

Slovak Catholic Falcon

SLOVENSKÝ KATOLÍCKY SOKOL

OFFICIAL PUBLICATION OF THE SLOVAK CATHOLIC SOKOL · MEMBERSHIP 30,000 · HOME OFFICE: 205 MADISON ST., PASSAIC, NJ 07055

Periodical Postage Paid at original entry of Passaic, NJ 07055 and additional mailing offices

VOLUME CX PASSAIC, NJ, SEPTEMBER 1, 2021 NUMBER 5155



Message from our Supreme President Michael J. Horvath

The feedback I received on the 66th International Golf Tournament was all positive. Everyone I talked to told me they had a wonderful time golfing; the



Treasure Lake Golf courses were in great shape and the Friday hospitality, and the Saturday Dinner were exceptional with plenty of good food and Sokol fraternalism.

As we wait for the results of the 66th International Golf Tour-

nament, I understand the 67th Slovak Catholic Sokol Golf Tournament will again be at Treasure Lake Golf Resort, since all golfers enjoy themselves at this Golf course and have good experiences with all the accommodations.

The other Societies that joined us this year, the First Catholic Slovak Union, the Jednota, and the Greek Catholic Union, the GCU, helped make the 2021 Golf tournament a bigger tournament and a muchneeded fraternal activity as all continued to deal with the pandemic. The golfers from these Societies will be golfing again in 2022 as will another fraternal.

With the interest in the Golf tournament growing start making your plans for the 2022 tournament now and make your

reservations early.

Thank you to our Director of Sports and Athletics, James C. Matlon and Assistant Director of Sports and Athletics, Frank P. Laury III, and all the Sokol volunteers who helped at the tournament to make it a great fraternal success.

The summer of 2021 is coming-to-aclose but is not over yet. I know most of us enjoyed this summer more than we did last year even though we are still dealing with the pandemic and in some cases dealt with weather that did not cooperate as we would like, too hot and/or too rainy. There are still things we could do in September as we wait for autumn to arrive.

September is the month that our children, whether they are in elementary, secondary or college, go back to school. I know some children already have gone back to school, in August, to get an early start and additional breaks during the school year, but either start, it will again be an unusual year. This being the case I hope all will have a good year and have a great learning experience. I will be seeing my granddaughter off to her first year of college at Penn State Main campus. May she and all the other Sokols off to begin the new chapter in their lives do well, enjoy and be safe.

I would like to introduce the Slovak (Continued on page 12)

WELL-KNOWN SOKOL ACTIVIST MICHAEL T. MATRAS SELECTED AS 2021 FRATERNALIST OF THE YEAR

Our very popular Group 6 Sokol sportsman and life-long fraternal activist,



Michael T. Matras was selected as our 2021 Fraternalist of the Year. Brother Mike, life-long resident of Perryopolis, PA has dedicated his life to our fraternal organization for 40+ years. He has enrolled hundreds of new members and has aided in building

Group 6's multiple sporting teams since the 1980's.

Brother Mike has promoted our Slovak fraternal brotherhood through his com-

munity outreach projects. He has chaired numerous events for Group 6, including the children's and adult Christmas parties and corn roast held every summer. Over the years, he has managed to construct multiple teams for our Sokol sports tournaments, including softball, bowling and basketball.

Additionally, Brother Mike is a devoted and active member of St. John's Parish, where he serves as an usher. He donates refreshments to the annual parish festival and assists in every area of parish life. He has contributed countless hours of sacrifice which has contributed to the "lifeblood" of organizational membership and what it means be a Slovak Catholic Sokol and has been an active member of Assembly

(Continued on page 13)

Slovak Catholic Falcon Slovenský Katolicky Sokol

ISSN:0897-8107 Established April 15, 1911

Official Publication of the Slovak Catholic Sokol

Issued Monthly

Editorial Staff: Livia Karak Daniel F. Tanzone

Editorial Office: 973-777-4010

Annual Subscription Rates: United States \$40.00 All others countries \$45.00

POSTMASTER: Send address changes to Slovak Catholic Falcon P.O.Box 899, 205 Madison Street Passaic. NJ 07055

Member of the Catholic Press Association and the Slovak Newspapermen's Association of America Proprietor and Publisher SLOVAK CATHOLIC SOKOL P.O.Box 899 205 Madison Street Passaic, NJ 07055

HOME OFFICE HOURS:

MONDAY THROUGH THURSDAY 9:00 a.m. – 4.30 p.m. FRIDAY 9:00 a.m. – 2:00 p.m.

PHONE NUMBERS:

TOLL FREE NUMBER: 1-800-886-7656 HOME OFFICE: (973) 777-2605 or 777-2606 DIRECTOR OF SALES: 1-855-874-9179 or (412) 381-5431

> UNDERWRITING: (973) 777-4704 FAX NUMBER: (973) 779-8245 E-MAIL: Sokol205@aol.com

WEB SITE: www.slovakcatholicsokol.org

FOLLOW US ON:

TWITTER: www.twitter.com
INSTAGRAM: www.instagram.com

FIND US ON FACEBOOK:

Slovak Catholic Sokol Public Group

From the desk of the Supreme Secretary

LIFE INSURANCE AWARENESS MONTH

by Scott T. Pogorelec, F.I.C.



Greetings from the Home Office! I hope everyone is enjoying the end of the summer months the best they could. This year still feels different as we are still dealing with Covid related issues nationwide. The important thing is, Sokols take things in stride and try to make the best out of any situation.

It was wonderful to attend our 66th



International Golf Tournament at Treasure Lake Resort in Dubois, PA. Safety was our top concern and our Supreme Director of Sports and Athletics, James Matlon, and Supreme Assistant Director of

Sports and Athletics, Frank Laury, did a wonderful job making all participants feel at ease. A wonderful time was had by all, and the spirit of fraternalism shone brightly as we were joined by our brother Fraternals, Greek Catholic Union and First Catholic Slovak Union. Congratulations to all our winners and it was truly wonderful to see everyone in-person again! A big congratulations to our 2021 Frank S. Petruff Award winner, Edward Baker, from S-167, Barberton, OH. Ed is a longtime attendee at our golf tournaments and truly deserving of this honor. Congratulations again Ed!

As the summer months come to an end and we transition into autumn, this is always a good time to do a life checklist. One of those items on that checklist should be if you have sufficient life insurance coverage. Every September, the life insurance industry comes together to sponsor Life Insurance Awareness Month. The campaign is designed to educate people about the importance

of life insurance. This year like no other highlights the fragility of life and how precarious financial stability can be. Unfortunately, I can tell you that many of our members are under insured, but we can fix that. We are currently running our Drive to 50 Campaign that offers wonderful benefits to all our current members. For more information regarding the campaign, check our website, www. slovakcatholicsokol.org. If you have any questions and need assistance, please contact our Director of Sales and Marketing, Albert J. Suess, Jr., F.I.C., at (412) 381-5431 or give me a call at the Home Office at (800) 886-7656, and we would be more than happy to assist you. Remember, life insurance coverage protects the people that are most valuable to you, your loved ones!

Brother President and I recently reached out to our Group Presidents to give them a little update regarding our 34th Quadrennial Convention to be held in 2023. Due to Covid restrictions, we were unable to visit potential sites until recently. We are looking to name a Convention site by the end of the year, and we will keep all our members updated.

Finally, I want to congratulate Brother Michael Matras on being selected the 2021 Slovak Catholic Sokol Fraternalist of the Year. There is a beautiful writeup in this edition of the Falcon to learn more about Brother Matras. As you can see, Mike is most deserving of this award, and I will be so honored to present it to him later in the year. Thank you for all your years of service, Brother Mike, and congratulations!

Until next time, stay safe, stay strong, and STAY POSITIVE!

Zdar Boh!

