall, Route 16, Douglas, Mass. beginning at 10:30 a.m., coffee and danish will be served.

■ Bowling Party hosted by Group 14, "St. Francis of Assisi" at the Coral Bowling Lanes, 4071 Homestead Duquesne Rd., West Mifflin, Pa. 12 noon to 2 p.m. refreshments will be served; for information call Carmella Marzec at tel. 412 414-9249 or Suesscm@gmail.com.

■ Slovak Stations of the Cross sponsored by the Slovak Heritage Society of Northeastern Pennsylvania at Our Lady of Fatima Parish at St. Mary's Church, 134 South Washington St., Wilkes-Barre, Pa. beginning at 2 p.m., refreshments to follow in the church hall; for additional information call Magdalen Benish at tel. 570 823-1222.

■ Assembly 162 meeting in SS. Cyril and Methodius Church Hall, 218 Ackerman Ave., Clifton, N.J. beginning at 12:30 p.m.

SAT. MARCH 24

■ 28th annual Slovak Mass & Es-

ter Customs Breakfast hosted by Prince of Peace Parish at St. Adalbert Church, 160 South 15th St., South Side, Pittsburgh, Pa., 10:45 a.m. Slovak Rosary, Slovak Mass at 11 a.m. with breakfast to follow at the Prince of Peace Parish Center, 81 South 13th St., South Side; free admission, donations welcome; for more information call 412 481-8380.

■ 16th annual Benedictine High School benefit "Blue & White Gala" at the Westin Cleveland Downtown, 777 St. Clair Ave., Cleveland, Oh. 44114, reception at 6 p.m., dinner and program to follow at 7:30 p.m., \$175.00 per person; for reservations tel. 216 421-2080, www.cbhs.edu.

SUN. MARCH 25

■ Traditional Children's Easter Egg Hunt on the grounds of the Slovak Catholic Sokol Club, Perryopolis, Pa. beginning at 2 p.m.; refreshments and visit by the Easter Bunny to follow at the Sokol Club.

MON. APRIL 2

■ Wreath 22 meeting at the Slovak Catholic Sokol Club, 2912 East Carson St., South Side, Pittsburgh, Pa. beginning at 7 p.m.

SUN. APRIL 8

■ Group 1 adult co-ed bowling tournament at Paul's Bowling Academy, 377 Crooks Ave., Paterson, N.J. beginning at 1 p.m., refreshments follow competition on the lanes.

MON. APRIL 9

■ Wreath 111 meeting and social "Happy Easter" at the American Slovak Home, 2915 Broadway Ave., Lorain, Oh. beginning at 6:30 p.m.

SUN. APRIL 15

■ Pittsburgh Agreement Centennial celebration hosted by the Slovak League of America at St. John

(Continued on page 17)

Minutes of Annual Meeting of the Supreme Physical Fitness Board

(Continued from page 5)

1. The prize allotment for the International Bowling Tournament is \$60.00 per team (\$30.00/team, \$20.00/double, and \$10.00/single). No increase.
2. The banquet and souvenir allotment for the International Bowling Tournaments not to exceed \$30.00 per participant. No increase.
3. The banquet, prize money and souvenir allotment for the International Golf Tournament not to exceed \$50.00 per participant. No increase.
4. The allotment for the International Softball Tournament not to exceed \$750.00 per team submitting an entry fee of \$400.00 in advance of the deadline or \$450.00 per team if submitted after established deadline. No increase.
5. The allotment for the International Basketball/Volleyball Tournament not to exceed \$550.00 per team, estimated 10 for basketball and 8 for volleyball. Team entry fee of \$300.00 per team in advance of deadline and \$350.00 if submitted after the established deadline. In addition an allotment of \$50.00 per each "3 on 3" team and entry fee of \$50.00.
6. An allotment of \$2,000.00 is made towards the Walking Program for all related mailings, certificates and prizes. No increase.
7. An allotment not to exceed \$750.00 will be made towards the purchase of props for the 2018 International Clinic for both male and female drillers. No Increase.
8. An allotment of \$250.00 is provided to the Supreme Director of Sports and Athletics for office supplies. No increase.
9. Recommend an allotment of \$10.00 per participant for a souvenir at the Clinic.
10. Recommend that a \$30.00 per diem per day be provided to all Physical Directors, Physical Directresses and \$30.00 per diem per day for their assistants at the International Clinic. No increase.
11. Recommend an allotment of \$30.00 per person for the Sokol Reunion at Rocky Gap Casino and Resort, June 2018.

Each member added any last closing thoughts and/or ideas for 2018.

Supreme Director of Sports and Athletics James Matlon closed the SPFB meeting with information on 4:00 Mass at St. Matthias church as well as a closing prayer.

The location for the 2019 Supreme Physical Fitness Board Meeting was discussed and will be decided later this year.

A motion to adjourn the meeting was made by Supreme Assistant Physical Director Dusan Dorich and seconded by Supreme Assistant Physical Directress Katie Swift.

A final prayer and closing comments were said by Supreme Director of Sports and Athletics James Matlon.

Za Bohu a Národ  *For God and Nation*
Slovak Catholic Falcon
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For students entering a Catholic Grade School (Grades 2-8)

Slovak Catholic Sokol Catholic Grade School Grants

As a fraternal benefit, the Slovak Catholic Sokol is pleased to offer \$250.00 Grants to our young Sokols and Sokolky in each of our organization's nineteen Groups. Two grants each per Group are available to any qualified Sokol member entering a Catholic Grade School (Grades 2 through 8).

Eligibility

- Applicant must be a member of the Slovak Catholic Sokol in good standing, holding a permanent Life Insurance Certificate in the amount of **not less than \$3,000, and has been a member for at least five years.**
- One parent must be a S.C.S. member.
- The principal of the Catholic Grade School must verify the enrollment of the applicant.

Application

This application must be **received** on or before, **March 31, 2018** with a clear, small (2"x3" wallet size) head and shoulders photograph. Application is also available on the Internet @

www.slovakcatholicsokol.org



Disqualification

An applicant who neglects to submit or complete any part of these requirements before the established deadline will automatically be disqualified.

Acknowledgment

An acknowledgment of the Grant should be made in writing by the recipient as soon as possible, if you are awarded a Grant.

Return of Grant

If for any reason the Grant is not used by the recipient, the entire (or portion of) grant not utilized must be returned.

An outstanding fraternal benefit

\$60,000 in S.C.S. Scholarship Grants Available to Eligible Members in 2018

by Edward M. Moeller
Supreme Vice President

We are pleased to announce that the Slovak Catholic Sokol will make available a total of \$60,000 in scholarship grants to eligible members in 2018. Our scholarship program, which had its beginnings in 1972 affirms our organization's commitment to the support of higher education among our youth. Previous recipients of Slovak Catholic Sokol scholarship grants may reapply for a 2018 grant; however, per Convention mandate - a student may receive a maximum of two(2) Slovak Catholic Sokol scholarship grant awards in each category.

A total of 30 Slovak Catholic Sokol college grants of \$1,000 each, two Theodore and Mary Jane Rich Memorial Scholarships, one for a male and female in the amount of \$2,000 each; two Emil Slavik Memorial Scholarships one for a male and female in the amount of \$2,000 each; one The Doctors' Lesko Medical Memorial Scholarship in the amount of \$1,000; one Krista L. Glugosh Memorial Scholarship in the amount of \$1,000 and three(3), Slovak Catholic Sokol Memorial Scholarships in the amount of \$1,000. In 2018, we will inaugurate the Yencha Scholarship Grant for study in the liberal arts in the amount of \$1,000. This new grant has been established by John and Mary Yencha of Wilkes-Barre, Pa. Members of the Yencha family have been active in Slovak Catholic Sokol activities, both internationally and on the Group 7 level, for generations.

With one application you may apply for all college scholarship grants for which a member is eligible.

College scholarship eligibility requirements:

Slovak Catholic Sokol(a total of 30, \$1,000 grants will be awarded)

* Must have a minimum of \$3,000 permanent Life Insurance Coverage.

* Must be a member of the Slovak Catholic Sokol for at least five years

* Must have completed one semester of undergraduate studies as a FULL TIME student at an accredited college, university or professional school, or be enrolled in a graduate or professional degree program.

* Must have an accumulated grade point average of at least 2.5 or better.

* One parent must be a Slovak Catholic Sokol member.

* Essay - "How has being a member of the Slovak Catholic Sokol influenced my life?"

Theodore and Mary Jane Rich(one male and one female grant in the amount of \$2,000 will be awarded)

* Same requirements as for SCS scholarship

AND

* One parent must be of Slovak ancestry

* Must be majoring in the medical curriculum

Emil Slavik(one male and one female grant in the amount of \$2,000 will be awarded)

* Same requirements as for SCC scholarship

AND

* Both parents must be members of the Slovak Catholic Sokol
* Must be majoring in liberal arts, the sciences, pre-law, pre-medical or business curriculum.

The Doctors' Lesko Medical Memorial Scholarship(1 grant in the amount of \$1,000 will be awarded)

* Same requirements as for SCS scholarship

AND

* Majoring in Nursing or Medical curriculum

* One parent must be of Slovak ancestry

Krista L. Glugosh Memorial Scholarship(1 grant in the amount of \$1,000 will be awarded)

* Same requirements as for SCS scholarship

AND

* Majoring in curriculum with a focus in computer graphics, design or layout

Slovak Catholic Sokol Memorial Scholarship(3 grants) in the amount of \$1,000 each will be awarded to the applicant that best exemplifies the spirit of volunteerism)

* Same requirements as for SCS scholarship

* Essay - "Describe the one volunteer experience that made the biggest personal impact on you - how/why."

The Yencha Scholarship Grant(1 grant in the amount of \$1,000 will be awarded)

* Same requirements as for SCS scholarship

* Majoring in the liberal arts curriculum

The process of applying for any of the above college level scholarships is completely on-line. Applications and instructions are ONLY available on our website @www.slovakcatholicsokol.org

(Continued on page 17)

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### SLOVAK CATHOLIC SOKOL CATHOLIC GRADE SCHOOL GRANT APPLICATION

Group # \_\_\_\_\_ Assembly/Wreath # \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Date of Birth \_\_\_\_\_ Current Age \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_) \_\_\_\_\_  
area code area code

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Father's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Mother's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Are you a previous Slovak Catholic Sokol Scholarship Recipient? \_\_\_\_\_ (yes/no)

If yes, what Year? \_\_\_\_\_

School verification (to be completed by Grade School Principal)

I, \_\_\_\_\_ Principal of \_\_\_\_\_  
(Principal's signature) (Name of School)

Catholic Grade School, verify that \_\_\_\_\_ is a student at  
(Name of student)

the above school and will be entering \_\_\_\_\_ Grade in the 2018-2019 school year.

Are you currently participating in Slovak Catholic Sokol Activities? Yes \_\_\_\_\_ No \_\_\_\_\_

Deadline for receipt of this application is **March 31, 2018.**  
Return completed application to:

Slovak Catholic Sokol  
Grade School Grant  
205 Madison St., P.O. Box 899  
Passaic, NJ 07055



## Scenes of the 25th Annual Slovak Ball hosted by the Slovak American Cultural Center The Royal Manor + Garfield, N.J. + Saturday, February 10

This year marks the 50th anniversary of the founding of the Slovak American Cultural Center. A number of members of the Slovak Catholic Sokol were among the founders and over the years have supported the work of promoting Slovak culture and heritage. "Stredisko" as the group is known in Slovak hosts a number of cultural events including an annual black tie ball. This year's gala 25th annual ball attracted ca-

capacity crowd of 350 participants at The Royal Manor. Two individuals who are active in American Slovak life, Andrew M. Rajec, national president of the First Catholic Slovak Union and our Sokol of Wreath 93 and Daniel F. Tanzone, national president of the Slovak League of America and editor of the Slovak Catholic Sokol were honored. Sabina Sabados, president welcomed the guests and introduced the Rev.

Richard D. Baker, pastor of the United Parish of St. John Nepomucene, Martyr and St. Frances Xavier Cabrini in New York who offered the opening prayer and meditation. Peter Kraynak, the group's vice president served as the very capable master of ceremonies. Among the many guests were Slovakia's Ambassador to the United Nations as well as the Slovak Consul General in New York.



Slovak American Cultural Center President Sabina Sabados is shown presenting awards to the guests of honor at the gala, Andrew M. Rajec, national president of the First Catholic Slovak Union and Editor, Daniel F. Tanzone, national president of the Slovak League of America.



Joseph and Anna Korcak, well-known New York Slovak fraternal activists are shown with honoree, Andrew M. Rajec.



Dr. Mikulas Halko, first vice president of the Slovak League, right, is shown with, from the left, Luba Gregus Mason, his wife, Nadezda and Ruzena Gregus Goldenberg.



