

*Za Boha a národ*

*For God and Nation*

# Slovak Catholic Falcon

**SLOVENSKÝ KATOLÍCKY SOKOL**

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## Message from our Supreme President

Michael J. Horvath



Sometimes no matter how hard we try or want things to go away, improve or get better we must be patient since it always takes time. This is what we went through during the past sixteen months as we waited for Covid-19 to be conquered. The virus is still out there lurking and mutating but we are protected because of the vaccines that were created to vaccinate us so we can get back to socializing and a near normal pre Covid existence. We can celebrate this success though let us not forget those that lost their lives because of this horrible virus and all the chaos and damage it caused during the past year and a half.

Summer is officially here with Memorial Day behind us and the summer solstice taking place in a few weeks. Summertime activities are popping up everyday with Covid restrictions being lifted so we can attend sporting events, bazaars, and other community festivals. Vacation sites are open and waiting for visitors to arrive to enjoy the locations, from back yard retreats to beaches or mountains, from church picnics to theme parks or to National Parks or foreign lands stay safe and enjoy whatever you do.

Remember the Sokol activities that

are planned. You can participate in them with other members who are eagerly awaiting to enjoy themselves again. The Supreme Physical Fitness Board has organized the Sokol Fest in July and the Golf Tournament in August. Let us start enjoying our fraternal activities again and sign up before as they say there is no room at the inn. See you at the Sokol Fest and Golf Tournament.

The Scholarship Committee held its meeting to award our members the 2021 Slovak Catholic Sokol scholarships. Congratulations to all who are receiving a scholarship, your Society is delighted to help you financially with your education. Congratulations to all our members who are graduating this year. You have completed your educational studies and are ready to start the next chapter in your life. Your family, friends and Society are proud of your accomplishments and wish you much success in your future endeavors. Happy Father's Day to all fathers. Enjoy your special day with your family, they appreciate all that you do for them. We also must remember all the fathers we have lost in our families, they showed us how to live our lives so we can enjoy our lives and families.

Start enjoying your summer and remember stay safe and healthy.

With God's Blessings to All!  
Zdar Boh!

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## SOKOL FAMILY FEST JULY 15-18, 2021

SNPJ RECREATION CENTER, 270 MARTIN ROAD, ENON VALLEY, PA

### ACTIVITIES

#### THURSDAY, JULY 15

❖ Family Social at the Gostilna ❖ Corn Hole ❖ Kam Jam

#### FRIDAY, JULY 16

❖ Golf at the Crack of Dawn ❖ 1:00 p.m. – Arts and Crafts

❖ 3 p.m. – Family Kickball ❖ Early Evening Pool Party

#### SATURDAY, JULY 17

❖ 10:00 a.m. – 3 on 3 Basketball ❖ 3:00 p.m. – Co-Ed Volleyball

❖ 7:00 p.m. – Mass Drill Presentation ❖ Evening Family Movie

❖ 8:00 p.m. – Cornhole Tournament

#### SUNDAY, JULY 18

❖ Closing night celebrations with music and camaraderie. Plus more.



*From the desk of the Supreme Secretary***HONOR**

by Scott T. Pogorelec, F.I.C.



*"We ask you, brothers, to respect those who labor among you and are over you in the Lord and admonish you, and to esteem them very highly in love because of their work. Be at peace among yourselves."* 1Thessalonians 5:12-13

Greetings from the Home Office! Hopefully, all our members are staying safe and healthy during this time. Things are starting to feel a little normal as many restrictions get lifted and the vaccine rollout continues across the nation. I urge all our members to stay diligent and follow all protocols. The light is at the end of the tunnel!



This time of year gives us a couple days to show our appreciation for those that have sacrificed so much for our freedom. On Monday, May 31<sup>st</sup>, we celebrated Memorial Day. It is a day set aside to recognize our brave men and women who paid the ultimate sacrifice for our country. As members of the Slovak Catholic Sokol, we appreciate those that have sacrificed so much, and I ask all our members to pay your respects to our current soldiers and veterans alike.

Another important day is on Monday, June 14<sup>th</sup>. It is a day that has become an annual tradition at the Home Office. June 14<sup>th</sup> is "Flag Day" in the United States of America. Flag Day is important because we honor the American flag on the day of the first Flag Resolution, June 14, 1777. The Maritime Committee of the Continental Congress passed the Flag Resolution- "Resolved: that the flag of the United States be made of thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new Constellation."

The reason why I am writing about this special day is important. Quite frankly, it does not need to be June 14<sup>th</sup> to celebrate Flag Day. Honoring our flag and our nation is something that we should do every day. When reciting the Pledge of Allegiance, we are not only honoring this enduring symbol of our nation, but also honoring

the brave men and women who fight for our freedom.

Please take the time out of your schedules to honor our flag. Our veterans fought for this flag and all it represents. We should honor them by showing our respect.

I would like to take this opportunity to thank all the members of the Slovak Catholic Sokol who helped our family's little project, "Reid and Cole Feed Fifty". Through your



generosity, we were able to deliver fifty baskets to the Boys and Girls Club of Paterson, NJ on Tuesday, March 23<sup>rd</sup>. It was an extremely rewarding event that we cannot wait to make an annual occurrence. Thank you again!

I would like to wish all our Sokol Dads a Happy Father's Day, which we will be celebrating on Sunday, June 20<sup>th</sup>, especially my Dad, our former Supreme Secretary!

Until next time, I hope all our members stay safe and healthy! Get outside and enjoy this weather!

Stay safe, stay strong, stay POSITIVE!

Zdar Boh!



Thoughts from our Supreme Chaplain,  
Rev. Andrew S. Hvozdovic

## MONTH OF THE SACRED HEART OF JESUS



The Month of June is dedicated to the Sacred Heart. The Church celebrates the Solemnity of the Sacred Heart of Jesus on the Friday following the second Sunday after Pentecost. In addition to the liturgical celebration, many devotional exercises are connected with the Sacred Heart of Jesus. Of all devotions, devotion to the Sacred Heart was, and remains, one of the most widespread and popular in the Church.

Understood in the light of the Scriptures, the term "Sacred Heart of Jesus" denotes the entire mystery of Christ, the totality of his being, and his person considered in its most intimate essential: Son of God, uncreated wisdom; infinite charity, principal of the salvation and sanctification of mankind. The "Sacred Heart" is Christ, the Word Incarnate, Savior, intrinsically containing, in the Spirit, an infinite divine-human love for the Father and for his brothers.

The feast of the Sacred Heart was approved for specified dioceses by Clement XIII in 1765 and extended to the whole Church by Pius IX in 1856. In 1889 Pope Leo XIII elevated it to the rank of first class, and through an encyclical letter in 1899 dedicated the whole Catholic world to the Sacred Heart of Jesus.

Devotion to the Sacred Heart was also an essential component of Pope John Paul II's hopes for the "new evangelization" called for by the Church.

"For evangelization today," he said, "the Heart of Christ must be recognized as the heart of the Church: It is He who calls us to conversion, to reconciliation. It is He who leads pure hearts and those hungering for justice along the way of the Beatitudes. It is He who achieves the warm communion of the members of the one Body. It is He who enables us to adhere to the Good News and to accept the promise of eternal life. It is He who sends us out on mission. The heart-to-heart with Jesus broadens the human heart on a global scale."

## SOKOL CALENDAR

**ASSEMBLY 163, DONORA, PA SEMI-ANNUAL MEETING** will be held on Sunday, June 27 at 1:00 p.m.. The meeting will be held virtually due to the COVID 19. If you plan to attend please contact Dorothy Rudinec at 724-379-5827 or Terri Gardner at 724-929-8675. Zdar Boh! – **Theresa Gardner, Financial Secretary**

## SLOVAK CATHOLIC FALCON PUBLICATION DATE

The next issue of the Slovak Catholic Falcon will be that of **JUNLY 1, 2021**. **DEADLINE** for all photos and information for this issue will be **JUNE 22, 2021**.

## LETTER FROM CARDINAL TOMKO



Rome, April 18, 2021

Dear Father Andrew S. Hvozdovic  
and members of the Board of the Slovak Catholic Federation

I send you warm greetings from the Eternal City on the occasion of the spring meeting of the leadership of the Slovak Catholic Federation. I am very glad that you assiduously and honestly continue the work of your fathers and mothers, your grandfathers and grandmothers. I am very pleased that in February of this year, you have commemorated the 110th anniversary of the founding of the Slovak Catholic Federation by the Reverend Jozef Murgas and a group of priests and laity and also that this community is still viable and able to bring benefits to many of its members and friends who have their roots under the Tatras.

When I celebrated my 97th birthday in a close circle of my personal associates, friends and Daughters of St. Vincent de Paul, a few weeks ago, I also remembered my first trip to the United States, which began on May 25, 1960. Almost sixty-one years have passed since that time. Then I visited the USA and Canada many times and you also came to Rome many times. I can still see and have in memory the faces, names, places, parishes and associations that I have visited with you and I remember that I have always been received with great love and understanding. I am grateful to the Lord and to you for all that beautiful time when we could be together and encourage one another in faith and in the endeavor for good, according to the Lord's Gospel. Also our patrons, Sts. Cyril and Methodius and Our Mother of Sorrows, the patroness of Slovakia, have been and still remain shining stars on our journey.

It is my great wish and desire so that the next generations will build on this amazing experience. In many ways, it is a miraculous journey, full of the work of God's providence. May others have the experience of being close to God who helped us in everything and kindly gave us his favor. I will continue to remember this intention in my prayers and at Holy Mass, and I am glad to give you my blessing and also to all the members and friends of the Slovak Catholic Federation. God bless you!

Pochvalený buď Ježiš Kristus!

*Jozef Card Tomko*

Very Rev. Andrew S. Hvozdovic, V.F.  
President, Slovak Catholic Federation  
Sayre, Pa., United States of America





## THE HISTORY OF THE FLAG

The United States flag is the third oldest of the national standards of the world - older than the Union Jack of Britain or the Tricolor of France.

The flag was first authorized by the Second Continental Congress in Philadelphia on June 14, 1777. This date is now observed as "Flag Day" throughout America.

The flag was first flown from Fort Stanwix, on the site of the present city of Rome, New York, on August 3, 1777. It was first under fire three days later in the battle of Oriskany, August 6, 1777.

It was first decreed that there should be a star and a stripe for each state, making thirteen of both; for the states at that time had just been erected from the original thirteen colonies.

The colors of the flag may be thus explained - the red is for valor, zeal and fervency; the white for hope, purity, cleanliness of life, and rectitude of conduct; the blue, the color of heaven, for reverence to God, loyalty, sincerity, justice and truth.

The star (an ancient symbol of India, Persia and Egypt) symbolizes dominion and sovereignty, as well as lofty aspiration. The constellation of the stars within the union, one star for each state, is emblematic of our federal constitution which reserves to the states, their individual sovereignty except as to the rights delegated by them to the federal government.