SOKOL CALENDAR

- ◆ GROUP 7, "Rev. Josepf Murgas" of Wilkes-Barre, PA will hold their 85TH ANNUAL "SOKOL DAY" PICNIC on SATURDAY, SEPTEMBER 4 at the Plains Lions Pavilion on Clarke Lane in Plains Twp., PA from 1 p.m.- 5 p.m. The picnic will feature Slovak food and other picnic favorites, and games of chance for all ages.
- ◆ SATURDAY, SEPTEMBER 25 GROUP 12 MEETING at the Sokol Hall, 411 Crestmont Street, Reading, PA. The meeting will begin at approximately 11:00 a.m. with lunch to follow the meeting. You can contact JoAnn Antosy with any questions or if you are planning to attend the meeting at my email address: joann1029@ live.com or text at 610-790-4086.
- ◆ SUNDAY, SEPTEMBER 26TH SLO-VAK HERITAGE FESTIVAL at Middlesex County Fair Grounds, 655 Cranbury Rd., East Brunswick, NJ.
- ◆ GROUP 1 OFFICERS MEETING at the home office, 205 Madison Street in Passaic, N.J. on SATURDAY, OCTOBER 2 beginning at 12 noon.
- ♦ GROUP 5 VIRTUAL ANNUAL MEET-ING will be held on OCTOBER 10 at 1:00 p.m. For more information call Sue Blosser at 770-853-7257.
- ◆ GROUP 6, "MSGR. ANDREW HLIN-KA" SEMI-ANNUAL MEETING ON SUN-DAY, OCTOBER 24 at Hoss's Steak &

(Continued on page 13)

SLOVAK CATHOLIC FALCON PUBLICATION DATE

The next issue of the Slovak Catholic Falcon will be that of OCTOBER 1, 2021. <u>DEADLINE</u> for all photos and information for this issue will be <u>SEPTEMBER 22, 2021.</u>



Find us on Facebook:

Slovak Catholic Sokol Public Group

Get quick updates on the latest events going on in our organization



MONDAY, SEPTEMBER 6

Thoughts from our Supreme Chaplain, Rev. Andrew S. Hvozdovic

SEDEMBOLESTNÁ PANNA MÁRIA PATRONESS OF THE REPUBLIC OF SLOVAKIA

The Catholic Church celebrates the feast of Our Lady of Sorrows on September 15, the day after the feast of the Holy Cross to show the close connection between Jesus' Passion

and Mary's Sorrows.



This advocation has its roots in the Gospel. Here are some major references: John 19:25 (Calvary); Luke 2:35 (Mary pierced with a sword). Other sorrows can be inferred: Luke 2:7 (no room at the inn); Matthew 2:6-18 (massacre of the Innocents); Luke 2:41-50 (anxious search for Jesus); Luke 4:28-30 (rejection by townspeople of Nazareth); and Luke 11:53-54 (rejection by

authorities of Jerusalem), etc.

This form of Marian piety goes back to the fourteenth century, but Mary's compassion was remembered from early centuries:

- Abbot Poemon (5 c.) *Apothegms* 144: "I would like to weep with her always."
- Ephrem the Syrian (373) "Lamentation of Mary" (still used in the Syrian Rite)
- Romanos the Melodist (500) "Hymn of Mary at the Cross" (Jesus instructs His mother on the mystery of the Cross).

Also, to be mentioned are Ambrose, Anselm and Bernard who preached/meditated on Mary's sorrows. There is also abundant Franciscan and Servite literature on this theme, for example, *Plaint of the Madonna* by Jacopone da Todi (1306), and *Meditations on the Life of Christ* (eleventh century. -- "swooning" of Mary).

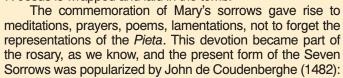
The devotion to the Sorrows of Mary properly appears toward the middle of the fourteenth century. Contributing authors may have been Henry Suso (d. 1366) and other Rhenish mystics. Devotion to the five sorrows of Mary appears first

and eventually develops into devotion to seven sorrows. In fact, two lists of seven sorrows were drawn up, one including the infancy and childhood of Jesus Christ, the other concentrating on the Passion.

- 1. The prophecy of Simeon ("a sword ...");
- 2. The massacre of the Innocents and flight to Egypt;
- 3. Jesus lost in Jerusalem;
- 4. Jesus arrested and judged;
- 5. Jesus crucified and dving:
- 6. Jesus taken down from the Cross:
- 7. Jesus wrapped and laid in the tomb;

and ...

- Jesus is arrested and struck;
 Jesus is led to Pilate to be
- judged;
- 3. Jesus is condemned to death;
- 4. Jesus is nailed to the Cross;
- 5. Jesus gives up His Spirit and dies on the Cross;
- 6. Jesus is taken down from the Cross:
- 7. Jesus is wrapped and laid in the tomb.



- 1. The prophecy of Simeon (Lk 2:34-35);
- 2. The flight into Egypt (Mt 2:13-21);
- 3. The loss of Jesus for Three Days (Lk 2:41-50);
- 4. The ascent to Calvary (Jn 19:17);
- 5. The crucifixion and death of Jesus (Jn 19:18-30);
- 6. Jesus taken down from the cross (Jn 19:39-40);
- 7. Jesus laid in the tomb (Jn 19:39-42).



Thank you for awarding me this very generous scholarship. It will help me tremendously in attaining my career goals as I continue my education. I will continue to uphold the values my Catholic faith and the

S.C.S. has taught me. I am very honored and thankful to be a recipient of this award. – Sincerely, Nicole Silinskie, Wilkes-Barre, PA

Thank you for awarding me the 2021 Slovak Catholic Sokol Scholarship. It will greatly help me to achieve my academic goals by furthering my education at Allbright College. – Sincerely, Nicholas Griffith, Reading, PA

Thank you for selecting me as a scholarship recipient. This award helps me to continue my faith based education. Thank you again for your thoughtful and generous gift. – Isabella Meder, Pittsburgh, PA

I want to thank you for the recent scholarship you have given of \$250 toward school. Your generous priorities will help me throughout my 6th grade school year. –Sincerely, Michael Myles, Chicago, IL

Dear Mr. Moeller and the Slovak Catholic Sokol,

I greatly appreciate the contribution towards my college education. Thank you. – Joshua Schmidt, Chicago, IL



I am honored to be this year's recipient of the 2021 Slovak Catholic Sokol Scholarship. It will help me significantly to continue my educational journey at King's College.

This year I will be attending the 4th year of the Physician Assistant program, which is the first year of the graduate phase (because it is 3+2 program). Thank you for enabling me and recognizing my potential accomplishments as I work hard to pursue this career. – Sincerely, Matthew R. Silinskie, Wilkes-Barre, PA

Dear Scholarship Committee,

Thank you for your generosity and considering me for the academic scholarship. I plan on using your contribution towards my educational goals and a successful future. Once I graduate nursing school, I plan on using my knowledge to help others in need and to better society. – Sincerely, Lexington Meder, Pittsburgh, PA

Thank you very much for awarding me a scholarship. I am very thankful for everything this organization has done for me. Thank you. – Cassidy Scassa, Pittsburgh, PA

I am thankful to have been selected as one of the recipients of the Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School scholarship. I am appreciative of the generosity of this grant to continue my education at Berks Catholic High School. Thank you again for this most generous and thoughtful grant. Zdar Boh! — Cole R. Baker, Reading, PA

I am writing this letter to acknowledge the check I have received from the 2021 Slovak Catholic Sokol Scholarship program. I just want to again extend me extreme gratitude for this opportunity. It means the world to me to assist in furthering my education and having this opportunity through such a wonderful organization. I am so blessed to be a part of the Slovak Catholic Sokol. Once again, thank you so much for this incredible opportunity and may God bless you. Sincerely, Lauren Kamor, Duryea, PA

I would like to take this opportunity to notify you of my receipt of the scholarship check and to thank you for your generosity. I am incredibly honored to have been chosen to receive this award.