Ball honorees, Daniel F. Tanzone and Andrew M. Rajec are flanked by Peter Kraynak, and Sabina Sabados, vice president and president respectively of the Slovak American Cultural Center.



Photos by: Prog4to



## Slovak Catholic Sokol Walking Program

The 2017 results have come in! The 2017 Walkers have walked a grand total of 83,498.06 miles! Everyone did a great job! Congrats to Rich Walkowiak!! He is our top walker for the year 2017. Rich walked a grand total of 31,92.5 miles this year!!! He always amazes me!!! He and his wonderful wife Cindy continue to stay active through walking and playing on an adult soccer league. We have quite a few families involved in our program. I like to see the whole family involved and encouraging each other.

We have 5 new members this year!! I am excited to welcome and encourage more members! Welcome to the group Diane Moeller, Jim Jerek, Father Andrew Hvozovic, Scott Pogorelec and Joshua Bioni.

This year, I especially enjoyed

the hike/walk I led at the Reunion weekend held at Rocky Gap Casino and Resort. Everyone who joined had a great time hiking around the lake. I am once again planning to do this hike during the reunion weekend. I ask all of you to please consider joining the weekend of June 1-3 at Rocky Gap Casino and Resort.

Have you set any new goals for the 2018 year? Let's try to reach out to more members and encourage participation. If anyone would like to host a walk in your area or a hike, please let me know and I can help you organize it. I would love to see more people coming together and getting outside.

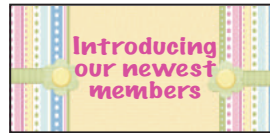
Spring is right around the corner! Again, congrats to all the participants of the 2017 walking program. I look forward to another successful year in 2018!

Keep Walking!

Zdar Boh!

Katie Swift

Supreme Assistant  
Physical Directress



**Lucille Groth, born July 2, 2017 is the daughter of Charle and Elizabeth Jocelyn Groth of Minneapolis, Minn. She was enrolled as a member of Wreath 47 in Minneapolis, Minn.**



**James Henry Nowak, born August 13, 2017 is the son of Michael and Lovia McGlashan Nowak of Chicago, Ill. He was enrolled as a member of Assembly 11 in Chicago, Ill.**

## Justine and Andrew Wesnak Celebrate 60<sup>th</sup> Wedding Anniversary

Slovak activist, Justine Wesnak and her husband, Andrew (Bucky) celebrated their 60th wedding anniversary on June 12, 2017. They were married 60 years ago at St. Anne's Basilica in Scranton, Pennsylvania.

The couple has lived in the Lehigh Valley of Pennsylvania since their marriage. Bucky, President of his graduating class of 1957 at Johnson College in Dickinson City; was recruited to work at the Allentown Works of the Western Electric Company. During his 42 years of employment he also served in Public Relations, he chaired many Company events and nearly all of those for his department. Although the company changed names over the years, he worked at the same location until his retirement from "Lucent Technologies" in 1999.

Justine, a nurse by profession, was educated in Scranton at Mercy Hospital and Marywood College. However, she spent most of her career as an elected National Officer of the First Slovak Wreath of the Free Eagle serving until 1996 as its President/CEO and Editor. She then served as Director of Membership of the National Slovak Society for the next 7 years until her retirement in 2003. Justine is a life member of all Slovak Fraternal Organizations; she belongs to our Sokol Assembly 219.

She also served as an elected officer of the Slovak Catholic Federation, Slovak League of America, Slovak World Congress and President of the Slovak Garden in Winter Park, Florida. She continues her Slovak affiliations and also serves as Secretary of the Board of Directors of the Islander Beach Resort, New Smyrna Beach, Florida.

The couple has devoted decades in volunteer work with Lehigh Valley youngsters. Bucky coached "Little League" football at Alton Park, and basketball and baseball for 20 years for the West End Youth Center. Meanwhile, Justine coached



cheerleaders and organized 30 girls for 2 teams to play in the Allentown City Kickball Program for girls in 1970; the following year 120 girls signed up and she successfully recruited help for an inter mural Kickball Program.

Bucky and Justine have 3 sons, Drew, married to Sharon; Mike; and Paul, married to Sue. They have 11 grandchildren; 4 great grandchildren; and 2 great, great grandchildren. Their children hosted a quiet family dinner to honor the couple in celebration of this milestone anniversary.

Justine and Bucky had hoped to host a large party for their special day. Unfortunately, Bucky is still recuperating from a broken back and other injuries and complications he suffered as a result of a fall over a year ago on November 7, 2016. Bucky's family is grateful that he actually survived. Justine thanks God for answering a barrage of prayers, especially during the 6 weeks Bucky spent in critical condition in intensive care. She also credits their sons and their families for their unending, willing and exceptional help; performed with great love and enthusiasm during Bucky's trauma over the past 16 months.

With God's help Justine and Bucky will celebrate many more years of marriage in good health and happiness.

## JOIN THE WALKING PROGRAM TODAY!

For more information contact Catie Swift at [katie70@aol.com](mailto:katie70@aol.com)

**BRAIN:** Just 2 hours of walking a week can reduce your risk of stroke by 30%.

**MEMORY:** 40 minutes 3 times a week protects the brain region associated with planning and memory.

**MOOD:** 30 minutes a day can reduce symptoms of depression by 36%.

**HEALTH:** Logging 3,500 steps a day lowers your risk of diabetes by 20%.

**LONGEVITY:** 75 minutes a week of brisk walking can add almost 2 years to your life.

**WEIGHT:** A daily 1-hour walk can cut your risk of obesity in half.

**Your Body on Walking**

*Ridiculously simple, astonishingly powerful, scientifically proven by study after study: Sneaking in a few minutes a day can transform your health, body, and mind. Why are you still sitting?*

**HEART:** 30 to 60 minutes most days of the week drastically lowers your risk of heart disease.

**BONES:** 4 hours a week can reduce the risk of hip fractures by up to 43%.

## FACTS ABOUT MARCH

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war.

**MARCH 3** – Telephone inventor Alexander Graham Bell (1847-1922) was born in Edinburgh, Scotland. Bell and his father were involved in teaching deaf persons to speak. Bell developed an interest in the vibrating membrane as a method of electrically transmitting sounds.

**MARCH 10** – The first issue of U.S. government paper money oc-

curred as \$5, \$10, \$20 bills.

**MARCH 15** – This date was the 'Ides of March' in the Roman calendar. This meant it was the day on which the month was divided into two equal parts. Julius Caesar was murdered on this date in 44 BC.

**MARCH 18** – 30 mile an hour speed limit imposed on built up areas in 1935

**MARCH 29** – Coca-Cola was introduced on this date in 1886.

**MARCH 31** – The Eiffel Tower in Paris was officially opened in 1889

## Message from our Supreme President

(Continued from page 2)

can e-mail the question to me at [mhorvath@slovakcatholicssokol.org](mailto:mhorvath@slovakcatholicssokol.org).

I also would like to remind all members the scholarship application deadline is Saturday, March 31, 2018. Applications received after this post marked date will not be reviewed. If you have any questions concerning the scholarships please contact the Home Office for additional information.

Finally, I want to wish all members and their families a very Blessed and Happy Easter, "Požehnanú a šťastnú Veľ'kú noc". May the Risen Christ renew our Christian lives.

With God's Blessings to All!  
Zdar Boh!

## S.K.S. SPORTING EVENTS SCHEDULED FOR 2018

Following our successful annual meeting of the Supreme Physical Fitness Board, we are pleased to announce the various sporting events which will be hosted by our organization in 2018. Exact schedules and complete details of each of these events have been finalized. We recommend that our members mark their calendars and make every effort to participate in one or more of these exciting sporting events. Participants of each of these sporting events can be assured of a memorable and exciting time in the best traditions of Sokol fraternalism, good sportsmanship and fellowship. Let us all contribute to our organization's timeless slogan of "A Sound Mind in a Sound Body!"

### 72nd International Bowling Tournament

May 20-22, Las Vegas Nevada

### 2nd Slovak Catholic Sokol Reunion Weekend

June 1-3 at Rocky Gap Resort, in Flintstone, Maryland

### 23rd International Co-Ed Softball Tournament

July 13-15 in Wilkes-Barre, Pennsylvania

### Supreme Clinic - Kurz in preparation for our 49th International Slet

July 26-29 at SUNY - Brockport, New York

### 63rd International Golf Tournament

August 10-12 at Oak Tree Country Club, West Middlesex, Pennsylvania

2018 looks to be a busy and exciting sporting year in the life of our organization. Mark your calendars and I hope to see you at these events.

Zdar Boh!

James C. Matlon, Supreme Director of Sports and Athletics



## Blessing of the Easter Basket

Growing up in the Catholic tradition, you may remember your mom, grandma gathering up specific kinds of foods to arrange in a pretty basket so that it could be taken to the Church on Easter Saturday for a blessing. Much of the food is then eaten on Easter morning as breakfast before Easter Sunday services, with some saved and eaten as a part of Easter dinner. Especially prevalent in families with a Slovak background.

The blessing of Easter baskets has been a Catholic ritual for centuries and is a tradition many families carry on with every year.

PASKA is the centerpiece of the assembled Easter basket. It is considered the most important food that you will take to be blessed. It is a symbol of Jesus Christ, the Bread of Life.



SUNKA – EASTER HAM has long been associated with Easter, as the traditional Easter dinner main dish. Some



choose to include a ham, in their Easter basket, preparing it ahead of time to save time on Easter Sunday.

KLOBASA – EASTER SAUSAGE – it is a symbol of God's generosity towards true believers.



KRASLICE – EASTER EGGS – They are the perfect indication of new life and the risen Christ. They are prepared with delicate care and designs.



SLANINA – EASTER BACON is also included in the Easter baskets that Catholics prepare to have blessed for Easter.



CHREN, MASLO & SOL – There are three important additions to the Easter basket before taking it to the church to be blessed. Chren (horseradish) mixed with red beets, is meant to symbolize the Passion of Jesus Christ. Maslo (butter), simply a block of butter shaped into a lamb or a cross. Sol (salt) – It can be placed in the basket in either a salt shaker or in a decorative bowl.



CANDLE decorated with religious symbols should be placed in the basket, so it can be lit during the blessing. Next, a bow or ribbon should be tied around the handle of the basket to symbolize tying together all aspects of life.



Finally, a piece of cloth is typically used to cover the food in the basic, showing protection both before and after the food is blessed.

## Slovak Paska Recipe

The symbolism of bread is commonly observed by Christian cultures throughout the world. During Easter, bread takes many decorative shapes and forms; one of the most beautiful is the egg- and butter-rich Paska, traditionally eaten in Eastern European countries.

### Dough

1 cup lukewarm water  
1/2 cup whole milk  
1 large egg  
1/4 cup (4 tablespoons) unsalted butter, at room temperature  
5 cups King Arthur Unbleached All-Purpose Flour

1 tablespoon instant yeast  
2 tablespoons sugar  
2 1/2 teaspoons salt

### Topping

1 large egg  
1 tablespoon cold water  
coarse white sparkling sugar, optional

To make the dough: Mix and knead all of the dough ingredients — by hand, mixer, or bread machine — to make a soft, smooth dough. Place the dough in a lightly greased bowl, and let it rise for 60 to 90 minutes, until it's noticeably puffy. Turn the dough out onto a lightly floured surface; divide it into two pieces, one twice as large as



the other. Take the larger piece, roll into a ball, and place it into a well-greased 9" x 2" round pan. Divide the other piece of dough into three equal pieces, and roll each out into a 20" strand; use the three strands to create one long braid. Place the braid around the inside edge of the pan, or use it to form a cross over the top of the larger piece of dough. Cover the loaf and let it rise until doubled, about 45 minutes. Towards the end of the rising time, preheat the oven to 350°F, with a rack in the center.

To make the topping: In a small bowl, beat the egg with the water. Brush the mixture gently over the top of the risen loaf, and sprinkle with coarse white sparkling sugar, if desired.

Bake the bread for 35 to 45 minutes, or until it's a rich golden brown. Remove it from the oven, and turn it out of the pan onto a rack to cool before cutting.

## LENT/EASTER 2018 REFLECTION

(Continued from page 1)

into His light. With each step along the way, we begin to see more clearly Christ's light and presence in our lives and experience more strongly His love within us. Lent is the time which leads us to the Resurrection of Christ on Easter Day. As Christ rises to new life, we too rise with Him to a new life, that is, a life in which we truly become who God has created us and called us to be — the best version of ourselves, His daughters and sons!

As I reflected on this column about Lent and Easter, I looked around my room for inspiration that would tie both themes together. Then I saw it! The "Gift of the Spirit" Crucifix which has Jesus bending down to a troubled world, extending His hand to help lift us up. In His hand is his gift to us, His Holy Spirit. For through Christ's suffering, death and resurrection we have the gift of eternal life with God in Heaven. Jesus gives us His Spirit to guide us along the way.