The symbolism of the flag was thus interpreted by Washington: "We take the stars from heaven, the red from our mother country, separating it by the white stripes, thus showing that we have separated from her, and the white stripes shall go down to posterity representing liberty."

In 1795 after Vermont and Kentucky were admitted to the Union, the number of stars and stripes was increased to fifteen. As other states came into the Union it became evident there would be too many stripes. In 1818 Congress enacted that the number of stripes be reduced and restricted henceforth to thirteen, representing the thirteen original states; while a star should be added for each succeeding state. That law is the law of today.

The name "Old Glory" was given to our national flag on August 10, 1831 by

William Driver, a sea captain of Salem, Massachusetts. One legend has it that when he raised the flag on his brig, the Charles Doggett, he said: "I name thee Old Glory."

The flag was first carried in the battle of Brandywine, September 11, 1777. It first flew over foreign territory January 28, 1778, at Nassau, Bahama Islands; Fort Nassau having been captured by the Americans in the course of the war for independence. The first foreign salute to the flag was rendered by the French Admiral LaMotte Piquet, off Quiberon Bay, February 13, 1778.

The United States flag is unique in the deep and noble significance of its message to the entire world - a message of national independence, of individual liberty, of idealism, of patriotism.

It symbolizes national independence and popular sovereignty. It is not the flag of a reigning family or royal house, but of more than 325 million free people welded into a nation, one and inseparable, united not only by community of interest but by vital unity of sentiment and purpose; a nation distinguished for the clear, individual conception of its citizens alike, of their duties and their privileges, their obligations and their rights.

It incarnates for all mankind the spirit of liberty and the glorious ideal of human freedom - not the freedom of unrestraint or the liberty of license - but an unique ideal of equal opportunity for life, liberty and the pursuit of happiness, safe-guarded by the stern and lofty principles of duty, of righteousness and of justice, and attainable by obedience to self-imposed laws.

Floating from the lofty pinnacle of American idealism, it is a beacon of enduring hope to the pressed of all lands. It floats over a wondrous assemblage of people from every racial stock of the earth whose united hearts constitute an indivisible and invincible force for the defense and succor of the down-trodden.

It embodies the essence of patriotism. Its spirit is the spirit of the American nation. Its history is the history of the American people. Emblazoned upon its folds in letters of living light are the names and fame of our heroic dead, the fathers

## What Is A Dad?

*A dad is someone who  
wants to catch you before you fall  
but instead picks you up,  
brushes you off,  
and lets you try again.*

*A dad is someone who  
wants to keep you from making mistakes  
but instead lets you find your own way,  
even though his heart breaks in silence  
when you get hurt.*

*A dad is someone who  
holds you when you cry,  
scolds you when you break the rules,  
shines with pride when you succeed,  
and has faith in you even when you fail...  
- Unknown -*



of the republic who offered upon its altars their lives, their fortunes and their sacred honor. Tales of national honor and glory cluster thickly about it. Ever victorious it has emerged triumphant from many great national conflicts. It flew at Saratoga, at Yorktown, at Gettysburg, at Manila Bay, at Chateau-Thierry, at Iwo Jima, Normandy Beaches, Ichon Landing and many others. It bears witness to the immense expansion of our national boundaries, the development of our national resources, and the splendid structure of our civilization. It prophesies the triumph of popular government, of civic and religious liberty and of national righteousness throughout the world. - *Compliments of the Knights of Columbus*

## 66<sup>TH</sup> INTERNATIONAL GOLF TOURNAMENT

### TREASURE LAKE GOLF RESORT, DUBOIS, PENNSYLVANIA – AUGUST 6<sup>TH</sup>-8<sup>TH</sup>

The longer days and warmer weather brings us closer to the golf season and to our Slovak Catholic Sokol 66<sup>th</sup> International Golf Tournament which will be held August 6<sup>th</sup>-8<sup>th</sup> at Treasure Lake Golf Resort, DuBois, Pennsylvania.



We are looking forward to hosting a wonderful weekend of fraternalism and sportsmanship. The participants and guests for the 66<sup>th</sup> International Golf Tournament will stay at the Fairfield Inn & Suites, Hampton Inn or at Treasure Lake Golf Resort.

Over the years, this event has become much more than a golf outing, but has evolved into a true fraternal family event. Many of our Sokol members now attend the tournament accompanied with their respective families, which has added to the richness of the event and true fraternal camaraderie.

We are hoping to have a large turnout of golfers and guests this year, especially after the cancellation of the 2020 Golf Tournament due to the COVID-19 Pandemic. Please return your application and fee as soon as possible to my home address: 6 Academy Drive East, Whippany, NJ 07981. If you have any questions pertaining to the event, please call or text me at (973) 647-8551. Email [jmatlon@slovakcatholicsokol.org](mailto:jmatlon@slovakcatholicsokol.org). **Application and fee deadline for the tournament is July 9<sup>th</sup> (postmarked).**

The full golf package is only \$295.00 double occupancy and \$415.00 single occupancy. The golf package includes the tournament entry fee and prize money, three full rounds of golf with cart, two nights lodging, including breakfast on Saturday and Sunday. The golf package also includes the Friday night hospitality and a Saturday dinner. (All taxes and gratuities are included).

For our members who may not require the lodging and meal package, there is a golf only package for \$160.00, which includes entry fee and tournament expense fees. The non-golf weekend package rate is \$140 which includes lodging and breakfast if you stay at the Fairfield Inn or Hampton Inn.

Each golfer must make his or her own hotel arrangements by contacting the Fairfield Inn and Suites at 814-371-2260 or Hampton Inn at 814-735-1000.

Golf reservations for the practice round on Friday should be made with the Gold Course, 814-913-1482 or the Silver Course, 814-913-1480.

The Friday Hospitality will be at the Lakeview Lodge at Treasure Lake and the golf dinner will be held on Saturday late afternoon/evening following the opening round of tournament play. The Mass times and addresses of the local churches will be available at the hotel and golf course when you check-in.

This will be a great fraternal event, and we hope to see all of you at Treasure Lake Resort this August. During the golf tournament all of the players and guests will follow the CDC guidelines in place at the time of the event for the state of Pennsylvania, Clearfield County and Treasure Lake Golf Resort.

Entry forms may also be found on the Slovak Catholic Sokol Website [www.slovakcatholicsokol.org](http://www.slovakcatholicsokol.org) under Sports Programs. - Zdar Boh! **James C. Matlon**, *Supreme Director of Sports and Athletics*

#### RULES AND REGULATIONS

1. Every contestant must be a member of the Slovak Catholic Sokol/GCU in good standing for at least one (1) year or three (3) months with Single Premium Life Insurance prior to the event with

a minimum of \$3,000.00 coverage. All new members who are enrolled in the organization after January 1st 2008 will require a new minimum of \$5,000.00 worth of insurance coverage.

2. (A) The golf tournament will consist of six (6) flights as listed below before applying 75% to handicap:

"A" Flight	0 to 12 Handicap	"D" Flight	Callaway System
"B" Flight	13 to 20 Handicap	"S" Flight	Senior, 62 years and over
"C" Flight	21 and over	"W" Flight	Women, Callaway System

(B) Maximum Handicap per round: Men – 40 Women - 50

(C) Only the Slovak Catholic Sokol Handicap or GCU Handicap will be accepted for all flights.

3. The tournament shall be held with prevailing U.S.G.A. rules.

4. Callaway Flights: Golfers who do not have a handicap (handicaps are determined after two years or four rounds) of Slovak Catholic Sokol/GCU Tournament play. The Callaway Modified System will be used with two blind holes each round to calculate the daily handicap.

5. (A) All handicaps are subject to review and possible re-rating by "Handicap Committee". In the case of ties, lowest handicap will be declared flight winner.

(B) Women golfers will compete in a separate flight with a Modified Callaway System.

6. All play will be 36 holes: 18 to be played on Saturday August 7<sup>th</sup> and 18 on Sunday, August 8<sup>th</sup>.

7. Entry Fee is \$15.00 and Tournament Expense is \$15.00. A golf dinner will be available on Saturday after completion of the first round of tournament play.

8. Prizes: There will be a Champion in each flight and the prize money will be awarded according to the number of entries received for each flight.

9. Foursomes will be paired at the discretion of the Tournament Committee. Participants wishing for special twosomes & foursomes, please indicate your golf partners on the golf tournament application.

10. Penalty for being tardy at the starting tee will be according to U.S.G.A. rules with loss of position.

11. **Entries will close with a Postmark Date of July 9<sup>th</sup>, 2021.** All tournament fees must accompany Golf Entry Form.

12. Make checks payable to: **Slovak Catholic Sokol Sports Account**

13. Mailing address: **James Matlon  
6 Academy Drive East  
Whippany, NJ 07981-1801**

**SLOVAK CATHOLIC SOKOL****66<sup>TH</sup> INTERNATIONAL GOLF TOURNAMENT ENTRY FORM****AUGUST 6<sup>TH</sup> - 8<sup>TH</sup> 2021 – TREASURE LAKE GOLF RESORT – DUBOIS, PA****GOLF PRACTICE RESERVATIONS: GOLD COURSE - (814) 913-1482 & SILVER COURSE (814) 913-1480****U.S.G.A. 36 Holes      Men-5 Flights    - Women-1 Flight****ENTRY DEADLINE: JULY 9<sup>TH</sup> 2021**

Every golfer must fill out a form and all fees must accompany this entry form.

Name: \_\_\_\_\_ Phone: (      ) \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Certificate#: \_\_\_\_\_ Assembly / Wreath \_\_\_\_\_ Golfer Signature \_\_\_\_\_

I hereby certify that the name on this application is a bona-fide member of this Assembly/Wreath in good standing.

\_\_\_\_\_  
Assembly/Wreath President or Secretary

\_\_\_\_\_ I have participated in two previous SCS Golf Tournaments

\_\_\_\_\_ I have not participated in two previous SCS Golf Tournaments

\_\_\_\_\_ Men: I am 62 years or older and wish to enter the Senior Flight and have participated in two previous SCS Golf Tournaments.