I am currently entering my third and final year at the University of Minnesota-Twin Cities, majoring in communications, minoring in statistics and technical writing. I currently have 3.86 GPA and over 100 credit hours. As I continue with my work-study and mu educational pursuits, I intend to pursue my goal of working in the publishing world as a copy editor.

While attending school, I have been fortunate enough to work with the Minnesota Population Center as an undergraduate fellow. Additionally, I am going on my third year at my work-study where I am a student research assistant for UMN LATIS. Finally, I also am serving as the training editor for my university's undergraduate research journal. These experiences will equip me to pursue my ideal career.

Receiving this scholarship allows me to continue to pursue my studies and succeed at a high level without placing undue financial stress unto myself, and for that, I am extremely thankful. I am eager for opportunities to give back to the organization that has been with me since birth and is now

helping pursue my education. Thank you again for your confidence in me and your assistance in achieving my goals. Sincerely, Viktoria R. Tadlock, Reading, PA

Dear Slovak Catholic Sokol,

Thank you again for your generous and much appreciated scholarship award of \$1,000 towards my college tuition at Northwestern University.

I received the check this week and have forwarded it to Northwestern to be applied towards tuition next year. I will be a sophomore at Northwestern University in the fall, pursuing dual degrees in Computer Science and Vocal Performance. I am looking forward to continuing my studies.

This morning I began a two-week online course in Intermediate Slovak language sponsored by Studia Academica Slovaca. It is excellent, and I would encourage SCS members to consider this opportunity to study Slovak. – Sincerely, Andrew Pulver, New York, NY

Dear Slovak Catholic Sokol,

Thank you so much fro choosing me as a recipient of the 2021 Slovak Catholic Sokol Scholarship. I have received my check. This money will be put towards my school tuition which consist of classes, labs, and extra fees that I have to pay. I greatly appreciate this scholarship. Thank you! - Alexis Eckenrode, Lilly, PA

Dear Slovak Catholic Sokol,

Thank you for the generous scholarship. I am about to enter my senior year at Penn State. I am very excited to complete my college education and enter the working world. This is one of the most important years of college, since it is when I start looking for a job and continue to build my experience in film production. Once again, thank you for this scholarship which is helping me to complete my education. Sincerely, Georgia Holthenrichs, Philadelphia, PA

Dear Scholarship Committee.

I am honored to be a recipient of the 2021 Slovak Catholic Sokol Scholarship. Your generous support is helping me to fulfill a lifelong dream of going to college.

I am glad to have the opportunity to thank you personally for your generosity. Without donors like you, many students would be unable to pursue the career of their dreams. Thank you again. – Lauren Davis, Kenosha, WI



SOKOL FAMILYFEST

JULY 15 - 18 AT SNPJ RECREATION, ENON VALLEY, PA

























66TH INTERNATIONAL GOLF TOURNAMENT TREASURE LAKE GOLF RESORT, DUBOIS, PENNSYLVANIA – AUGUST 6TH-8TH

The stars all aligned and the weather was beautiful for the much awaited return of the 66th International Golf Tournament. "Sokol golf enthusiasts enjoyed annual competition at scenic Treasure Lake Resort in DuBois, PA and were very excited to get back to enjoying the camaraderie, and fraternalism after having last year's tournament canceled. It's amazing how much you

winners are as follows: "A" flight winner David Degol from the FCSU with a score of 144 and 2nd place was Greg Vladika of the GCU with a score of 144. David Degol was also the top scratch scorer with a 154. "B" flight winner was Ryan Burfield of the SCS with a score of 140 and second place was Matt Hoenninger from GCU with a 143. The top scratch golfer for "B" was Ryan Burfield with



appreciate the Sokol Sporting events after not being able to compete in them. The Tournament was held on August 6th-8th, and the participants and guests for the tournament stayed at the Fairfield Inn & Suites, Hampton Inn or at Treasure Lake Golf Resort.

This year we invited the GCU and the FCSU Golfers to join in our tournament. We used both the Gold and Silver courses each day to accommodate the larger turnout. There were 24 "A", 27 "B", 21 "C", 23 Callaway, 38 Senior, and 17 women Golfers competing this weekend. The tournament

a 168. In the "C" flight, Joseph Hvozdovic of the SCS took the honors with a score of 135 and 2nd place was Ben Moeller of the SCS with a 143. The top "C" flight scratch golfer was Ben Moeller with a score of 181. "Callaway" winners were Joseph Murry from SCS in first with 140 and second place was Frank Pipak Jr. of FCSU with a score of 145 and Joseph Murry also took best scratch score of 147!

In the seniors Division Albert Suess Jr. of the SCS took the honors with a score of 140 and John Metarko of FCSU got second with a score of 146. Al Suess Jr. also was

Supreme Secretary Scott T. Pogorelec, F.I.C., second from the left and Supreme Director of Sports and Athletics James Matlon, far right, with former winners of the Frank S. Petruff Memorial Award. Left to right: Loretta Smith, Scott T. Pogorelec, 2021 Frank S. Petruff Award winner Edward T. Baker, John S. Hornacek, Robert S. Harak, Mary Margaret Starr, Robert R. Palchanis Jr. and James C. Matlon.

best Scratch with a 160.

In the Women's division Mary Jo Goss of SCS won with a score of 148 and Mary Margaret Starr of the SCS got second with 151. Mary Jo Goss also was highest female scratch golfer with a score of 190.

Most golfers took advantage of the practice round on Friday. It seemed the majority went to the Gold course since it was the most challenging course, to familiarize themselves with the difficult terrain. Friday evening there was a hospitality gathering at the Lakeview Lodge from 6:30 pm to 8:00 pm. It was the perfect time to unwind and relax to some good food, drinks and friends. The appetizers were awesome, including coconut shrimp, pork BBQ sliders, miniature meatballs, seasonal fruit and berries, various vegetables and antipasto.

The tournament kicked off Saturday morning bright and early, with golfers arriving around 7-7:30 to register and receive a complimentary souvenir duffel bag and to sign up for closest to pin and instructions on starting hole. Most SCS golfers started on the Silver Course and GCU and FCSU started on the Gold. The Golf Pro and James Matlon the Supreme Director of Sports and Athletics reviewed rules for the course and the golfers proceeded to designated holes for a shotgun start.

The day remained beautiful with sunny skies and a slight breeze. A special thanks to James Jerek our Supreme Chairperson of the Auditors and James Knis our Supreme Treasurer for both providing water on the course to the participants during the day. Thanks to Ed Moeller also for heading up a collection of golf shirts to donate to the Haven House in Dubois Pennsylvania. The Haven House Shelter is a short-term homeless shelter for residents of Clearfield, Elk and Jefferson Counties serving the homeless for 15 years. Thanks Ed and the participants that brought shirts to donate.

When Golf ended Saturday we had the Banquet outside at the Silver Course Pavilion at 4:30 p.m. The Banquet was catered by Luigi's Italian Restaurant and was a real hit. The owner Ed and His wife wanted to make sure it went well, so they came themselves to serve the food. Before the food was served our Supreme Vice President Edward Moeller said the Blessing. The menu consisted of lasagna, roast beef Aus Jus, chicken Romano, vegetable medley, red-skinned herbed potatoes and tomato salad and brownies for dessert. It was Deli-



Supreme Secretary Scott T. Pogorelec, F.I.C. presenting the 2021 Frank S. Petruff Award to Edward T. Baker.

cious!

After dinner, The National Anthems of The United States, Canada and Slovakia were sung by all but led by FCSU member Tom Ivanec. James Matlon Introduced the leaders of the GCU and FCSU and they introduced their officers in attendance and I mentioned all of our Supreme Officers in attendance which included Honorary Officer Steven M. Pogorelec, Supreme Secretary Scott Pogorelec, Supreme Vice President Edward Moeller, Supreme Chair of the Auditors James Jerek, Supreme Treasurer James Knis, Supreme Director of Sports and Athletics James Matlon and myself Supreme Assistant Director of Sports and Athletics.