May your Lent be a fruitful one leading to the Risen Christ.

Peace,  
Abbot Gary A. Hoover, O.S.B.  
St. Andrew Svorad Abbey  
Cleveland, OH

## Jesus is Risen as He said

(Continued from page 1)

out of all his disciples to be his first priests he continues to call men out of all his disciples now to receive the Sacrament of Holy Orders and be his priests.

The breaking news of the empty tomb in our Gospel today tells us the body of Jesus was not there. Where is he? He is in the Church and still with you, and you can meet him every time you receive his sacraments and every time you read his words — the most important words of the whole world — in the Gospels. When you want answers, look to Jesus. Jesus is the only one who has risen. Listen to him.

## DID YOU KNOW THAT...

...the Ochtinská aragonite cave in Revúčka vrchovina mountains is the only karst aragonite cave in Europe. It has been a UNESCO natural heritage site since 1997.

...228 castles are registered in the Slovak Republic.

...the industrial school of engineering in Košice, founded in 1872, is the oldest secondary school in Central Europe.

... Master Pavol from Levoca was a late gothic wood carver, sculptor, creator of the highest wooden altar in the world, located in the St. James Church in Levoca.

## Kraslice from Grandmother's Chest



KRASLICE – decorated Easter eggs are the main decorative element of the Easter season in Slovakia. They are decorated many different ways. In each part of Slovakia they used certain technique to decorate the Easter eggs. It is mainly waxing, batik, etching, scratching, pasting, wiring and to lesser extend also making wooden eggs, blowing eggs from glass and sheathing.

WAXING technique is not too common, but it is very impressive. The base for decorating eggs is colored bees wax or melted wax crayons. The ornamental elements are created with the help of a pin with round head pinned to a chopstick or a pencil. This technique was widely used in northeastern part of Slovakia.

BATIK is the most used technique. Patterns are created with a pin or a small tube. After boiling the eggs or just dipping in the color solution the wax is wiped off with a soft cloth and the white ornaments appear. After the color sets dry, another layer of the wax can be applied on the latest color coating to prevent the areas under color from being colored again. This procedure is repeated several times, starting with the lightest color and continuing to the darkest one.

ETCHING was used mainly in the regions characteristic with rich embroideries and wall paintings.

Vinegar or juice from sauerkraut are applied to colored egg with a match, pen, or a quill-pen as the traditional etching agent. Later on they started to use nitric acid or hydrochloric acid. Kraslice made by etching were always just one color.

SCRATCHING was used from the second half of the 19th century. Ornamental motive patterns in the form of tiny sticks are scratched on colored egg with the help of a point of knife, razor, file or a needle. This technique is used in the western part of Slovakia.

PASTING – rush, barley or oat straws, textiles, wool, or yam were pasted on egg with the help of thin dough, glue, or starch. White rush-pulp or swamp grass is pasted in spirals on egg. Rush is combined with colorful laces, embroidery yarn, or with a floral design textile. Dipping the rush in color solution. This technique is used mostly in the Kysuce region and in western Slovakia. White rush was used mostly in the Trencin district. In Vajnory near Bratislava dyed wool textile of pulp of grass were pasted on eggs to give them the shape of a bird.

WIRING was a technique used in the first half of the 20th century and it has come back recently. The eggs decorated with wire were common in the northern and eastern part of Slovakia where the people were engaged in wirework.



Burning of Morena two weeks before Easter is one of the most ancient customs preserved in Slovakia. It is held late in the winter. This custom has its roots in the pre-Christian era when people believed that nature is controlled by supernatural forces whose activities could be influenced. The changing of the seasons was also associated with these forces. Morena symbolized the winter and so when people wanted the spring to come, they had to kill her, drown her in a stream or burn her. She was presented as an effigy made of straw clothed in women's dress. Young girls carried her singing towards a stream. When they arrived at the bank, Morena was undressed, set on fire and thrown into the water.



## Saints Cyril and Methodius Appeal

The 2018 Saints Cyril and Methodius Appeal is progressing well. As many of you know, the funds raised in this annual Appeal are sent to the Pontifical Slovak College of Saints Cyril and Methodius, the residence of priests from Slovakia who are sent to Rome by their bishops for graduate studies. After receiving their degrees, these priests return to their dioceses to work as seminary teachers, Tribunal officials, and in other ministries.

The Appeal relies upon the generosity of individual donors in addition to collections taken up in personal parishes of Slovak ancestry. If you have already made your donation to the 40th Annual Appeal, thank you. If not, please consider doing so by filling out the information in the box at the bottom of this article and mailing it along with your check to the address provided. Donations in any amount are deeply appreciated. As of March 7, the 2018 Appeal has raised \$6,190. Again, thank you for your goodness and generosity to the Annual Saints

Cyril and Methodius Appeal. Donations received before November 30, 2018 will be credited toward the 2018 Appeal.

*The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding Pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, PA. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak Fraternal Organizations for cultural, religious and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., Abbot of St. Andrew Svorad Abbey, Cleveland, OH. National President is Reverend Andrew S. Hvozdevic, V.F., Supreme Chaplain of the Slovak Catholic Sokol and Pastor of Epiphany Parish, Sayre, PA. Reverend Thomas A. Nasta, National Chaplain of the First Catholic Slovak Union and Pastor of Sacred Heart Parish, Swedesburg, PA, serves as First Vice President of the Federation and is the Appeal Coordinator.*

### 40<sup>th</sup> Annual Saints Cyril and Methodius Appeal

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Amount \$ \_\_\_\_\_

Please make check payable to **Slovak Catholic Federation** and mail to:

Rev. Thomas A. Nasta

First Vice President, Slovak Catholic Federation

Sacred Heart Catholic Church

120 Jefferson Street

Swedesburg, PA 19405

## SLOVAK CATHOLIC SOKOL HANGOUTS

The NEW SOKOL HANGOUTS will be a way to meet up with fellow Sokols at events you may be doing in your area. If there is a something you are involved in, consider being a 'host' for the event. All you have to do is inform Assistant Physical Directress Katie Swift at 412-303-3338 or [Katie70@aol.com](mailto:Katie70@aol.com). She will organize a meeting place at the event and let you know which other Sokols may want to join you.

|                |                                                                                                   |
|----------------|---------------------------------------------------------------------------------------------------|
| April 21, 2018 | Tillman Honor Run<br>NYC and Washington D.C.                                                      |
| July 13, 2018  | AAA Rail Riders baseball game<br>(Friday night before softball tournament)<br>Wilkes-Barre, PA    |
| July 14, 2018  | Night at the Mohegan Sun Casino<br>(Saturday night after softball tournament)<br>Wilkes-Barre, PA |
| Aug. 20, 2018  | Warrior Dash<br>Poconos, PA                                                                       |

Keep a look out in the Falcon and on email, Facebook, and Instagram for upcoming events!



### A MULTILINGUAL WEBSITE TO LEARN SLOVAK

This portal contains language courses at different levels with many exercises, tests and dictionaries - everything you need to get familiar with Slovak grammar, learn new words, or even interact with other users of this site. In addition, learn about Slovakia - a central European country with an interesting history, stunning landscapes and numerous tourist attractions.



### Discover Slovakia

Come and discover Slovakia, a picturesque country in the heart of Europe. Learn about the culture, history and outlook of the inhabitants of this wonderful tourist destination.

### Learn Slovak

Learn Slovak quickly and easily in a modern, practical and fun way. Take advantage of free online courses, language quizzes, exercises, and fun games.

### Multimedia library

Multilingual content: many original texts, sound recordings and videos.

### Find friends

Meet and interact with other people and learn more about Slovakia and the Slovak language.

### Slovak and English Holy Masses Streamed Live on Facebook

Sunday Holy Masses at 10:15 a.m. (Slovak) and 12:00 p.m. (English) are being live streamed every week on Facebook pages of East



River Catholics and LUX New York.

LUX New York's main vision is to help promote Catholic faith among Slovaks in USA and Canada currently using these tools:

- networking through NEWS REPORTS
- live streaming of the Slovak Holy Masses
- producing episodes of faith testimonies, and short videos in audio-video format.

### Look Your Best for Spring

Use these ingredients to look your March best:

- 1 cup of neatness in dress
- Lots of cheerful disposition
- 2 sprinkles of color - green is in
- 1 large friendly smile
- Generous helping of understanding

Mix well and all will be well.



## Tom Duch to Lead 2018 Pulaski Parade



For the first time ever, an individual of Slovak ancestry will serve as the Grand Marshal of the 2018 Pulaski Day Parade in New York City. Attorney Thomas Duch, City Manager of Garfield, N.J., was selected to serve as the Pulaski Day Parade set for Sunday, October 7 along New York's famed Fifth Avenue. Tom is our long-time member of Assembly 1 of the Slovak Catholic Sokol in Passaic. Brother Tom, right is shown with the 2017 Pulaski Day Parade Grand Marshal Slavomir Patta during the traditional sash-changing ceremony honoring the new Grand Marshal held in December at the New York City Consulate General of the Republic of Poland. During the September 2017 visit of Poland's President Andrzej Duda to Garfield, N.J. Brother Tom received the Commander Cross of the Order of Merit of the Republic of Poland. This honor is presented to individuals, not of Polish heritage, who actively assist the Polish community. Brother Tom is an active Byzantine Catholic whose grandparents immigrated to the Passaic area from eastern Slovakia a century ago. He is an active member of St. Michael the Archangel Byzantine Catholic Cathedral in Passaic. Our congratulations and fraternal best wishes go out to Brother Tom on this distinction.

## SLOVAK CATHOLIC SOKOL

*A tradition of providing sound financial protection and benefits to our members*

### ANNUITY RATES

EFFECTIVE DATE: JANUARY 1, 2018

|           | CURRENT | MINIMUM GUARANTEE |
|-----------|---------|-------------------|
| VANTAGE 1 | 1.35%   | 1.00%             |
| VANTAGE 2 | 1.75%   | 1.00%             |
| VANTAGE 3 | 2.25%   | 1.00%             |
| VANTAGE 5 | 3.00%   | 2.00%             |
| VANTAGE 7 | 3.25%   | 2.00%             |

### SINGLE PREMIUM IMMEDIATE ANNUITY - SPIA

|                  |       |
|------------------|-------|
| 5 TROUGH 9 YEARS | 2.75% |
| 10 YEARS OR MORE | 3.50% |

NO LONGER OFFERED EFFECTIVE: AUGUST 31, 2011

|                | CURRENT | MINIMUM GUARANTEE |
|----------------|---------|-------------------|
| FLEXIBLE       | 3.00%   | 3.00%             |
| SINGLE PREMIUM | 3.00%   | 3.00%             |

## What's making headlines in our ancestral homeland



## News and Views from Slovakia...

### Foreign firms no Longer view Slovakia as land of cheap labor

Some foreign investors are beginning to realize that Slovakia is no longer a country with cheap labor, Finance Minister Peter Kazimir (Smer-SD) told a news conference on March 5 dedicated to presenting the country's macroeconomic prognosis.

News appeared in late January that the South Korean firm Samsung is planning to shift production from Voderady to Galanta (both Trnava region). However, there were also rumors that Samsung would scrap production altogether. "I'm in both formal and informal contact with big employers, and I must confirm that some foreign investors who based their 'happiness' solely on a cheap labor force in this country are starting to sober up," stated Kazimir. However, this isn't only Slovakia's problem. "We must take care of labor productivity and quality here in Slovakia," said the finance minister.

Prime Minister Robert Fico (Smer-SD) also thinks that economic growth can't be based on cheap labour. "He who wants to build a country's economic success on cheap labor is laying the foundations for poverty and huge differences. I'm pleased about the existence of cannibalism among companies, as it leads to pressure on salary growth," said the prime minister, reiterating the Government's efforts to increase the minimum wage to above \$600 as of next year.

"I am happy that there's some wage growth. I want salaries to grow at such a pace that we'll approach the EU average faster than we originally expected. However, I want to guarantee that we'll take no steps that would threaten Slovakia's competitiveness," stressed Fico, adding that he views a lack of labor as a bigger problem than salary growth.

The decision to be made by Samsung should have no major impact on the Slovak economy. "The Voderady plant is a relatively small part of the company and it won't be shut down, but only shifted to a new locality. Its impact on Slovakia's economic development is negligible. The given company could have a problem with selling its products, which doesn't necessarily reflect conditions on the domestic labor market," said Peter Harvan, acting director of the Finance Ministry's Financial Policy Institute (IFP).

### Government Aircraft Brings Home Body of Major Pavlovsky from Sarajevo

The body of professional serviceman Peter Pavlovsky, who died suddenly while on duty in the ATLHEA operation in Bosnia and Herzegovina, was transported from Sarajevo to Slovakia by a Government aircraft on February 2, with Defence Minister Peter Gajdos (Slovak National Party/SNS) and Chief of the General Staff Milan Maxim on board.

