

*Za Boha a národ*

*For God and Nation*

# Slovak Catholic Falcon

*SLOVENSKÝ KATOLÍCKY SOKOL*

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# HAPPY NEW YEAR 2019!



## Message from our Supreme President

Michael J. Horvath

I extend best wishes to all members and friends for a Happy New Year. May this new year, 2019, be prosperous and grant good health to all.

Here we are at the beginning of a new year, 2019, which marks the Slovak Catholic Sokol's 114th year. Anything that



last 114 years purely means something was done right and those in charge took great care of it year after year making sure it is sound and healthy. All members should be proud of the Slovak Catholic Sokol success, its past

and current leaders and its dedication to preserving our rich Slovak heritage and customs. The Slovak Catholic Sokol live by its motto "For God and Nation" and slogan "A Sound Mind in a Sound Body" and sets the high standards for itself to be one of the strongest and best fraternal societies that exists today. With this our mission let all members work to make 2019 one of the best years of its young 114 year of existence.

2019 is set to be another year of successful fraternal Sokol activities. It is ex-

pected the attendance at these fraternal events to be among the largest turnouts we have seen in several years. It all begins with our very popular bowling tournament. The 73rd Bowling Tournament, May 17-18, 2019, will take place at the Noble Manor Lanes in Pittsburgh, PA. Then, the ever exciting and favorite golf tournament will be held August 16-18, 2019. The 64th Golf Tournament competition is being held at the challenging Seven Oaks and Black Hawk golf courses in Beaver, PA.

The Slovak Catholic Sokol 49th Slet competition is scheduled for July 17-21, 2019. The Slet is our oldest and continuous held fraternal activity and will again be held at the SUNY Brockport in Brockport, NY.

Also, we can not forget our walking program which many members enjoy everyday at their own pace to keep them active and healthy.

There is one more important fraternal activity that will take place in 2019 and that is the Slovak Catholic Sokol's 33rd Quadrennial Convention, August 3-7, 2019 at the Cleveland Airport Marriott in Cleveland, Ohio.

I can not believe the 32nd Convention was already four years ago, this proves (Continued on page 15)

## BOARD OF DIRECTORS MEET IN CHARLESTON, S.C.



Members of the Board of Directors met at the historic Embassy Suites Hotel in Charleston, S.C. for their quarterly meeting, December 2-3, 2018. Directors shown on the above photo include, from the left, Supreme Physical Director John M. Underation, Supreme Director of Sports and Athletics James C. Matlon, Supreme Chaplain, Rev. Andrew S. Hvozdic, V.F., Supreme Secretary Scott T. Pogorelec, F.I.C., Supreme Physical Director Kathleen S. Watkins, Supreme President Michael J. Horvath, General Counsel, Attorney John D. Pogorelec, Jr., Supreme Treasurer Dennis J. Zifcak, Chairperson of Supreme Auditors James G. Jerek and Supreme Vice President Edward D. Moeller.

## Slovak Catholic Falcon

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Slovak Catholic Sokol

*From the desk of the Supreme Secretary***HAPPY NEW YEAR!**

by Scott T. Pogorelec, F.I.C.



*"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come." 2 Corinthians 5:17*

I would like to take this opportunity to wish all our members and friends a happy and healthy New Year 2019! I hope you all had a wonderful holiday season with your family and friends.



The beginning of a new year is always an opportunity to think positively and set our priorities for the year ahead. If you made any of the traditional New Year's resolutions (exercise more, do more around the house, save more

money, etc.), I hope that you are staying strong and are still faithful to them. If I may, I would like to add one more resolution to your list. Get involved in our activities.

Not many institutions can boast of more than a century of success with outstanding fraternal and sporting activities, along with our stable financial strength. It was on July 4, 1905 that a group of your Slovak immigrants met in Passaic, NJ and established our great organization. We have been able to sustain our strength due to a membership that has always remained active. We need our membership, especially our youngsters, to stay engaged. Try to make a commitment this year to get more involved in your local Assembly/Wreath and/or Group. Local level functions are the cornerstone of the Slovak Catholic Sokol. It is through these events and our national fraternal functions that our message is delivered to our current members and potential members.

On the national side, 2019 happens to be a very important year. The most significant activity will be our 33<sup>rd</sup> Quadrennial Convention which will convene in the beautiful city of Cleveland, OH from August 3<sup>rd</sup>-7<sup>th</sup>. As you know, the Convention is the highest governing body in the life of a fraternal organization. The duly elected delegates will set the course for our organization for the next four years. The delegates will evaluate reports and elect qualified individuals to serve our membership in the years ahead. While we will be working hard, our delegates will also have an opportunity for fraternalism

and Sokol fellowship in the lovely city of Cleveland. We will be working closely with our host, Group 5, to make this Convention memorable for all.

In recent weeks, our Assemblies and Wreaths should have received the Official Convention Delegate Forms indicating the number of representatives they are permitted to send to the Convention. I hope that our local Assemblies and Wreaths have been meeting to discuss the Convention and have elected or will elect their representatives for this important event. The completed Delegate Forms must be submitted to the Home Office by the deadline date of March 31, 2019. Eligibility to serve as a delegate is clearly explained in SECTION 2.1(a-m) of our Constitution and By-laws. In addition to the lodge delegates, there are several Group Officers eligible to serve as delegates at the Convention. I urge all our potential delegates to take this job seriously as many important decisions will be made that will mold our organization for the next 114 years. While our organization has enjoyed a wonderful past, each of us needs to work together so that our future will continue to bring success.

During this time of year, we should also look at our individual life insurance needs as well as that of our family. Life insurance can be a financial blessing in the event of a lost loved one. The purchase of it can mean saving your home, sending your kids to college, or preserving the quality of life of your family. If your children do not have a policy yet, it is great time to get them one. Since premiums are based on age, the younger the child is, the lower the premium will be. In addition to the financial protection, the child enrolled by their parent or grandparent will enjoy the many benefits our society offers such as our sporting activities and our scholarship grants. I would also like to remind everyone that we are in the midst of our WIN WIN Campaign that will conclude just before the Convention. Please check our website for details and get those referral cards in! If you have any questions, please contact our Home Office or our Director of Sales, Albert J. Suess, at 412-381-5431, and we would be glad to assist you!

Until next time, have a blessed and healthy New Year, stay warm, and may God bless you! Zdar Boh!

**SOKOL CALENDAR****THUR, JAN.17**

■ Group 7 officers monthly meeting at the North End Slovak Citizen's Club in Wilkes-Barre, Pa. at 7 p.m. All officers and members are encouraged to attend.

**FRI.JAN. 18**

■ 46th annual March for Life in opposition to abortion in Washington, D.C., buses from Wilkes-Barre/Hazleton, Pa. call Theresa Kluchinski at the Ladies Pa. Slovak Catholic Union, tel 888 834-6614; from Cleveland, Oh. call Kelly at the First Catholic Slovak Ladies Association tel 800 464-4642, ext. 1051 or email Kelly@fcsla.org.

**THUR. FEB.7**

■ Assembly 59 annual meeting at the North End Slovak Citizens Club, 617 North Main St., Wilkes-Barre, Pa. beginning at 7:30 p.m.. Events for the upcoming year will be discussed. All members of Assembly 59 are welcome. Refreshments will be served. For further information call Secretary Renee Pizzella at 570 954-6480.

**SAT.FEB.9**

■ Assembly 11 annual meeting at 9024 Del Prado Drive, Palos Hills, Ill. beginning at 1 p.m., refreshments will be served; call 708 598-1468.

**SUN.FEB.17**

■ Patron Saints Celebration & Fundraiser of SS. Cyril and Methodius Parish, Clifton, N.J., Mass at 12 noon in church followed by reception at 2 p.m. and dancing at the Royal Manor, 454 Midland Ave., Garfield, N.J., Tickets: adults \$75.00; \$35.00 (children ages 5-14). For reservations call tel. 973 546-4390.

■ 14<sup>th</sup> annual Sokol Children's Bowlingfest hosted by Group 1 at the Garden Palace Bowling Lanes, 42 Lakewood Ave., Clifton, N.J. from 2-4 p.m., free of charge with refreshments.

**SAT.FEB.23**

■ 26th annual Slovak Ball hosted by the Slovak American Cultural Center at the Royal Manor in Garfield, N.J.

**SAT.MARCH 2**

■ 67th annual Florida Slovak Day at The Slovak Garden, 3110 Howell Branch Rd.

(Continued on page 15)

**OUR NEXT ISSUE**

In keeping with our monthly publishing schedule of the Slovak Catholic Falcon, the next issue will be that of Wednesday, February 13. Deadline for all photos and information for this issue will be Monday, February 4.



## 30 Group 7 Members Enjoy Christmas visit to the "Big Apple" and Rockefeller Center

A bus-load of 30 Sokols and Sokolky from Group 7, "Rev. Joseph Murgas" traveled to New York City for a fun-filled adventure on Saturday, December 1. The visit to the "Big Apple" was filled with a variety of activities including a visit to the famed Christmas Tree at Rockefeller Center. A wonderful time was had by all. The weary fraternalists returned to Wilkes-Barre filled with the best of the holiday season.



Thoughts from our Supreme Chaplain,  
Rev. Andrew S. Hvozdo vic

### NEW YEAR REFLECTION



Greetings for the New Year 2019. Some of you, who are "friends" with me on Facebook know that I offer daily reflections. This year I will be choosing from those reflections to share one each month with our Slovak Catholic Falcon readers. So my first one is a reflection on the beginning of a new year.

For so long, Lord,  
for too long,

we've held grudges and resentments  
and carried backpacks of anger  
weighing silently heavy on our shoulders  
and in our souls,  
keeping us apart from one another...

Now we're just days away  
from a new beginning, Lord,  
a new year...

We say we want a fresh start, Lord -  
but do we?

Do we truly want a new beginning  
or will we be content to carry last year's burdens  
right through New Year's Eve and into 2019?

Will we hold fast to last year's grudges and resentments  
as we sing our Auld Lang Syne  
and begin again another year  
in the shadows of mistrust, with chips upon our shoulders:  
our hearts burdened and estranged  
for the sake of selfish pride?

If there'll not be time to resolve such feelings  
before the new year's clock strikes 12  
then help us, Lord,

help us make it our first purpose in 2019  
to offer and make peace

- where peace has long been wanting...

We need your help with this, Lord,  
because up until now, sadly,  
we've not managed to do this on our own...

Help us, Lord,  
to make all things new among us  
in the year that lies ahead...

Amen.

## SAVE THE DATE

SLOVAK CATHOLIC SOKOL

33<sup>rd</sup> QUADRENNIAL CONVENTION

AUGUST 3 – 7, 2019

AT THE

CLEVELAND AIRPORT MARRIOTT

4277 W 150th St., Cleveland, OH 44135

(216) 252-5333 – [www.marriott.com](http://www.marriott.com)



## Scenes from the Children's Christmas Party of Group 17

Hosted by Wreath 54 and Assemblies 107 and 108  
at the Camelot Bowling Lanes in Boardman, OH





## Scenes of the Annual Children's Christmas Party hosted by Wreath 22 & Assembly 16 in Pittsburgh, Pa.

A wonderful turnout of Junior Sokol members enjoyed the annual Christmas party on December 8 at the Slovak Catholic Sokol Club on Pittsburgh's historic South Side. There was much merriment for all with the traditional Christmas pageant, entertainment and delicious treats which included pizza, chips and drinks for all. The visit from Santa himself completed the afternoon. A wonderful time was had by all in the best traditions of Sokol fellowship and fraternalism. One of outreach projects of the gathering was collecting stuffed animals to focus Pittsburgh. These gifts for needy children help them cope with homicides and death in the area. These stuffed animals are handed out for comfort to all the needy children. We thank all who had a hand in the success of this year's children's Christmas party. A wonderful time was had by all. Our youngsters look forward to an active and enjoyable new year of 2019. Zdar Boh! - Carmella Marzec





## MINUTES OF THE SUPREME BOARD OF DIRECTORS QUARTERLY MEETING HELD IN CHARLESTON, SC

### FIRST SESSION

**Sunday, December 2, 2018 – 9:00 a.m.**

After a beautiful Mass by our Supreme Chaplain, Rev. Andrew S. Hvozdozovic, Supreme President, Michael J. Horvath, **Called to Order** the Quarterly Meeting of the Supreme Board of Directors at 9:00 a.m. on Sunday, December 2, 2018 at the Embassy Suites in Charleston, SC and greeted all the members.

Supreme Chaplain, Rev. Andrew S. Hvozdozovic, V.F. offered the **Opening Prayer** leading the Directors in the reading of the Prayer to Practice the Golden Rule.

Supreme Physical Directress, Kathleen S. Watkins led the Board members in reciting the **Pledge of Allegiance to the Flag**.