Tournament Start Times:      8:00 AM    Saturday    &amp;    8:00 AM    Sunday

Preferred Doubles Partner: \_\_\_\_\_

_____ Full Golf Package	<b>Double Occupancy</b>	<b>FAIRFIELD INN</b>	<b>HAMPTON INN</b>
	Package Fee:	\$ 265.00	\$ 265.00
	<u>Entry Fee/Tournament Expense:</u>	\$ 30.00	\$ 30.00
	<b>TOTAL DUE:</b>	<b>\$ 295.00</b>	<b>\$ 295.00</b>
_____ Full Golf Package	<b>Single Occupancy</b>	<b>FAIRFIELD INN</b>	<b>HAMPTON INN</b>
	Package Fee:	\$ 385.00	\$ 385.00
	<u>Entry Fee/Tournament Expense:</u>	\$ 30.00	\$ 30.00
	<b>TOTAL DUE:</b>	<b>\$ 415.00</b>	<b>\$ 415.00</b>
_____ Golf Only Package	Package Fee:	\$130.00	
	<u>Entry Fee/Tournament Expense:</u>	\$ 30.00	
	<b>TOTAL DUE:</b>	<b>\$ 160.00</b>	
_____ Non-Golf Package	Double Occupancy	<b>\$ 140.00</b>	<b>\$ 140.00</b>
_____ Non-Golf Package	Single Occupancy	<b>\$ 265.00</b>	<b>\$ 265.00</b>

**All hotel reservations to be made directly through the Fairfield Inn & Suites, DuBois, PA, 814-371-2260 or Hampton Inn, DuBois, PA 814-375-1000**



## MINUTES GROUP 5 SEMI-ANNUAL MEETING

The 2021 semi-annual meeting of Group 5 "Jan Holly" was held on Sunday April 11, 2021 via Zoom meeting technology. The meeting was called to order at 1:09pm by the Secretary, Sue Blosser. Opening prayer was led by James Knis. Secretary Sue Blosser welcomed all members and explained that the President, Kathy Figard was unable to attend due to a death in the family and would run the meeting in her absence. Roll call was taken by Secretary Sue Blosser: 17 members on the call, 13 officers including Marty and Helen Zemanek, Sue and Jayme Blosser, Karen Hutnick, Steve Underation, Nicole Leslie, Rose Croy, John Moynihan, Julie and Logan Laury, Agnes Evanko, and Sue Ann Seich, and 4 members: Sue Moynihan, James Knis, Frank Laury, and John Underation. Two excused absences.

### Old Business

The minutes of the annual meeting were distributed via email prior to the meeting. No questions or changes were noted. A motion by Julie Laury, seconded by Jayme Blosser to accept the minutes as written was made. All in agreement. Motion passed.

The Calendar Raffle has been a big fundraiser for the group for funding expenses at the Slet. Rose Croy spoke on the feasibility of having the raffle this year or postponing it till next year. Since no Slet was being held this year and due to Covid, she suggested not having the raffle. Jayme Blosser disagreed and felt that having the raffle would help raise money for future Slets and thought the group should consider the raffle for this year. It was further explained by Karen Hutnick that if all tickets were not sold, the group could potentially lose money instead of profit from the raffle, or if only the numbers sold were the only numbers selected, the group could lose money. After further discussion, Rose made a motion to cancel the calendar raffle for this year, seconded by Jim Knis. Motion passed one opposition.

The big event for the Slovak Catholic Sokol this year was the planning of the Family Fest for July 15-18<sup>th</sup> at SNPJ Recreation facility located in Enon Valley, Pa near Youngstown. It is a 500 acre area with trails, fishing, a pavilion, and a bar. The Supreme Physical Fitness Board has decided to host an event open to all members young and old of the SCS, since the Slet was cancelled. John Underation spoke about the event and updated all group 5 members. Currently there are 60-70 members from all groups signed up to attend the Fest. Members can rent cabins or hook up RV's. Tent camping is currently not available but could be by July. All lodging options are reasonable priced. Anyone can come for the whole weekend or just the day. There will be several activities planned including but not limited to a corn hole tournament, Golfing at Blackhawk, horseshoes, shuffleboard, and swimming. Steve Underation brought up that there will be grills and smokers for ribs, brisket and whatever anyone wants to bring. The home office could potentially be giving a per head stipend for the members present to help offset some of the costs, but nothing was definite. James Knis asked about food for the event. John informed the members that a caterer will be present and for member under 3 years of age the cost is free, over the age of 3 all meals are \$10, \$30/day or a \$90 weekend rate. This cost included meals and the rental of the facilities. Masks are required for any indoor activity. John concluded with restating this great event and encouraging members to sign up and keep marketing the event with other members.

Karen Hutnick brought up to the meeting members that the Assistant Physical Director position was still unfilled. Steve Un-

## Introducing our newest members



Zander Samuel McCleaf Royle, born November 16, 2013, is the son of Robert and Heather McCleaf Royle of New Cumberland, PA. He was enrolled as a member of Assembly 261 in Reading, PA.



McKenzie Catherine McCleaf Royle, born April 23, 2015, is the daughter of Robert and Heather McCleaf Royle of New Cumberland, PA. She was enrolled as a member of Wreath 155 in Reading, PA.

## S.K.S. GOVERNANCE COMMITTEE

Following up on the success of the 2020 Committee that was assembled for the 33<sup>rd</sup> Quadrennial Convention held August 4, 2019 in Cleveland, Ohio, I call on all Slovak Catholic Sokol members who would like to serve on the Governance Committee at the 34<sup>th</sup> Convention to be held in 2023 to send to me their Letter of Interest.

The Governance Committee responsibilities will be to analyze the Society, see how it compares to other fraternals in structure, and recommend any changes, if necessary, to the Delegates of the 34<sup>th</sup> Quadrennial Convention.

In your letter of interest, list your employment, Slovak Catholic Sokol biography and a statement on why you want to serve on the Governance Committee.

All Letters of Interest must be addressed to the President and received at the Home Office by July 31, 2021.

All questions regarding the Governance Committee should be sent to me at [mhorvath@slovakcatholicsokol.org](mailto:mhorvath@slovakcatholicsokol.org).  
Zdar Boh! – **Michael J. Horvath, President**

deration stated there was no one stepping into the role at this time, but will continue to recruit for the position.

### New Business

Helen Zemanek let the membership know that there will be Group 5 golf tournament in September. Andy Lipovsky will update us on the date and time after it is scheduled.

With no further business to discuss Sue thanked everyone for being on the zoom meeting. A closing prayer was delivered by Steve Underation. A motion to adjourn the meeting was made by Marty Zemanek, seconded by Frank Laury. Motion passed. Meeting adjourned at 1:30 p.m..

Respectfully submitted,  
**Sue Blosser**  
Group 5 Secretary



## SS. CYRIL AND METHODIUS APPEAL OF THE SLOVAK CATHOLIC FEDERATION

The Saints Cyril and Methodius Appeal is in its 43<sup>rd</sup> year raising money to assist the Pontifical Slovak College of Saints Cyril and Methodius in Rome with its day-to-day operations. The Appeal relies upon the generosity of individual donors in addition to collections taken up in personal parishes of Slovak ancestry. A direct mailing asking for donations was sent in January to local district and branch leaders from the four Catholic Slovak Fraternal Organizations, members of the Slovak Catholic Federation, clergy of Slovak ancestry, and previous donors.

**As of May 17, there are 164 donors who have given \$17,684.50 to the 2021 Appeal.** Along with the Home Office of the Slovak Catholic Sokol, donations have also been received from Assembly 24, Assembly 34, Assembly 48, Assembly 71, Assembly 78, Assembly 162, Assembly 180, Assembly 219, Group 6, Group 12, Wreath 11, Wreath 15, Wreath 81, and Wreath 147. On behalf of the Pontifical College, thank you for your continued generosity and support.

Anyone who wishes to contribute to the 2021 Appeal but did not receive a letter in January asking for a donation is asked to fill out the information in the box at the bottom of this article and mailing it along with your check payable to the Slovak Catholic Federation to the address provided. Donations in any amount are deeply appreciated and are acknowledged. Gifts received after November 30, 2021 will be credited toward the 2022 Appeal. Thank you again for your goodness and generosity.

*The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding Pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, PA. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak Fraternal Organizations for cultural, religious and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., Abbot of St. Andrew Svorad Abbey, Cleveland, OH. National President is Reverend Andrew S. HvozdoVIC, V.F., Supreme Chaplain of the Slovak Catholic Sokol and Pastor of Epiphany Parish, Sayre, PA. Reverend Thomas A. Nasta, National Chaplain of the First Catholic Slovak Union and Parochial Vicar with Senior Priest status at Our Lady of Grace Parish, Pennel, PA, serves as First Vice President of the Federation and is the Appeal Coordinator.*



### 43<sup>RD</sup> ANNUAL SS. CYRIL AND METHODIUS APPEAL

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Amount \$ \_\_\_\_\_

Please make check payable to **Slovak Catholic Federation** and mail to: Reverend Thomas A. Nasta, National First Vice President Slovak Catholic Federation, Our Lady of Grace Church, 225 Bellevue Avenue, Pennel, PA 19047-4052

## SERVANT LEADERSHIP AWARD FOR EDUCATION



Sisters Linda Marie, SS.C.M. and Susan Pontz, SS.C.M. recently presented Fr. Ronald Rolheiser, OMI, with the 2020 Father Matthew Jankola Lifetime Servant Leadership Award for Education. The presentation, which took place during a Faculty Colloquium at Oblate School of Theology in San Antonio, TX, was delayed because of Covid.

The award was originally announced at a virtual ceremony on October 25, 2020, where the Sisters of Saints Cyril and Methodius honored 27 teens who actively serve in their parish, school and community, and four adults who received the Father Matthew Jankola Lifetime Servant Leadership Award in the ministries of evangelization, education, elder care and ecumenism.

Father Ron is a community-builder, lecturer, and writer. His books are popular throughout the English-speaking world and have now been translated into many languages. His weekly column is carried by more than 80 newspapers worldwide. Along with his academic knowledge in systematic theology and philosophy, he has become a popular speaker in the areas of contemporary spirituality and religion and the secular world.

Before becoming President of Oblate School of Theology, he taught theology and philosophy at Newman Theological College in Edmonton, Alberta, served as Provincial Superior of his Oblate Province for six years, and served on the General Council for the Oblates in Rome for six years. He has been at Oblate School of Theology since 2005. Sisters Linda Marie and Susan Pontz both serve on the Faculty of Oblate School of Theology in San Antonio, TX. — **Sister Barbara Sable**

## SLOVAK CATHOLIC FEDERATION 60<sup>TH</sup> NATIONAL CONVENTION

**SEPTEMBER 26-28, 2021 – DANVILLE, PA**

As the National President of the Slovak Catholic Federation, I, Rev. Andrew S. HvozdoVIC, V.F., hereby call for the 60<sup>th</sup> National Convention of the Slovak Catholic Federation. All members and current National Officers are to note the following dates and location for the Convention. The Convention dates will be: Sunday, September 26 to Tuesday, September 28, 2021 in Danville, PA. The National Secretary, Dolores Evanko will be your contact person for delegate registration and detail information for the Convention. The Convention will officially open with Mass to be celebrated on Sunday, Sept. 26, 2021 at the Basilica of Saints Cyril and Methodius, Danville, PA. The Celebrant will be the Right Rev. Gary, Hoover, OSB, Abbot of Saint Andrew Svorad Abbey, Cleveland, OH. Abbot Gary also serves as the Moderator of the Slovak Catholic Federation. The homily for the Mass will be given by Rev. Andrew S. HvozdoVIC, V.F., National President of the Slovak Catholic Federation. Following the Mass a Banquet will be held. Working Sessions for the Convention will be on Monday, September 27 and Tuesday, September 28 till all business is completed.