Earlier in the day a farewell ceremony took place at the international airport in Sarajevo with representatives of individual armies operating in Bosnia and Herzegovina in attendance. At the ceremony, Major Pavlovsky was awarded in memoriam a medal for serving in the EUFOR Althea mission.

The Slovak defence minister expressed his sympathies to the bereaved. "What can be worse and harder for a minister than when he has to bring back a soldier who has died on a mission. I've experienced it personally for the first time," Gajdos told journalists.

Gajdos further said that 42-year old Pavlovsky was a senior professional serviceman, who responsibly carried tasks in the area of financial and economic services for 24 years. He held a management post in the Ground Forces Command of the Slovak Armed Forces. In addition to the ATLHEA operation in Bosnia and Herzegovina, he served two missions in Afghanistan.

"With a small army, ... the loss of a specialist and a young experienced man is notable," said Maxim. "This loss is really

notable for us, but it's surely more notable for his relatives, friends and colleagues," he added.

Major Pavlovsky passed away in a Sarajevo hospital on Wednesday (February 14) after experiencing sudden nausea. The exact cause of death will be determined by an autopsy, if the family allows it, said Gajdos, who went on to say that Pavlovsky died naturally.

ALTHEA is a peacekeeping mission carried out under the management of the European Union. Slovakia has been involved in the mission for several years now, with some 50 Slovak servicemen helping to secure stability in the country and monitor the situation in Bosnia and Herzegovina.

### Slovak Biathlete Kuzmina Triumphs in Mass Start Race at PyeongChang

Slovak biathlete Anastasiya Kuzmina has won a gold medal at the 2018 Olympic Winter Games in the women's 12.5 kilometer mass start.

The 33-year old Russian-born Kuzmina clinched her victory ahead of Belarusian Darya Domracheva by 18.8 seconds and Norwegian Tiril Eckhoff by 27.7 seconds. The second Slovak biathlete Paulina Fialkova ended up 21st place.

The three-time Olympic champion Kuzmina rewrites history with her sixth Olympic medal (three gold medals and three silver), collecting one gold and two silver medals in South Korea.

"Excellent golden Nasta. These are Nasta's Olympics! Thanks to Nasta Kuzmina, Slovakia has the first gold medal at the Olympic Games! I congratulate on her heroic performance. Two silver and one gold medal – this isn't a result of a team, it's a collection of only Nasta Kuzmina from the Olympics at PyeongChang. We're proud of you Nasta!" President Andrej Kiska congratulated Kuzmina on Facebook.

Prime Minister Robert Fico (Smer-SD) wrote on Facebook: "Fantastic biathlete Nasta Kuzmina has won a gold medal – another phenomenal success from the PyeongChang Olympics. I congratulate her on the amazing performance!"

"Fantastic! We have gold! Nasta, you're a queen of biathlon! Three gold medals and three silver at the Olympics, you've been definitively enrolled in biathlon history. Congrats. But I must confess, I couldn't breathe," Parliamentary Chairman Andrej Danko (Slovak National Party/SNS) posted on Facebook.

### Poll: Slovaks Trust EP and EC More than National Parliament and Government

Based on the results of the latest Eurobarometer survey conducted in the autumn of 2017, Slovaks trust the European Parliament (EP) more than the national Parliament and they also consider the European Commission (EC) to be more trustworthy than the Slovak Government.

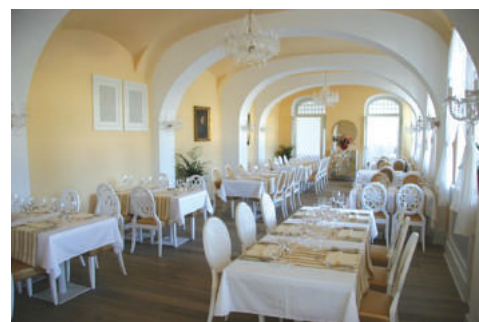
The survey also showed that some 48 percent of Slovaks believe in the EU as a whole. "Trust in the EU is a bit higher. There is also a hike when it comes to trust in the EC, an increase to 44 percent between the spring and the autumn. In addition, trust in the European institutions and optimism for the future went up as well," said the European Commission's Representation to Slovakia head Ladislav Miko, adding that Slovak attitudes are more pro-European than the EU average.

Miko welcomes the fact that trust in the EU and its institutions has been increasing. "We've managed to go from figures below 40 percent to above 40 percent," he said.

Alexander Karvai of the marketing research agency Kantar TNS added that Slovaks consider the free move-

ment of people, goods and services and the euro currency to be the greatest benefits of the Union. Conversely, bureaucracy and the waste of money in the EU are the biggest disadvantages for Slovaks.

Comenius University's Faculty of Arts analyst Pavol Babos views Slovaks' trust in the Union as relatively stable. According to Babos, the reason why Slovaks trust the European institutions more than the domestic ones could be explained by the fact that the EP and the EC are more distant than the Slovak Parliament and Government. "These are closer and are connected to various scandals, while the EP and the EC scandals don't get to the people... let's say corruption scandals don't go public. Therefore, trust in the Slovak political institutions is lower," said Babos.



Art Hotel Kašiel is a unique hotel facility situated in a beautiful baroque manor house. The hotel is located near the village of Tomášov, just 20km from Bratislava, and it is surrounded by vast park. It is not a typical hotel facility. It originated some 250 years ago as a country aristocratic seat which Baron Ján Jesenák had built in the years 1766-1769 in the style of Classicized Austrian baroque on his own long-before he purchased estate. He built the three-winged manor house with a genuine courtyard on the edge of the village of Fél, today Tomášovo, on an eminence named Majorháza – Estate, rising from amidst fertile lowlands and surrounded by meadow forest and the meandering river bed of the Little Danube. The vast English landscape garden, which originated from the meadow forest and still surrounds it today, became a component of the estate.





# KIDS' CORNER "Detský kútik"

March, 2018

## Happy St. Patrick's Day

### Slovak Words=Slovenské slová

By Dr. Michael Kopanic

Lent - *pôst* [pwost]

fast - *postit' sa* [po-steet sah]

I am fasting in Lent. - *Postím sa v pôstnej dobe.* [Pwost-teem sah vpwost-nay doh-beh]

sin - *hriech\** [hree-eck] Slovaks pronounce "ch" as the German "ch" in the name "Bach."

confession - *spoved'* [spo-ved], with a soft "d."

Stations of the Cross - *Križová cesta* [Kree-zhoe-vah tseh-stah]

Palm Sunday = *Kvetná nedeľa* [Kvet-nah nye-dye-la]

Holy Week = *Pašiový týždeň* [Paw-shee-oh-vee teezh-den]

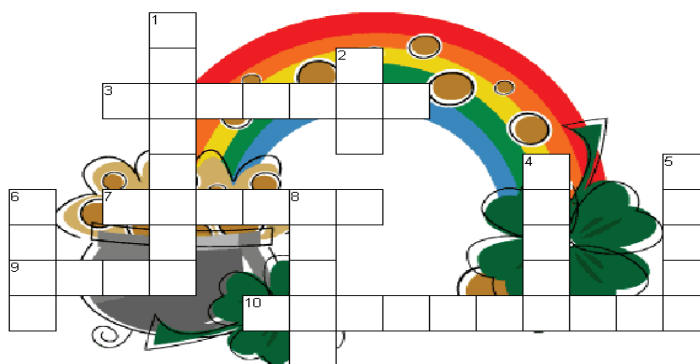
Holy Thursday = *Zelený štvrtok* [Ze-le-nee shtveer-toke]

Good Friday = *Veľký piatok* [Vel-kee pyah=toke]

Holy Saturday = *Biela sobota* [Byeh-la so-bow-tah]

### St. Patrick's Day Crossword

Copyright www.KidsCanHaveFun.com



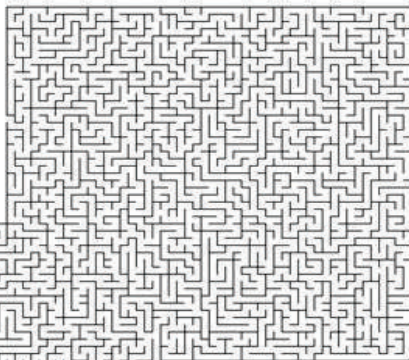
#### Across

3. Colorful Arc
7. Where can you find a leprechaun?
9. Good \_\_\_\_\_
10. Little Green Elf

#### Down

1. Four-leaf Clover
2. In what do leprechaun's store their gold?
4. People from Ireland
5. St. Patrick's Day Color
6. Expensive Shiny Metal
8. How many colors are there in a rainbow?

### Easter Puzzle by Party-Games-Etc.com



### HAPPY BIRTHDAY TO YOU!!!!

Olivia McLeary 3/6  
Taylor Hazelbaker 3/13  
Colin Baker 3/17  
Tucker Ramognoli 3/18  
Annalise Romine 3/19  
Danielle Baran 3/21  
Zachary Eckenrode 3/21



# 72<sup>nd</sup> Slovak Catholic Sokol International Bowling Tournament

The 72<sup>nd</sup> Annual Slovak Catholic Sokol International Bowling Tournament will be held on Monday May 21<sup>st</sup> and Tuesday May 22<sup>nd</sup> at the Orleans Bowling Lanes, Las Vegas, Nevada. The GCU Fraternal Society will be joining us again for the 4<sup>th</sup> straight year. The application is posted on our web site and the deadline is April 16th, 2018.

**The Orleans Hotel and Casino**  
4500 W. Tropicana Avenue  
Las Vegas, NV 89103

Hotel rooms are \$99.00 for Friday and Saturday, May 18-19 and only \$49.00 from Sunday through

Thursday, May 20<sup>th</sup>-24<sup>th</sup>. There is an \$18.00/night resort fee.

To receive your special group rate, members will need to enter the assigned Reservation ID: A8GCC05, through the Hotel's website at the following URL: [www.orleanscasino.com/groups](http://www.orleanscasino.com/groups) or call (800) 675-3267 and mention the assigned Reservation ID: A8GCC05.

Team event will be bowled on Monday, May 21<sup>st</sup> from 3-6 p.m. Doubles and Singles events will be bowled on Tuesday, May 22<sup>nd</sup> from Noon to 6 p.m.

The cost for the 72<sup>nd</sup> International

Bowling Tournament will be the same as last year, \$22.00 per event \$5.00 for all-events and \$29.00 for the buffet banquet on Monday, May 21<sup>st</sup> at 6:00 p.m.

The total for each bowler participating in team, doubles, singles, all-events and the banquet is \$100.00.

If you have any questions, please send me at email at [jmatlon@slovakcatholicssokol.org](mailto:jmatlon@slovakcatholicssokol.org), call or text me at my cell phone: 973-647-8551.

Fraternally yours,  
**James C. Matlon**  
Supreme Director  
of Sports and Athletics

## Important to All Tournament Entrants

*Read Carefully Information Given Below*

### RULES AND REGULATIONS OF ANNUAL SLOVAK CATHOLIC SOKOL BOWLING TOURNAMENT

The purpose and aim of our organization in sponsoring annual bowling championships is to promote good sportsmanship, fraternalism and national interest in the Slovak Catholic Sokol.

As you know, each year the Supreme Assembly, recognizing the great importance of bowling in our organization, donates \$60.00 to the prize fund for each team entry entered in the International Tournament.

This financial contribution on the part of our organization is added to the regular prize fee collected by the bowlers. All prize fees collected will be refunded 100% in prizes.

In order to successfully operate our tournaments, we must have cooperation and exact adherence to all entry rules and regulations which govern teams and individuals.

Please read these rules carefully. Do not overlook any detail. Comply with all requests at time entry blank is being filled out and when sending it in with the proper money order, certified check or check. Be sure you have the bowlers affidavits as of all sanctioned league averages for 21 games or more in accordance with our rules governing averages.

This will speed up the mailing of prizes after results have been checked. Remember that false information will result in forfeiture of all rights to prizes.

#### RULES AND REGULATIONS

1. The Slovak Catholic Sokol Championship Tournament is open to all members of our organization, both male and female (no juniors) who are in good standing and have been members for at least (3) three months SPL or (1) one year for all other policies, prior to the date of tournament with a minimum of \$3,000.00 coverage. Policy Holders - no Social Members. As mandated by the 2007 Convention, all new members enrolled after January 1, 2008 will require a new minimum of \$5,000.00 of insurance coverage to participate in the 2018 programs.

2a. All members of the competing teams must be members of the same Assembly or Wreath. There is no limit to the number of teams from each Assembly or Wreath.

2b. An Assembly or Wreath not having enough bowlers to make up a team may combine with another Assembly or Wreath to make up a team.