Supreme Secretary, Scott T. Pogorelec, F.I.C. was asked to take the **Roll Call** and the following members responded:

Supreme Chaplain.....Rev. Andrew S. Hvozdozovic, V.F.  
Supreme President.....Michael J. Horvath  
Supreme Vice-President.....Edward D. Moeller  
Supreme Secretary.....Scott T. Pogorelec, F.I.C.  
Supreme Treasurer.....Dennis J. Zifcak  
General Counsel.....John D. Pogorelec, Jr., Esq.  
Chairperson of the Supreme Auditors.....James G. Jerek  
Supreme Director of Sports and Athletics.....James C. Matlon  
Supreme Physical Director.....John M. Underation  
Supreme Physical Directress.....Kathleen S. Watkins

The record will show all ten members of the Board of Directors are in attendance. Acknowledged

President Horvath informed the Board that they all have received the **Minutes** from our last Board meeting held on September 28, 2018 in Cleveland, OH and published in the November 14, 2018 issue of the Slovak Catholic Falcon. Brother President entertained a motion for their acceptance, so moved by Supreme Physical Directress, Kathleen S. Watkins, seconded by General Counsel, John D. Pogorelec, Jr., Esq. Approved

President Horvath then asked our Supreme Secretary to give a brief overview of the **Membership/Sales and Marketing Report** forwarded to our Board members by our Director of Sales and Marketing, Albert J. Suess, Jr., F.I.C.

The Supreme Secretary reported that as of October 31, 2018, life business in regards to certificates sold and premium dollars are ahead of the anticipated projections. Life premiums will exceed the 2017 totals. Annuity sales have shown a slight decrease, mainly due to market and competitive influence.

The WIN-WIN Campaign is starting to gain ground as we have seen more referral cards sent in to the Sales Office which have resulted in certificates issued. The campaign is intended to generate additional life and annuity sales to and through existing members. Supreme Physical Directress, Kathleen S. Watkins, indicated that the Physical Fitness Board will be submitting referral cards to our Sales Office. A special thank you to Sister Watkins for submitting five referral cards and to our Supreme Vice-President, Edward D. Moeller, for closing four sales.

Since our last Board Meeting, 5 new agents have joined our sales force, which brings our total to 273 agents authorized to sell Slovak Catholic Sokol life and annuity products.

Brother Scott also reported that 3 new Sokol Secure Fund accounts were opened in 2018. Efforts will be made to continue to encourage and educate our Assemblies and Wreaths on this

wonderful offer.

Several questions were presented and addressed to the satisfaction of the Board and President Horvath thanked the Supreme Secretary for presenting the report. President Horvath then asked for a motion to accept the report, so moved by Supreme Vice-President, Edward D. Moeller, seconded by Chairperson of the Supreme Auditors, James G. Jerek. Approved

President Horvath called upon Mr. Thomas Calimano, Market Director/Senior Vice-President, PNC Institutional Asset Management, for the **Investment Report**.

Mr. Calimano discussed the portfolio's current asset allocation, reviewed the historic and the year to date cash flows, discussed future potential portfolio repositioning and PNC's outlook for the financial markets and economy.

Brother Calimano addressed various questions from the Board concerning our performance outlook and Mr. Calimano indicated the Society is in a strong financial position, especially in this volatile fiscal environment.

Supreme Treasurer, Dennis J. Zifcak, thanked Brother Calimano for PNC's generous donation to the Slovak Catholic Sokol Memorial Scholarship Fund. The Board members expressed their thanks to Mr. Calimano and President Horvath entertained a motion to accept the report, so moved by General Counsel, John D. Pogorelec, Jr., Esq., seconded by Supreme Treasurer, Dennis J. Zifcak. Approved

President Horvath then called on the Supreme Director of Sports and Athletics, James C. Matlon, for the **Physical Fitness Board Report**.

Brother Matlon gave a recap of the 2018 Sports Program, which was concluded by our 63rd International Golf Tournament from August 10th-12th, 2018 in West Middlesex, PA. The financial report was completed and mailed to the Home Office on October 11, 2018. The tournament photos and results were posted on the Slovak Catholic Sokol website.

Brother Matlon indicated that one of the Physical Fitness Board's objectives for 2019 will be to promote athletics and activities for all Groups, Assemblies, and Wreaths. Increasing local participation should help increase the participation at our National events. This will be a major point of discussion at the Supreme Physical Fitness Board Annual Meeting scheduled on January 18th-20th, 2019 in Pittsburgh, PA.

Supreme Physical Directress, Kathleen S. Watkins, and Supreme Physical Director, John M. Underation, also gave the Board an update on the preparations for the upcoming 49th International Slet at SUNY Brockport in Brockport, NY.

Sites that are being considered or are already confirmed for the 2019 Sports Program:

May 17-18, 2019	Bowling	Noble Manor Lanes Pittsburgh, PA
July 17-21, 2019	Slet	SUNY Brockport Brockport, NY
August 16-18, 2019	Golf	Seven Oaks CC and Black Hawk Beaver, PA

(Continued on page 11)

## Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant

As a fraternal benefit, the Slovak Catholic Sokol is pleased to offer \$500.00 grants to one young Sokol or Sokolka in each of our organization's nineteen Groups. These 19 Grants are available to any qualified Sokol member currently attending a Catholic High School.

### ELIGIBILITY

A. Applicant must be a member of the Slovak Catholic Sokol in good standing, holding a permanent Life Insurance Certificate in the amount of **not less than \$3,000, and has been a member for at least five years.**

B. One parent must be a S.C.S. member.

C. The principal of the Catholic High School must verify the enrollment of the applicant.

### APPLICATION

**ALONG WITH THE APPLICATION** you must submit a typed or written essay **DOUBLE SPACED** in 100 to 200 words on the following topic:

***"WHAT DOES THE SLOVAK CATHOLIC SOKOL MEAN TO ME?"*** This essay must be submitted along with the application.

This application must be **received** on or before, **March 31, 2019** with a clear, small (2"x3" wallet size) head and shoulders photograph.

Application is also available on the Internet @

[www.slovakcatholicsokol.org](http://www.slovakcatholicsokol.org)

### DISQUALIFICATION

An applicant who neglects to submit or complete any part of these requirements before the established deadline will automatically be disqualified.

### ACKNOWLEDGMENT

An acknowledgment of the Grant should be made in writing by the recipient as soon as possible, if you are awarded a Grant.

### RETURN OF GRANT

If for any reason the Grant is not used by the recipient, the entire (or portion of) grant not utilized must be returned.



### SLOVAK CATHOLIC SOKOL ABBOT JEROME M. KOVAL, O.S.B. MEMORIAL HIGH SCHOOL GRANT APPLICATION

Group # \_\_\_\_\_ Assembly/Wreath # \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Date of Birth \_\_\_\_\_ Current Age \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ High School Phone (\_\_\_\_\_) \_\_\_\_\_  
area code area code

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Father's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Mother's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Are you a previous Slovak Catholic Sokol Scholarship Recipient? \_\_\_\_\_

(yes/no)

If yes, please indicate Grade School or High School. What year? \_\_\_\_\_

High School verification (to be completed by High School Principal)

I, \_\_\_\_\_  
(Principal's signature)

Principal of \_\_\_\_\_  
(Name of School)

Catholic High School, verify that \_\_\_\_\_  
(Name of student)

is a student at the above school and will be attending \_\_\_\_\_ Grade in the 2019-2020 school year.

Are you currently participating in Slovak Catholic Sokol Activities? Yes \_\_\_\_\_ No \_\_\_\_\_

*Deadline for receipt of this application is **MARCH 31, 2019**. Return completed application to:  
**SLOVAK CATHOLIC SOKOL, 205 MADISON ST., P.O. BOX 899, PASSAIC, NJ 07055***



## Slovak Catholic Sokol Catholic Grade School School Grants

As a fraternal benefit, the Slovak Catholic Sokol is pleased to offer \$250.00 Grants to our young Sokols and Sokolky in each of our organization's nineteen Groups. Two grants each per Group are available to any qualified Sokol member entering a Catholic Grade School (Grades 2 through 8).

### ELIGIBILITY

A. Applicant must be a member of the Slovak Catholic Sokol in good standing, holding a permanent Life Insurance Certificate in the amount of **not less than \$3,000, and has been a member for at least five years.**

B. One parent must be a S.C.S. member.

C. The principal of the Catholic Grade School must verify the enrollment of the applicant.

### APPLICATION

This application must be **received** on or before, **March 31, 2019** with a clear, small (2"x3" wallet size) head and shoulders photograph.

Application is also available on the Internet @

[www.slovakcatholicssokol.org](http://www.slovakcatholicssokol.org)

### DISQUALIFICATION

An applicant who neglects to submit or complete any part of these requirements before the established deadline will automatically be disqualified.

### ACKNOWLEDGMENT

An acknowledgment of the Grant should be made in writing by the recipient as soon as possible, if you are awarded a Grant.

### RETURN OF GRANT

If for any reason the Grant is not used by the recipient, the entire (or portion of) grant not utilized must be returned.

### SLOVAK CATHOLIC SOKOL CATHOLIC GRADE SCHOOL GRANT APPLICATION

Group # \_\_\_\_\_ Assembly/Wreath # \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_ Date of Birth \_\_\_\_\_ Current Age \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ School Phone (\_\_\_\_\_) \_\_\_\_\_  
area code area code

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Father's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Mother's name \_\_\_\_\_ Are you a member? \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Parent's S.C.S. Insurance Certificate # \_\_\_\_\_ Face Amount \_\_\_\_\_

Are you a previous Slovak Catholic Sokol Scholarship Recipient? \_\_\_\_\_  
(yes/no)

If yes, what year? \_\_\_\_\_

School verification (to be completed by Grade School Principal)

I, \_\_\_\_\_  
(Principal's signature)

Principal of \_\_\_\_\_  
(Name of School)

Catholic Grade School, verify that \_\_\_\_\_  
(Name of student)

is a student at the above school and will be attending \_\_\_\_\_ Grade in the 2019-2020 school year.

Are you currently participating in Slovak Catholic Sokol Activities? Yes \_\_\_\_\_ No \_\_\_\_\_

*Deadline for receipt of this application is **MARCH 31, 2019.** Return completed application to:  
**SLOVAK CATHOLIC SOKOL, 205 MADISON ST., P.O. BOX 899, PASSAIC, NJ 07055***



## Group 7, “Rev. Joseph Murgas” hosted its 3rd Annual Reunion in Wilkes-Barre, Pa.

On Friday, November 23, Group 7 “Rev. Joseph Murgas” hosted its highly successful 3rd annual reunion at the North End Slovak Citizens Club in Wilkes-Barre, Pa. A good number of Group 7 members enjoyed the evening reminiscing about participation in various past Group 7 fraternal and sporting activities. The Group provided beverages and pizza with participants providing a variety of goodies at the pot-luck festivity. A good time was had by all. The Group sponsored a Giving Tree in which participants generously contributed monetary donations. The proceeds of the Giving Tree was given to the Catholic Social Service of the Scranton Diocese where the donations were given to area charities in need during the holiday season. The officers of Group 7 thank all for their attendance and support of this fraternal activity and hope to see more members enjoy our 2019 fraternal and sporting activities. Zdar Boh! – **Amy Degnan Blasco**, Group 7 president



## SLOVAK CATHOLIC SOKOL COLLEGE SCHOLARSHIP – TIPS FOR SUCCESS

I just wanted to take a moment to highlight the recent changes made to the Slovak Catholic College Scholarship Program. We will continue to use a completely on-line process as we have had few issues with the process over the past several seasons. With the help of our technical webmaster, we have redesigned the application process and you should find it to be much more user friendly. You will find the on-line application on our website at [www.slovak-catholicssokol.org](http://www.slovak-catholicssokol.org) beginning November 1, 2018.



To be best prepared for this process a successful applicant should:

- Review the application on-line for required content and gather prior to beginning to complete the form
- Be prepared to attach both your essay (in PDF or Word format) and a color head and shoulders picture of yourself (in .jpeg format).

Please note, you may want to print a copy for your records prior to submitting. All applicants will receive automatic confirmation that their e-mail has been received.

It really isn't that difficult to qualify for one of our many college scholarships. With now four years of the new College Scholarship Application process behind us, it is clear that there are a few ways to assure that your application will be reviewed.

### 1. ANSWER ALL QUESTIONS ON THE APPLICATION.

For example- if something does not apply to you- say N/A. If you are fully independent from your parents- as in, you are not claimed by them on their tax return, you should indicate that in the space asking for total parent income. Leaving this blank does not tell the whole story.

### 2. INCLUDE ALL REQUIREMENTS

**FOR THE APPLICATION-** i.e. photo; transcript; essay Start the process for requesting your transcript NOW. I have found that sometimes this is the hold up for some applicants.

- **Transcripts-** please note that “official transcript” means that you have requested it from your University or College and that it has been sent directly to me in a sealed envelope. We have not been as strict in the past on this issue, but began holding each applicant to this requirement last season and will continue to do so moving forward.

### 3. SUBMIT ALL REQUIRED ELEMENTS PRIOR TO THE DEADLINE.

The application is clear and I just want to prevent a waste of your time and energy.

Failure to include/complete any of the above items will result in the application being disqualified. To be honest, it is not easy for our committee when we need to disqualify applicants for simple yet important missing requirements.

Lastly, apply for all college scholarships for which you qualify in order to give yourself the best chance at receiving something. There were several applicants who limited themselves to a particular scholarship. Competition was fierce for the larger \$ scholarships, but there seems to be more opportunity with the other scholarship offerings.