# DRIVE TO 50 SALES CAMPAIGN

## CELEBRATING THE 50<sup>TH</sup> INTERNATIONAL SLET

The Slovak Catholic Sokol will be reaching a significant milestone within the SOKOL World – We will be hosting and presenting our 50<sup>th</sup> International Slet (Gymnastic and Track and Field Meet).

To help celebrate this Golden Occasion we have created the DRIVE TO 50 Sales CAMPAIGN. This campaign is designed to benefit and reward our membership, our groups, and recommenders.

### BENEFITING MEMBERSHIP & GROWTH

For more than 115 years our society has provided our members with sound financial protection and outstanding fraternal benefits. As proud members of the SOKOL it is quite easy to expound upon and share the qualities of membership. This is an excellent opportunity to share our excellent offerings with friends and family and get rewarded for it.

Not everyone is born a salesman or comfortable selling life insurance or annuities. Today, we have qualified life insurance and annuity representatives that can assist our existing and potential members in selecting the financial protection to help protect their future.

A supply of SOKOL “DRIVE to 50” Lead Cards will be available to all Group/Assembly/Wreath Officers for distribution. Officers are asked to distribute SOKOL “DRIVE to 50” Lead Cards to existing Members who want to recommend someone to become an insured Benefit Member. SOKOL “DRIVE to 50” Lead Cards are also available for completion and submitting on the SOKOL Web Site [www.scslife.org](http://www.scslife.org). Mail all completed Referral Lead Cards to the Sales & Marketing Office:

**Slovak Catholic SOKOL**  
**Sales & Marketing**  
2403 Sidney Street, Suite 200,  
Pittsburgh, PA 15203  
Phone: 412-381-5431  
Fax: 412-742-4638  
Toll-Free: 1-855-874-9179  
[www.scslife.org](http://www.scslife.org)

### DRIVE TO 50 DETAILS

#### RECOMMENDER REWARDS

- \$10 Referral Fee for each recommendation that results in a sale.
- Qualifies for a semi-annual drawing for an opportunity to win a \$50 gift card.
- Qualify for a \$250 grand prize drawing at the end of the campaign.

#### GROUP REWARDS

Awards to qualifying Groups based on the following levels resulting from sales of new life insurance and annuity certificates issued:

- 10 New Certificates (policies):  
\$250 Credit towards Fraternal Expenses
- 25 New Certificates (policies):  
\$500 Credit towards Fraternal Expenses
- 50 New Certificates (policies):  
\$1,000 Credit towards Fraternal Expenses





## DRIVE TO 50 CAMPAIGN - Member Referral Card

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Email: \_\_\_\_\_

Gender: ☐ Male ☐ Female Age: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_**RECOMMENDER INFORMATION** Assembly/Wreath: \_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

**Interest:**☐ Life Insurance☐ Annuity

## SLOVAK CATHOLIC SOKOL

### LEGACY LIFE INSURANCE PLANS

#### PERMANENT PLANS

WHOLE LIFE • SINGLE PREMIUM LIFE • 20 PAYMENT LIFE

#### TERM PLANS

TERM to AGE 30 • 10 YEAR TERM • 20 YEAR TERM

### VANTAGE COLLECTION of ANNUITY PRODUCTS

1 YEAR • 2 YEAR • 3 YEAR • 5 YEAR • 7 YEAR

2.00% 2.25% 2.40% - 2.50% - 2.60% 3.00% 3.25%

• SPIA Single Premium Immediate Annuity

3.50% - 10 Years % Greater • 2.75% Less than 10 Years

# SLOVAK CATHOLIC SOKOL

A tradition of providing sound financial protection and benefits to our members

## The Legacy Collection of Life Insurance

### Permanent Life Insurance

Permanent life insurance plans that provides the certainty of a guaranteed amount of death benefit, a guaranteed rate of return on your cash values and a level premium that is guaranteed to never increase for life.

#### Cash Value

The cash value grows at a steady rate, providing an increasing cash accumulation fund available throughout the lifetime of the contract.

#### Loan Value

This feature allows you to borrow cash for things like an emergency, fund a child's education or make a mortgage down payment.

#### Dividends

These "participating" plans are eligible to share in our financial success and receive policy dividends. When a dividend is declared, three options are available:

- Paid-up Additions—purchases additional insurance,
- Left on Deposit—earns interest, or
- Cash.

#### Tax Advantages

- Tax-free proceeds to beneficiaries.
- Tax-deferred earnings on the cash accumulations fund.

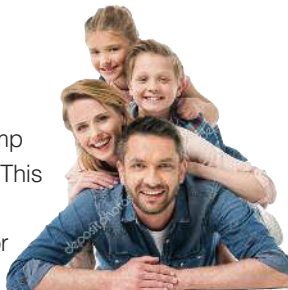
### Legacy Life

This is our lowest premium permanent whole life insurance plan. Legacy Life provides a fully paid certificate at a great savings for the life of the certificate holder.

*Issue ages 0–80.*

### Legacy Single Premium

The premium is paid in one lump sum at the time of application. This plan provides a fully paid certificate at a great savings for the life of the certificate holder.



This plan is ideal for young people, and useful for adults that prefer to have their life insurance prepaid or used for wealth transfer.

*Issue ages 0–90.*

### Legacy 20

Premiums are paid for 20 years, at which time the certificate is 'paid-up' and remains in force for the lifetime of the insured, while cash values continue to grow for as long as you keep the contract.

*Issue ages 0–80.*

### Term Life Insurance

#### 10 Year Renewable/Convertible Term

Level death benefit with scheduled level premiums for a period of 10 years. A feature of this plan is that it automatically renews in 10-year increments (at your attained age) until the age of 75 at which time all benefits end. The plan is convertible to a permanent plan of life insurance until age 65.

*Issue ages are 18–60.*

#### 20 Year Convertible Term

This plan provides a level death benefit and level premiums for 20 years. After the initial 20-year period the plan continues as a Yearly Renewable Term plan and renewable to age 70 at which time all benefits end. The plan is convertible to a permanent plan of insurance until age 65.

*Issue ages are 18–50.*

### Youth Term to Age 30



This plan provides a level death benefit at an affordable premium for youth between the ages of 0 and 30. Future

insurability is guaranteed upon conversion to a permanent life plan at any time up to the age of 25.

Face amounts are available at \$10,000, \$25,000 or \$50,000. Premiums are payable to age 25, however benefits continue to age 30.

The very affordable premiums can be paid:

- Annually, or
- Single Premium.

*Issue ages are 0–22.*



**Find us on Facebook:**  
**Slovak Catholic Sokol**  
**Public Group**



## VANTAGE DEFERRED ANNUITIES

This Collection of Deferred Annuity plans provides you with a varied range of investment options to fit your financial planning requirements.

### Tax-Deferred Earnings

Earnings grow tax-free until a withdrawal occurs. Due to the power of compound tax-deferred growth, your retirement savings will accumulate quicker compared to a fully taxable account.

### Cost

With all of our Annuity plans your investment can grow rapidly since there are no initial service, contract, transaction or premium fees. Every dollar you pay in premiums goes directly into your annuity's cash value and earns interest immediately.

### Safety

Your annuity deposits are protected by the total resources of the Slovak Catholic Sokol. Information regarding the solvency can be readily verified by our financial statements filed with the New Jersey Insurance Department. These financial statements are accompanied by the required Actuarial Certification and Opinion of an independent Certified Public Accountant.

## Short Term Investment Opportunities

We currently offer three annuity plans for the individual that is looking for a solid short-term investment alternative. Each of these products interest rates are guaranteed throughout the length of the annuity contract.

**Premiums:** One lump sum to open, additional premiums accepted for 30 days from opening of contract.

*Issue Ages: 0—90*

### VANTAGE 1

**Duration:** 1-year contract

**Early Withdrawal:** 6%

### VANTAGE 2

**Duration:** 2-year contract

**Early Withdrawal:** 1st year: 6%, 2nd year: 5%

### VANTAGE 3

**Duration:** 3-year contract

**Early Withdrawal:** 1st year: 6%, 2nd year: 5%, 3rd year: 4%

## Longer Term Investment Opportunity

The Vantage 5 and 7 are our longer-term deferred annuity plans that allows for savings, investment or a retirement program. The interest rate is highly competitive. As a flexible annuity plan additional premium deposits are permitted and does not affect or extend the penalty withdrawal period.

### VANTAGE 5

**Duration:** 5-year contract

Guaranteed Interest Rate; 1st year of contract

#### Early Withdrawal:

- **Penalty Free:** 10% Annually
- **Penalty:** 1st year: 6%, 2nd year: 5%, 3rd year: 4%, 4th year: 3%, 5th year: 2%

### VANTAGE 7

**Duration:** 7-year contract

Guaranteed Interest Rate; 1st two-years of contract

#### Early Withdrawal:

- **Penalty Free:** 10% Annually
- **Penalty:** 1st year: 8%, 2nd year: 7%, 3rd year: 6%, 4th year: 5%, 5th year: 4%, 6th year: 3%, 7th year: 2%

## Guaranteed Income

This Single Premium Immediate Annuity contract when established pays a specified periodic distribution or for a lifetime of income. An Immediate Annuity provides an income benefit almost instantly.

### Settlement Options

- Life Only
- Specified Period
- Life and Period Certain
- Payments for Life, Joint and Survivor



## SLOVAK CATHOLIC SOKOL

A tradition of providing sound financial protection and benefits to our members.

Phone: 800-886-7656

Fax: 973-779-8245

E-mail: [sales@scslife.org](mailto:sales@scslife.org)

[www.scslife.org](http://www.scslife.org)

P.O. Box 899 • 205 Madison Street • Passaic, NJ 07055

**What's making headlines in our ancestral homeland****News and Views  
from Slovakia...****SLOVAKIA'S RECOVERY PLAN RECEIVED  
POSITIVELY IN BRUSSELS**

*European Council President Charles Michel, right, welcomes Slovak Premier Eduard Heger in Brussels on April 27, 2021 (photo by TASR/AP)*

The Slovak national recovery and resilience plan has received a positive feedback in Brussels, Slovak Prime Minister Eduard Heger stated on Tuesday, April 27 in Brussels following his meeting with European Commission President Ursula von der Leyen and European Council President Charles Michel.

During the first part of his visit to the EU institutions, the premier also met with EC Vice-president Valdis Dombrovskis and European Commissioner for the Economy Paolo Gentiloni.

The prime minister pointed out that the first part of his negotiations was focused mainly on the national recovery plan. "We've received positive feedback in terms of timing and process. We've been discussing the priorities we've set for a long time and there has been no problem. I'm pleased that we'll be able to submit a recovery plan by April 30," said Heger, adding that the Slovak government will discuss this plan on Wednesday (April 28).