3. Doubles teams may be from any Assembly or Wreath for both Men and Women Divisions.

4. All participants must be certified by the respective Assembly or Wreath Financial Secretary and may enter only once for each division.

5. High Score recognition automatically extended to USBC members.

Eligible nonmembers can qualify for high score recognition at their option by paying a \$5.00 participation fee. Affiliated membership is \$21.00.

6. There will be at least one prize for each (10) ten entries in each event, and each (20) twenty entries for All-Events for Men and Women.

7. All-Events (optional), shall be handicap. This prize fund is a separate entry (\$5.00) and no tournament expense fee is assessed for this.

(Continued on page 15)

**No applications  
will be accepted  
after  
April 16, 2018.**

ENTRY BLANK—72<sup>nd</sup> ANNUAL

## A JOINT TOURNAMENT OF SLOVAK CATHOLIC SOKOL & GCU

"USBC MORAL SUPPORT CERTIFIED"

The Orleans Resort ♦ Las Vegas, NV  
Monday, May 21 & Tuesday, May 22, 2018

Please note: Bowling Fees must accompany this application for the bowlers to be registered in the tournament.

**No applications  
will be accepted  
after  
April 16, 2018.**

| BOWLER INFORMATION (LIST CAPTAIN FIRST)                                           | SCS TOURNAMENT INFORMATION                                                                                                                                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name: _____<br>Address: _____<br>Phone: _____ CERT/POLICY# _____<br>E-mail: _____ | Highest Avg. 2016-17 _____ USBC No. _____ Wreath/Assm No. _____<br>Team: _____<br><b>Please Check Tournament Events Bowler at Left Is Submitting Payment for on this Application:</b><br><input type="checkbox"/> Team <input type="checkbox"/> Singles <input type="checkbox"/> Doubles <input type="checkbox"/> All Events <input type="checkbox"/> Banquet |
| Name: _____<br>Address: _____<br>Phone: _____ CERT/POLICY# _____<br>E-mail: _____ | Highest Avg. 2016-17 _____ USBC No. _____ Wreath/Assm No. _____<br>Team: _____<br><b>Please Check Tournament Events Bowler at Left Is Submitting Payment for on this Application:</b><br><input type="checkbox"/> Team <input type="checkbox"/> Singles <input type="checkbox"/> Doubles <input type="checkbox"/> All Events <input type="checkbox"/> Banquet |
| Name: _____<br>Address: _____<br>Phone: _____ CERT/POLICY# _____<br>E-mail: _____ | Highest Avg. 2016-17 _____ USBC No. _____ Wreath/Assm No. _____<br>Team: _____<br><b>Please Check Tournament Events Bowler at Left Is Submitting Payment for on this Application:</b><br><input type="checkbox"/> Team <input type="checkbox"/> Singles <input type="checkbox"/> Doubles <input type="checkbox"/> All Events <input type="checkbox"/> Banquet |
| Name: _____<br>Address: _____<br>Phone: _____ CERT/POLICY# _____<br>E-mail: _____ | Highest Avg. 2016-17 _____ USBC No. _____ Wreath/Assm No. _____<br>Team: _____<br><b>Please Check Tournament Events Bowler at Left Is Submitting Payment for on this Application:</b><br><input type="checkbox"/> Team <input type="checkbox"/> Singles <input type="checkbox"/> Doubles <input type="checkbox"/> All Events <input type="checkbox"/> Banquet |

Please check one: ☐ Men's Application ☐ Women's Application

### TEAM EVENT—MONDAY, MAY 21 3 PM

Team Name: \_\_\_\_\_  
(Please place team bowlers in the order they will be bowling.)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Make Entry Fee payable to: **Slovak Catholic Sokol Sports Account**

Mail to: **James Matlon, 6 Academy Drive East, Whippany, NJ 07981.**

BOWLING FEE AS WELL AS ENTRY MONEY MUST ACCOMPANY THIS BLANK.

FORMS MUST BE SUBMITTED WITH COMPLETE INFORMATION.

INCOMPLETE FORMS WILL BE RETURNED TO TEAM CAPTAIN AND MUST BE RESUBMITTED.

### DOUBLE & SINGLES EVENT—TUESDAY, MAY 22 12 Noon

1. \_\_\_\_\_
2. \_\_\_\_\_
1. \_\_\_\_\_
2. \_\_\_\_\_

| Financial Totals for this Application                                                                                    |                                 |
|--------------------------------------------------------------------------------------------------------------------------|---------------------------------|
| Entry Fee for Each Event                                                                                                 |                                 |
| Prize Fee-\$10. <sup>00</sup> + Bowling Fee-\$7. <sup>50</sup> + Tournament Fee-\$4. <sup>50</sup> = \$22. <sup>00</sup> |                                 |
| Optional Events                                                                                                          | Banquet + Bowling Entry         |
| All Events-\$5. <sup>00</sup>                                                                                            | Banquet-\$29. <sup>00</sup>     |
|                                                                                                                          | \$100. <sup>00</sup> per person |
| _____ Singles Event @ \$22 ea. = \$ _____                                                                                |                                 |
| _____ Doubles Event @ \$22 ea. = \$ _____                                                                                |                                 |
| _____ Team Event @ \$22 ea. = \$ _____                                                                                   |                                 |
| _____ All Events @ \$5 ea. = \$ _____                                                                                    |                                 |
| _____ Banquet @ \$29 ea. = \$ _____                                                                                      |                                 |
| Total Enclosed \$ _____                                                                                                  |                                 |



## RULES AND REGULATIONS OF ANNUAL SLOVAK CATHOLIC SOKOL BOWLING TOURNAMENT

(Continued from page 14)

Only those entrants paying this fee are eligible. Please indicate All-Events entries by placing an "X" before names in Team Entry space on Entry Form side.

8. Prize fee will be \$8.50 per bowler per event. Cost of bowling and tournament expenses \$13.50 per bowler per event. Total = \$22.00 per event.

9. No entry money will be returned for any reason.

10. The United States Bowling Congress rules and regulations apply to all bowlers.

11. The Championship in both Men's and Women's Divisions will receive individual championship shirts. In the event of a tie for championship, lowest team handicap will receive shirts, cash prizes will be divided equally.

12a. Handicap (Men) allowed will be 85% of the difference between 240 and last season's 2016-2017 highest sanctioned league average of at least 21 games. Bowlers who have no established average will use their highest sanctioned league average of at least 21 games as of Jan. 1, 2018. A male bowler whose current average of 21 games or more at time of entry is (10) pins or more higher than the previous season's average must use his current average. Male bowlers who have no established average for this year or last year will be listed as 175 average and will be handicapped accordingly. If the bowler does not have a sanctioned average over the last two years, the most recent 5 year history of Sokol tournaments will be used. If none of the above apply, the average of 175 for men will be used.

12b. All participants will be governed by rating requirements of USBC Rule 319e. Average to be adjusted accordingly. Failure to use the current average shall disqualify score if submitted average is lower than correct average thereby resulting in a lower classification of more handicap. Prize winnings shall be based on the submitted average if it is higher. However corrections in

averages may be permitted up to the completion of the first game of a series.

12c. Handicap (Women) allowed will be 85% of the difference between 200 and last season's 2016-2017 highest sanctioned league average of at least 21 games. Bowlers who have no established average will use their highest sanctioned league average of at least 21 games as of Jan. 1, 2018. A female bowler whose current average of 21 games or more at time of entry is (10) pins or more higher than the previous season's average must use her current average. Female bowlers who have no established average for this year or last year will be listed as 150 average and will be handicapped accordingly. If the bowler does not have a sanctioned average over the last two years, the most recent 5 year history of Sokol tournaments will be used. If none of the above apply, the average of 150 for women will be used.

Female bowlers with an average over 200 will receive no handicap and will bowl scratch in the tournament.

13. Teams wishing to bowl all nine games as Team, Double and Singles in one day or a specific day or time must submit that request at time of entry. (Only if necessary)

14. List team names in order of lineup to bowl. The USBC substitute rule will be used in the event it is necessary. Average certification must accompany entry form.

15. All teams must bowl according to the published schedule. In order to ensure your choice of schedule time, send entries in early.

16. Bowlers have 48 hours from completion of tournament to notify manager of error in score.

17. Every consideration will be granted to request date/time preferences for out-of-town teams and individual bowlers. The success of the tournament depends upon all participants.

18. Bowlers need not report information as required by USBC (Rule 319d provision) for tournament prize winnings.

**ENTRIES CLOSE  
MIDNIGHT, APRIL 16, 2018**

## Lodge Jottings

### CLIFTON, N.J. Assembly 162

Our next regularly scheduled meeting of our lodge is set for Sunday, March 18 in SS. Cyril and Methodius Church Hall, 218 Ackerman Avenue beginning at 12:30 p.m. All members are invited to attend.

Our meeting agenda will include any lodge business to be discussed as well as upcoming fraternal and sporting activities of interest to our members. Upcoming Group 1 activities will also be discussed.

Zdar Boh!

John D. Pogorelec, Jr.

President

David Bulwin

Recording Secretary

### LORAIN, OH. Wreath 111

Welcome back fraternalists! While it has been a cold winter season in Northeast Ohio, spring has sprung for all of us and our regular meetings and socials hosted by Wreath 11 are set to begin. Our monthly fraternal gatherings are held at the American Slovak Home located at 2915 Broadway Avenue in Lorain. Our meetings are held every second Monday of the month beginning at 6:30 p.m. Each monthly meeting followed by a social with refreshments served has a particular theme.

Our upcoming gatherings include: Monday, April 9 with the theme "Happy Easter", May 14 with a theme of "Let's celebrate our mom," June 11 with the theme of "Spend the day with dad," no meetings are held during the summer months of July and August; September 10 when we observe our lodge's patronal feast of the Nativity of the Blessed Virgin Mary, October 8 "Happy Halloween", November 12 "Let's give thanks" and finally, December 10 when we host our traditional Christmas dinner which begins at 6 p.m. So mark your calendars and plan to join us for our celebrations of Sokol fellowship and fraternalism. So call your fellow members and let them know that our meetings are back.

Zdar Boh!

Helen M. Zemanek

President

### PERRYOPOLIS, PA. Assembly 25 Wreath 15

We invite our members to participate in our upcoming fraternal and social activities. Continuing in our long-standing Lenten tradition, members of both our lodges are invited to participate in our annual Mass and Communion Brunch scheduled for Sunday, March 18. Mass will be celebrated for the living and deceased members at 8 a.m. at the Church of St. John the Baptist by our pastor, the Rev. Anthony Ditto. Following the liturgy Brunch will be enjoyed at our Slovak Catholic Sokol Club.

On Sunday, March 25 we will host our traditional Easter Egg Hunt for our young Sokol members on the

(Continued on page 17)

## Held in Douglas, Mass.

### Minutes of the Annual Meeting of Group 3, "Rev. Edmund Mochak"

Group 3 hosted its annual meeting on Sunday, November 12, 2017 at the Slovak Catholic Sokol Hall in Douglas, Mass. The meeting was called to order at 10:30 a.m. by the President Kevin Conway. The roll call was taken by the Secretary Christine Manyak. Wreath 18 and Assembly 28 were represented by a total of 10 delegates and members. The opening prayer was led by Brother Kevin and Brother Joe Brody led in the recitation of the Pledge of Allegiance to the Flag.

Minutes of the semi-annual meeting of April 2, 2017 were reviewed by the secretary and were accepted on a motion by Joe Brody, seconded by Judy Manyak.

Welcoming Address: Brother Kevin welcomed and thanked everyone for their attendance. He provided the delegates with an update on the Group Presidents meeting held in Cleveland in September. The 15 Group presidents in attendance were able to share their successes and struggles. He reported that several presidents asked how we as one of the smallest Groups continue to enjoy such great success. He shared with them the variety of events and fund-raisers that we hold including the Sokol Open which has been held for the past 44 years and the local scholarships we provide to members. He informed us that the hotel used for the Group Presidents meeting will also be the site of the upcoming national convention in 2019. He also shared information on the new membership campaign and handed out literature on the newest insurance products available. Sokol headquarters is also trying to obtain email addresses of all our members in order to improve communication. The 2018 bowling tournament is scheduled for May in Las Vegas, Nev. in cooperation with another fraternal organization.

Brother Kevin went on to review the purpose of the Group: "The purpose of the Group is to help build sound minds and bodies of all our members by nurturing harmonious relationships, encouraging educational achievements, providing and supporting athletic programs and social functions and to provide benevolence to those in need."

The treasurer's report was then presented by Ralph Quinn. This report was accepted on a motion by Gary Manyak, seconded by Joe Brody.

The Physical Directress, Judy Manyak then shared her report. Her report was accepted on a motion by Gary Manyak, seconded by Lori Cyr.

The Physical Director, Gary Manyak then shared his report which was accepted on a motion by Ralph Quinn, seconded by Joe Brody.