Not every applicant receives a scholarship every time they apply. If you have not received one in the past, I encourage you to apply again this year. Before submitting your application- take some time to review the bullet points above in order to assure that your application will be included for consideration. Good luck and Zdar Boh! – **Edward D. Moeller**, Supreme Vice President; Chairperson of the Scholarship Committee



## MINUTES OF THE SUPREME BOARD OF DIRECTORS QUARTERLY MEETING HELD IN CHARLESTON, SC

(Continued from page 7)

After a lengthy and lively discussion regarding our current and future fraternal activities, President Horvath asked for a motion to accept the report, so moved by Supreme Treasurer, Dennis J. Zifcak, seconded by Supreme Vice-President, Edward D. Moeller.

Approved

President Horvath thanked Brother Matlon, Brother Underation, and Sister Watkins for their report and called upon General Counsel, John D. Pogorelec, Jr., Esq. for the **Legal Department Report**.

Counsel reported that there are several items to report on:

1. Brother Counsel reported on the DOL Fiduciary Rule as it pertains to Fraternal Benefit Societies.
2. Brother John also reported that a mortgage application received has been withdrawn.
3. Lastly, Brother John verified the property taxes and insurance are all paid to date on the three existing mortgages on file.

After a lengthy discussion regarding the above items, President Horvath entertained a motion to approve the report, so moved by Supreme Chaplain, Rev. Andrew S. HvozdoVIC, V.F., and seconded by Supreme Vice-President, Edward D. Moeller.

Approved

President Horvath thanked the General Counsel for his report and asked the Supreme Secretary to present the **Mortgage Department Report**.

Brother Scott reported that as of November 30, 2018, the organization has 3 existing mortgages totaling \$654,612.23. Principal payments received for the eleven months in 2018 total \$38,974.77 and interest payments total \$38,019.39. All mortgages are paid up and on time.

Acknowledged

President Horvath thanked Brother Scott for his report and entertained a motion to adjourn for lunch, so moved by Supreme Treasurer, Edward D. Moeller, seconded by General Counsel, John D. Pogorelec, Jr., Esq.

Approved

Supreme Chaplain, Rev. Andrew S. HvozdoVIC, led the Board in a closing prayer.

### SECOND SESSION

**Sunday, December 2, 2018 - 1:30 p.m.**

President Horvath called the second session to order and asked our Supreme Chaplain to open with a prayer.

Brother President began discussion regarding the **declaration of a dividend** for the year 2018 to be distributed during 2019. The 2017 dividend declaration issued in 2018 was \$50,000.00.

After a brief discussion, Chairperson of the Supreme Auditors, James G. Jerek, moved that a dividend be declared for the year 2018 in the amount of \$50,000.00 payable in 2019 for all qualifying certificates, seconded by General Counsel, John D. Pogorelec, Jr., Esq.

Approved

The Supreme President questioned the Board members regarding the **Annuity Interest Rate** to be offered for the first quarter of 2019.

The Board members had a lively discussion regarding the Annuity Interest Rate, taking into consideration our investment

portfolio, the interest rate environment, product sales of our Vantage Collection, and the recommendations of our Director of Sales and Marketing. Supreme Treasurer, Dennis J. Zifcak, made a motion to continue with our current rates for the first quarter in 2019, seconded by Supreme Physical Director, John M. Underation.

Approved

President Horvath questioned if there was any **Unfinished Business** to address.

The Board members were informed by Brother Secretary that our Fraternalist of the Year presentation was held on Friday, November 9, 2018 in Youngstown, OH to honor this year's recipient, Edith M. Babik. Brother Secretary was in attendance, along with Supreme President, Michael J. Horvath, Supreme Physical Directress, Kathleen S. Watkins, Chairperson of the Supreme Auditors, James G. Jerek, Supreme Assistant Director of Sports and Athletics, Frank P. Laury, and Member of the Physical Fitness Board, Julie M. Laury. A great time was had by all and Sister Babik was extremely appreciative.

Acknowledged

The Board members were informed by Brother Jerek that the Annual Audit will be held March 14-16, 2019 at the Home Office in Passaic, NJ. Also, the 2019 First Quarterly Meeting will be held on March 22-23, 2019 at the Cleveland Airport Marriott in Cleveland, OH. The site of our 2019 33rd Quadrennial Convention.

Acknowledged

Brother President also updated the Board on the 2020 Committee and some of the items that will be discussed with the Chairperson of the Committee, Julie A. Dobbs, during the December 3rd Session.

Acknowledged

At this time, the Supreme President entertained a motion to adjourn for the day, so moved by General Counsel, John D. Pogorelec, Jr., Esq., seconded by Supreme Treasurer, Edward D. Moeller.

Approved

Supreme Chaplain, Rev. Andrew S. HvozdoVIC, led the Board in a closing prayer. The meeting was adjourned at 4:30 p.m.

### THIRD SESSION

**Monday, December 3, 2018 – 9:00 a.m.**

Supreme President, Michael J. Horvath called the third session to order and asked our Supreme Chaplain to open our session with a prayer.

Brother President asked the Board if there was any **New Business** to discuss.

Supreme Treasurer, Dennis J. Zifcak, reported on the Preliminary Budget for 2019 that was completed by the Budget Committee consisting of himself, the Supreme Secretary, the Supreme President, and the Chairperson of the Supreme Auditors. After a lengthy discussion, General Counsel, John D. Pogorelec, Jr., Esq. made a motion to approve the Preliminary Budget for 2019, seconded by Supreme Physical Director, John M. Underation.

Approved

Supreme Secretary, Scott T. Pogorelec, F.I.C., updated the Board on the operations at the Home Office and the overall improved efficiency throughout the society. Brother Secretary indicated that there will be some required repairs of the Home Office Building in the near future.

Acknowledged

(Continued on page 25)





# KIDS' CORNER "Detský kútik"

## January, 2019

Name: \_\_\_\_\_

### Martin Luther King Jr.



Dr. Martin Luther King Jr. was a great leader of the Civil Rights Movement in the United States. He was born on January 15, 1929 in Atlanta, Georgia. He lived during a time when black people were treated unfairly because of the color of their skin. Black students and white students did not go to the same

schools. Black people and white people did not eat at the same restaurants. Black people were not allowed to drink from the same water fountains or use the same restrooms either.

The first time that Martin experienced racial discrimination he was only a young child. A white neighbor refused to let Martin play with her children because he was black. This was very hard for him to understand and it made a great impression on him.

Martin was an excellent student. As a young boy Martin loved to read and he was a gifted speaker. He began to study at Morehouse College when he was only 15 years old. After graduating from college in 1948, he trained to become a minister like his father. He received a doctor of theology from Boston University. He married Coretta Scott in 1953 and they had four children.



### Christmas Thank Yous

Just a friendly reminder to all you kids, don't forget to write/send your Christmas thank you cards! In my immediate family, thank yous are reserved for times when gifts are opened without the giver being present. If we are all together during gift opening....a verbal thank you is all that it takes. But if a Grandma or Great Aunt gives a gift through the mail or some other way...a thank you card is always in order. I know that on occasion, time gets away from us and our good intentions are forgotten. Don't delay...crank out those cards now so that you don't offend the gift giver.



Martin Luther King, Jr.

**He was a hero,  
a leader,  
a speaker,  
a man of great  
courage,  
and wise.  
A coach  
and believer,  
peacemaker and  
preacher,  
and equal were all  
in his eyes.**

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**Only in the darkness  
can you see the stars.**

- Martin Luther King Jr.





# KIDS' CORNER "Detský kútik"

January, 2019

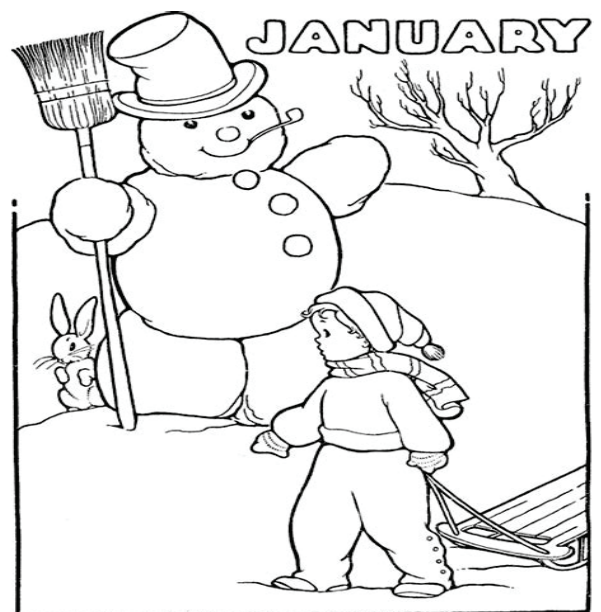
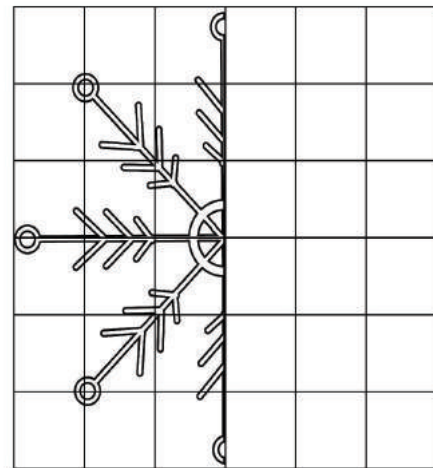
Find and circle the words on the list... words may be found across, down, or diagonally -- forwards, backwards, and sometimes overlapping. HAVE FUN!

**WORD LIST**

- BOBSLED
- DOGSLED
- HOCKEY
- HUNTING
- ICE FISHING
- ICE SKATE
- SHOVEL
- SKI
- SKIJORING
- SLED
- SLEIGH RIDE
- SNOW
- SNOW ANGEL
- SNOWBALL
- SNOWBLOWER
- SNOWBOARD
- SNOWMAN
- SNOWMOBILE
- SNOWSHOES
- TOBOGGAN

W I I Z H U N T I N G L S  
 Z K I D O G S L E D C E A  
 L S N O W B O A R D O V G  
 E N L O D E L S B O B E E  
 V O E E D I R H G I E L S  
 O W T R D G M D E L S B N  
 H A A G E S U L I N N I O  
 S N K R P W N B T R A B W  
 N G S K I J O R I N G W B  
 O E E E T M C L M W G O A  
 W L C F W B L A B A O N L  
 M M I O S W E N L W B S L  
 A C N X G U Y E K C O H S  
 N S N O W S H O E S T N T  
 I C E F I S H I N G O O S

## Complete the picture



# JANUARY



## What's making headlines in our ancestral homeland



## News and Views from Slovakia...

### KISKA HAD AUDIENCE WITH POPE FRANCIS



President Kiska, is handing over ornaments to Pope Francis. (photo by TASR)

Slovak President Andrej Kiska has had an audience on Friday, December 14 with Pope Francis, presenting him with a gift from Slovakia – four Christmas tree ornaments made by people from disadvantaged social groups in Slovakia.

The Christmas ornaments were made by disabled children and their parents in a Kosice-based centre called Liberta, children and young adults at a children's home in Turzovka (Žilina region), homeless people from Bratislava-based facility Resoty [founded by late Catholic priest] Anton Srholec, and students from a primary school in Spišský Hrhov (Presov region), which is attended by Roma children.

The Slovak president also invited the head of the Catholic Church to visit Slovakia. The pope replied to the invitation that he basically received it but immediately added that he has a busy programme.

### MISTRIK, BUGAR AND HARABIN MOST POPULAR CHOICES FOR PRESIDENT

Had a presidential election taken place in December, the highest number of people would have voted for scientist Robert Mistrik, who would have received 16.8 percent, TASR learned from AKO agency, which carried out the poll on a sample of 1,000 respondents between December

6-10.

The poll was ordered by one of the official presidential candidates Zuzana Caputova of Progressive Slovakia. Only candidates who have expressed their intention to run in the 2019 presidential election were included in the poll.

Second in the poll came coalition Most-Híd party leader Bela Bugár (16.2 percent) followed by Supreme Court judge Stefan Harabin (12.8 percent).

Next came We Are Family MP Milan Krajniak (12.3 percent), followed by Caputova (10.9 percent), former KDH member Frantisek Miklosko (9.5 percent), far-right LSNS leader Marian Kotleba (7 percent) and political analyst Eduard Chmelar (6.2 percent). Other people included in the poll would have gained less than 5 percent.

The poll also showed that 13.3 percent of the respondents wouldn't have voted and 13.4 percent were undecided.

The presidential election will be held in the spring of 2019. Not all of the candidates are known yet.

### SLOVAKIA SIGNS DEAL ON PURCHASE OF 14 NEW F-16 FIGHTER JETS

Slovakia is due to buy 14 new F-16 Block 70/72 fighter jets, with a related contract ceremonially signed on December 11, 2018 by Slovak Defence Minister Peter Gajdos and Lockheed Martin vice-president Ana Wugofski.

With all the aircraft due to be delivered by 2023, the contract also includes weaponry, logistics support and training for aviation and ground personnel.

The move was greenlighted by the Cabinet earlier in the day.

"Slovakia is due to stop protecting its air space with MiG-29 aircraft and will buy the latest version of the F-16 aircraft," said

*Selected stories are provided by TASR – the Slovak Republic's official News Agency.*

Prime Minister Peter Pellegrini, adding that 12 jets will be one-seaters, while two aircraft, due to be used for training, will have two seats.

Gajdos stressed that the purchase of new fighter jets will make Slovakia fully compatible with other EU and NATO-member states.