Heger pointed out that there were great fears in Slovakia whether this government would be able to prepare in time and in good quality a plan, which will give Slovakia billions of extra euros in the coming years for the modernization and reconstruction of the country after the coronavirus crisis.

"We've met this deadline today, and I'm pleased to have been able to speak in the talks as a representative of a member state that has done it very well and on time and that has done a good job in terms of content and priorities, as well as national needs. This is important to say," he stated.

**CAPUTOVA INVITES BIDEN TO VISIT SLOVAKIA**

President Zuzana Caputova has invited US President Joe Biden via a letter to visit Slovakia, her spokesman Martin Strizinec told TASR on Monday, April 26 without specifying the date when

the invitation was sent.

"If the US president accepted the invitation and came to visit Slovakia, it would be a great success for Slovak diplomacy," remarked the spokesman.

**KORCOK: MOSCOW'S EXPULSION OF SLOVAK  
DIPLOMATS RECIPROCAL SYMMETRICAL MOVE**

Slovak Foreign Affairs Minister Ivan Korcok stated at a press conference on Wednesday, April 28<sup>th</sup>, that he's taken note of Moscow's decision to expel three Slovak diplomats, remarking that it's a case of symmetrical retaliation for Slovakia's recent expulsion of three Russian diplomats, given the number of expelled employees and the amount of time that they were given to leave the country.

"Naturally, the operations of the Slovak embassy in Russia have taken a hit because the three colleagues who will have to leave Russia will be missed, but I believe that we'll cope with it, just like in August last year [when Slovakia also expelled three Russian diplomats] and the Russians retaliated in a tit-for-tat manner. I'll do my utmost to ensure that our embassy in Moscow operates properly," said Korcok.

Korcok, who held the press conference alongside his Czech counterpart Jakub Kulhanek, noted that he'll continue to be interested in the crisis in ties between Russia and the Czech Republic. According to the minister, Slovakia, by expelling Russian diplomats to show solidarity with the Czechs, stood on the right side. At the same time, Korcok claimed that the move was based on reports from Slovak intelligence services.

Moscow announced on April 28<sup>th</sup> that it's expelling three Slovak diplomats in retaliation for Bratislava's recent decision to expel the same number of Russian diplomats. Slovakia's move was aimed at expressing solidarity with the Czech Republic, which recently expelled 18 Russian diplomats, claiming that Russia was involved in an explosion in a Czech ammunition warehouse in 2014. Moscow retaliated in that case by expelling 20 staff members of the Czech embassy in Russia.

**PRESIDENT: EVEN MOST TRAGIC DEATH  
CAN'T COVER WHO M.R. STEFANIK WAS**

*President Zuzana Caputova paying tribute to General Milan Rastislav Stefanik in Brezova pod Bradlom on May 3, 2021 (photo by TASR)*

*Selected stories are provided by TASR  
– the Slovak Republic's official News Agency.*



Even the most tragic death can't cover who Milan Rastislav Stefanik was and what he did so that Slovakia became a state-forming nation of an independent Czechoslovak state, President Zuzana Caputova stated on Monday on the occasion of the 102<sup>nd</sup> anniversary of Stefanik's death at the M.R. Stefanik Memorial in Brezova pod Bradlom (Trencin region).

The head of state pointed out that the formation of a new, free state was Stefanik's great life task. He claimed that the policy of the new state could be European, human, world and "truly" Czech and Slovak. "After decades of historical turbulence, we have the opportunity to pursue this Stefanik-like policy. If we didn't use this opportunity, we would betray the legacy that Milan Rastislav Stefanik left us," stated Caputova.

Parliamentary Chair Boris Kollar said that Stefanik became a legend after his death, to which almost all Slovak political currents subscribed after 1919. "For some he was a Slovak patriot who contributed to the setting up of Czechoslovakia. For others – a Slovak patriot who didn't complete his work – the full liberation of the Slovak nation," said Kollar.

Culture Minister Natalia Milanova read Prime Minister Eduard Heger's speech in Brezova pod Bradlom. According to him, Stefanik was characterised by intellect and charisma, he didn't know the word impossible. "He believed the truth, he lived the truth and defended the truth," pointed out Heger, adding that Stefanik wasn't afraid of obstacles and learnt how to overcome them.

### **OVERALL DEATH RATE IN MARCH 48 PERCENT HIGHER THAN AVERAGE FOR PAST**

The overall death rate in Slovakia in March 2021 was 48-percent higher than the average for the past five years, the Statistics Office reported on Wednesday, adding that the figure for March was the lowest in four months, however.

A total of 7,232 people died in March. The second wave of the coronavirus pandemic had a negative influence on the number of deaths for the sixth consecutive month.

In January, the overall death rate in Slovakia was 75-percent higher than the average for January in 2016-20, while the February figure was 67 percent higher in a similar comparison.

Despite the drop in the total number of deaths in March, the Statistics Office still registered a high number in the 65+ category, for which the death rate was 52-percent higher than the average for the past five years. The trend seen in previous months was therefore confirmed, with eight out of ten deaths being reported for people aged 65 and over.

Concerning the 65-74 age category, the death rate was 87 percent higher than the average for March in 2016-2020, a decrease from the 108 percent reported in January and the 103 percent observed in February. The situation also improved in the 75+ category, going down from 59 percent above the average for the past five years in February to 37 percent above in March.

When compared to February, the situation improved in five regions of Slovakia, but was worse in the remaining three. The hardest hit was Trencin region with an average death rate exceeding the average for the past five years by 72 percent.

### **EU COURT OF JUSTICE HOLDS HEARING ON SCRAPPED MECIAR'S AMNESTIES**

The Court of Justice of the European Union held a hearing on the 1995 kidnapping of ex-president Michal Kovac's son to Austria and on the decision of the Slovak parliament in March 2017 to scrap the amnesties for those suspected of this crime that were issued by then Slovak prime minister Vladimir Meciar in July 1998.

The case, labelled 203/20 AB & Others, will be dealt with by Advocate General at the Court of Justice Juliane Kokott.

"The advocate general will prepare a recommendation to the judges on this case. However, the Court isn't bound by the advocate general's suggestions, and the judges will issue a judgement later," said Lehoczki when describing the situation. According to him, it isn't yet known when the verdict could be handed down.

In a report to the media, the EU Court of Justice stated that under Slovak law, the halting of criminal proceedings in 1998 constituted a final court decision which led to the acquittal of the accused. The Luxembourg-based judicial institution added that in 2017, following a resolution of parliament on annulling the amnesties in question, the Slovak courts resumed criminal proceedings that were discontinued in 2002.

According to a press release of the EU Court of Justice, Bratislava III District Court, which is preparing to issue a European arrest warrant for at least one of the accused, has asked Luxembourg judges whether double jeopardy prevents the issuing of a European arrest warrant for an accused person who has already been acquitted of criminal charges.

The Slovak court also asked for an answer to the question as to whether – regardless of the European arrest warrant mechanism – the Slovak parliament's resolution on scrapping the amnesties is in line with the no double jeopardy principle and the right to a fair trial guaranteed by the EU Charter of Fundamental Rights.

### **SPUTNIK V MIGHT BE USED IN SLOVAKIA AS OF JUNE**

The Russian Sputnik V vaccine could well be used in Slovakia as of June, Health Minister Vladimir Lengvasky announced on Wednesday, May 12.

Lengvasky expects the vaccine to be included in the country's vaccination program.

"We have a statement – consent to its use – definitively signed by the Russians. By paying an appropriate sum, the vaccine doses will become our property. I expect this vaccine to be included in the vaccination program in early June as well," said the minister.

According to Lengvasky, the logistics of vaccination with V, as well as the network of vaccination centers, is currently being addressed and should be ready in one or two weeks. He'll sign consent to its use following an agreement with the country's leaders. The results of tests from Hungary are sufficient, he stated.

The minister also said that the State Institute for the Supervision of Medicines had no reservations towards the use of Sputnik V. Although Slovakia hasn't received all documents, it's acquired them from other sources, he added.

Slovakia has 200,000 doses of the Sputnik V vaccine ready to use. The state should take over responsibility for its use.



## KIDS' CORNER "Detský kútik" - - June 2021

### WALK With Me, Daddy

By Helen Bush

WALK alongside me, Daddy  
and hold my little hand  
I have so many things to learn  
that I don't yet understand

Teach me things to keep me safe  
from dangers every day.  
Show me how to do my best  
at home, at school at play

Every child needs a gentle hand  
to guide them as they grow.  
So walk alongside me, Daddy.  
We have a long way to go.



*Father's Day*

SUNDAY, 20TH JUNE

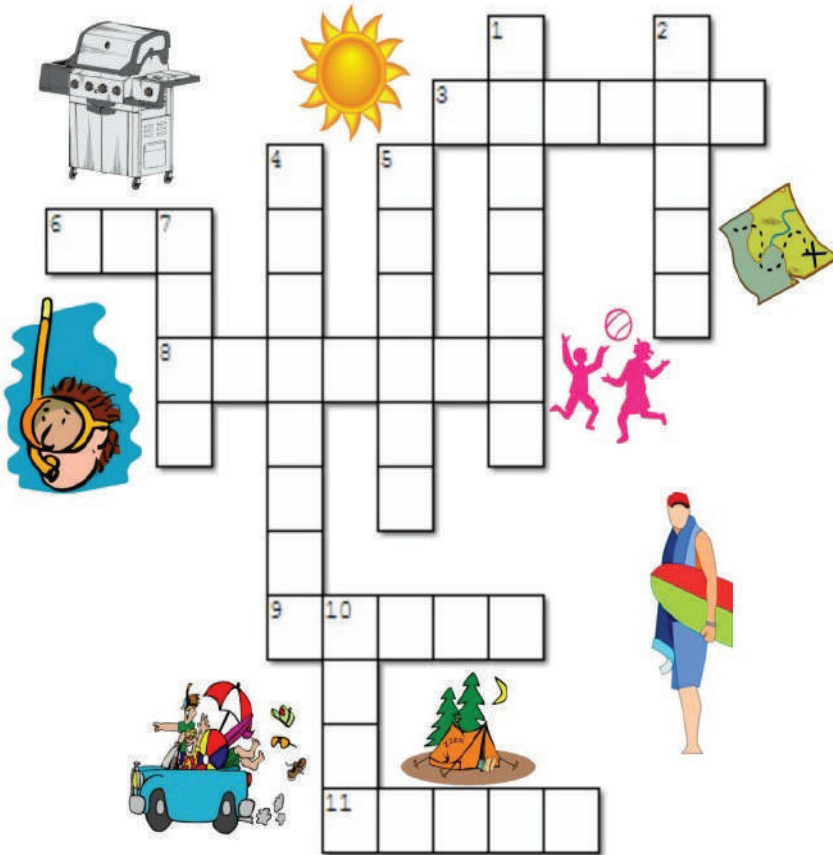




## KIDS' CORNER "Detský kútik" - - June 2021

### Summer Road Trip Crossword

Complete the crossword below



#### Across

3. School is out, it's time for \_\_\_\_\_ vacation.
6. Don't forget to bring the \_\_\_\_\_ in case we get lost!
8. We might go \_\_\_\_\_ and sleep in a tent.
9. I love burgers cooked on the \_\_\_\_\_.
11. My dad is going to \_\_\_\_\_ the car while mom checks the map.