The report of the Sports Director, John Manyak was read in his absence by Honorary Supreme Officer Roger J. Manyak. He shared the joy and success of our Slet participants who brought home the Championship Flag for the first time in the 24-year history of Group 3. A big Thank You went out to Lori Cyr who did

a great job organizing all the track events and making sure all the participants were at their designated spots at the appropriate times. The report was accepted on a motion by Judy Manyak, seconded by Christine Manyak.

### Old Business

\* This year's Sokol Open, chaired by Brother Roger Manyak was once again a huge success. A total of 120 golfers who competed at the annual benefit once again enjoyed the competition on the greens as well as the home cooked buffet which followed. While this is an Assembly event, it is one of our most successful fund-raisers used to support the Youth Fund which supplies uniforms, travel expenses, and other needs for the Slet and sporting events. Brother Kevin once again thanked Brother Roger for his continued support of this important fraternal event. Brother Roger thanked his committee for their assistance without which the tournament would not be possible.

\* The Octoberfest was another successful fraternal fund-raiser this year. A new crew chaired this event. New items were added to the menu and many sold out.

\* The Sokol Slovak/Polish Buffet was also successful bringing together old and new members. It was a fun evening of great food and conversation.

### New Business

\* Our checking account requires two signatures. The checks were previously signed by Ralph Quinn, treasurer and our past president, Dennis Zifcak. Brother Zifcak now resides in Florida and is no longer available to cosign. Brother Ralph asked that we designate a new second signature. On a motion by Ralph Quinn, seconded by Judy Manyak, it was agreed that President Kevin Conway be the second signature on the Slovak Catholic Sokol Group 3 checking account with Webster First Federal Credit Union.

A break was then taken to select the various committees.

Auditing: Joe Brody and Gary Manyak. The committee reviewed the checkbook and bank statements. All the finances were found to be in order and up-to-date.

Grievances/New Motions/Recommendations: Recommend that the International Slet week be extended by one day; Recommend that our official publication, the Slovak Catholic Falcon be returned to its previous biweekly format.

Resolutions/Publicity: Ask that the Blackstone Valley Tribune be invited to attend the upcoming Group 3 Honors Night on November 25, 2017 to take photos and provide an article to be published.

With no further business, the annual meeting was adjourned on a motion by Christine Manyak, seconded by Gary Manyak. The meeting closed with a prayer led by Brother Kevin Conway. Suhlas!

Respectfully submitted,  
**Christine Manyak**  
Group 3 Secretary

### Keep Your Slovak Catholic Sokol Home Office Numbers Handy

**TOLL FREE NUMBER** - 1-800-886-7656  
**HOME OFFICE** - (973) 777-2605 or 777-2606  
**DIRECTOR OF SALES** - 1-855-874-9179 or (412) 381-5431  
**UNDERWRITING** - (973) 777-4704  
**EDITOR** - (973) 777-4010  
**FAX NUMBER** - (973) 779-8245  
**E-MAIL** - Sokol205@aol.com  
**WEB SITE** - www.slovakcatholicsokol.org

### YOUR BENEFICIARIES

When was the last time you looked at your designated beneficiaries on your valuable Sokol insurance policy? How important is it? Just think about how much your life has changed. Have you married, divorced, had children, maybe you lost a loved one? This is an item you should consider annually. If you do need to make changes to any of your policies, contact the Home Office at 800-886-7656.

## For students currently attending a Catholic High School

### Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant

As a fraternal benefit, the Slovak Catholic Sokol is pleased to offer \$500.00 grants to one young Sokol or Sokolka in each of our organization's nineteen Groups. These 19 Grants are available to any qualified Sokol member currently attending a Catholic High School.

#### Eligibility

- A. Applicant must be a member of the Slovak Catholic Sokol in good standing, holding a permanent Life Insurance Certificate in the amount of **not less than \$3,000, and has been a member for at least five years.**
- B. One parent must be a S.C.S. member.
- C. The principal of the Catholic High School must verify the enrollment of the applicant.

#### Application

**ALONG WITH THE APPLICATION** you must submit a typed or written essay **DOUBLE SPACED** in 100 to 200 words on the following topic:

**"WHAT DOES THE SLOVAK CATHOLIC SOKOL MEAN TO ME?"** This essay must be submitted along with the application.

This application must be **received** on or before, **March 31, 2018** with a clear, small (2"x3" wallet size) head and shoulders photograph.

Application is also available on the Internet @ [www.slovakcatholicssokol.org](http://www.slovakcatholicssokol.org)

#### Disqualification

An applicant who neglects to submit or complete any part of these requirements before the established deadline will automatically be disqualified.

#### Acknowledgment

An acknowledgment of the Grant should be made in writing by the recipient as soon as possible, if you are awarded a Grant.

#### Return of Grant

If for any reason the Grant is not used by the recipient, the entire (or portion of) grant not utilized must be returned.

## SKS 2020 Committee Meeting Held on January 25, 2018 – Conference Call

The meeting was called to order at 5:30 p.m. by chairperson Julie Ann Dobbs. Sister Dobbs opened with a prayer, followed by the Pledge of Allegiance led by committee member David Matlon. Committee members Kathy Figard and Cindy Walkowiak were excused.

Following a brief welcome from Sister Dobbs the SKS 2020 Committee Meeting Minutes from September 14, 2017 were reviewed and approved.

The developing data template was reviewed by committee members and discussion centered specifically on the expectations set forth by the convention. With reference to this, it was determined to focus first and foremost on comparison of board of director make-up as well as how these roles provide governance. The rest of the collective data will provide insight in terms of whether each organization's governance

process and board make up has resulted in improved operational results as compared to the Slovak Catholic Sokol.

Given that all data was not available for this meeting, it was decided that we will reconvene in March to have a more rich discussion. In the meantime, Sister Dobbs committed to creating a more focused grid related to this portion of the data for review prior to the next scheduled meeting. Sister Dobbs thanked everyone for their participation. Brother Michael offered a closing prayer. The meeting was concluded at 6:15 p.m.

Respectfully submitted,  
**Julie A. Dobbs**  
Chairperson  
SKS 2020 Committee

We invite you to send any questions or concerns to our committee at [SKS2020@slovakcatholicssokol.org](mailto:SKS2020@slovakcatholicssokol.org)

## Held in Lansford, Pa.

### Minutes of the Annual Meeting of Group 18, "Rev. Joseph Martincek"

The annual meeting of Group 18 was held on Sunday, October 29, 2017 at the American Legion Hall in Lansford, Pa. The meeting was called to order by the President Len Benek. He called upon the Chaplain, Msgr. Thomas Derzack to offer the opening prayer followed by the recitation of the Pledge of Allegiance to the Flag. A total of 14 delegates and 3 guests were present representing Wreath 157, Nesquehoning, Pa., Assembly 110, St. Clair, Pa. and Assembly 188, Lansford, Pa.

Discussion followed with the approval of the meeting agenda on a motion by Joe Kociscin, seconded by Georgine Benek. The members of the audit committee, Dave Krall, Michael Knies and Bob Benek met with the treasurer Amanda Benek to review the financial status of the Group. The minutes of the 2016 annual meeting were read and approved on a motion by Joe Sediva, seconded by Tina Kopunek.

The President Len Benek then presented his report. He discussed the various activities in which he participated. In particular, he discussed the highly successful first Slovak Catholic Sokol Reunion held in Maryland held in June which he attended with his wife. He found the gathering a wonderful example of Sokol fellowship and fraternalism at its best. He also attended the Group Presidents Meeting held in September in Cleveland, Oh. He found this meeting especially important in promoting our organization on the Group level. There was no sports director's report.

Under Old Business, there have been no inquiries to date regarding Slovak Catholic Sokol insur-

ance and annuity products ads posted in area church bulletins.

The report of the Treasurer Amanda Benek was then presented. Before her presentation, the auditors indicated that all books were found to be in order and commended Sister Amanda on a job well done. The treasurer's report was then accepted on a motion by Joe Kociscin, seconded by Martha Kociscin.

There was no New Business.

On a motion by John Benek, seconded by Mike Knies, the Treasurer Amanda Benek was instructed to pay all bills. Accepted.

A review of officers salaries then followed. On a motion by Joe Kociscin, seconded by Tina Kopunek, all salaries were to remain the same, "na starom." Accepted.

For the good and betterment of the organization, a card was sent to long-time Sokol activist, John Student who is currently in a nursing home. On a motion by Joe Kociscin, seconded by Dave Krall, it was agreed to pay the annual dues of \$35 for Group 18 to the Slovak Catholic Federation as well as a donation of \$100 to the annual SS. Cyril and Methodius Appeal of the SCF which supports the Pontifical Slovak College of SS. Cyril and Methodius in Rome and religious communities of men and women in Slovakia.

With no further business, the meeting was adjourned on a motion by John Benek, seconded by Joe Kociscin. Msgr. Derzack led the delegates in the closing prayer. A delicious luncheon was then enjoyed. Zdar Boh!

Respectfully submitted,  
**John Benek**

(Detach here)

#### SLOVAK CATHOLIC SOKOL ABBOT JEROME M. KOVAL, O.S.B. MEMORIAL HIGH SCHOOL GRANT APPLICATION

Group # \_\_\_\_\_ Assembly/Wreath # \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Date of Birth \_\_\_\_\_ Current Age \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ High School Phone (\_\_\_\_\_) \_\_\_\_\_  
area code area code

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Father's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Mother's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Are you a previous Slovak Catholic Sokol Scholarship Recipient? \_\_\_\_\_ If yes, please  
(yes/no)  
indicate Grade School or High School. What year? \_\_\_\_\_

High School verification (to be completed by High School Principal)

I, \_\_\_\_\_ Principal of \_\_\_\_\_  
(Principal's signature) (Name of School)

Catholic High School, verify that \_\_\_\_\_ is a student at  
(Name of student)  
the above school and will be attending \_\_\_\_\_ Grade in the 2018-2019 school year.

Are you currently participating in Slovak Catholic Sokol Activities? Yes \_\_\_\_\_ No \_\_\_\_\_

Deadline for receipt of this application is **March 31, 2018.**

Return completed application to:

Slovak Catholic Sokol High School Grant  
205 Madison St., P.O. Box 899, Passaic, NJ 07055



## Minutes of the Annual Meeting of Group 1, "Msgr. Stephen Krasula"

(Continued from page 6)

level, Brooke Hess, John P. Zakovic, Sophia Zakovic, Anthony J. Duonola, Elizabeth Kowatch, Hunter Kowatch, Ava Rose Matthews and Kelly Marie Matthews. We remind our lodge officers to encourage our young people to apply for our organization's scholarship grants in 2018.

2) Thanks and gratitude go out to all our faithful Group 1 Recommenders who have shared the message of Sokol fraternalism by enrolling new members and promoting our Legacy Collection of Life Insurance Products.

3) Congratulations go out to Miroslav Lajcak, Slovakia's Foreign and European Affairs Minister on his election as president of the 72nd General Assembly of the United Nations.

4) Congratulations and fraternal best wishes to all who had a hand in the highly successful 40th annual New Jersey Slovak Heritage Festival held at the Middlesex County Fairgrounds in East Brunswick, N.J. on September 16, 2017. The committee was headed by co-chairpersons and our Sokol members, W. Nina Holy and the late John G. Duch. We encourage our Group 1 Sokol members to continue their efforts in promoting our rich Slovak heritage by supporting this annual celebration of Slovak pride in the Garden State.

5) Congratulations to the members of our Group 1 team which competed at the 48th International Slet at SUNY - Brockport, N.Y., July 14-16 under the capable leadership of our Group 1 Physical Directress Janice Matlon and Group 1 Sports Director Eric Topczij.

6) Best wishes to all our Group 1 Sokol members who competed at the 71st international bowling tournament in Wilkes-Barre, Pa. in May and the 62nd international golf tournament in DuBois, Pa. in August.

7) Congratulations and prayerful best wishes go out to our Supreme Chaplain, Rev. Andrew S. Hvozdo on his re-election as the national president of the Slovak Catholic Federation at its recent 59th quadrennial convention held in Youngstown, Oh. We likewise congratulate him on the occasion of the 30th anniversary of his priestly ordination.

8) Congratulations and fraternal best wishes go out to our Editor and Group 1 Secretary Daniel F. Tanzone on his selection as our 2017 Slovak Catholic Sokol Fraternalist of the Year.

9) We recommend continued support for the work of our two umbrella organizations, the Slovak League of America which celebrates its 110th anniversary in 2017 and the Slovak Catholic Federation. We recommend continued support for the Federation's annual SS. Cyril and Methodius Appeal.

10) Congratulations and fraternal best wishes go out to John A. Holy on the occasion of his 95th birthday. Brother Holy is a past employee at the home office and was long-time financial secretary of Assembly 282.

He currently serves as a vice president of Assembly 182.