The US producer is due to deliver four F-16 aircraft by 2022, while the rest should be handed over in 2023.



The Little Carpathians (Malé Karpaty) are a low, about 100 km long, mountain range, part of the Carpathian Mountains. The mountains are situated in Western Slovakia, covering the area from Bratislava to Nové Mesto nad Váhom, and northeastern Austria, where a very small part called Hundsheimer Berge (or Hainburger Berge) is located south of the Devín Gate. The Little Carpathians are bordered by Záhorie Lowland in the west and the Danubian Lowland in the east. In 1976, the Little Carpathians were declared a protected area under the name Little Carpathians Protected Landscape Area. The area is rich in flora and fauna diversity and contains numerous castles, most notably the Bratislava Castle, and caves. Driny is the only cave open to the public. The three highest mountains are Záruby at 2,520 ft, Vysoká at 2,474 ft, and Vápenná at 2,467 ft.



The Slovak-American Cultural Center invites you to attend the 26<sup>th</sup> annual "Under the Sea" Slovak Ball on Saturday, February 23<sup>rd</sup>, 2019 at The Royal Manor in Garfield, NJ. Entertainment for the black-tie evening will be provided by Express – a live band performing both in Slovak and English. The evening will commence with a cocktail reception at 7 p.m. followed by dinner and dancing as well as the famous Slovak Ball Raffle. Included in the ticket price is the open premium bar until 1 a.m. The highlight of the evening will be a special performance by the Slovak music legend Pavol Hammel. For ticket information, please visit: [SlovakAmericanCC.org](http://SlovakAmericanCC.org) or call: Zuzka 973-357-1209 or Tanya 908-377-2446. We look forward to seeing you there!

## Pre-Lenten "Fasiangy" in Milwaukee on March 2

Assembly 20 of the Slovak League of America in cooperation with local Slovak fraternal lodges of Milwaukee, will host the traditional pre-Lenten Slovak celebration of "Fasiangy" on Saturday, March 2. The celebration will be held in the Knights of Columbus Hall, located at 1800 South 92<sup>nd</sup> Street in West Allis, Wis. beginning at 5 p.m.

A cordial invitation goes out to members of Wreath 93 to join us for an entertaining and enjoyable evening before the beginning of Lent, a tradition of the Milwaukee Slovak community spanning nearly three-quarters of a century.

Traditional Slovak culinary specialties and bakery will be available throughout the evening. A live band will provide music for dancing and listening pleasure. A highlight of the evening will be a performance by the popular Tatra Slovak Dancers at 6:30 p.m. Donation is \$5.00. An enjoyable evening is assured. For additional information contact our Sokolka, Betty at tel. 414 425-6137 or Ellen at 262 893-7483.

## THOUGHTS FOR THE NEW YEAR

As you start the New Year....Believe that anything is possible. Start each day with goals. Buy good books and make time to read them. Drink water, exercise daily even when it sounds like a terrible idea. Shop for quality not quantity. Purge the unnecessary and decrease clutter. Hug the ones you love. Find the best in others. Show others the best in you.

## Message from our Supreme President

(Continued from page 19)

time does not stand still for no one. The Slovak Catholic Sokol Conventions are held every four years as mandated by its By-laws. The Convention is the highest governing body of the Society. The Convention's purpose is to examine all business transacted, approve the reports of Supreme Officers and Committees, hear from the Society's professional advisors; Actuaries, Investment, Accountant; amend the By-Laws, make recommendations for the future and elect the Supreme Officers for the next four years.

Sections 2.0 and 2.1 outline who can be a delegate, how they become a delegate and the delegate's responsibilities. These Sections also outlined the responsibilities of the Assemblies and Wreaths. It is recommended to review these two important sections of the By-Laws to assure all procedures are done correctly.

I ask every Assembly and Wreath to hold their Annual meeting within the next nine weeks to comply with Section 8.5 of the By-Laws.

Please note, all forms for the 33<sup>rd</sup> Quadrennial Convention will be mailed to active Assemblies and Wreaths and are to be completed at the meeting when the delegates are elected. All the forms must be received at the Home Office by March 31, 2019. This means No forms will be accepted if they arrive at the Home Office on April 1, 2019.

2019 is set, I hope all members will take advantage of the fraternal benefits the Slovak Catholic Sokol have in place and will see you at one or more of them.

With God's Blessings to All,  
Zdar Boh!

## SOKOL CALENDAR

(Continued from page 3)

#100, Winter Park, Fla. 32792 beginning at 12 noon, Slovak luncheon at 1 p.m. featuring culinary specialties, open bar and cultural program, prepay by Feb. 26, \$30.00; \$35.00 at the door; for reservations call tel. 407 677-6894; email: [slovakgarden@centurylink.net](mailto:slovakgarden@centurylink.net) or [www.slovak-garden.com](http://www.slovak-garden.com).

### SUN.MARCH 3

■ Annual meeting of The Slovak Garden, A Home for American Slovaks, beginning with Mass at 10 a.m. with registration beginning at 11 a.m. and sessions at 1 p.m., 3110 Howell Branch Rd.#100, Winter Park, Fla.

## S.C.S. MUSEUM DONATIONS FOR OCTOBER – DECEMBER 2018

We are pleased to acknowledge the following donations received during October through December 2018 earmarked for our Slovak Catholic Sokol Museum located at our home office in Passaic, NJ. The monies received from these donations fund our annual \$1,000 Memorial Scholarships, which assist our young people in their educational endeavors. The number of these scholarship grants is dependent upon the amount of donations received.

### DONATION RECEIVED

#### In Memory of

Living and Deceased members of Group 7  
Wilkes-Barre, PA

Museum Memorial Scholarship Fund

George Hizny

Frank Macey

Victor Skvarla

Ted Smolkowicz

#### Donated by

Group 7, Wilkes-Barre, PA

PNC and Mr. Thomas Calimano  
Marketing Director/Vice President

Group 7, Wilkes-Barre, PA

Group 12, Reading, PA

Total donations: \$3,225

Total Donations for 2018: \$3,666

Thank you for your generosity,

**Dennis J Zifcak, Supreme Treasurer**



## \$63,000 in S.C.S. Scholarship Grants Available to Eligible Members in 2019

by Edward D. Moeller, *Supreme Vice President*

We are pleased to announce that the Slovak Catholic Sokol will make available a total of \$63,000 in **scholarship grants** to eligible members in 2019. Previous recipients of Slovak Catholic Sokol scholarship grants may reapply for a 2019 grant; however, per Convention mandate - a student may receive a maximum of two (2) Slovak Catholic Sokol scholarship grant awards in each category.



A total of 30 Slovak Catholic Sokol college grants of \$1,000 each, two Theodore and Mary Jane Rich Memorial Scholarships one for a male and female in the amount of \$2,000 each, two Emil Slavik Memorial Scholarships one for a male and female in the amount of \$2,000 each, one The Doctors' Lesko Medical Memorial Scholarship in the amount of \$1,000, one Krista L. Glugosh Memorial Scholarship in the amount of \$1,000, one Yencha Scholarship in the amount of \$1,000 and three Slovak Catholic Sokol (SCS) Memorial Scholarships in the amount of \$1,000.

**With one application you may apply for all college scholarship grants for which you are eligible. Note that only one grant per applicant will be awarded.**

### College scholarship eligibility requirements:

#### **SLOVAK CATHOLIC SOKOL (a total of 30, \$1,000 grants will be awarded)**

- Must have a minimum of \$3,000 permanent Life Insurance Coverage
- Must be a member of the Slovak Catholic Sokol for at least five years.
- Must have completed one semester of undergraduate studies as a FULL TIME student at an accredited college, university or professional school, or be enrolled in a graduate or professional degree program.
- Must have an accumulated grade point average of at least 2.5 or better
- One parent must be a Slovak Catholic Sokol member
- Essay- "How has being a member of the Slovak Catholic Sokol influenced my life?"

#### **THEODORE AND MARY JANE RICH (one male and one female grant in the amount of \$2,000 will be awarded)**

- Same requirements as for SCS scholarship AND
- One parent must be of Slovak Ancestry
- Must be majoring in medical curriculum

#### **EMIL SLAVIK (one male and one female grant in the amount of \$2,000 will be awarded)**

- Same requirements as for SCS scholarship AND
- Both parents must be members

- of the Slovak Catholic Sokol
- Must be majoring in liberal arts, the sciences, pre-law, pre-medical or business curriculum.

#### **THE DOCTORS' LESKO MEDICAL MEMORIAL SCHOLARSHIP (1 grant in the amount of \$1,000 will be awarded)**

- Same requirements as for SCS scholarship AND
- Majoring in Nursing or Medical curriculum
- One parent must be of Slovak Ancestry

#### **KRISTA L. GLUGOSH MEMORIAL SCHOLARSHIP (1 grant in the amount of \$1,000 will be awarded)**

- Same requirements as for SCS scholarship AND
- Majoring in curriculum with a focus in computer graphics, design or layout

#### **THE YENCHA SCHOLARSHIP (1 grant in the amount of \$1,000 will be awarded)**

- Same requirements as for SCS scholarship AND
- Majoring in Liberal Arts Curriculum

#### **Slovak Catholic Sokol Memorial Scholarship (3 grants in the amount of \$1,000 will be awarded to the applicant that best exemplifies the spirit of volunteerism)**

- Same requirements as for SCS scholarship
- Essay- "Describe the one volunteer experience that made the biggest personal impact on you- how/why".

The process of applying for any of the above college level scholarships is completely on-line. Applications and instructions are **ONLY** available on our website @ [www.slovakcatholicsokol.org](http://www.slovakcatholicsokol.org)

Questions regarding the Slovak Catholic Sokol Scholarship Program may be directed to:

Edward D. Moeller  
Supreme Vice-President  
Chairperson of the Scholarship Committee  
[vp@slovakcatholicsokol.org](mailto:vp@slovakcatholicsokol.org)  
(412)881-3506

### **DEADLINE FOR SUBMISSION OF ALL SCHOLARSHIP APPLICATIONS IS MARCH 31, 2019**

In addition to our college grant program, we make available 18 Catholic High School Grants in the amount of \$500 each as well as 36 Catholic Grade School Grants in the amount of \$250 each. Please find these scholarship applications and directives in each of the next issues of the Falcon.



## Recap of the 2018 SCS International Sporting Events



The 2018 Sporting events and activities had so many memorable moments, with the Bowling Tournament being held in Las Vegas, and the Golf tournament was held in West Middlesex Ohio, and the Clinic was back at Suny Brockport, and another successful Sokol Reunion at the Rocky Gap Resort in Casino in Maryland.

(Continued on page 18)



# RECAP OF THE 2018 S.C.S. INTERNATIONAL SPORTING EVENTS

Frank P. Laury III, Supreme Assistant Director of Sports and Athletics

(Continued from page 17)

The 2018 Slovak Catholic Sokol International Sporting Events began with the Bowling Tournament. It was the 72<sup>nd</sup> International Slovak Catholic Sokol and 82<sup>nd</sup> Greek Catholic Union held a combined bowling Tournament May 20-22 in Las Vegas, Nevada. The Orleans Hotel and Casino was the host for the tournament.

Most of the tournament participants arrived early to sight see and enjoy the beautiful Las Vegas Strip and Downtown Las Vegas. The two fraternal organizations combined with 12 Men's Teams and 5 Women's Teams, for a total of 68 bowlers. Joe Moeller sang the National Anthems of the United States and Canada. Supreme Director of Sports and Athletics, James C. Matlon along with the Supreme President of the Greek Catholic Union George Juba, welcomed all of the bowlers from both societies. James C. Matlon, Basil Wahal, Communications Director from the Greek Catholic Union coordinated the lane assignments for all 17 teams.

The tournament was set to begin with the team event portion of the schedule at 3:00 p.m. on Monday, May 21<sup>st</sup> with Supreme President Michael J. Horvath and President of the Greek Catholic Union George Juba of the Greek Catholic Union rolling out the ceremonial first ball of the competition.

The team bowling concluded Monday evening with the Women's Division, team captain Helen Minarish, from Sterling Heights Michigan, won the title, rolling a 2385 total with handicap. The team from Strongville Ohio, 2+2, finished in the second spot with a handicap total of 2378 led by captain Jean Karaffa. Rounding out the top three was the combined team from Ambridge, Pennsylvania/Milwaukee, Wisconsin and team captain Geri Pollock with a total of 2361. In the Men's Division, the 2KReading/Lucky Lane, a combined team from Pennsylvania and Wisconsin with captain William Kazmierczak, led all others bowling 2448 scratch combined with their handicap giving them a 3039 total. Second place went to the team from Reading, Pennsylvania, captain John Niskach, with a total pin count of 2847. Third place went to the team with captain Tom Hoenninger, from Blue Bell Pennsylvania with a total count of 2803 pins.

Monday evening, the bowlers gathered in the Orleans for a banquet. A delicious buffet meal was served followed by a short program. Director of Sports and Athletics Jim Matlon started the evening program with a few words and turned it over to Supreme President of the Slovak Catholic Sokol, Michael J. Horvath and National President of the Greek Catholic Union, George Juba. The current and past officers were introduced and the Frank S. Petruff Memorial Award was given to Chet Cziuba, who is president of Group 19, Toronto Canada.