I also mentioned the Closest to the Pin

winners which were Mary Jo Goss and Bob Palchanis. James Matlon introduced Scott Pogorele to say a few words and give out the Frank S. Petruff Memorial award. Scott brought up past winners of the award and then called this year's winner Edward T. Baker from assembly 167 Barberton Ohio, to the podium as he was this year's recipient of the Frank S. Petruff award for his commitment and dedication to the SCS. Ed was very shocked and full of emotions as he spoke of his long time partner who just passed suddenly while golfing this summer Martin Underation or as I would call him "Uncle Marty". Marty's family members were in attendance and gave support to Ed Baker and lots of hugs. Ed said he will never forget this award, it really means a lot.

The evening was very relaxing and enjoyable for all the participants and true fraternalism was present. The golfers were back to business on Sunday morning and arrived at 7:30 to the course for an 8 a.m. shotgun start.

Sunday was a little warmer but just another beautiful day to Golf. The Sunday closest to pin winner was Keith Shedlock. In Conclusion I would like to thank all who helped out to make the tournament a success, including Kevin Colllins, Fraternal Activities Director from the FCSU and Basil Wahal, GCU Communications Director to help coordinate the 2021 golf tournament, and especially for the hard work James Matlon did not only at the tournament but behind the scenes to accommodate everyone.

It was awesome to see so many golfers at the tournament and hope to continue to build on the large attendance. As I said earlier, I think we all missed not being involved last year because of the pandemic, and I believe this made us cherish and appreciate the Slovak Catholic Sokol Fraternal and Sporting events just a little more! Enjoy the rest of the year and hope to see some of you at the International Bowling Tournament which will be held in Cleveland Ohio on May 13-14th, 2022.

Zdar Boh!
Frank Laury,
Supreme Assistant Director
of Sports and Athletics

INTERNATIONAL GOLF TOURNAMEN HELD IN CANADA

With a hiccup in last year's plans due to the outbreak of Covid-19 I am pleased to announce that this year we were able to resume our annual International Golf Tournament! On the weekend of August 6-8th the Slovak Catholic Sokol held their 66th Annual International Golf Tournament at Treasure Lake Resort in DuBois PA. As I reside in Canada, I

and my fellow Canadians were unable to attend the event as the boarders are still closed for non-essential travel. But Group 19, Toronto, Canada took this as an opportunity to join in and have their own golf tournament on the same weekend.

At the 66^{th} International Tournament there was a total of 150 golfers in

attendance: 78 Slovak Catholic Sokol golfers, 54 golfers from the First Catholic Sokol Union (FCSU) and 18 golfers from the GCU. The shot gun start was at 8:00 a.m.on both Saturday and Sunday. There were two choices of course a Silver Course and a Gold Course. The Silver Course consisted mainly of the GCU golfers and the Gold Course consisted mainly of the FCSU golfers and the Slovak Catholic Sokol. On the Saturday afternoon there was a buffet catered meal full of a variety of delicious foods. At the dinner all three fraternal group officers were in attendance and announced their joy to be back on the golf course after nearly two years. A congratulations is also in order to Edward T. Baker who was the recipient of the 2021 Frank S. Petruff Memorial Sports Award. From all I have heard it sounds like it was such a fun time and I hope to be in attendance for the 67th International Golf Tournament next year and meet all our golfers.

(Continued on page 12)

DRIVE TO 50 SALES CAMPAIGN

CELEBRATING THE 50TH INTERNATIONAL SLET

The Slovak Catholic Sokol will be reaching a significant milestone within the SOKOL World – We will be hosting and presenting our 50th International Slet (Gymnastic and Track and Field Meet).

To help celebrate this Golden Occasion we have created the DRIVE TO 50 Sales CAMPAIGN. This campaign is designed to benefit and reward our membership, our groups, and recommenders.

BENEFITING MEMBERSHIP & GROWTH

For more than 115 years our society has provided our members with sound financial protection and outstanding fraternal benefits. As proud members of the SOKOL it is quite easy to expound upon and share the qualities of membership. This is an excellent opportunity to share our excellent offerings with friends and family and get rewarded for it.

Not everyone is born a salesman or comfortable selling life insurance or annuities. Today, we have qualified life insurance and annuity representatives that can assist our existing and potential members in selecting the financial protection to help protect their future.

A supply of SOKOL "DRIVE to 50" Lead Cards will be available to all Group/Assembly/Wreath Officers for distribution. Officers are asked to distribute SOKOL "DRIVE to 50" Lead Cards to existing Members who want to recommend someone to become an insured Benefit Member. SOKOL "DRIVE to 50" Lead Cards are also available for completion and submitting on the SOKOL Web Site www.sc-slife.org. Mail all completed Referral Lead Cards to the Sales & Marketing Office:

Slovak Catholic SOKOL Sales & Marketing

2403 Sidney Street, Suite 200, Pittsburgh, PA 15203 Phone: 412-381-5431 Fax: 412-742-4638

Toll-Free: 1-855-874-9179

www.scslife.org

DRIVE TO 50 DETAILS

RECOMMENDER REWARDS

- \$10 Referral Fee for each recommendation that results in a sale.
- Qualifies for a semi-annual drawing for an opportunity to win a \$50 gift card.
- Qualify for a \$250 grand prize drawing at the end of the campaign.

GROUP REWARDS

Awards to qualifying Groups based on the following levels resulting from sales of new life insurance and annuity certificates issued:

- 10 New Certificates (policies): \$250 Credit towards Fraternal Expenses
- 25 New Certificates (policies): \$500 Credit towards Fraternal Expenses
- 50 New Certificates (policies): \$1,000 Credit towards Fraternal Expenses



DRIVE TO 50 CAMPAIGN - Member Referral Card

Name	Interest: ☐ Life Insurance ☐ Annuity
Address	
Phone	
Gender: ☐ Male ☐ Female ☐ Age	Date of Birth//
RECOMMENDER INFORMATION Assembly/Wreath	n Email
Name	Phone
	SLOVAK CATHOLIC SOKOL
LEGACY LIFE INSURANCE PLANS	
PERMANENT	PLANS
WHOLE LIFE • SINGLE PREMIUM LIFE	• 20 PAYMENT LIFE
TERM PL	ANS
TERM to AGE 30 • 10 YEAR TERM	 20 YEAR TERM
VANTAGE COLLECTION of ANNUITY P	RODUCTS
1 YEAR • 2 YEAR • 3 YEAR 1.25% 1.75% 2.00% 2.10% 2.2	• 5 YEAR • 7 YEAR 20% 2.50% 2.75%
SPA Single Premiur	m immediate Annuity
3 00% - 10 Vears % Greater	2.75% Less than 10 Voors

INTERNATIONAL GOLF TOURNAMEN HELD IN CANADA

(Continued from page 9)



The Group 19 tournament was held at the Carlisle Golf and Country Club, it hosts a cozy collection of 27 off the finest and most interesting golf holes in the region and is located about a 50 minute drive outside Toronto. There was a total of 34 golfers in attendance include the Group19 President, Vice President, Treasurer and Physical Director.

On both Saturday and Sunday the first tee off time was at 9:00 a.m. followed by a social gathering upon completion at which prizes were distributed for those who got closest to the hole. Hole #3 closest to the pin was won by Linda Turosky, a 130 yard hole. And for hole #4 Linda struck again with a mere 10" from the pin on a 152 yard hole! Congratulations Linda! Other prizes were handed out to Catherine Popik who shot the lowest ladies score of 93 and the mens lowest



score belonged to Group 19 Sports Director Eddie Bajus who shot 80. Congratulations to both!