10) Finally, thanks and gratitude go out to Assembly 24 of Boonton, N.J. for graciously hosting this year's annual meeting and to Assembly 162 of Clifton, N.J. for making the necessary arrangements.

Brother Clifford Ainsworth, chairman moved for the adoption of these resolutions. Accepted.

The report of the New Motions Committee was then presented by its chairman, Peter Bakarich. The committee recommends that Group 1 continue with its annual adult bowling tournament, the children's bowlingfest and activities on the district and international levels as well. We recommend that our Physical Fitness Board make the necessary preparations so that the Group will be represented at the Supreme Clinic - Kurz in anticipation of the 49th International Slet in 1919. Accepted.

The report of the petitions and grievances committee was presented by its chairman, James C. Matlon. There were no grievances. The committee recommends that we continue our support for the work of the Slovak Catholic Federation, whose national president is our Supreme Chaplain, Rev. Andrew S. Hvozdo. We recommend continued support for the SCF's annual SS. Cyril and Methodius Appeal which aids the Church in Slovakia. We likewise recommend continued support for the work of the Slovak League of America. The committee recommends a donation of \$200 be given to SS. Cyril and Methodius Church, Clifton as well as a stipend of \$25.00 be given to the Rev. Richard D. Baker who celebrated the annual meeting Mass. Brother Matlon moved for the adoption of the report. Accepted.

The report of the Salary and Surety Bonds committee was presented by its chairman, Dr. Ladislav Koreck. Brother Koreck recommended that all salaries remain the same. Brother Koreck moved for the adoption of the report. Accepted.

Before the closing of the meeting, the president thanked Assembly 162 of Clifton for making the necessary arrangements for this year's meeting which was hosted by Assembly 24.

Under New Business, the election of officers followed. On a motion by Albert Pogorelec, seconded by Dorothy Lukas, all the current officers were re-elected to their respective offices. Accepted.

The 2018 annual meeting was scheduled for Sunday, October 28, 2018 with Assembly 1 and Wreath 2 of Passaic, N.J. hosting the event with the local support of Assembly 162 of Clifton.

With no further business, on a motion by Joseph Lojek, seconded by Joseph Gnida, the annual meeting was adjourned. Father Baker offered the closing prayer followed by the singing of Nad Tatrou sa Blyzka, Hej Slovaci, and God Bless America. Zdar Boh!

Respectfully submitted,  
**Daniel F. Tanzone**  
Secretary

## Sokol Calendar

(Continued from page 6)

Nepomucene Parish, corner 66th and First Ave., New York, N.Y. beginning with 10:15 a.m. Slovak Mass with luncheon and program in the social hall at 1 p.m.

### SUN, APRIL 29

■ Annual Spaghetti Dinner hosted by Group 1 at SS. Cyril and Methodius Church Hall, 218 Ackerman Ave., Clifton, N.J. beginning at 4 p.m. \$7.00 adults, \$6.00 seniors, children, ages 6-12, \$4.00 children under age 6 are welcome free of charge; for reservations call Peter Walentowicz 973 340-9078.

■ Spring Fling benefit hosted by the School Sisters of St. Francis at their Motherhouse, Mount Assisi Convent, 934 Forest Ave., Pittsburgh, Pa. 12 to 5 p.m., homemade dinners, plant and cake sales, raffles and more, for additional information call 412 761-0290, www.schoolsistersofst.org.

### MON, MAY 7

■ Wreath 22 meeting at the Slovak Catholic Sokol Club, 2912 East Carson St., South Side, Pittsburgh, Pa. beginning at 7 p.m.

### MON, MAY 14

■ Wreath 111 meeting and social "Let's Celebrate Our Mom" at the American Slovak Home, 2915 Broadway Ave., Lorain, Oh. beginning at 6:30 p.m.

### JUNE 11

■ Wreath 111 meeting and indoor picnic "Spend the Day with Dad" at the American Slovak Home, 2915 Broadway Ave., Lorain, Oh. beginning at 6:30 p.m.

### JULY 1-6

■ 6th International All-Sokol Slet celebrating the 100th anniversary of the first All-Sokol Slet and the establishment of the first Republic of Czechoslovakia in Prague, Czech Republic.

### MON, SEPT. 10

■ Wreath 111 patronal feast of the Nativity of the Blessed Virgin Mary at the American Slovak Home 2915 Broadway Ave., Lorain, Oh. beginning at 6:30 p.m.

### MON, OCT. 8

■ Wreath 111 meeting and social "Happy Halloween" at the American Slovak Home, 2915 Broadway Ave., Lorain, Oh. beginning at 6:30 p.m.

### MON, NOV. 12

■ Wreath 111 meeting and social "Let's Give Thanks" at the American Slovak Home, 2915 Broadway Ave., Lorain, Oh. beginning at 6:30

## Lodge Jottings

(Continued from page 15)

grounds of our Slovak Catholic Sokol Club from 12 noon to 2 p.m. Refreshments will be served and a visit by the Easter Bunny will complete a wonderful afternoon celebrating Sokol fellowship and fraternalism. We hope to see a good turnout of our members at both these fraternal activities. An enjoyable time is always assured.

Zdar Boh!  
**Michael T. Matras**



## Obituaries...

### Sister Maria Goretti Hudak, SS.C.M. laid to rest in Danville, Pa.

Sister Maria Goretti (Anne Marie Hudak) passed away peacefully on February 17 in Danville, Pa. A native of Hazleton, Pa., she was born there December 15, 1929, daughter of John and Anna (Jancar) Johnson. Hudak. She attended St. Joseph School and graduated from Hazleton Senior High School. Before entering the Sisters of SS. Cyril and Methodius, Anna Marie worked in the office of the Plain Speaker-Standard Sentinel as a stenographer-bookkeeper.

After entering the congregation in Danville on February 2, 1950, she was received as a novice on August 10, 1950, and professed her vows on August 13, 1952. Sister pursued higher education and received a B.S. in Business Administration from Marywood University, Scranton, an M.B.A. from the University of Notre Dame in Indiana and an M.Div. from the Immaculate Conception Seminary, Seton Hall University in New Jersey.

Sister began her teaching ministry in the fourth grade at Holy Trinity School in Perth Amboy, N.J. Later she taught at St. Cyril Academy, Danville, and also worked in the school office. Sister also taught novices and directed aspirants, young women seeking to discern a religious vocation. In two local parishes she served as director of religious education programs. Later she became Director of Associates, women who participated in promoting and assisting in the ministries of the Sisters.

After teaching in the business department at Andrean High School, Merrillville, Ind. for ten years and serving on Diocesan Committees, notably as president of the Pastoral Council of the Diocese of Gary, Sister Maria Goretti assumed the position of Pastoral Assistant at St. Catherine Labouré parish, Harrisburg, Pa. Here she served the Diocese in a variety of leadership roles, very often as president, notably of the Sisters' Council Liturgy Committee,



Evangelization Committee, Ecumenical Committee and the Vocations Committee.

In 1988, Sister Maria Goretti became a member of the Congregation's Leadership Team, a post she held until 1996. From 1999 until 2009, Sister was the force behind the growth of the Maria Joseph Continuing Care Community, acting in various capacities, as treasurer, Development Director, and Associate Director at the various facilities, Maria Joseph Manor, Emmanuel and the Meadows. Besides her ministry in her religious congregation, Sister Maria Goretti was well known for her outreach to charitable and religious organizations in the Danville area.

Sister Maria Goretti is survived by several nieces and nephews.

The transferal rite took place on February 20, followed by the recitation of the Rosary and the Wake Service in the Maria Hall Chapel in Danville. The Mass of Christian burial followed with the Rev. Gerard Heinzelman as celebrant. Burial followed in the Sisters' Cemetery. May our Sister Maria Goretti, who so beautifully mirrored our Cyrilo-Methodian heritage of faith, now rest in peace.

Donations in memory of Sister Maria Goretti can be made to the Sisters of SS. Cyril and Methodius, Villa Sacred Heart, 580 Railroad St., Danville, PA 17821-1698.

### \$63,000 in S.C.S. Scholarship Grants Available to Eligible Members in 2018

(Continued from page 7)

Questions regarding the Slovak Catholic Sokol Scholarship Program may be directed to:

Edward D. Moeller  
Supreme Vice President  
Chairperson of the Scholarship Committee  
vp@slovakcatholicsokol.org  
(412) 881-3506

Deadline for submission of all scholarship applications is **March 31, 2018**

In addition to our college grant program, we make available 18 Catholic High School Grants in the amount of \$500 each as well as 36 Catholic Grade School Grants in the amount of \$250 each. Please find these scholarship applications and directives in this issue of the *Slovak Catholic Falcon*.



## Scenes of the Annual Children's Christmas Party Hosted by Assembly 25 & Wreath 15

Slovak Catholic Sokol Club + Perryopolis, Pa. + Sunday, December 17, 2017



### SLOVAK CATHOLIC SOKOL GROUP 7 PRESENTS A COMEDY FUNDRAISER

**WISECRACKERS**  
Mohogan Sun Pocono

MOHEGAN SUN POCONO  
1280 HWAY 315  
WILKES-BARRE, PA 18702

SATURDAY APRIL 14, 2018

SHOW TIME 9:00 PM  
(DOORS OPEN AT 8:00)  
GENERAL ADMISSION SEATING

\$20.00 PER TICKET  
TICKETS EXPIRE 7/14/18

PERSON TO CONTACT FOR TICKETS  
AMY BLASCO 570-574-0136



ERIC LYDEN



ANDY BENINGO



SCOTT BRUCE



YOU MUST BE 21 YEARS OR OLDER TO ATTEND  
**THERE'S SOMETHING FUNNY GOING ON HERE!**



## Slovenská Veľká noc – tradície, zvyky a povery



(Pokračovanie zo str. 20)

### SYMBOLY A MÁGIA

V tradičnej kultúre je Veľká noc spájaná s príchodom jari. Prosperitné a magické úkony mali zabezpečiť dobrý začiatok hospodárskeho roka, hojnosť, prosperitu a zdravie ľudí a dobytky. Množstvo z prostriedkov využívaných v pohanských obradoch prevzalo kresťanstvo a používajú sa aj v súčasnosti: svätenie vody, zelene, potravín a zapalovanie ohňa.

**Vajíčko** – symbol nového života, plodnosti a zároveň prejav lásky. Zdobenými vajíčkami (kraslicami) obdarúvali dievčatá mladencov na znak toho, že ich nosia vo svojom srdci.

**Voda** – symbol čistoty a zdravia.

**Zeleň** – symbol životnej sily a zdravia.

**Oheň** – symbol očisty, mal zaháňať zlé sily.

**Páska** – obradový koláč, symbol hojnej úrody.

**Šibačka** – Podľa tradícií šibanie nemalo mladé dievčatá ponížiť, naopak, dotyk čerstvým, miazgou napučeným vrbovým prútkom sa mal na telo ženy preniesť, aby sa stala ohybnou, mladou, krásnou a plodnou. Preto mladenci polievali dievčatá studenou "živou" vodou a dbali, aby neobišli ani jeden dom – nevykúpané a nevyšibané dievča by bolo nanič.

### Spomienková oslava storočnice od podpísania Pittsburghskej dohody

Od podpísania Pittsburghskej dohody uplynie 31. mája už sto rokov. Slovenská liga v Amerike usporiada pri tejto príležitosti spomienkovú oslavu v nedeľu 15. apríla o 1.00 hodine popoludní v spoločenskej hale Kostola sv. Jána Nepomuckého (East 66th St. & First Ave., New York, NY).

Slavnostný prejav bude mať Cynthia M. Maleski, predsedníčka Prvej katolíckej slovenskej ženskej jenyty. V kultúrnom programe vystúpi detská folklórna skupina a slovenský operný spevák Andrej Pulver.

Slovenská liga pozýva slovenskú verejnosť na túto významnú spomienku, ktorá sa zapísala do dejín slovenského národa.

Slovenské organizácie, združené v Slovenskej lige v Amerike podpísali spolu s Českým národným združením v USA a s Tomášom G. Masarykom tento historický dokument 31. mája 1918. Dokument zaručoval identitu a samosprávu slovenského národa v budúcom spoločnom štáte, ktorý mal vzniknúť po skončení 1. svetovej vojny. Je to Magna charta slovenského národa. Slovenská liga uložila originál Pittsburghskej dohody v prestížnom Heinz History Center v Pittsburghu, PA.

**Oslava v Pittsburghu, PA** bude v sobotu 31. mája o 6.00 hodine večer v Heinz History Center. Vstupné je \$35.00. Vstupenky sú na predaj do 15. mája u Carol Hockman, e-mail: carolh254@aol.com alebo u honorárneho konzula SR Jozefa T. Senko, e-mail: jtsenko@aol.com. tel. 412 956-6000.