On Tuesday afternoon, all of the bowlers returned to the Orleans Lanes for the Doubles and Singles competition. In the Men's Division, the doubles team of Supreme President Michael J. Horvath and Scott Pittman captured first place with a final score of 1535. Second place went to the Clifton, New Jersey team of Marc Kudlacik with a 1438. The third spot went to Christopher Mathewson and Gary Mozuras from Michigan with a tally of 1411. In the Women's Division, the duo of Helen Minarish and Joanne

Mozuras combined for a total of 1215 and the Pennsylvania/Wisconsin combination of Kami Simon and Caroline Gemol 1202. And third went to the Barberton, Ohio pair of Karen Bakita and Carol Macko with a 1199 total. The first place in the Men's Singles Division went to John Minarish from Michigan totaled 826 with handicap. A very close second and third place, with Marc Kudlacik from Clifton, New Jersey edging Pittsburgh, Pennsylvania's Jason Ripple 782 to 780. In the Women's Singles Division, only 22 pins separated 1st and 3rd. Capturing first was Phyllis Johnson from St. Clair Shores, Michigan with a 635-handicap total. Second went to Evie Catanzante from Freedom with a score of 615 and third went to Helen Minarish from Sterling Heights, MI, with a score of 613. In the Men's Division All-Events, John Minarish continued his excellent two days of bowling with a 2234 across the Team, Doubles and Singles events. William Gemoll from Montello, WI finished second with 2209, and Marc Kudlacik placed third place with a 2194. In the Women's Division for All-Events, the Women's Doubles Champions consisting of Helen Minarish beat her partner Joanne Mozuras 1872 to 1824. Second place Singles finisher Evie Catanzante's 1814 gave her third place. After the two days of bowling, many of the participants elected to stay a few more days to enjoy Las Vegas.



**First place men's team champions included bowlers from Wreath 93, Milwaukee, Wis. and Assembly 261, Reading, Pa. and included, l-r, Timothy Evica, William Gemoll, William Kazmierczak and George Kazmierczak.**

In June, members of the Supreme Physical Fitness Board put together the 2<sup>nd</sup> annual Slovak Catholic Sokol Reunion. The gathering was held at the Rocky Gap Resort and Casino in Flintstone Maryland on the weekend of June 1<sup>st</sup>. It has been a way to enjoy and promote our Fraternalism in a non-competitive environment. There were members present from many different cities. There were so many things to do, from hiking various trails, to fishing, paddle boats, to playing golf on a beautiful Jack Nicklaus Signature Golf Course, trips to local breweries, or just relaxing to music by the patio and lake, and of course there is the Casino! Were hoping more members and friends join us next year for such a great get away!

In July, we had the 49th Supreme Clinic in Suny Brockport, NY. The Clinic was held on July 26-29<sup>th</sup>.

The day prior to the participants' arrival, the Supreme Physical Fitness board arrived in order to make final preparations for the clinic. The Supreme Physical Fitness Board Members included: James Matlon, Frank Laury, John Underation, Dusan Dorich, Kathleen Watkins, Katie Swift, Nancy Kropolinsky, Julie Laury, Marty Degnan, and Kevin Matlon.

Clinic participants arrived early on Thursday morning. After registering, the participants had a little time to settle into Briggs Hall. The afternoon began with a brief meeting, and a review of the mass drill. Participants were also assigned to groups for the evening team building activities. After reviewing the mass drill, the men and women separated to begin learning the team drills. A total of 17 women and 15 men from nine different groups were in attendance: Group 1 – Janice Matlon, Amber Freda, Steven Pogorelec, Jr.; Group 3 – Judy Manyak, Jaque Manyak, Skylar Manyak, Gary Manyak, Zack Manyak, Josh Cyr; Group 4 – Jennifer Romine, Lisa Hoeck, Noah Romine, Mitchell Rakow; Group 5 – Steve Underation, Andy Lipovsky; Group 7 – Kelly Palchanis, August Palchanis, Matthew Malenovitch; Group 11 – Mary Matlon, Rebecca Matlon, Luke Matlon, Charles Matlon; Group 14 – Haley Hast, Kara Devers, Brittany Hast, Aaron Kercell, Gavin Watkins; Group 17 – Candace Kraykovich; Group 19 – Kristin Popik, Anne Marie Wasilewski, Steven Popik, Michael Wasilewski.

After dinner, the participants met in the common room of Dobson Hall for the evening seminars which included general rules and regulations, gymnastics rules and regulations and a discussion on the Slet survey that was sent out in September. Once the seminars were finished, we began our evening activities. The Clinic had two to three drill sessions daily and the evening activities which included a murder mystery allowed for the members to get know each other and have fun after an exhausting day of drilling.

Our Supreme President, Michael Horvath participated in the evening activities, which was greatly appreciated by the board. He also attended the final ceremony on Saturday and also in attendance was our Supreme Secretary, Scott Pogorelec and his family. The drills performed were: Junior Girls, Senior Women – Prava Laska by Tweens, Ta Ne by Kristina Pelakova, Better When I'm Dancing by Megan Trainor, Come Alive from the Greatest Showman. Junior Boys, Senior Men – Isli Mladenci Do Pola by Nebeska Musika, Janko Pri Potosky by Nebeska Musika, Hall of Fame by William, Seven Nation Army by The White Stripes, Mass Drill – Ecstasy of Gold by Gustavo Santaolallo. Anyone seeking information on the upcoming International Slet please contact Kathy Watkins at 412-225-8233 or at kathyw323@gmail.

Following the exhibition, we attended Mass at the Church of the Nativity of the Blessed Virgin Mary. That evening the Clinic Participants really enjoyed the Murder Mystery, which included an elaborate transformation of the Dobson Hall into a cruise ship with a lounge, fitness center, swimming pool area, casino, and ballroom. The participants started by boarding the cruise and meeting the "staff". The main event was the Sokol Queen competition which included Sokol wear and a talent competition. Participants had to figure out motives and why someone would throw me overboard. Lots of fun at the Clinic, but also much was accomplished with drills and productive discussions on ways to better the International Slet.

The final Sporting event of the year, was the 63<sup>rd</sup> International Golf Tournament. The golf tournament is one of my favor-

ites. I think just being out in the beautiful weather and scenery feels awesome. It seems to set a good mood for everyone. The Golf Tournament was held August 10-12 at Oak Tree and Tam-O-Shanter Golf Course, West Middlesex, PA. 121 golfers participated in the tournament including 11 members of the Greek Catholic Union(GCU). The weather for the weekend proved to be beautiful golf weather with temperatures in the mid 80's.

This year's winners include: "A" Flight Winners– first place - Gary Watkins (140), and in second place - Dr. Joseph Baytosh (145). Flight "A" top scratch score winner - Gary Watkins (156). "B" Flight Winners - first place - Thomas Petrus (131) and in second place - Joe Burfield (137). "B" flight best scratch score was shot by Joe Burfield (165). There was a tie for the "C" Flight Winner - Jake

Pontoriero and Corey Shedlock both shot the score of (140). The best scratch score goes to Corey Shedlock (184). "Senior" Flight winners- first place went to Steven M. Pogorelec, Sr.( 131) and second place went to Albert Suess (135). The best scratch score goes to Albert Suess (159). Winners in Callaway men's division: Brian E. Hornacek(146) who also had the best scratch score (176). The second place winner was Tom Iskra, Jr. (148). "Women's" Flight winners- first place - Gail Etter, GCU (149) and second place went to Mary Ruth Savikas (150). "Women's" best scratch score of (191) was shot by MaryJo Goss.

The tournament weekend started off with a practice round on Friday, and regulation play beginning Saturday morning through Sunday afternoon using a Shot gun start format. Most of the golfers took advantage of the practice round on Friday and enjoyed the evening hospitality at the Park Inn by Radisson Hotel. There were hors d'oeuvres and drinks served in the courtyard. Some food favorites were: BBQ Pulled Pork and Little Cheeseburger Sliders, Feta/Spinach Pockets, Teriyaki Beef Skewers, and Veggie/Fruit trays. There was a great selection of beverages and selected drinks offered as well. There was additional food and beverages offered by host Youngstown, OH, Group 17's President and Chairperson of the Supreme Auditors, Jim Jerek along with Group 17's Edith Babik, Judy Babik, Mary Margaret Starr, Loretta Smith and Supreme Physical Fitness Board Member, Nancy Kropolinsky.

Golf began with check in on Saturday morning at the Oak Tree Course. Participants were given a souvenir beverage opener and golf towel along with the option to register for the closest to the pin contest. Oak Tree's Golf Pro reviewed tournament rules. Supreme Director of Sports and Athletics, James Matlon, wished all golfers good luck and the shotgun start signaled 61 golf carts to head towards their starting location. At the end of the first day of the tournament, Mass was offered and celebrated at a choice of three local churches.

After Mass, the golfers and guests attended the buffet dinner in the ballroom at the Park Inn by Radisson. The banquet featured Sirloin Beef Medallions, Stuffed Pork Loin, Seared Chicken in a Basil Cream Sauce, Bowtie Pasta, Fresh Vegetable Medley, Roasted Red Potatoes, salad, rolls, butter and assortment of cakes and pies for dessert. Jim Matlon, welcomed golfers and guests and started the evening program with the National Anthems for US, Canada and Slovakia followed by a moment of silence for our Honorary Supreme Officers, Frank E. Macey, Andrew J. Hvozdic, and Joseph R. Underation, that had passed away since the last golf tournament. All veterans were asked to stand and the attendees offered recognition for their service to the

(Continued on page 20)



## Minutes of the Annual Meeting of Group 10, "Rev. Francis Sasinek"

The annual meeting of Group 10 was held on Sunday, November 18, 2018 in the social hall of St. John Fisher Parish in Catasauqua, Pa. The president, Stephen A. Roman called the meeting to order and offered the opening prayer. The roll call showed the following officers present: Stephen A. Roman, president; Christopher Roman, vice-president; Francis Blonar, financial secretary; Paulette Blonar and Margaret Hogan, auditors; Thomas Hogan, sports director; and Susan Knoblauch, recording secretary. Delegates from Assembly 72 were Barbara Petro, Anna Marie Roman and Stephen Roman, III., and delegates from Assembly 255 were Gerry Fabian and Monica Fabian. No delegates from Assembly 32 were present.

A review of the minutes of the 2017 annual meeting were distributed. On a motion by Thomas Hogan, seconded by Anna Marie Roman, the minutes were accepted. The financial secretary, Francis Blonar presented copies of the financial report. Auditor Blonar reported that the financial records were found to be in order. On a motion by Gerry Fabian, seconded by Thomas Hogan the report was accepted.

President Roman then presented his report. On a motion by Gerry Fabian, seconded by Barbara Petro, the report of the president was accepted.

### NEW BUSINESS

President Roman volunteered to find a bank to switch Group 10's account that would not charge fees and be accessible to the financial secretary. He also indicated that an update from the Supreme Vice President indicated that the SKS 2020 updates would be posted on the internet.

On a motion by Anna Marie Roman, seconded by Thomas Hogan, a donation was made to St. John Fisher Church where the Group 10 holds its meetings.

On a motion by Susan Knoblauch, seconded by Thomas Hogan, it was accepted that a Mass be celebrated for President Roman's late wife, Phyllis at St. John Fisher Church.

Gerry Fabian moved that active Group 10 participants, both past and present be honored with a Mass upon their passing at their home parish, seconded by Thomas Hogan and accepted.

On a motion by Margaret Hogan, seconded by Gerry Fabian, it was agreed that all officers be reelected to their respective positions. On a motion by Monica Fabian, seconded by Stephen Roman, III it was agreed that Anna Marie Roman be elected to serve as an auditor.

On a motion by Monica Fabian, seconded by Anna Marie Roman it was agreed to increase the salary of the president.

President Roman asked for ideas on how Group 10 could build fraternalism. Among the suggestions were traditional Pisanky egg decorating at Easter. President Roman volunteered his Assembly to host the first such activity with Monica Fabian helping. Anna Marie Roman will contact the Phantoms Ice Hockey team about getting tickets for the group.

All volunteers for activities will obtain appropriate clearances to work with children. Susan Knoblauch moved that Group 10 pay the necessary fees for the clearances, seconded by Gerry Fabian and accepted.

With no further business, on a motion by Gerry Fabian, seconded by Thomas Hogan, the annual meeting was adjourned.

The next meeting will be held on Sunday, March 10, 2019 hosted by Assembly 72 in St. John Fisher social hall. The 2019 annual meeting was set for Sunday, October 13 in Catasauqua,

## RECAP OF THE 2018 S.C.S. INTERNATIONAL SPORTING EVENTS

(Continued from page 19)

United States of America. James then introduced the GCU President, George Juba, who gave a warm welcome and recognized their officers.

After George spoke, I then recognized the Supreme and Honorary Supreme officers in attendance, which included Supreme Secretary Scott T. Pogorelec, F.I.C., Supreme Vice President Edward Moeller, Supreme Director of Sports and Athletics James Matlon, Chairperson of the Supreme Auditors James G. Jerek, Supreme Physical Fitness Director John Underation, Supreme Physical Fitness Directress Kathy Watkins, Supreme Assistant Physical Fitness Director Dusan Dorich, Supreme Physical Fitness Board Members Julie Laury and Kevin Matlon, Director of Sales Albert Suess, and Honorary Supreme officer, Steven Pogorelec, Sr.