I was pleased to see that the young-

est golfer in attendance was 12 years old and it was great to see so many youth come out to participate in the event.

The golfers were asked to wear green in support of Mental Health and a collection was taken up to donate for the causes and sent to a local mental health division on behalf of Slovak Catholic Sokol Group 19. This year a total of \$330 was collected over the two day tournament! Last year all golfers wore pink to support Breast Cancer and funds raised were donated. It was agreed that each year Group 19 hosts their local tournament with a theme to support a cause. We hope next year to be able to rejoin everyone again at the 67th International Golf Tournament when it is safe to do so.

Kristen Popik Supreme Physical Fitness Board Member

Message from our Supreme President

(Continued from page 2)

Catholic Sokol Governance Committee that will be meeting over the next 24 months to take up the task of analyzing the Society to see how it compares to other fraternals in structure and recommend any changes, if necessary, to the Delegates of the 34th Quadrennial Convention in 2023.

I thank these members for stepping up to the challenge and their willingness' to serve on the important Committee. These five outstanding members are well known Sokols who have served the Society and the membership in the past. The members that will make up the Governance Committee are, Sister Julie Ann Dobbs, Chairperson of the first Governance Committee, then called the 2020 Committee that reported their findings to the Delegates of the 33rd Convention, and she is the past Supreme Physical Fitness Directress and Vice-President and now an Honorary Supreme Officer and an active member of Group 4 Milwaukee, WI; next is Sister Kathleen S. Watkins, past Supreme Physical Fitness Directress and currently the President of Group 14, Pittsburgh, PA,

The next three members are Brother Dennis J. Zifcak past Supreme Auditor, Chairperson of the Auditors and Treasurer and past president of Group 3, Douglas, MA: Brother Steve J. Burican, past Supreme Auditor and active member of Group 4 Milwaukee, WI and finally Sister Cindy Walkowiak, 2020 Committee member and

active member of Group 14, Pittsburgh, PA.

These members of the Governance Committee have a lot to examine in our Society and make the proper recommendations for the future growth and success of the Slovak Catholic Sokol. I and I hope all members wish them much success and will give them the support, prayers, thoughts, and positive recommendations they will need to plan the Society's future.

Since the pandemic still has grips on the many things we can and can not do since its infection rates are going up our Supreme Secretary, Scott T. Pogorelec, F.I.C. and I have decided to postpone the Group Presidents meeting to early 2022. We hope by then to be able to meet with the Presidents in person and announce the site of the 34th Convention.

In closing, our lives are always changing and it is important we review what we have and need and make the necessary adjustment to assure we are protected from unforeseen disasters. If your review shows you need additional life insurance increase your coverage with the Slovak Catholic Sokol. For a review of your needs and the costs to meet this need contact our Supreme Secretary, Scott T. Pogorelec, F.I.C. or Director of Sales, Albert J. Suess, Jr., F.I.C. for help.

Stay safe and healthy! With God's Blessings to All! Zdar Boh!

Introducing our newest members



Hailey Freshner, born March 31,2021, is the daughter of Zach and Cyndi Knis Freshner of Columbus, OH. She was enrolled as a member of Assembly 180 in Canton, OH.



Maribeth Rose Grossman, born October 16, 2020, is the daughter of John and Alicia Grossman of Louisville, OH. She was enrolled as a member of Assembly 180 in Canton, OH.

GROUP 5 ANNUAL MEETING

Group 5 will hold its annual meeting virtually, due to constant changing Covid restrictions. The Zoom meeting will be held on October 10 at 1:00 p.m. Invites to the Zoom meeting will be coming soon to only the members who attended or were invited to the semi-annual zoom meeting. The annual meeting is open to all Group 5 members. If you would like to be included as a delegate or want to listen to the meeting please send a request to either Kathy Figard at linus50@aol.com or Sue Blosser at sueb7433@gmail.com. We will be happy to add you to the Group 5 virtual annual meeting. Any questions please call Sue at 770-853-7257.

Respectfully submitted, **Sue Blosser**, Secretary

MICHAEL T. MATRAS SELECTED AS 2021 FRATERNALIST OF THE YEAR

(Continued from page 2)

25 since his boyhood days participating in various sporting activities. He is also a veteran of leadership of Group 6, serving in various capacities over the years. Like his father before him, Brother Mike has instilled a love for the Slovak Catholic Sokol in his own three children.

He has been the recipient of numerous Sokol sports awards over the years. He was awarded the Frank S. Petruff Memorial Sports Award at our 69th International Bowling Tournament held in Wickliffe, OH in 2015. Brother Mike is also a veteran of numerous international Sokol conventions.

He is a model fraternalist and is certainly deserving of this honor. Our congratulations and fraternal best wishes go out to him at this time. We pray that Almighty God will continue to bless him with good health and enthusiasm for the work of our organization in the years ahead. Congratulations Brother Mike and Zdar Boh!

JOIN THE WALKING PROGRAM TODAY!



For more information contact
Martin Degnan at
mcoach1986@aol.com

SOKOL CALENDAR

(Continued from page 3)

Seafood Restaurant in Belle Vernon, PA beginning at 1 p.m. For reservations call Terri Gardner at cell at 724-263-7289 or home phone at 724 929-8675. — Terri Gardner

♦ GROUP 7 REUNION – FRIDAY, NO-VEMBER 26 from 7-10 p.m. at the North End Slovak Citizens Club, 635 N Main St., Wilkes-Barre, PA.

INTERESTED IN THE SLOVAK LANGUAGE, HISTORY AND CULTURE? Go to the Facebook. Find Slovak Catholic So-

kol Public Group and you will find Michael Kopanic websites: Learning the Slovak Language and Cul-

ture: https://www.facebook.com/

groups/281030579692957/

Slovak History: https://www.facebook.com/groups/3011520245599598/

CHECK OUT THE NEW SOKOL WEAR!

HOODIES, T-SHIRTS, GOLF SHIRTS, VISORS AND CAPS are now available on line. Order yours today by simply going to our website

slovakcatholicsokol.org

and selecting the link

"New Sokol Wear".

Clothing items will be shipped directly to your door!



What's making headlines in our ancestral homeland

News and Views
from Slovakia...

SLOVAKIA TRAVEL PROMOTING HOLIDAYS IN SLOVAKIA

The Slovakia Travel agency has launched a campaign to promote holidays in Slovakia. From July to mid-September, presenters on six radio stations with nationwide coverage regularly provide tips for trips around Slovakia under the slogan 'A Holiday in Slovakia – a Good Idea'.

The campaign is concurrently running on Facebook and Instagram. Its leitmotif is the question: "Did you know that...?" and it's aimed at encouraging people to spend holidays in Slovakia.

"Slovaks know what a beautiful country with attractive places and unique sights they have, but many of them haven't yet seen these beauties with their own eyes. We want to show them that they can spend a high-quality holiday in Slovakia," said the agency's general director Vaclav Mika. The campaign's aim is to help the travel industry, hotels, aquaparks and other entities to survive the pandemic period and bring tourists back to these facilities.

Mika pointed to the launch of special summer trains that are designed to motivate holidaymakers to travel across Slovakia. "We view this joint project with [rail passenger operator] ZSSK as extremely successful. We expect more than 30,000 passengers to make use of the services of these trains. The most popular summer trains at the moment are those heading to the ancient town of Levoca (Presov region), to Plavecke Podhradie (Bratislava region) and to Banska Stiavnica (Banska Bystrica region)," he added.

One of the agency's goals is to attract foreign tourists back to Slovakia. Therefore, it's been developing cooperation with foreign representations in the Czech Republic, Poland, Hungary and Russia that promote Slovakia, communicate with tour operators and travel agencies, organise webinars and exchange tips for reviving tourism abroad.