#### Down

1. My family packed a whole set of \_\_\_\_\_.
2. We build sandcastles on the \_\_\_\_\_.
4. I can't wait to jump in the pool and go \_\_\_\_\_.
5. My mom, dad, brothers and sisters are my \_\_\_\_\_.
7. I have to \_\_\_\_\_ my suitcase.
10. We are taking a family \_\_\_\_\_ trip.

[www.nepamom.com](http://www.nepamom.com)

HAPPY BIRTHDAY TO YOU!!!!

Alexander Roman 6/5  
Isabella Salman 6/6  
Jason Salman 6/6  
Daniel Fesko 6/20  
Audrey Peretin 6/28  
Aiden Raechel 6/28



SEND YOUR BIRTHDAY DATES  
TO ME

[vp@slovakcatholicsokol.org](mailto:vp@slovakcatholicsokol.org)





## KIDS' CORNER "Detský kútik" - - June 2021

### ANNOUNCING THE KIDS' CORNER SUMMER READING PROGRAM!!!!

If you love to read.....this is just the program for you. From June 15th-August 25th keep track of the name and author of each book that you read, and have your parents verify each with a signature. If you are not reading on your own yet, it is perfectly OK to have a parent, grandparent, babysitter....etc. read to you. Try to read books that not only interest you, but challenge you as well. I will need the completed reading lists returned to me no later than **September 13th**. Include your name, address, Group number and age so that I can recognize you in the paper.

Notice that I have divided the groups based on reading ability....I did this as I anticipate the non-readers to achieve higher book totals as they may have books read to them on a more regular basis. The following is the breakdown of award levels.....keep in mind that those that reach higher levels will receive better prizes.

**Do me a favor and highlight your favorite books on the list!!!!** I love to share the titles with other children....Good luck and have fun reading!!!! Please send your completed reading lists to:

**Edward Moeller- 2821 Waterman Avenue, Pittsburgh, PA 15227. If you prefer to do it on-line...you can e-mail it to me at [vp@slovakcatholicsokol.org](mailto:vp@slovakcatholicsokol.org)**



#### Non-Readers

- Level 1 16 books
- Level 2 24 books
- Level 3 32 or more books

#### Early Readers (sounding out most words)

- Level 1 8 books
- Level 2 16 books
- Level 3 24 or more books



#### Intermediate Readers

(40+ pages each)

- Level 1 8 books
- Level 2 12 books
- Level 3 16 or more books

#### Advanced Readers (100+ pages each)

- Level 1 4 books
- Level 2 8 books
- Level 3 12 or more books



## ORIGIN OF FATHER'S DAY

The nation's first Father's Day was celebrated on June 19, 1910, in the state of Washington. However, it was not until 1972–58 years after President Woodrow Wilson made Mother's Day official—that the day honoring fathers became a nationwide holiday in the United States. Father's Day 2021 will occur on Sunday, June 20.

On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, a Spokane, Washington, woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.



*Father's Day creator Sonora Smart Dodd and her father William.*

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day. Today, the day honoring fathers is celebrated in the United States on the third Sunday of June.

In other countries—especially in Europe and Latin America—fathers are honored on St. Joseph's Day, a traditional Catholic holiday that falls on March 19.

Many men, however, continued to disdain the day. As

one historian writes, they “scoffed at the holiday's sentimental attempts to domesticate manliness with flowers and gift-giving, or they derided the proliferation of such holidays as a commercial gimmick to sell more products—often paid for by the father himself.”

During the 1920s and 1930s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parents' Day. Every year on Mother's Day, pro-Parents' Day groups rallied in New York City's Central Park—a public reminder, said Parents' Day activist and radio performer Robert Spere, “that both parents should be loved and respected together.”

Paradoxically, however, the Great Depression derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father's Day a “second Christmas” for men, promoting goods such as neckties, hats, socks, pipes and tobacco, golf clubs and other sporting goods, and greeting cards.

When World War II began, advertisers began to argue that celebrating Father's Day was a way to honor American troops and support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presidential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

## 6 IMPORTANT FACTS ABOUT FLAG DAY



*This ca 1917 image shows Betsy Ross presenting the flag she made to President George Washington. The image is of a painting entitled “The Birth of Old Glory” by Percy Moran.*

Flag Day is a celebration of the American flag that occurs each year on the anniversary of the flag's official adoption, June 14.

★ Flag Day was invented by a teacher.

Nineteen-year-old Bernard J. CiGrand walked into his one-room schoolhouse in Wisconsin in 1885, stuck a 10-inch flag in an inkwell, and asked his students to write an essay on its meaning. CiGrand spent the next 50-ish years writing in support of making Flag Day a national holiday.

He died of a heart attack 17 years before congress sealed the deal in 1949. However, parts of the U.S. celebrated Flag Day prior to congress making it an official holiday. In 1916, President Woodrow Wilson recognized Flag Day in a statement.

★ The Flag Day inventor was destined for greatness.

Bernard's parents were from Luxembourg, a tiny European country between France, Germany, and Belgium. The name “CiGrand” comes from a variation of the French for “so grand.” It only makes sense that he would be the one to champion our “Grand Ol' Flag!”

★ Flag Day is the birthday of our Stars and Stripes.

Flag Day is celebrated on June 14th, because that was the day that Congress officially recognized it as the flag of the United States in 1777. Apparently, it wasn't such a big deal at the time — the flag discussion was the fifth order of business that day. I wonder what was so important about the first four items?

★ It's not just the flag's birthday.

June 14<sup>th</sup>, 1775 is the date that congress formally authorized the enlistment of soldiers into what was then called the Continental Army.

★ Flag Day is not a federal holiday.

It's a national holiday, but you won't get the day off work unless you live in Pennsylvania, which recognizes it as a legal state holiday. It seems fitting that Pennsylvania would be the only state to do so, since that's where the flag was born.

★ The National Flag Day Foundation spreads Flag Day awareness.

The foundation teams up with local groups like 4-H and VFW Scouts to spread the good word about the holiday and to keep the tradition going. They hope to have a flag in every classroom, cultivate a respect for this symbol of our country, and teach the history behind the flag. In fact, you may check your local community organizations to find events planned for the 14th in your own hometown.

## LIFETIME SERVANT LEADERSHIP AWARD

The Sisters of Saints Cyril and Methodius recently presented the 2020 Father Matthew Jankola Lifetime Servant Leadership Award in Eldercare to Susan Smith, RN. The award was part of a virtual Servant Leadership ceremony for high school students and adults in October, 2020. Due to pandemic restrictions, the award could not be presented in person until March 2021.

Susan Smith has worked with the Sisters of Saints Cyril and Methodius to establish a "home away from home" at Maria Hall in collaboration with Columbia Montour Home Health and Hospice, and now maintains the hospice home at Maria Hall under LHC Corporation. Susan proudly states that the Maria Hall hospice home has served nearly 750 guests and their families. Susan began her health care journey in 1974 as a Cytotechnologist at Geisinger Medical Center. She received her nursing diploma from Geisinger in 1990 and from Bloomsburg University in 1993. She received her Nursing Master's degree from College Misericordia in 1996. She has been a practicing RN for 28 years.

In virtual remarks that Susan offered to the students and other adult recipients, Susan said, "To the young Servant Leaders of the future, hospice identified a need for an alternative setting for hospice patients to receive end of life care when they were not able to remain at home and preferred not to reside in long-term care facilities. For 18 years Columbia Montour Home Health and Hospice, and the Sisters of Saints Cyril and Methodius have worked together to serve the most vulnerable population, the dying, by providing compassion, and quality end of life care to the patient and his/her family. Dr. David Jeremiah recently published his book entitled Forward: Discovering God's Presence and Purpose in Your Tomorrow. Based on his premise, as you go forward in your careers, be encouraged and inspired to show the infinite love of God our Father for His children most in need."

On October 25, 2020, the Sisters of Saints Cyril and Methodius in Danville, PA awarded the Servant Leadership Award to 27 outstanding high school Seniors from the Diocese of Harrisburg PA. The virtual ceremony took place at the Basilica of Saints Cyril and Methodius in Danville. Over the past 18 years, the Sisters of Saints Cyril and Methodius have honored nearly 1,300 teens with the Servant Leadership Award. The Servant Leadership Award

recognizes distinguished high school Juniors and Seniors who are joyful witnesses, compassionate proclaimers, and enthusiastic builders of the Kingdom of God. The focus of the award is on teens who remain active in their faith, and who actively serve in their parish, school and community. At the virtual ceremony the Sisters of Saints Cyril and Methodius also honored four adults who received the Father Matthew Jankola Lifetime Servant Leadership Award in the ministries of evangelization, education, elder care and ecumenism. Father Jankola was a priest from the Diocese of Scranton who was instrumental in recognizing the need for Religious Sisters to educate children, and founded the Sisters of Saints Cyril and Methodius in 1909.

– Sister Barbara Sable, SS.C.M.



Susan Smith (second from right) received the Lifetime Servant Leadership Award for Eldercare from the Sisters of Saints Cyril and Methodius. The award was presented by Sister Michael Ann Orlik, SS.C.M. (right) General Superior of the Sisters of Saints Cyril and Methodius, Sister Barbara Sable, SS.C.M. (second from left), and Sister Jeanne Ambre (left).

## YOUNGSTOWN SISTER CITIES TOUR

The Youngstown/Spisska Nova Ves Sister Cities 2021 tour is set for July 15-29 2021. We will spend the first two days and the last two days of the tour in castles that have been renovated into hotels, a first. See castles, churches, attend kolibas, raft on the Dunajec river, shop in Poland, enjoy lunch in Hungary, enjoy many folk groups, see where Janosik, the Slovak Robinhood, was born, visit Litmanova, Cerveny Kamen, The Marianska Hora and many other places too numerous to mention. Get out your comfortable walking shoes and get ready to walk all over Slovakia. We have a 49 passenger comfortable bus with a rest room on board. For a sneak preview of the castles go online and visit Art Castle, Pezinok, Slovakia and the Grand Viglas Castle, Viglas, Slovakia. Slots are limited so make your reservations now. For additional information call our Sokol Jim Bench at 724-858-5843 or Kay Bench at 724-771-7900, or email Jim at jmbench@yahoo.com, or email Kay at skbench@gmail.com. Tour arrangements are made by Paul Hudak at Adventure Travel International Inc. P.O. Box 770410 Lakewood, Oh. 44107-0024, telephone 216 228-7171. 800 542-2478, Fax 216 228-7174 e-mail Paul at paul@advintravel.com.