As the Banquet continued Julie Laury announced closest to the pin winners included: Glenn Kramer, Jeff Recker, and Marilyn Fenati. Following the announcement of winners, Supreme Secretary, Scott Pogorelec, welcomed golfers and reflected on the honor and recognition that comes with the Frank S. Petruff Sports Award. He recognized past winners and asked those present to come forward to induct a new winner into this prestigious group. Past Golf Awardees included, Edith Babik, Joe Genet, Robert Harak, Tom Muldoon Jr., Loretta Smith, and John Hornacek. The award winner for the 2018 was Robert Palchanis, Jr. from Assembly 59, Wilkes-Barre, PA. Robert graciously accepted the award and was humbled by the recognition. The tournament ended Sunday at the Tam -O-Shanter Golf Course.

Once again, the beautiful morning began with a shotgun start that set all golfers on their way. Closest to the Pin winners on Sunday included: Dusan Dorich, Marty Underation, Thomas Petrus, and Gary Watkins. The day went fantastic and great weather for the ride home. Thank you to the people behind the scenes that help make this a great time, including, the staff at both courses and Claire Matlon, Julie Laury, Ed Moeller, Gary Watkins, Scott Pogorelec, Jim Jerek and his host Group 17 who did a tremendous job. Looking forward to this year's tournament at Seven Oaks and Black Hawk golf courses in Beaver, Pa.

Last year had a lot of fun and fraternalism at the sporting events. With all of the tournaments being centrally located this year, we are expecting an even larger turnout. I hope more members will try the reunion.

It is so much fun. Last year had a lot of scheduling conflicts with weddings. There should be a much larger turnout this year.. This is an International Slet year and Convention year. Should be very busy, but yet exciting.

Thank you for your participation in one of the greatest Fraternal Sporting Organizations! Zdar Boh!

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Pa. hosted by Assembly 72. The meeting will open with a Mass celebrated at 10:30 a.m. for the living and deceased members of Group 10 in St. John Fisher Church. The meeting closed with a prayer led by Francis Blonar. Light refreshment were then enjoyed by all. Zdar Boh!

Respectfully submitted,  
**Susan Knoblauch, Recording Secretary**

## START EATING HEALTHIER THIS YEAR

**Cook a big batch of grain or beans once a week.** Then you can use that as a base for other healthy meals throughout the week. A single pot of quinoa can turn into everything from a veggie bowl to breakfast cereal.

**Drink your coffee and tea black.** No cream, no sugar. You'll get used to it.

**Harness the power of secret (healthy) ingredients.** For instance: Swap half (not all) of the potatoes in mashed potatoes for cauliflower — they'll still taste like delicious mashed potatoes, but will be way less of a starch-bomb.

**Roast instead of fry.** Roasting at high temperatures still gives food a flavorful crispy outside with less oil. This goes for pretty much everything, from chicken fingers and french fries to vegetables.

**Start observing meatless Mondays.** Cooking without meat forces you to get more creative and eat more vegetables.

**Always pick non-processed snacks.** Stick with fruits and veggies, nuts, or food you made yourself. Even when it has more calories, you'll get more nutritional snacks and you will avoid all the junk that comes in processed food (fat, sugar, salt, artificial dyes, preservatives, etc.).

**When you're at a bar or a party, have a glass of water in between every drink.** This is a great way to stay hydrated and consume fewer liquid calories.

**Bring lunch to work.** Anything you make yourself is likely to be healthier than what you'd buy instead.

**Make smarter snacking choices.**

**Eat all the vegetables on your plate before you eat anything else.** Add a regular salad course to your dinner every day.

**Use at least half whole-grain flour in baking recipes.** You will be surprised at the number of treats that taste just as good (or better) with whole grain flour as they do with plain old all-purpose. You'll get more

fiber, more protein, and less of an empty-calorie crash. Changing flours can change the structure and texture of what you are making, so start by substituting just part of the flour and see how it works.

**Drink seltzer instead of soda.** Stick with seltzer or water and dress it up with lime or lemon, fruit or fresh herbs.

**Eat savory proteins and vegetables for breakfast instead of carbs and sweets.** This kind of food will keep you full longer.

**Use smaller plates.** Large plates make you think you have a relatively smaller amount of food, so you'll feel less satisfied and want more. So game your own brain by serving rich food on little dishes.

**When you're cooking eggs, use twice as many whites as yolks.** Going all-egg-white on a scramble, omelet or frittata isn't much fun for anyone, but you can cut out a lot of saturated fat and still end up with something delicious by ditching around half the yolks and adding extra whites instead.

**Eat as many colors as you can every day.** Bright colors in fruits and vegetables usually signify concentrated nutrients (vitamins, minerals, antioxidants, etc.), which are very good for you. The more different colors you eat, the more diverse the range of nutrients you're getting.

**Sneak seeds into everything.** Good choice are chia seeds, pumpkin seeds, flax seeds and quinoa.

**Have a piece of fruit with breakfast instead of a glass of juice.**

**Try to eat meals that are at least half vegetables even for breakfast.** Add sauteed spinach or kale to an egg sandwich. Dress hearty greens with vinaigrette and top with a poached egg or make a quinoa, veggie, and egg white scramble. Make mini frittatas with spinach and sundried tomatoes for a healthy breakfast to go.

### KALE APPLE SMOOTHIE

There is nothing quite like a cleansing green smoothie to get you off on the right foot for the New Year. If you have a high speed blender like a Ninja or a Vitamix, this will process silky smooth. If you don't, pass the smoothie through a strainer for a silky texture.



#### Ingredients

3/4 cup kale, center stems discarded, rough chopped  
1/2 banana  
1/2 cup apple cider  
1/2 cup ice cube  
1 tablespoon lemon juice

Blend in blender until smooth.

### NO-COOK OVERNIGHT OATS

This overnight oats recipe is super easy to put together the night before you want to eat it and will last in your refrigerator up to three days. The oats get softer the longer they soak.

#### Ingredients for 2 servings

1 banana, sliced  
1 1/2 teaspoons chia seeds  
1 cup of whole rolled oats (not instant)  
1 cup of unsweetened almond milk (or any unsweetened nut milk)  
1 teaspoon organic maple syrup (100% real maple syrup), or raw honey  
1/4 teaspoon high-quality vanilla extract

#### Instructions

You'll need a mason jar or glass container with a secure fitting lid.

In a separate container, mix your nut milk, natural sweetener and vanilla extract. Set aside.

In your mason jar, layer the ingredients as follows: 3-4 slices of banana, 1/2 teaspoon chia seeds, 1/2 cup oats, then repeat two or three times until there is a 1 inch gap between the top of the ingredients and top of the mason jar. Pour milk mixture over the oats leaving about 1/2 inch gap at the top to allow your oats to expand as they soak. Stick a knife or fork to the bottom of the jar a few times to make sure the milk soaks all the way through.

Cover tightly and refrigerate overnight, or at least six hours to let the oats absorb the almond milk.

You can get creative with this recipe and use berries instead of bananas, flax instead of chia, or any unsweetened nut milk or nut butter that you fancy.





## Minutes of the Annual Meeting of Group 7, "Rev. Joseph Murgas"

The annual meeting of Group 7 was held on November 2, 2018 at the North End Slovak Citizens Club in Wilkes-Barre, Pa. A Mass remembering our deceased Group 7 members will be celebrated at a later date. A dinner was enjoyed prepared by Chacko's and Teberio's.

Group 7 President, Amy Degnan Blasco called the meeting to order at 7 p.m. Nancy Fedor opened the meeting with a prayer followed by the Pledge of Allegiance to the Flag led by Member of the Supreme Physical Fitness Board Marty Degnan. The roll call was then taken by the Recording Secretary, Kim Graham.

Amy Degnan described the events in which Group 7 participated during the past year, including the annual Sokol Day in September and the Join Hands Day effort which included the work on Father Joseph Murgas's gravesite. Fundraisers included the Parents Club, the Easter and Christmas flower sales, Msgr. Francis Beeda's birthday celebration and Wisecrackers. Donations to local charities were also made. This year's Group 7 reunion was set for November 23.

The minutes of the 2017 annual meeting were accepted on a motion by Tony Rasimas, seconded by Nancy Fedor. Correspondence was read.

Each of the officers presented their report. They were all accepted on a motion by Marty Degnan, seconded by Matthew Malenovitch.

Following a break, the auditors presented their report. All books were found to be in good order. On a motion by Dawn Palchanis, seconded by Tatyana Palguyeva the report was accepted.

The verification report indicated that a total of 7 officers and 5 delegates were present. The Bonds and Salary Committee moved that all salaries remain the same. Accepted on a motion by Tony Rasimas, seconded by Fred Graham.

The resolution committee report was presented by Chaplain, Marty Degnan.

Resolve to pray for Scranton Bishop Joseph C. Bambera and the faithful of the Scranton Diocese and support the ongoing Parish Pastoral Planning in our diocese.

Resolve to pray in support of our clergy and religious and to pray for an increase in vocations to the priesthood and religious life.

Resolve to work together for the growth of membership in Group 7.

Resolve to acknowledge anyone observing a special occasion this year.

Resolve to thank all who had a hand in our various Group 7 activities during the

past year.

Resolve to support the 2019 National March for Life in Washington, D.C.

Resolve to encourage participation in the activities of the Group 7 Parents Club.

Resolve to work closely within Group 7 with current and new officers.

Resolve to pray for peace in our country and world, especially during these violent and hostile times.

Resolve to pray for all our deceased Group 7 members.

The report was accepted on a motion by Matthew Malenovitch, seconded by Tatyana Palguyeva.

Nancy Fedor then presented the recommendations of the New Motions Committee:

1. Recommend a donation of \$100 be given to the celebrant of the upcoming annual meeting Mass.

2. Recommend that we hold Sokol Day with all Assemblies and Wreaths supporting the event.

3. Recommend a donation of \$200 be given to the North End Slovak Citizens Club for use of the club for monthly meetings.

4. Recommend that local lodges hold quarterly meetings.

5. Recommend that the Group 7 logo be worn on all uniforms in Group activities.

6. Recommend that the Group Physical Director and Directress present a report of the number of participants in each program throughout the year at the annual meeting

7. Recommend that a donation of \$100 be made to the Memorial Scholarship Fund in memory of deceased Group members.

8. Recommend a donation of \$100 be made to the annual SS. Cyril and Methodius Appeal of the Slovak Catholic Federation.

9. Recommend that members offer recommendations to the Slovak Catholic Sokol Board of Directors meetings.

10. Recommend that we participate in the March for Life in Washington, D.C. as well as the annual Join Hands Day observance.

11. Recommend that the traditional Slovak Flag raising ceremony be held at the Luzerne County Court House.

12. Recommend that a donation of \$100 be made to the Sisters of SS. Cyril and Methodius.

13. Recommend to explore the possibilities of the Sokol Secure Fund in the coming year.

14. Recommend a donation of \$50 be made to the St. Vincent de Paul Kitchen in

honor of the living and deceased members of Group 7.

The report was accepted on a motion by Dawn Palchanis, seconded by Marty Degnan.

The report of the Physical Fitness Board was then presented by Dawn Palchanis and Matthew Malenovitch.

\* Send qualified participants to the upcoming 49th International Slet.

\* To use available facilities for practices and social events.

\* To pay entrance fees for tournaments and to continue to charge for t-shirts.

\* To apply for applicable allotments from the home office for gymnastic/track coaches.

\* To continue to host bowling and golf tournaments and to award prizes.

\* To continue to encourage Parents Club fundraisers.

\* To contact the Yench/Bly family to determine if the "Kathy Yench/Bly" sportsmanship award will continue. This award has not been awarded for the past three years.

\* To have all background checks updated for all new coaches.

\* Recommend that the Group purchase props for drilling and to include sporting equipment and first aid supplies.

On a motion by Tony Rasimas, seconded by Nancy Fedor the report was accepted.

Nominations Report was then presented by Amy Degnan Blasco. The positions of president and members of the physical fitness board are four-year positions.

Following the resignation of the chaplain, Rev. Richard Cirba, it was recommended that a new chaplain be found.

The office of vice president saw the nomination of Marty Degnan by Tony Rasimas, seconded by Fred Graham. Brother Degnan accepted the position.

Nancy Fedor was nominated by Tony Rasimas, seconded by Marty Degnan, to serve as the financial secretary-treasurer. She accepted.

Kim Graham was nominated as recording secretary by Nancy Fedor, seconded by Dawn Palchanis. She accepted.

Tatyana Palguyeva was nominated as the reporter by Nancy Fedor, seconded by Dawn Palchanis. She accepted.

The following were nominated for the 3 auditor positions: Tony Rasimas, Gary Glasco and Joseph Hvozdic, Jr. Each was elected to serve.

No nominations for the position of as-

(Continued on page 25)

# THE SOKOL WIN - WIN LEAD PROGRAM BENEFITING MEMBERS

*Program Runs - August 1, 2018 to July 31, 2019*

The Slovak Catholic Sokol for over 113 years has provided our members with sound financial protection and outstanding fraternal benefits. The Society is introducing a program that will benefit our existing and potential members.

As a proud existing member of the SOKOL it is quite easy to expound upon and share the qualities of membership. Not everyone is born a salesman or comfortable selling life insurance or annuities. Today, we have qualified life insurance and annuity representatives that can assist our existing and potential members in selecting the financial protection to help protect their future.