DANUBE LIMES ADDED TO UNESCO WORLD HERITAGE LIST



The number of Slovak sites included on the UNESCO World Heritage List has increased to eight, as the UNESCO World Heritage Committee on Friday decided to add the western part of Danube Limes, which includes two cultural monuments on Slovakia's territory, to the list via a vote by secret ballot.

Danube Limes refers to the military frontier of the former Roman Empire that follows the course of the Danube River from the German state of Bavaria through Austria, Slovakia, Hungary, Croatia, Serbia, Bulgaria and Romania.

The list entry concerns only the western part of the frontier, stretching from the Bavarian town of Bad Goegging to the village of Iza in Slovakia. The site was jointly nominated by Slovakia, Germany and Austria.

The two cultural remains located in Slovakia are the Gerulata Roman military encampment in Bratislava and another such camp in Iza.

SLOVAKIA SENT HUMANITARIAN AID WORTH \$100,000 TO LITHUANIA

Slovakia dispatched \$100,000 worth of humanitarian aid for Lithuania to help the country cope with increasing illegal migration and the coronavirus pandemic.

The aid has been set aside from the Interior Ministry's supplies. It included sleeping bags, mats, blankets, heaters, tents, as well as lighting kits. The dispatch has been completed to include also 1,500 pieces of hygienic packages from the Armed Forces' Ecumenical Pastoral Service Centre, which will be transported to Lithuania in mid-August. The cost of transport related to the provision of material humanitarian aid will be covered by the European Union up to 75 percent.

The decision on provision of immediate humanitarian aid is a natural expression of solidarity and fellowship. At the same time, it is a particular step by which Slovakia will contribute to the protection of the Schengen zone and the stabilisation of the entire Baltic region. Lithuania is a partner of Slovakia in European and transatlantic structures and it is currently facing a dramatic influx of illegal migrants. The situation purposefully stimulated by the Belarusian regime can be called a hybrid threat, which does not concern only Lithuania, but has an impact on all EU members, including Slovakia.

Lithuania has asked for the strengthening of the EU's external border through Frontex due to increased illegal migration. Slovakia responded to this request by sending six police officers with a vehicle to the Lithuanian-Belarusian border.

GOLFER RORY SABBATINI TAKES SILVER AT OLYMPICS

Slovak golfer Rory Sabbatini won the silver medal in the men's golf competition at the 2020 summer Olympic Games in Tokyo on Sunday, finishing the event 17-under-par, only one stroke behind gold medalist Xander Schauffele of the USA.

Sabbatini, a 45-year-old South African native who acquired the citizenship of Slovakia in 2018 after marrying his Slovak wife, has become the third member of the Slovak team competing in Japan to win a medal.

Previously, shooter Zuzana Rehak Stefecekova won the gold medal in the women's trap event, while slalom canoer Jakub Grigar took silver in the men's K1 event.

Selected stories are provided by TASR – the Slovak Republic's official News Agency.

SOCIAL PARTNERS FAIL TO AGREE ON MINIMUM WAGE, AZZZ PROPOSES 646 EUROS PER MONTH

The social partners (employers, employees and government) have failed to agree on the minimum wage for 2022 within the legally set deadline (July 15), and so the Presidium of the Association of Employers Unions (AZZZ) has approved a proposal to preserve the minimum wage for next year at the level of 57 percent of the monthly nominal salary two years ago, as stipulated by the current law on the minimum wage, AZZZ spokesperson Miriam Filova told TASR.

The minimum wage in 2022 according to AZZZ's proposal would thus amount to 646 Euros. "At the same time we insist that it should remain separate from bonuses. The compromise achieved last year is definitely a better solution for the business sector than if the minimum wage were set according to the then valid law, which would be unsustainable for companies in the current situation," said Filova.

The association reiterated that in light of the coronavirus pandemic it's very important to take a responsible approach to setting the minimum wage in order to avoid an even greater negative impact on the economy and employment. "Our common goal should be to maintain employment at the maximum possible level and to keep companies viable. In previous years, the minimum wage rose sharply and disproportionately in relation to the average salary and compared to neighbouring countries," said Filova.

TORNADO HITS EASTERN-SLOVAK VILLAGE OF PETKOVCE

A tornado hit the village of Petkovce in the Vranov nad Toplou district (Presov region) on Thursday, August 5 evening, damaging several houses, Petkovce mayor Pavol Hybala told TASR on the same day.

Firefighters are currently taking action on the spot. "Damage to four family houses was reported, after their roofs flew away with the wind. Several trees have been broken, power lines have been torn down. A local road is impassable," TASR has learnt from Firefighter and Emergency Corps Regional Directorate in Presov.

"You could see the air swirling, lifting everything up. Sheets from the roofs were carried some 100 metres away. It hit just the lower part of the village. It lasted maybe a minute, but it demolished everything, there's havoc here," said the mayor, adding that he isn't aware of any fatalities or injuries as a result of the tornado.

Hybala can't quantify the damage at the moment, as he hasn't managed to walk along the whole village yet. For the time being he knows about four houses with roofs blown away, while three more were damaged.

FOREIGN AFFAIRS MINISTRY SENDS DIPLOMATIC NOTE TO BUDAPEST

The Slovak Foreign Affairs Ministry has sent a diplomatic note to Hungary, asking Budapest to observe usual and standard diplomatic procedures and to inform Bratislava in advance about the purpose of visits by Hungarian representatives to Slovakia.

The diplomatic note is the ministry's reaction to Hungarian Parliamentary Chair Laszlo Kover's recent visit to the Slovak town of Samorin (Trnava region), during which he unveiled a

memorial to displaced Hungarians and delivered a speech.

"The Foreign Affairs Ministry remains ready to provide standard logistical support for official visits from Hungary, but we don't consider it appropriate for Slovakia to find out what events senior Hungarian political representatives attend in the country only after these events take place," explained the ministry.

In this vein, the ministry expressed its disappointment in the note with how Kover attended the event in Samorin on August 2 and with his comments, claiming that they weren't in line with Budapest's proclaimed desire for good relations between the two countries. At the same time, the ministry claimed that Slovakia remains ready to communicate with Hungary on all issues concerning bilateral relations.

Chief of Slovak diplomacy Ivan Korcok (an SaS nominee) stated on Wednesday that the manner in which top Hungarian representatives are addressing certain historical events concerning Slovakia and Hungary contradicts Budapest's proclaimed desire for good relations between the two countries. He asked Hungarian top representatives to consider their words, not to disrupt the process of reconciliation and to respect Slovakia as an equal partner.



Rožava is a town in Slovakia, approximately 44 miles) from Košice in the Košice Region, and has a population of 19,182. The town is an economic and tourist center of the Gemer. Rožava is now a popular tourist attraction with a beautiful historic town center. The town is an episcopal seat. It has above all food, textile and remnants of mining industries. Archaeological finds show that the region was densely settled by miners as early as around 1200. The first written mention stems from 1291, the royal free town status from 1410. The Roman Catholic diocese of Rozsnyó was founded in 1776. In the Middle Ages, Rozsnyó was a prosperous mining town for gold, silver, and iron. Mining activities stagnated from the 16th century (when territories to the south of the town were conquered by Ottoman Turks). Mining - this time mainly of iron ore - was renewed around 1800 and was present in the town throughout the 20th century. The name of the town probably derives from the German word for rose (Rose, in the German name of the town "Rosenau"). Until 1920 it was part of Gömör és Kishont County of the Kingdom of Hungary, and again from 1938 to 1945.



KIDS' CORNER "Detský kátik" - - September 2021

ANNOUNCING THE KIDS' CORNER SUMMER READING PROGRAM!!!!

Just a reminder.....] will need the completed reading lists returned to me no later than September 13th. Include your name, address, Group number and age so that I can recognize you in the paper. Don't forget to highlight your favorite books on the list!!! and have fun reading!!!! Please send your completed reading lists to:

Edward D. Moeller-2821 Waterman Ave, Pittsburgh, PA 15227



If you prefer to do it on-line you can e-mail it to me: Vp@slovakCatholicsokol.org

Keep reading and enjoy the rest of your summer!!