### VEČERA V CLIFSTONE, NJ

V nedeľu 29. apríla 1. župa usporiada v hale Kostola sv. Cyrila a Metoda na 235 Ackerman Avenue v Clifstone, NJ večeru (Spaghetti Dinner) od 4.00 do 7.00 hodiny popoludní. Poplatok je \$7.00 za dospelých, \$6.00 za dospelých, \$4.00 za deti od 6 do 12 rokov a deti do 6 rokov bezplatne. Rezervácie: Peter Walentowicz, tel. č. 973-340-9078.

### VEĽKONOŠNÉ VINŠE

Na Veľkú noc všetkého dost', radost', pohodu a spokojnosť.

Sladké koláče, ohybné korbáče, vodu studenú, šunku údenú, veľa radosti a málo starostí.

Studená vodička, farebné vajíčka, koláčik makový, korbáčik vrbový. Dobré šunky, mnoho vajec, k tomu ešte chleba krajec. Do pohára vínečka, k tomu veľa zdravička.



**Kraslica** je slepáče (prípadne kačacie alebo husacie) vajce uvarené natvrdo alebo vyfúknuté a ozdobené viacerými výtvarnými technikami. Patrí k symbolom veľkonočných sviatkov. Kraslice sa zdobia celou radou výtvarných techník od jednoduchších ako fresky, kresbou voskom alebo jednoduché batikovanie, až k zložitejšej viacfarebnej batikke alebo leptaniu. K tým najzložitejším technikám patrí polepovanie slamou a gravírovanie. Často sa na vajčká lepia potlače s rôznymi obrázkami.

### Nový predmet na školách – Slováci vo svete

Ak v spoločnosti zaznie pojem krajina, či Slovák žijúci v zahraničí, málokto by občan Slovenskej republiky vie, o kom je reč. Kto sú krajania, Slováci žijúci v zahraničí, čím žijú, aká je ich história či dnešné potreby?.

Matica slovenská považovala krajanov vždy za imanentnú súčasť slovenského národa. Programovo sa tejto oblasti začala venovať už v 30. rokoch 20. storočia. Najprv sa orientovala na komunity žijúce na Dolnej Zemi (dnešné Srbsko, Maďarsko, Rumunsko a Chorvátsko), neskôr na krajanov žijúcich v USA a Kanade. Postupne do svojej pôsobnosti zahrnula aj starostlivosť o potreby krajanov žijúcich v ostatných štátoch Európy, Južnej Ameriky a Austrálie.

Podľa dnešných odhadov žije vo svete tretina slovenského národa roztrúsená takmer na všetkých kontinentoch sveta. Sú medzi nimi potoky kmeňov, ktorí žili na území Rakúska – Uhorska či Československa a politickým rozdelením sveta sa odrazu ocitli v inom štáte, ale i tí, ktorí sa rozhodli odísť zo Slovenska za lepšími ekonomickými podmienkami, už v 18. storočí (USA, Kanada, ...), ako aj tí, ktorí odišli najmä do západnej Európy na prelome tohto storočia.

Každá z komunit má osobité podmienky, špecifiká i potreby, odlišnú históriu, jazykovú vybavenosť či vzťah k domovskej krajine. Postupne sa téma Slovákov žijúcich v zahraničí dostáva aj do povedomia Slovákov žijúcich v domovine. V tomto

zmysle robia dobrú službu komerčné televízne projekty, akými sú Zem spieva či Miss folklór, kde sa vyhraňuje priestor aj pre prezentáciu krajanov.

V roku 2017 ŠPÚ spoločne s odborníkmi na danú problematiku navrhli, aby sa do povedomia Slovákov dostala tematika krajaňského diania. Prostriedkom bude nový voliteľný predmet Slováci vo svete. Už viac ako rok sa na Slovensku pripravujú osnovy predmetu a učebnica, podľa ktorých by sa mal nový predmet vyučovať na vybraných stredných školách dve hodiny týždenne. Mal by sa zameriavať najmä na dejiny a kultúru Slovákov žijúcich najmä na Dolnej Zemi a tiež na ich súčasnosť.

Z pohľadu expertov, ktorí sa touto problematikou zaoberajú je zavedenie predmetu Slováci v zahraničí veľmi prospešné. Pokiaľ chceme, aby krajanovia boli zo strany Slovenskej republiky podporovaní v čo v najvyššej možnej miere, je potrebná osвета, ktorá aj našich občanov informuje o slovenských komunitách mimo nášho územia a oboznámi ich s krajaňským spôsobom života, nezabudnuteľným dielom i súčasnými potrebami. Je dôležité uvedomiť si, že krajania si svoju identitu, jazyk i kultúru udržujú nalahko, v prostredí iných štátov. No i vďaka nim je slovenskosť vo svete pestovaná, prezentovaná a činná, za čo na nich môžeme byť právom hrdí.

**PhDr. Zuzana Pavelcová**  
riaditeľka Krajaňského múzeja MS v Martine

### Veľkonočná maľovanka pre deti



NAVŠTÍVTE NAŠU FACEBOOK STRÁNKU



SLOVAK CATHOLIC SOKOL





# Slovenský Katolícky Sokol

## SLOVAK CATHOLIC FALCON

ÚRADNÝ ČASOPIS SLOVENSKEHO KATOLÍCKEHO SOKOLA - 30 000 ČLENOV - HLAVNÁ ÚRADOVŇA: 205 MADISON STREET, PASSAIC, NJ 07055 – [www.slovakcatholicssokol.org](http://www.slovakcatholicssokol.org)

VOLUME CVII

PASSAIC, N.J., 14. MARCA 2018

ČÍSLO 5112

### Slovenská Veľká noc – tradície, zvyky a povery

Veľká noc je pre kresťanov najväčším sviatkom. Kresťania si pripomínajú umučenie, smrť a vzkriesenie Ježiša Krista. Veľkej noci predchádza 40-dňový pôst. Pôstne obdobie začína Popelcovou stredou. Počas pôstneho obdobia sa kresťania zdržiavajú zábavy, hodovania, majú sa duchovne obnovovať a zamýšľať nad svojím životom, zúčastniť sa svätej spovede.

#### VEĽKONOČNÉ TROJDNIE

**Zelený štvrtok** – spomienka na ustanovenie sviatosti Oltárnej a sviatosti kňazstva. Pri svätých omšiach sa posväčujú tri druhy oleja: krizma, olej katechumenov a olej chorých. Olej je znamením sily a používa sa pri rôznych sviatočných obradoch (krst, birmovanie, pomazanie chorých, vysviacka kňazov). „Zaväzujú“ sa zvony a na znak smútku zostávajú mlkve.

**Veľký piatok** – nekonajú sa sväté omše, kresťania si pripomínajú utrpenie, umučenie a ukrižovanie Krista. Je to veľký pôstny deň. Kresťania sa zdržiavajú mäsitých pokrmov a dosýta jedia iba raz denne.

**Biela sobota** – obrady sa konajú po západe slnka. Podľa tradície je táto noc nocou očakávania Pána, noc bdenia. Začína sa sláviť Kristovo zmŕtvychvstanie. Na znak Kristovho zmŕtvychvstania sa zvony opäť rozozvučia. Po veľkonočnom trojdní nasleduje Veľkonočná nedeľa. Je oslavou Kristovho zmŕtvychvstania, víťazné završenie Kristovho výkupiteľského diela.

#### ĽUDOVÉ ZVYKY A TRADÍCIE

Symbol nového života, novosti, sa spája s čistotou. Ak mali mať obradové úkony úspech, ľudia museli obnoviť a vyčistiť svoje príbytky i riad, v ktorom sa chystali pripravovať a konzumovať obradové veľkonočné jedlá.

Zelený štvrtok bol deň, keď sa vyhánal dobytok na pašu po prvýkrát. Na dvere stajní sa (okrem iného) kolomazou alebo cesnakom robili kríže, aby chránili dobytok pred strigami. Zlých duchov vyhánali z dediny rapkáče a biče. Konzumovali sa zelené jedlá ako žihlava, špenát, kel, čakanka.

Na veľký piatok sa ľudia kúpali pred východom slnka v potoku, aby nemali vrede, chrasty, lišaje a aby boli po celý rok zdraví. Dievčatá verili, že po umytí budú čerstvé ako lastovičky, nebudú mať pehy na tvári a ak si umyjú vlasy, rýchlejšie im budú rásť.

V tento deň vládla magická sila zeme. Bolo zakázané siať a orať, so zemou sa jednoducho nemohlo hýbať.

Biela sobota bola dňom prípravy obradných jedál, najmä šunky z bravčoviny (niekde jahňa alebo baránka). Masť zo šunky odkladali ľudia na liečenie rán a mnohí verili, že chráni aj pred hadím uštipnutím.

V sobotu sa „pálili judaše“ – spaloval sa oheň starého roka a ľudia zakladali v domácnostiach nové ohne.

V nedeľu po omši sa dávali posvätiť jedlá, najmä obradný koláč, zvaný na východnom a strednom Slovensku „páska“. Pevné miesto tu mali vajčka ako symbol kontinuity života. Vajčko rozdeľoval gazda medzi všetkých stolujúcich. Stolovanie pripomínalo Štedrú večeru. Zvyšky z posvätených jedál sa nesmeli vyhadzovať. Pálili sa, primiešavali dobytku do jedla, alebo sa zakopávali na poli.

Veľkonočný pondelok bol časom kupačky (na východnom Slovensku), resp. šibačky (na západnom Slovensku). Voda má zabezpečiť ženám zdravie a krásu. Robila sa rôzna ľubostná a erotická mágia, pripravovali sa špeciálne pokrmy, ktoré sa dali zjesť vybranému mláďencovi.

(Pokračovanie na str. 19)

### Na Slovensku vystavia Pittsburskú dohodu

Na Slovensku a v Česku budú mať ľudia prvýkrát v histórii možnosť vidieť súbor originálnych dokumentov, ktoré zohrali zásadnú rolu v dejinách Československa a osudoch jeho obyvateľov. Národné múzeum v Česku a Slovenské národné múzeum (SNM) získalo súhlas na zapožičanie originálov Mnichovskej dohody, Viedenskej arbitráže a takzvaného Protokolu Hácha–Hitler, Pittsburskej dohody a československých ratifikácií zmlúv z Versailles, Saint-Germain a Trianonu.

Všetky dokumenty budú prezentované v Bratislave a Prahe na Česko-slovenskej / Slovensko-českej výstave, ktorú pripravujú národné múzeá Českej a Slovenskej republiky pri príležitosti 100. výročia vzniku spoločného štátu Čechov a Slovákov. Národné múzeum a SNM k 100. výročiu založenia Československa spoločne pripravujú mimoriadny výstavný projekt, mapujúci dejiny spoločného štátu.

„Výstava bude prezentovaná najskôr na Bratislavskom hrade od 26. apríla do 9. septembra a následne sa presunie do Prahy ako výstava, ktorou sa otvorí novozrekonštruovaná Historická budova Národného múzea v Prahe. Pre verejnosť bude sprístupnená symbolicky 28. októbra.

Získať na výstavu tak dôležité a ikonické predmety považuje generálny riaditeľ SNM Branislav Panis za veľký úspech. „Na základe týchto dokumentov vznikali a zanikali štáty, milióny obyvateľov sa v jednej chvíli stali obyvateľmi iných štátov, a žiaľ, na niektorých mali aj fatálne dôsledky,“ podotkol.

Z USA, Nemecka a Francúzska budú zapožičané dokumenty ako Pittsburská dohoda, Ratifikačné protokoly z Versailles, Saint-Germain a Trianonu, Mnichovská dohoda, Viedenská arbitráž či Protokol Hácha–Hitler. Vystavené budú za mimoriadnych bezpečnostných opatrení.

### Redaktor Daniel F. Tanzone bol poctený na slovenskom plese



V sobotu 10. februára sa v Royal Manor v Garfield, NJ konal 25. Slovenský ples, ktorý každý rok usporiada Slovensko-americké kultúrne stredisko.

Na podujatí sa zúčastnilo približne 350 hostí. Prítomní boli aj stály predstaviteľ Slovenskej republiky pri Spojených národoch v New Yorku, mimoriadny a splnomocnený veľvyslanec Michal Mlynár s manželkou a generálna konzulka z Generálneho konzulátu Slovenskej republiky v New Yorku Ladislava Begeč s manželom.

Za svoju obetavú a dlhoročnú prácu v americko-slovenskom živote boli poctení redaktor Daniel F. Tanzone, predseda Slovenskej ligy v Amerike a predseda Prvej katolíckej slovenskej jednoty a člen 93. venca Slovenského katolíckeho sokola Andrej M. Rajec.

Na snímke Daniel F. Tanzone preberá poctu od predsedníčky Slovensko-amerického kultúrneho strediska Sabini Sabados.



Nášim členom a čitateľom prajeme poželnané a radostné veľkonočné sviatky