## THE PROCESS

Share with a relative or a friend the qualities of membership with the SOKOL. Our fraternal programs, benefits and financial products (life insurance & Annuities).

Complete and submit the MEMBERSHIP REFERRAL CARD to the Sales Office.

An Authorized SOKOL Agent will contact and provide professional advice to place the individual into the right solution.

If your referral purchases a SOKOL Life Insurance or Annuity you earn \$10.00. In addition, for every qualified referral, your name is entered in the \$50 gift card semi-annual drawing and the end of campaign's grand prize of \$250.

## AVAILABILITY

A supply of SOKOL WIN - WIN Lead Cards will be available to all Assembly/Wreath Presidents for distribution.

Assembly/Wreath Presidents and other Assembly/Wreath Officers are asked to distribute SOKOL WIN - WIN Lead Cards to existing Members who want to recommend someone to become an insured Benefit Member.

Making it easy - SOKOL WIN - WIN Lead Cards are available for completion and submitting on the SOKOL Web Site [www.slovakcatholicsokol.org](http://www.slovakcatholicsokol.org)

Mail completed Referral Lead Cards to the Sales & Marketing Office.

The Assembly/Wreath that has the largest number of new Members referred through this program will be awarded \$500 and will receive recognition in the FALCON, on the SOKOL website and the 2019 National Convention.

## SLOVAK CATHOLIC SOKOL - Member Referral Card

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Gender: ☐ Male ☐ Female Age: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Interest:

☐ Life Insurance

☐ Annuity

**RECOMMENDER INFORMATION** Assembly/Wreath: \_\_\_\_\_ Email: \_\_\_\_\_

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## OBITUARIES

### Robert M. Magruder was active fraternalist

Robert Michael Magruder passed away suddenly on December 23, 2018 in Louisville, Ky. He was 53.

A native of Hammond, Ind., he was born there, December 5, 1965, son of the late Robert G. Magruder and the former Patricia Patrick. He was educated locally and moved to Louisville, Ky. about 20 years ago. He was a member of Assembly 219 of the Slovak Catholic Sokol.

Active in the Chicago-area Slovak community for many years, he participated in numerous projects there. He was especially active in the First Catholic Slovak Union in his local branch and served as an officer of the Chicago district. He was a past Member of the organization's Supreme Court. He was also an active member of the Slovak Catholic Sokol and enrolled several new members over the years. He was a delegate to our past two quadrennial conventions. He was a very dedicated member of the Slovak Catholic Federation. Serving on its national board, Brother Magruder was instrumental in promoting the organization's activities and high ideals.

Brother Magruder is survived by a cousin, Valerie M. Vesely as well as other cousins and extended nieces and nephews. In addition to his parents, he was preceded in death by his brother Ronald Magruder.

The Tews-Ryan Funeral Home in Homewood, Ill. was in charge of arrangements. A Mass of Christian burial was celebrated at St. Kieran Church in Chicago Heights, Ill. on Saturday, January 5, 2019. Interment followed at Assumption Cemetery.

Brother Magruder was a dedicated and devoted fraternalist who actively promoted our rich Slovak heritage and Catholic faith. He will be sorely missed. He was a credit to our Cyrilo-Methodian heritage of faith. May he rest in peace.

### Announcing the Memorial Scholarship Fund!!!

Have you found yourself looking for a way to memorialize a lost loved one or fellow Group/Wreath/Assembly member? Why not make a donation in their honor to the newly developed Memorial Scholarship fund? Your donation will assure that an annual scholarship be given out to a college age student who best exemplifies the meaning of fraternalism and volunteerism. Here's how it works:

Send a check or money order to the Memorial Scholarship Fund clearly indicating the name to be memorialized. You can find a donation form on line at <http://slovakcatholicsokol.org/members/memorialfrmframe.htm> or simply send your donation to: **Dennis J. Zifcak, SCS Museum Treasurer, 33 Pinecrest Rd., Uxbridge, MA 01569**

Your bequest will be recognized in the Falcon as well as permanently added to the Memorial Scholarship. Donation Log which will be kept at the Sokol Museum.

Depending on the amount of funds collected, we will be able to award at least two \$1,000 scholarships annually. The hope is that the donated funds will begin a self-perpetuating interest bearing scholarship account.

Have you recently lost a loved one? You might consider earmarking donations to this fund in their memory. Keep the spirit of your fellow Sokol alive by investing in a way that their fraternal dedication will not be forgotten.

### 41<sup>st</sup> SS. Cyril and Methodius Appeal of the Slovak Catholic Federation

Thank you to everyone who made any contribution, large or small, to the 2018 Saints Cyril and Methodius Appeal. Funds raised go to the Bishop Andrew Grutka Fund, which is used to support the Pontifical Slovak College of Saints Cyril and Methodius to assist with its day to day operations. The College is the residence of priests from Slovakia who are sent to Rome by their bishops for graduate studies. After receiving their degrees, these priests return to their dioceses to work as seminary teachers, Tribunal officials, and in other ministries.

Donations to the Appeal are received from leadership gifts from the four Slovak Catholic fraternal benefit societies (First Catholic Slovak Ladies Association, First Catholic Slovak Union, Slovak Catholic Sokol, and Ladies Pennsylvania Slovak Catholic Union), their districts and branches, clergy of Slovak heritage, collections from Slovak parishes, and individual gifts. Over \$2.5 million has been received in the 40-year history of the Appeal. The 2018 Appeal received \$32,698.81 from 181 donors. On behalf of the Pontifical College, thank you for your continued generosity and support.

A direct mailing for the 2019 Appeal is being prepared and will be sent to leaders of fraternal branches and districts, clergy of Slovak heritage, members of the Slovak Catholic Federation, and others who have made donations to the Appeal in the past. Donations to this year's Appeal may be made by filling out the information in the box at the bottom of this article and mailing it along with your check payable to the Slovak Catholic Federation to the address provided. All donors receive an acknowledgement for their gift. Thank you for your goodness and generosity. Donations received after November 30, 2019 will be credited toward the 2020 Appeal.

The Slovak Catholic Federation, founded in 1911, brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak Fraternal Organizations for cultural, religious and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., Abbot of St. Andrew Svorad Abbey, Cleveland, OH. National President is Reverend Andrew S. Hvozdic, V.F., Supreme Chaplain of the Slovak Catholic Sokol and Pastor of Epiphany Parish, Sayre, PA. Reverend Thomas A. Nasta, National Chaplain of the First Catholic Slovak Union and Pastor of Sacred Heart Parish, Swedesburg, PA, serves as First Vice President of the Federation and is the Appeal Coordinator.



#### 41<sup>ST</sup> ANNUAL SAINTS CYRIL & METHODIUS APPEAL

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In Memory of \_\_\_\_\_ Amount \$ \_\_\_\_\_

Make checks payable to: Slovak Catholic Federation and mail to: Rev. Thomas A. Nasta, Sacred Heart Church, 120 Jefferson St., Swedesburg, PA 19405

## HONORARY SLOVAK CONSUL JOSEPH T. SENKO HONORED

This year, Slovakia celebrated two important anniversaries: one hundred years since the establishment of Czechoslovakia and twenty-five years of the existence of the Slovak Republic and of the establishment of strong and cooperation-based Slovak American relations.

Both of these historic milestones are connected to a strong and friendly relationship between the Slovaks and Americans. The contributions of Slovak Americans and their organizations, as well as American compatriots, including President Woodrow Wilson to the creation of the first republic of Czechoslovakia in 1918 remain long-remembered and much appreciated.

On this occasion, the Ambassador of the Slovak Republic to the United States, Ivan Korcok hosted a reception at the Slovak Embassy in Washington, D.C. awarded distinguished personalities and organizations with a commemorative medal bearing the likeness and name of the twenty-eighth President of the United States, Woodrow Wilson for their outstanding contributions to the development of Slovak-American relations.

Among those honored was Honorary Slovak Consul Joseph T. Senko of Pittsburgh, Pa. Brother Senko is a well-known Slovak fraternalist who enjoys membership in our Sokol Assembly 16. He has been active for many years in the promotion of strong cultural and educational ties to Slovakia since its independence a quarter century ago. Our congratulations and fraternal best wishes go out to Brother Senko on this well-deserved tribute.



During the presentation of the President Woodrow Wilson medal at the Slovak Embassy recently in Washington, D.C., Brother Joseph T. Senko is shown flanked by Slovakia's Ambassador to the United States Ivan Korcok and the first American Ambassador to Slovakia, Ted Russell.

### Announcing New Sokol Apparel



HOODIES, T-SHIRTS AND GOLF SHIRTS are now available on line. Order yours today by simply going to our website [slovakcatholicsokol.org](http://slovakcatholicsokol.org) and selecting the link "New Sokol Wear". Clothing items will be shipped directly to your door!

## MINUTES OF THE SUPREME BOARD OF DIRECTORS QUARTERLY MEETING HELD IN CHARLESTON, SC

(Continued from page 11)

Brother President thanked the Supreme Secretary for the update on operations and called on the Chairperson of the 2020 Committee, Julie Ann Dobbs, for the preliminary recommendations of the 2020 Committee.

Sister Dobbs reported on the recommendations of the committee, as well as the process the committee went through to come to these recommendations. They will be made available to our delegates at a future date through our website. The Board mutually agreed that all recommendations are reasonable and merited to be presented at the 33rd Quadrennial Convention. Acknowledged

Having completed all the business on the agenda, Supreme President, Michael J. Horvath, entertained a **motion to adjourn**, so moved by Supreme Treasurer, Dennis J. Zifcak, seconded by Chairperson of the Supreme Auditors, James G. Jersek.

Approved

Supreme Chaplain, Rev. Andrew S. Hvozdozovic, V.F., offered the **Closing Prayer** for all those in need as well as for all the ill and deceased members of the Organization.

The meeting was adjourned at 2:30 p.m. Zdar Boh!

Respectfully Submitted,

**Scott T. Pogorelec F.I.C.**

*Supreme Secretary*

## Minutes of the Annual Meeting of Group 7, "Rev. Joseph Murgas"

(Continued from page 22)

sistant physical director were made.

The new officers were then sworn in.

### OLD BUSINESS

A visit to Msgr. Francis Beeda for a holiday get together was recommended. The president will contact Little Flower Manor in Wilkes-Barre to get a date.

### NEW BUSINESS

1. Poinsettia flower sale.
2. Site of the 2019 annual meeting - North End Slovak Citizens Club.
3. Participate in the 3rd annual Group 7 reunion.
4. The Group Christmas party was scheduled for Friday, December 14.
5. Bus trip to New York City was scheduled.
6. 49th International Slet, July 17-21 in Brockport, N.Y.
7. 33rd quadrennial convention in Cleveland, Oh., August 3-7.
8. Win Win Program - membership referral program.
9. Sokol Secure Fund - current balance is \$3,021.36. The home office would like \$5,000 per Group. On a motion by Tony Rasimas, seconded by Nancy Fedor it was agreed that Group 7 add an additional \$2,000 at this time.

On a motion by Nancy Fedor, seconded by Tony Rasimas, the report on New Business was accepted.

Good of the Order - Amy Degnan Blasco thanked everyone for their assistance throughout the year.

With no further business, on a motion by Matthew Malenovitch, seconded by Joseph Hvozdozovic, Jr. the meeting was adjourned.

The meeting closed with a prayer led by Nancy Fedor followed by the singing of Hej Slovaci. Zdar Boh!

**Kim Graham**

*Recording Secretary*



## SPOLOČNOSŤ AEROMOBIL NAPREDUJE S VÝVOJOM LIETAJÚCEHO AUTA

Slovenská technologická spoločnosť AeroMobil napreduje s vývojom lietajúceho auta. V Bratislave sa už vyrábajú prvé komponenty z uhlíkových kompozitov. Všetko nasvedčuje tomu, že budúci rok bude unikátny funkčný prototyp AeroMobil 4.0 pripravený na testovanie.



Po úspechu v Číne, kde spoločnosť v novembri minulého roku ako jediná z celého sveta predstavila najnovší model svojho lietajúceho vozidla, zverejnila

správy a fotografie z jeho reálnej výroby. V bratislavskom hangári už od júna intenzívne prebiehajú práce na novom funkčnom prototypu, ktorý sa bude testovať v leteckom režime počas roka 2019.

Jednotlivé komponenty karosérie sú navrhnuté a vyrobené z vysokopevných ultraláhkových materiálov, ktoré sú počas výroby podľa technických pokynov upravované, vrstvené a impregnované. Prvé z nich budú použité na stavbu chvostových plôch lietajúceho auta.

Každá forma komponentu pre prototyp je dôkladne digitálne skenovaná pre overenie rozmerov s technickým návrhom. Celý proces sa ďalej zaznamenáva a kontroluje, aby bol každý krok v súlade s najvyššími normami a spĺňal požadované technické a kvalitatívne parametre. Niektoré komponenty vyrábajú priamo v AeroMobile, na ďalších firma spolupracuje so špičkovými dodávateľmi zo Slovenska, Čiech, Veľkej Británie a ďalších krajín. Na príprave nového prototypu určeného pre letové skúšky sa podieľa viac ako 40 ľudí z viac ako 8 krajín sveta.