## SCHOLARSHIPS AVAILABLE FOR NEW ENGLAND FRATERNALISTS

The New England Fraternal Alliance will again offer scholarship grants to full time college students. Grants of \$1,000 each will be awarded to students in their sophomore, junior or senior year in college to in graduate school. These grants are paid directly to recipients. These grants are in memory of Pearl Plante and Normand Ouellette, both past presidents of the alliance.

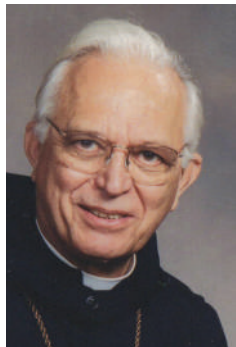
In addition, the Harvey G. Bacque Fraternalist of the Year and the Family of the Year awards will also be offered. For applications and other details, contact Daniel F. Tanzone at the home office. Deadline for applications for these grants is September, 1, 2021 with presentation at the annual meeting in November 2021.

**ANNUAL JOHNSTOWN, PA SLAVIC FEST** – The annual celebration of Slavic culture and heritage is set for Friday, September 17 & Saturday, September 18 at the Johnstown Area Heritage Association Cambria City Discovery Center for information call Theresa Cassat at tel 814 254-2532.



## RETIRED ABBOT CLEMENT ZELEZNIK, O.S.B. LAID TO REST AT AGE 89 IN CLEVELAND, OH

Retired Abbot Clement Zeleznik, O.S.B., who served as the fifth Abbot of St. Andrew Svorad Abbey in Cleveland passed away peacefully on May 3<sup>rd</sup> at the age of 89. He was a monk for 67 years and a priest for 61 years. The funeral liturgy was celebrated on May 7<sup>th</sup>. The Rt. Rev. Gary A. Hoover, the current abbot of St. Andrew Abbey was the main celebrant.



A native of Cleveland, he was baptized Leo in 1931 as son of the late George and Helen Richnasky Zeleznik. He attended the former St. Benedict Elementary School and Benedictine High School, where he was an honors graduate and valedictorian of the class of 1950.

Leo was an undergraduate student at St. Procopius College (now Illinois Benedictine University in Lisle, Ill). He entered the Benedictine order and professed his first vows as a monk in 1953 receiving the name Clement. He received his undergraduate degree in philosophy at St. John's University in Collegeville, Minn. and then continued studies for the priesthood at the former St. Joseph Seminary of the Blessed Sacrament Fathers in Cleveland. He was ordained a priest at St. John's Cathedral in Cleveland on May 23, 1959. Following ordination, he joined the faculty of Benedictine High School where he taught physics and theology from 1960-1970 and 1973-1997.

Father Clement earned a master's degree in Physics from the University of Notre Dame in 1963. He also received a second master's degree from Loyola University in 1969 and finally a third master's in Spirituality and Religious Formation in 1973 from Duquesne University.

In the monastery, Father Clement served as Director of Formation and novice master. 1976-1997.

On June 8, 2001, he was elected as the fifth abbot of St. Andrew Abbey succeeding Abbot Roger W. Gries, O.S.B. upon Abbot Roger's nomination as auxiliary bishop of Cleveland. Abbot Clement endorsed a closer and more effective relationship between the abbey and the new Benedictine community in Slovakia which he personally visited in 2004. In 2008, he resigned as abbot at the age of 76.

Abbot Clement was active in the work of the Slovak Catholic Federation and was our long-time Sokol of Assembly 303 located at the abbey. May he rest in peace and enjoy the beatific vision.

## YOUR BENEFICIARIES



When was the last time you looked at your designated beneficiaries on your valuable Sokol insurance policy? How important is it?

Just think about how much your life has changed. Have you married, divorced, had children, maybe you lost a loved one? This is an item you should consider annually. If you do need to make changes to any of your policies, contact the Home Office at 800-886-7656.

## In Memoriam

### APRIL 2021

ASSEMBLY/ WREATH	MEMBER	AGE	DATE OF DEATH
Assembly 11	Mary H. Segvich, Bloomingdale, IL	85	September 26, 2020
Assembly 24	Michael Emerick, Boonton, NJ	88	February 17, 2021
Assembly 34	Steven C. Bucko, Oakdale, MN	89	March 15, 2021
Assembly 48	Frank Valach, Philadelphia, PA	86	March 26, 2021
Assembly 59	Denise Myers, Edwardsville, PA	55	April 8, 2021
Assembly 59	Dolores Baloga, Wilkes-Barre, PA	78	April 10, 2021
Assembly 59	Harry Stucker, Wilkes-Barre, PA	68	April 22, 2021
Assembly 78	Elizabeth Tumpey, Bath, PA	92	March 8, 2021
Assembly 78	Florence Barta, Bethlehem, PA	90	April 8, 2021
Assembly 96	Hubert Reppenhagen, Niagara Falls, NY	79	February 22, 2021
Assembly 108	Sister Agnes Knapik, Warren, OH	85	April 7, 2021
Assembly 162	Allen J. Benko, Clifton, NJ	73	April 27, 2021
Assembly 163	Robert Belock, Donora, PA	76	April 25, 2020
Assembly 180	Margaret Fete, Canton, OH	90	March 17, 2021
Assembly 180	Stanley Datko, Canton, OH	77	April 5, 2021
Assembly 261	Joseph Myron Skvarla, Reading, PA	65	April 6, 2021
Assembly 261	Sophia Lengyel, Reading, PA	98	January 13, 2021
Assembly 303	Rev. Timothy Buyansky OSB, Cleveland OH	78	February 25, 2021
Assembly 312	Ann Marie Lonker, Orelan, PA	87	May 22, 2020
Wreath 15	Mary C. Boerner, Pittsburgh, PA	89	November 23, 2020
Wreath 15	Emery F. Stefancik, Harrison City, PA	85	March 11, 2021
Wreath 15	Patricia Ann Chlebowski, Scottsdale, PA	86	March 20, 2021
Wreath 81	Paul J. Salus, Chocago, IL	79	April 10, 2021

## SLOVAK CATHOLIC SOKOL MEMORIAL SCHOLARSHIP FUND

Have you found yourself looking for a way to memorialize a lost loved one or fellow Group/Wreath/Assembly member? Why not make a donation in their honor to the newly developed Memorial Scholarship fund? Your donation will assure that an annual scholarship be given out to a college age student who best exemplifies the meaning of fraternalism and volunteerism. Here's how it works: Send a check or money order to the Memorial Scholarship Fund clearly indicating the name to be memorialized. You can find a donation form on line at <http://slovakcatholicssokol.org/members/memorialfrmframe.htm> or simply send your donation to: **James F. Knis, SCS Museum Treasurer, 6385 Harbor Drive, N.W., Canton, OH 44718**. Your bequest will be recognized in the Falcon as well as permanently added to the Memorial Scholarship Donation Log which will be kept at the Sokol Museum.



Depending on the amount of funds collected, we will be able to award at least two \$1,000 scholarships annually. The hope is that the donated funds will begin a self-perpetuating interest bearing scholarship account.

Have you recently lost a loved one? You might consider earmarking donations to this fund in their memory.



## TAKMER ŠTYRI PÄTINY OBETÍ KORONAVÍRUSU V SR TVORILI SENIORI NAD 65 ROKOV

Najčastejšou príčinou úmrtí v krajine v prvom štvrtroku bolo ochorenie COVID-19, zomrelo naň 39 percent osôb. Ochoreniu podľahlo za prvé tri mesiace tohto roka viac ľudí ako na zvyčajne najčastejšiu príčinu úmrtí – choroby obehovej sústavy. Takmer štyri pätiny zomretých na nový koronavírus boli seniori nad 65 rokov.

Na následky nového koronavírusu od januára do marca zomrelo 9 400 ľudí, čo predstavovalo 39 percent z celkového počtu úmrtí (24 000 osôb) zaznamenaných v krajine.

“Štyri z desiatich úmrtí na Slovensku spôsobil koronavírus. Nová infekcia bola súčasne najčastejšou príčinou úmrtí spomedzi všetkých príčin a predbehla aj choroby obehového systému či nádory, ktoré patria dlhodobo k dvom najčastejším príčinám úmrtí na Slovensku,” skonštatoval Štatistický úrad SR.

Spolu s minuloročnými 4 000 obeťami pandémie sa tak nový koronavírus ku koncu marca 2021 podpísal pod úmrtie takmer 13 400 ľudí.

“COVID-19 bol najčastejšou príčinou úmrtí v každom z prvých troch mesiacov roka 2021. Počas posledných mesiacov roka 2020 bol ešte na druhom mieste za chorobami obehového systému,” dodala Zuzana Podmanická, riaditeľka odboru štatistiky obyvateľstva Štatistického úradu.

Najviac úmrtí spôsobil nový koronavírus v januári, keď mu podľahlo 3 400 osôb. V dvoch nasledujúcich mesiacoch počet obetí klesal. Následkom ochorenia COVID-19 podľahlo za prvé tri mesiace roka najviac ľudí vo veku nad 65 rokov.

“Seniori v poproduktívnom veku predstavovali takmer osem z desiatich obetí infekcie COVID-19. Najvýraznejší podiel na celkovom počte obetí vírusu mali starší seniori nad 75 rokov (49 percent), nasledovali mladší seniori (30 percent),” zdôraznila Podmanická.

Ľudia v produktívnom veku predstavovali 21 percent obetí tohto ochorenia. Následkom nového koronavírusu podľahli aj štyri deti vo veku do 14 rokov.

Nový koronavírus najvýznamnejšie zmenil štatistiky úmrtnosti v prvom štvrtroku v Nitrianskom kraji. Následkom tejto choroby podľahlo 950 osôb na 100 000 obyvateľov kraja. Prvenstvo má tento región aj v absolútnom počte úmrtí na COVID-19 takmer s 1600 obeťami.

Najpozitívnejší vývoj zaznamenal Žilinský kraj s mierou úmrtnosti na nový koronavírus v prvom štvrtroku 469 osôb na 100 000 obyvateľov, čo je menej ako polovičná hodnota najhoršieho regiónu.

## VIETE, ŽE...

... pred sto rokmi, v dvadsiatych rokoch minulého storočia, ešte nebolo isté, že z dostupných alternatív pohonu vyhrá práve benzín a nafta. Zákazníci totiž boli zvyknutí na elektromobily. Rozmach elektromobilov nastal v roku 1900, kedy sa len nedávno vynájdené vozidlá so spaľovacím motorom javili ako menej spoľahlivé, hlučnejšie a nebezpečnejšie. Aj preto si elektromobily získali masívnu popularitu najmä v USA, kde v danom období jazdila na elektrický pohon až tretina všetkých registrovaných vozidiel.