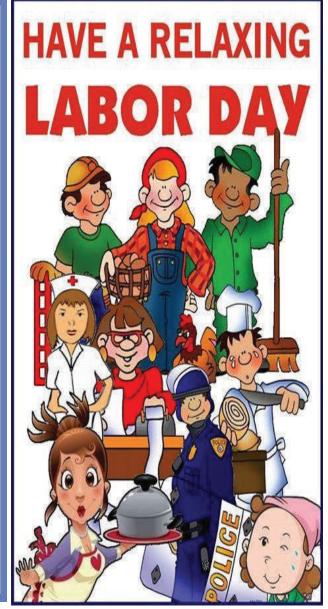






KIDS' CORNER "Detský kátik" - - September 2021

	Word Scramble			
of Septe	is celebrated in the United States on the first Monday ember. The jumbles here include include both historically ignificant words and ways people celebrate today.			
MVNEMEOT	IOTAVACN			
MANPLUL	ILOYAHD			
AYPTR	IRZEAOGN			
EBESRMTEP	CUYTISRE			
EWEKEDN	LRAYL			
SWEAG	CPCIIN			
TSRGIH	RCEGMIU			
AYONDM	BARLO			
DRAET	ARDPEA			
TKEIRS	NNUIO			
ABUEERCB	RTPI			
TFAFIRC	ОЈВ			





KIDS' CORNER "Detský kútik" - - September 2021

Back to School

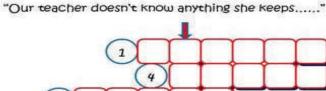
Mia: "I think we need a new teacher"

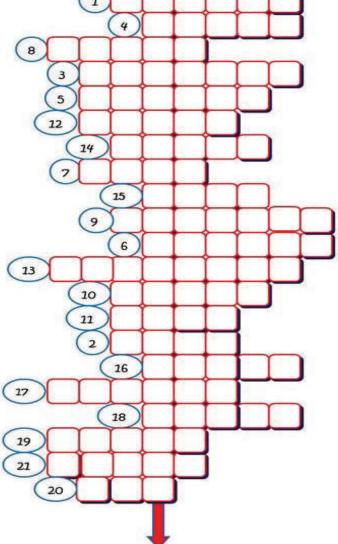
Mum: "Why is that?"

Clues

- Something you can use to type on and go online on.
- 2. Where you find countries on.
- What a student sometimes wear to school.
- 4. What you do at school.
- 5. What you write with.
- What American people call the break between two lessons.
- What you have to see how well you have studied.
- 8. You read in them.
- 9. A period away from school.
- What you use to write on the blackboard.
- 11. A student sits at this.
- 12. Books are made up of these.
- 13. What students shouldn't make!
- 14. You use it in Maths.
- 15. What is "Bend It Like Beckham"? A!
- What you should take during lessons.
- 17. American for rubber.
- You find many of these in books.
- 19. It is white and comes in sheets.
- 20. What students often ride to get to school in America.
- Another word for a group of friends.







iSLCollective.com







BACK TO SCHOOL TIPS







Parents should remember that they need not wait until the first day of class to ask for help. Schools are open to address any concerns a parent or child might have, including the specific needs of a child, over the summer. The best time to get help might be one to two weeks before school opens.

Many children become nervous about new situations, including changing to a new school, classroom or teacher. This may occur at any age. If your child seems nervous, it can be helpful to rehearse entry into the new situation. Take them to visit the new school or classroom before the first day of school. Remind them that there are probably a lot of students who are uneasy about the first day of school. Teachers know that students are nervous and will make an extra effort to make sure everyone feels as comfortable as possible. If your child seems nervous, ask them what they are worried about and help them problem solve ways to master the new situation.

Point out the positive aspects of starting school to create positive anticipation about the first day of class. They will see old friends and meet new ones. Talk with them about positive experiences they may have had in the past at school or with other groups of children.

Find another child in the neighborhood with whom your child can walk to school or ride on the bus.

If it is a new school for your child, attend any available orientations and take an opportunity to tour the school before the first day. Bring the child to school a few days prior to class to play on the playground and get comfortable in the new environment.

If you feel it is needed, drive your child (or walk with her) to school and pick her up on the first day, and get there early on the first day to cut down on unnecessary stress.

Make sure to touch base with your child's new teacher at the beginning or end of the day so the teacher knows how much you want to be supportive of your child's school experience.

Consider starting your child on their school sleep/wake schedule a week or so ahead of time so that time change is not a factor on their first couple of days at school.

BACKPACK SAFETY

Choose a backpack with wide, padded shoulder straps and a padded back.

Pack light. Organize the backpack to use all of its compartments. Pack heavier items closest to the center of the back. The

backpack should never weigh more than 10% to 20% of your child's body weight. Go through the pack with your child weekly, and remove unneeded items to keep it light.

Remind your child to always use both shoulder straps. Slinging a backpack over one shoulder can strain muscles.

Adjust the pack so that the bottom sits at your child's waist.

If your school allows, consider a rolling backpack. This type of backpack may be a good choice for students who must tote a heavy load. Remember that rolling backpacks still must be carried up stairs, they may be difficult to roll in snow, and they may not fit in some lockers. And review backpack safety with your child.

DEVELOP A SLEEP ROUTINE

Getting enough sleep is critical for a child to be successful in school. Children who do not get enough sleep have difficulty concentrating and learning as well as they can.

Set a consistent bedtime for your child and stick with it every night. Having a bedtime routine that is consistent will help your child settle down and fall asleep. Components of a calming pre-bedtime routine may involve a bath/shower, reading with them, and tucking them in and saying good-night to them.

Have your child turn off electronic devices well before bedtime.

Try to have the home as quiet and calm as possible when younger children are trying to fall asleep.

Insufficient sleep is associated with lower academic achievement in middle school, high school and college, as well as higher rates of absenteeism and tardiness. The optimal amount of sleep for most younger children is 10-12 hours per night and for adolescents (13-18 year of age) is in the range of 8-10 hours per night. See Healthy Sleep Habits: How Many Hours Does Your Child Need? for more information.

DEVELOPING GOOD HOMEWORK & STUDY HABITS

Create an environment that is conducive to doing homework starting at a young age. Children need a consistent work space in their bedroom or another part of the home that is quiet, without distractions, and promotes study.

Schedule ample time for homework; build this time into choices about participa-

tion in after school activities.

Establish a household rule that the TV and other electronic distractions stay off during homework time.

Supervise computer and Internet use.

By high school, it's not uncommon for teachers to ask students to submit homework electronically and perform other tasks on a computer. If your child doesn't have access to a computer or the internet at home, work with teachers and school administration to develop appropriate accommodations.

Be available to answer questions and offer assistance, but never do a child's homework for her.

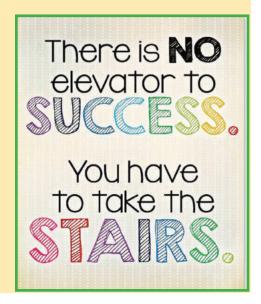
Take steps to help alleviate eye fatigue, neck fatigue and brain fatigue while studying. It may be helpful to close the books for a few minutes, stretch, and take a break periodically when it will not be too disruptive.

If your child is struggling with a particular subject, speak with your child's teacher for recommendations on how you or another person can help your child at home or at school. If you have concerns about the assignments your child is receiving, talk with their teacher.

If your child is having difficulty focusing on or completing homework, discuss this with your child's teacher, school counselor, or health care provider.

For general homework problems that cannot be worked out with the teacher, a tutor may be considered.

Some children need extra help organizing their homework. Checklists, timers, and parental supervision can help overcome homework problems.