„Vo vývoji a príprave nového prototypu sa posúvame postupne vpred. Ak pôjde všetko podľa plánu, tak AeroMobil bude pripravený na letové testovanie už v roku 2019. Veríme, že všetky testy dopadnú dobre a budeme sa môcť posunúť do výrobné fázy projektu,“ hovorí Juraj Vaculík, spoluzakladateľ a CEO spoločnosti a dopĺňa, že prví zákazníci by mali svoje vozidlá dostať v roku 2020 a 2021. - SITA



Bratislava aj tento rok privítala Nový rok polnočným ohňostrojom na Dunaji, ktorý spojili so svetelnou a hudobnou šou. Ohňostroj odpálili z plavidla uprostred Dunaja s hudobnou kulisou na motívy valčíka Johana Straussa Na krásnom modrom Dunaji. - Foto: SITA

## SLOVENSKÁ EKONOMIKA JE NA VRCHOLE

Slovenská ekonomika prežíva momentálne najlepšie obdobie hospodárskeho cyklu. Hospodársky rast by mal totiž kulminovať práve v rokoch 2018 a 2019. Následne by mal však rast postupne oslabovať. Kým vlani totiž hospodárstvo Slovenska ťahal domáci dopyt a investície, v tomto roku bude spomalenie ešte kompenzovať plný nábeh novej automobilky pri Nitre.

„Slovenskej ekonomike sa v roku 2018 podarilo zrýchliť tempo rastu a naďalej sa nachádza v dobrej cyklickej pozícii. Za celý rok 2018 očakávame priemer hospodárskeho rastu na úrovni 4,3 % a takéto tempo by si mala ekonomika udržať aj v roku 2019,“ uviedla analytička Slovenskej sporiteľne Katarína Muchová. Ako dodáva analytik UniCredit Bank Ľubomír Koršňák, v nasledujúcom roku 2020 by už rast hospodárstva mohol spomaliť smerom k 2,5 %. „Očakávame výrazné zhoršenie externého dopytu, ktoré už na rozdiel od roku 2019 nebude až tak výrazne tlmené ponukovým šokom v automobilovom priemysle,“ tvrdí.

Faktom však je, že slovenská ekonomika bude musieť v najbližších mesiacoch čeliť viacerým rizikám. Ako upozorňuje analytik Tatra banky Boris Fojtík, prvým je samotné spomaľovanie v hospodárskom cykle. „Zhoršovanie sentimentu v okolitých krajinách je stále viac a viac robustné,“ tvrdí. Z globálnych rizík zostáva v popredí najmä protekcionizmus v zahraničnom obchode, rokovania o brexite, ako aj geopolitické riziká.

V strednodobom horizonte však slovenská ekonomika stojí pred výzvou úspešnosti transformácie z modelu hospodárstva založenom na lacnej pracovnej sile viac smerom k ekonomike založenej na znalostiach. „Silný trh práce s nedostatkom vhodnej pracovnej sily na západe krajiny tieto riziká len zvyrazňuje. Model založený na relatívne lacnej a dostupnej pracovnej sile sa postupne naplňa,“ hovorí analytik UniCredit Bank Ľubomír Koršňák.

Zvýrazňujúci sa nedostatok vhodnej pracovnej sily môže postupne začať odrádzať časť najmä priemyselných podnikov od ďalších investícií v krajine a znižovať tak dlhodobý rastový potenciál krajiny. „V tomto období tak čoraz väčšiu váhu získavajú verejné politiky, ktoré by mali byť nápomocné v posune ekonomiky smerom k znalostnej ekonomike založenej na inováciách. V nej je kľúčová najmä kvalita ľudského kapitálu, ale i podnikateľského prostredia. Teda oblastí ako školstvo a veda, v ktorých Slovensko v mnohých aspektoch dlhodobo zaostáva,“ dodal Koršňák. - SITA

## PRVÉ F-16 PRILETIA NA SLOVENSKO V ROKU 2022

Prvé stíhačky F-16 dorazia na Slovensko v roku 2022. Ministerstvo obrany SR plánuje vybrať prvých pilotov na výcvik v roku 2019, informoval minister obrany Peter Gajdoš. Na základe výberu budú najspôsobilejší piloti vyslaní do USA, kde ich budú pripravovať. Prvých šesť pilotov by mohlo byť v zmysle zmluvy vyslaných už v roku 2019. Dodávka stíhačiek je dohodnutá postupne. V roku 2022 budú dodané štyri a zvyšných 10 do konca roka 2023.

Slovenská republika nakúpi stíhačky F-16 C/D Block 70 americkej výroby. Príslušné dokumenty 12. decembra podpísal minister P. Gajdoš a viceprezidentka spoločnosti Lockheed Martin Ana Wugofski. Obstarávať sa bude 14 kusov lietadiel, letecká výzbroj, logistická podpora a výcvik leteckého aj pozemného personálu.

**JABLKOVÝ KOLÁČ S KAKAOM**

200 gramov práškového cukru  
 1 balík vanilkový cukor  
 3 vajčka  
 100 millilitrov oleja  
 100 millilitrov mlieka  
 3 polievkové lyžice kakaa  
 300 gramov polohrubej múky  
 1 čajová lyžička sódy bicarbony  
 6 kusov stredne veľkých jablák

**POLEVA**

100 gramov čokolády  
 50 millilitrov šľahačkovej smotany

Jablká očistíme, zbavíme jadierok, nas-trúhame (šupku môžeme nechať). Vajčka vyšľaháme s cukrom do peny, prišľaháme olej a mlieko. V miske zmiešame múku, sódu, štipku soli a kakao. Sypké prísady primiešame k vajčekom striedavo s jablkami. Hmotu vylejeme na vymastený a múkou vysypaný plech. Pečieme 30-35 minút. Necháme vychladnúť a polejeme čokoládovou polevou (čokoládu roztopíme nad parou spolu so smotanou), predtým môžeme korpus potrieť kyslejším lekvárom. Čokoládovú polevu môžeme posypať drvenými orechami, alebo korpus len posypeme práškovým cukrom.

**VIETE, ŽE....**

...denné užívanie jablčného octu zlepšuje reumatické ochorenia  
 ...lieči popraskanú kožu – zriedte niekoľko lyžíc jablčného octu teplou vodou a namočte svoje popraskané päty do tohto kúpeľa aspoň dva krát týždenne – zjemní kožu a dezinfikuje postihnuté miesta  
 ...v zriedenom stave lieči spálenú pokožku alebo bodnutie hmyzom  
 ...bieli zuby – namočte kefku do trošky octu, zriedeného vodou v pomere 1:1 a umyte si zuby. Nezabudnite si zuby umyť ešte raz aj s klasickou pastou. Keďže však kyseliny narúšajú zubnú sklovinu, buďte nanajvyš opatrní a nepoužívajte jablčný ocot za týmto účelom dlhodobo.  
 ...jablčný je ekologický čistiaci prostriedok – univerzálny dezinfekčný a čistiaci prostriedok šetrný k životnému prostrediu získate, ak spojíte jablčný ocot, jedlú sódu a vodu v pomere – 1:1:3

**26. SLOVENSKÝ PLES V GARFIELD, NJ**

Slovensko-Americké Kultúrne Stredisko vás všetkých srdečne pozýva na 26. Slovenský ples, ktorý sa uskutoční v sobotu 23. februára v The Royal Manor v Garfield, NJ. Gala večer začne koktailom o 7.00 hodine večer a pokračovať bude hlavným programom od 8.00 hod., ktorý bude plný hudby so skupinou Express, chutných jedál, a chýbať nebude bohatá tombola. V rámci večera vystúpi Pavol Hammel, jedna z legend slovenskej hudobnej scény. Bar bude otvorený celú noc a tancovať sa bude až do rána. Viac informácií a zakúpenie lístkov nájdete na [www.SlovakAmericanCC.org](http://www.SlovakAmericanCC.org), alebo volajte Zuzka 973-357-1209 (Slovak) a Tanya 908-377-2446 (English). Tešíme sa na vás!

**FAŠIANGOVÁ ZÁBAVA V MILWAUKEE, WI**

20. zbor Slovenskej Ligy v Milwaukee usporiada fašiangovú zábavu v sobotu, 2. marca v Knights of Columbus Hall, 1800 S. 92<sup>nd</sup> Street, West Allis, Wisconsin. Začiatok bude o 5.00 hodine večer.

V kultúrnom programe sa predstaví slovenský folklórny súbor Tatra Slovak Dancers. Vstupné je \$5.00 za osobu. Na predaj budú slovenské jedlá, zákusky a koláče. Bližšie informácie: Betty, tel. č. 414-425-6137 alebo Ellen, tel. č. 262-893-7483.

**ACH, TÁ NAŠA SLOVENČINA!**

Delikátne zeleninové **snacky** - [recepty.sk](http://recepty.sk)  
 ...od budúceho roka spúšťa **skrinigové** programy - [dia.sk](http://dia.sk)  
 Na Slovensku nie sú úspešné **outlety**, ale **retailové parky** - [hm.sk](http://hm.sk)  
 Vlna **hejtu** na Dominiku Mirgovú... - [diva.sk](http://diva.sk)  
 Na päťročné **bilangválne** školy budú moc len deviatci - [sita.sk](http://sita.sk)  
 Okrem jeho zdravotných **benefitov** - [sme.sk](http://sme.sk)  
 Tieto **drinky** vás zahrejú - [hm.sk](http://hm.sk)  
 Deväť **retailových** parkov... - [TASR.sk](http://TASR.sk)  
 ...bola **single** mama 9-mesačného dieťaťa. - [novycas.sk](http://novycas.sk)  
 Cestujúci zo zrušených letov môžu na webovej stránke požiadať o **refundáciu** leteniek. - [Aktuality.sk](http://Aktuality.sk)  
 ...úspešnej kolekcie svojho tohtoročného **merchandisingu**. - [hm.sk](http://hm.sk)  
 Ďalšie zaujímavé **benefity**, ktoré v sebe skrýva...[dobruchut.sk](http://dobruchut.sk)

**KRÁTKE SPRÁVY ZO SLOVENSKA**

Americký reťazec kaviarní Starbucks má piatu prevádzku na Slovensku v jednom z bratislavských nákupných centier – Bory Mall. Starbucks postupne obsadil najvychytenejšie bratislavské nákupné centrá. V roku 2016 otvorili prvú slovenskú kaviareň v petržalskom Auparku, po nej postupne pridali Euroveu, Avion a Central.

Na Slovensku bola v roku 2016 predpokladaná dĺžka života 77 rokov. Vyplýva to z tlačovej správy Európskej komisie. Najčastejšími príčinami úmrtí na Slovensku boli ochorenia obehového systému a rakovina. Európsky priemer predpokladanej dĺžky života je 81 rokov. Dĺžka života v krajinách EÚ stabilne rastie, ale od roku 2011 sa značne spomalila.

Veľké rozdiely v dĺžke života pretrvávajú nielen medzi pohlaviami, ale aj v rámci sociálno-ekonomického postavenia. Na Slovensku môže 30-ročný muž s vysokou úrovňou vzdelania očakávať, že bude žiť o 15 rokov dlhšie v porovnaní s tým, keby dosiahol len nízku úroveň vzdelania. Podobne, 30-ročná vzdelaná žena môže očakávať dlhší život o sedem rokov v porovnaní so ženou s nízkou úrovňou vzdelania.

Ministerstvo obrany Slovenskej republiky podpísalo v decembri technické zmluvy na obstaranie lietadiel F-16. Ide o 14 kusov lietadiel, ktoré majú byť dodané do konca roku 2023. Slovensko za 14 amerických lietadiel, výcvik, muníciu a logistiku zaplatí v nasledujúcich rokoch 1,589 miliardy eur. Cieľom nákupu má byť splnenie cieľov spoločnosti NATO v oblasti vzdušnej obrany, nahradenie morálne a technicky zastaraných lietadiel MiG-29 a rozšírenie spoločnosti slovenského stíhacieho letectva o ničenie pozemných cieľov.

Miera nezamestnanosti klesla v novembri na 5,09 percenta a dosiahla tak najnižšiu úroveň od vzniku štátu v roku 1993. Vyplýva to z údajov, ktoré dnes zverejnilo Ústredie práce, sociálnych vecí a rodiny, ktoré v krajine riadi úrady práce. V októbri nezamestnanosť v krajine predstavovala 5,23 percenta.





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**SLOVAK CATHOLIC SOKOL**

*A tradition of providing sound financial protection  
and benefits to our members*

**ANNUITY RATES**

**EFFECTIVE DATE: OCTOBER 1, 2018**

	<u>CURRENT</u>	<u>MINIMUM GUARANTEE</u>
VANTAGE 1	2.10%	1.00%
VANTAGE 2	2.40%	1.00%
VANTAGE 3	2.65%	1.00%
VANTAGE 5	3.00%	2.00%
VANTAGE 7	3.25%	2.00%

**SINGLE PREMIUM IMMEDIATE ANNUITY – SPIA**

10 YEARS OR MORE	3.50%
5 TROUGH 9 YEARS	2.75%

**NO LONGER OFFERED EFFECTIVE: AUGUST 31, 2011**

	<u>CURRENT</u>	<u>MINIMUM GUARANTEE</u>
FLEXIBLE	3.00%	3.00%
SINGLE PREMIUM	3.00%	3.00%

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