... Slovenky sa stávajú prvýkrát matkami ako 27-ročné, čím držia prvenstvo v krajinách Vyšehradskej štvorky. Celkovo v Európe sa slovenské ženy umiestnili v prvej päťke národov, v ktorých dochádza k prvému tehotenstvu najskôr – pred Slovenky sa dostali ešte ženy z Albánska, Bulharska, Rumunska a Turecka.

## KTO BOL V ŠTB, TOMU CHCÚ ZNÍŽIŤ PENZIU

Predstaviteľom bývalého komunistického režimu a niekdajších bezpečnostných zložiek by sa mohli znížiť dôchodky. Vyplýva to z návrhu zákona o odobrati nezaslúžených výhod predstaviteľom komunistického režimu, ktorý vo štvrtok posunuli poslanci Národnej rady do druhého čítania. Zákon predložili koalíční poslanci.

Argumentujú zabezpečením spravodlivosti. Dôchodky týchto predstaviteľov sú podľa nich aj dnes vysoko nadpriemerné, zatiaľ čo dôchodkové zabezpečenie osôb, ktoré komunistická moc prenasledovala, je veľmi nízke.

Do dôchodku by sa týmto osobám nezarátavalo obdobie rokov, v ktorom pracovali pre totalitný režim a jeho represívny aparát.

Tieto osoby mali podľa poslancov rôzne privilégiá, nadštandardné odmeňovanie, čo sa následne premietlo aj do dôchodkov.

Odobratie výhod v rámci dôchodkov sa má týkať aj vdov a vdovcov po týchto osobách. O výhody by mohli prísť funkcionári, zamestnanci a príslušníci vymedzených vrcholových orgánov, organizácií a bezpečnostných zložiek komunistického režimu, „ktoré sa rozhodujúcou mierou podieľali na udržiavaní totalitného režimu porušujúceho základné ľudské práva a slobody“.

Podľa predkladateľky návrhu Anny Andrejuvovej by o nezaslúžené výhody malo prísť okolo 7 000 osôb. Ich evidenciu má viesť Ústav pamäti národa. Zákon by mal byť účinný od 5. augusta 2021. K prvému odobratiu výhod by mohlo dôjsť od roku 2022.

- pravda



Luxusný päťhviezdičkový Hotel Thermia Palaca sa nachádza uprostred zelene na Kúpeľnom ostrove v Piešťanoch je atrakciou pre návštevníkov kúpeľov. Ponukou kúpeľných a liečebných procedúr sa hotel preslávil po celom svete a svoje postavenie potvrdzuje už viac než 100 rokov. Keď táto elegantná budova v roku 1912 prvýkrát otvorila svoje dvere, niesla titul prvého 5-hviezdičkového hotela na Slovensku. Aj v súčasnosti sa však tento luxusný hotel zo siete Ensana zaraďuje medzi najlepšie v krajine. V bohato zdobenej reštaurácii Grand s citlivo reštaurovanými miestnosťami, kde nájdete aj ne-smierne vzácnu maľbu od Alfonsa Muchu, stále cítiť veľkolepú minulosť hotela. Kúpele Irma s jedinečným historickým bahnískom ponúkajú viac než 60 kvalitných procedúr na liečbu pohybovej sústavy, ktoré využívajú účinok prírodných liečivých zdrojov z Piešťan v kombinácii s modernými lekáskymi poznatkami.

## CESNAK POZITÍVNE PÔSOBÍ NA ĽUDSKÉ ZDRAVIE

Cesnak znižuje krvný tlak a hladinu cholesterolu, chráni srdce a má protirakovinové účinky. Musíme ho však užívať správne. Od nepamäti sa pokladá za účinný liek proti mnohých chorobám.

Cesnak sa považuje za silné prírodné antibiotikum, účinkuje pri bakteriálnej nákaze organizmu. Vedci často jeho účinok prirovnávajú ku klasickému antibiotiku penicilínu. Okrem baktérií však cesnak potlačuje v organizme aj vírusy a do istej miery tiež plesne.

Cesnak obsahuje aj inulín, dôležité prebiotikum, ktoré slúži ako potrava pre dôležité, zdraviu prospešné črevné baktérie. Je vhodný pri poruchách trávenia a črevných zápaloch, ktoré sú spôsobené črevnými baktériami.

### ÚČINKY CESNAKU

Pomáha znižovať „zlý“ LDL cholesterol a krvné tuky zvané triglyceroly. Znižuje zrážanlivosť krvi, čím pomáha predchádzať vzniku zrazenín. Používa sa aj ako prevencia a pri liečbe aterosklerózy, teda upchávania ciev. Má pozitívny vplyv na zníženie krvného tlaku, pomáha predchádzať srdcovo-cievnych chorobám, podporuje krvný obeh. Môže byť účinnou súčasťou liečby kvasinkových infekcií, pomáha zvyšovať imunitu, do určitej miery znižuje hladinu krvného cukru, uľahčuje vykašliavanie pri zápaloch dýchacích ciest. Cesnak je vhodný požívať aj na prevenciu rakoviny hrubého čreva, pažeráka, žalúdka a prostaty. Tiež pomáha liečiť žalúdočné vredy.

Najlepšie účinky má čerstvý cesnak. Neodporúča sa túto zeleninu variť, pridajte ju až do hotového pokrmu. Zachováte tak jej liečivé účinky, ktoré nezničí var.

Ak prijímate cesnak vo väčšom množstve, môže to mať negatívny efekt na zloženie črevnej mikroflóry, cesnak. Môže zničiť aj zdraviu prospešné baktérie. Vysoké dávky cesnaku môžu podráždiť sliznicu čreva i žalúdok.

Za ideálne sa považuje zjesť denne jeden až dva strúčiky cesnaku, maximálne tri. Maximálny zdravotný účinok cesnaku dosiahnete, keď necháte čerstvo posekaný či prelisovaný cesnak stáť desať až dvanásť minút na vzduchu. Zjesť surový cesnak je pre mnohých veľkou skúškou, konzumáciu si však môžete uľahčiť, ak cesnak namočíte do medu, jablkovej šťavy alebo mlieka a tak prehltnete.

## ACH, TÁ NAŠA SLOVENČINA!

Treba sa vrátiť k **trasovaniu** kontaktov... - *sme.sk*

Predstaviteľom komunizmu chcú odobrať nezaslúžené **benefity**. - *sme.sk*

Štefánik by bol dnes vplyvný **influencer**. - *sme.sk*

Nedoplatok za **home office**? - *sme.sk*

Dva roky nehral hokej a stratil svoj **status**. - *sme.sk*

Odobratie **benefitov** v rámci dôchodkov... - *pravda.sk*

Blaha nemusí zmazať svoje **statusy**... - *sme.sk*

Lengvarský ohlásil spustenie **skríningu** rakoviny. - *sme.sk*

Slovenské elektrárne sa dostali medzi **top** 300 klimatických **lídrov** Európy. - *sme.sk*

## KRÁTKE SPRÁVY ZO SLOVENSKA



Lyžiarske strediská na Spiši a pod Tatrami majú za sebou lyžiarsku sezónu bez príjmov. Investície do zasnežovania sa im nevrátili, niektoré bojujú o prežitie. Kým minuloročnú sezónu museli ukončiť pre prvú vlnu pandémie skôr, počas tejto poslednej sezóny sa tam takmer nelyžovalo.

V roku 2020 vstúpilo na Slovensku do manželstva takmer 23,8 tisíce párov, čo bolo o viac ako 21 percent (vyššie 6 400 sobášov) menej oproti priemerným počtom za rovnaké obdobie v predchádzajúcich piatich rokoch (2015 až 2019). Podľa údajov Štatistického úradu SR išlo zároveň o najnižší počet svadiieb od vzniku Československa v roku 1918. Druhá vlna pandémie na sklonku roka 2020 spôsobila podľa štatistík prepád sobášov takmer o tretinu, miera poklesu však bola miernejšia ako počas prvej vlny v jarných mesiacoch a na začiatku leta. Najvýraznejší pokles sa podľa ŠÚ SR prejavil od marca do júna 2020, keďže v týchto štyroch mesiacoch sa konala len necelá polovica sobášov predošlých rokov. Predpokladaným dôvodom poklesu boli najmä protipandemické opatrenia a s tým spojená neochota ľudí sobášať sa za daných podmienok.

Podľa štatistík Úradu hraničnej a cudzineckej polície Prezídia Policajného zboru k 31. decembru 2020 evidovali na Slovensku 150-tisíc cudzincov. Ako ďalej v tlačovej správe uvádza Medzinárodná organizácia pre migráciu, predstavuje to pätnásobný nárast oproti roku 2006, keď organizácia začala pôsobiť v SR. Cudzinci tak v súčasnosti predstavujú 2,75 percenta celkovej populácie SR.

Dočasná odstávka výroby SUV modelov v bratislavskom závode Volkswagen Slovakia trvala od 29. apríla do 14. mája. Dôvodom bola pretrvávajúca nepriaznivá situácia s chýbajúcimi dielmi. Zamestnancom bola vyplatená náhrada mzdy ako prekážka na strane zamestnávateľa vo výške 75 % priemerného zárobku. Volkswagen Slovakia vyrobil na Slovensku od roku 1991 viac ako 6 miliónov vozidiel. Vyrába automobily Volkswagen Touareg, Audi Q7, Audi Q8, Porsche Cayenne, Porsche Cayenne Coupé, Volkswagen up!, Volkswagen e-up!, Seat Mii electric, Škoda CITIGOe iV a Škoda Karoq. Okrem vozidiel produkuje prevodovky, komponenty pre prevodovky a podvozky, ako aj zariadenia používané pri výrobe vozidiel. Volkswagen Slovakia aktuálne zamestnáva 11 500 ľudí.

Minister financií Igor Matovič 12. a 13. mája rokoval v Pittsburghu, PA s najvyšším vedením spoločnosti U. S. Steel. Rokovania sa dotkli aj prechodu na nízkouhlíkovú ekonomiku či zníženia emisií skleníkových plynov v priemysle. Z dôvodu nutnosti zníženia emisií skleníkových plynov a emisií musia aj slovenské fabriky, ktoré patria medzi najväčších znečisťovateľov, investovať do nových výrobných technológií. Spoločnosť U. S. Steel Košice vznikla prevzatím niekdajšieho hutníckeho kombinátu VSŽ americkou spoločnosťou U. S. Steel Corporation. V súčasnosti podnik spolu s dcérskymi spoločnosťami patrí k najväčším výrobcam plochých valcovaných výrobkov v Európe, ktoré dodáva najmä pre automobilový, strojársky a elektrotechnický priemysel. V U. S. Steel Košice pracuje približne 9 400 zamestnancov.



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