GREAT RECIPES FROM ZUCCHINI

ZUCCHINI PIE

4 cups grated zucchini 1 and 3/4 cup Bisquick 3/4 cup Parmesan cheese

1 cup shredded cheddar cheese

4 eggs beaten

1/2 cup vegetable oil

1 large onion

4 cloves chopped garlic

3 tbsp dried parsley

1/2 tsp salt

3/4 tsp dried oregano

Preheat oven to 400 F. In mixing bowl combine all ingredients. Spread mixture into greased 9x13 baking pan and bake for 25 to 30 minutes.

ZUCCHINI SALAD

Lemon Vinaigrette, plus 1/4 cup minced shallot mixed in 3 small-medium zucchini 1/4 cup toasted pine nuts 1 tablespoon chopped chives Handful of basil Shaved Parmesan, optional Sea salt and freshly ground black pepper

Use a vegetable peeler to peel the zucchini into thin strips. Place the zucchini in a large bowl, toss with drizzles of the dressing, then transfer the zucchini to a platter. Top with the pine nuts, chives, basil, and a few shavings of Parmesan, if using. Drizzle with more dressing and season with salt and pepper, to taste.

BASIL ZUCCHINI SOUP

2/3 cup sliced leeks (the tender white and light green parts only)
Extra-virgin olive oil, for drizzling

1 garlic clove, chopped

2 small zucchini, chopped + a few strands of spiralized or julienned zucchini for garnish

1/4 cup hemp seeds

juice of 1/2 lemon, more to taste

1/2 tablespoon miso paste

1 cup water, more as needed for consistency

1/2 cup packed fresh basil

sea salt and freshly ground black pepper

Garlic croutons: 2 cups cubed sourdough bread, ½ garlic clove, minced, extra-virgin olive oil, for drizzling

Slice the white and light green parts of the leek into rings. Rinse well, drain, and let dry. Heat a drizzle of olive oil in a small skillet over medium-low heat. Add the leeks and a pinch of salt and cook until very soft, 5 to 8 minutes. Taste one, the leeks should be a bit translucent and should not have a bitter taste. Stir in the garlic and cook for another 30 seconds. Remove from the heat. In a blender, combine the leek mixture with the zucchini, hemp seeds, lemon juice, miso, water and a few grinds of pepper and blend until smooth. Add the basil and blend again. Taste and adjust seasonings, adding more lemon for brightness and salt to taste. Add more water if you prefer a thinner consistency.

Make the garlic croutons:

Preheat the oven to 350°F and line a baking sheet with parchment paper. On the baking sheet, toss the croutons with the garlic and a drizzle of olive oil. Bake until crisp, about 8 minutes.

Serve the soup at room temperature, or lightly chilled, with the garlic croutons and a drizzle of olive oil.

SS. CYRIL AND METHODIUS APPEAL OF THE SLOVAK CATHOLIC FEDERATION

The Saints Cyril and Methodius Appeal is in its 43rd year raising money to assist the Pontifical Slovak College of Saints Cyril and Methodius in Rome with its day-to-day operations. The Appeal relies upon the generosity of individual donors in addition to collections taken up in personal parishes of Slovak ancestry. A direct mailing asking for donations was sent in January to local district and branch leaders from the four Catholic Slovak Fraternal Organizations, members of the Slovak Catholic Federation, clergy with Slovak ancestry, and previous donors.

A total of \$21,202.50 has been received for the 2021 Appeal from 187 donors, as of August 14. Along with the Home Office of the Slovak Catholic Sokol, donations have also been received from Assembly 24, Assembly 34, Assembly 48, Assembly 71, Assembly 78, Assembly 162, Assembly 180, Assembly 219, Group 6, Group 7, Group 12, Wreath 11, Wreath 15, Wreath 81, and Wreath 147. On behalf of the Pontifical College, thank you for your continued generosity and support.

Anyone who wishes to contribute to the 2021 Appeal but did not receive a solicitation letter in January is asked to fill out the information in the box at the bottom of this article and mailing it along with your check payable to the Slovak Catholic Federation to the address provided. Donations in any amount are deeply appreciated and are acknowledged. Gifts received after November 30, 2021 will be credited toward the 2022 Appeal. Thank you again for your goodness and generosity.

The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding Pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, PA. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak Fraternal Organizations for cultural, religious and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., Abbot of St. Andrew Svorad Abbey, Cleveland, OH. National President is Reverend Andrew S. Hvozdovic, V.F., Supreme Chaplain of the Slovak Catholic Sokol and Pastor of Geat of Heaven Parish, Dallas, PA. Reverend Thomas A. Nasta, National Chaplain of the First Catholic Slovak Union and Parochial Vicar with Senior Priest status at Our Lady of Grace Parish, Penndel, PA, serves as First Vice President of the Federation and is the Appeal Coordinator.

%	94	94	94	94	94	94	94	94	94	94	94	94	94	94	94	94	%	9<
05~	(OL //	(OF ~	(OL ~	(OF \	(OF ~	(OF \	(OF ~	(OF \	(OF \	(OF ~	(OL ~	(OF \	(OF \	(OL ~	(OF ~	(OF \	(OF ~	(OF \

43RD ANNUAL SS. CYRIL AND METHODIUS APPEAL

Name			
			· · · · · · · · · · · · · · · · · · ·
State		Zip	
	Amount \$		

Please make check payable to **Slovak Catholic Federation** and mail to: Reverend Thomas A. Nasta, National First Vice President Slovak Catholic Federation, Our Lady of Grace Church, 225 Bellevue Avenue, Penndel, PA 19047-4052



0)3)40040R103S

MARY ANN (SUCHY) NAPLE SEPTEMBER 2, 1932 ~ JULY 28, 2021

Mary Ann Naple passed away peacefully on Wednesday, July 28, 2021, after a battle with cancer, in Baldwin Borough, formerly of the South Side, Pittsburgh, PA.



She was the daughter of the late Michael and Anna Pjontek; wife of the late Anthony R. Naple and Anthony "Sonny" Suchy; beloved mother of Robert A. (Karen) of Greer, S.C., Richard S. (Judy) of Katy, TX, Ronald (Karen) of Baldwin, David (Amy) of Kennedy Twp.; and stepdaughter, Barbara McKnight of Arizona; grandmother of Ryan, Brian (Nicole), Joseph (Amanda), Kristen, Alan (Christine),

Ashley (Tyler) Suchy and the late Brandon; and step-grandson, Scott (Gloria) McKnight; great-grandma of Grace, Lucas, Quinn and step-great-grandchildren, Paul and Nicholas; sister of Michael (Patricia) and John (Kathleen) Pjontek and the late Dolores Smith, Eleanor Wagner and Rose Lijenski; also numerous nieces, nephews, grand-nieces and grand-nephews.

She was the past President of Wreath 22 and a Supreme Officer of the Slovak Catholic Sokol, which was very dear to her. Mary Ann was proud of her Slovak heritage. She retired in 2002 from Fisher Scientific and worked at the Sokol Club Bingo from then until 2019.

A Mass of Christian Burial was celebrated June 30th in Blessed Trinity Parish, St. Albert the Great Church in Pittsburgh, PA. Interment followed in St. Michael Cemetery.

In lieu of flowers, family suggests donations in Mary Ann's name to American Cancer Society, American Heart Association or St. Peter's Child Development.

Rest in peace Sister Mary!

SLOVAK CATHOLIC FEDERATION 60TH NATIONAL CONVENTION SEPTEMBER 26-28, 2021 – DANVILLE, PA

As the National President of the Slovak Catholic Federation, I, Rev. Andrew S. Hvozdovic, V.F., hereby call for the 60th National Convention of the Slovak Catholic Federation. All members and current National Officers are to note the following dates and location for the Convention. The Convention dates will be: Sunday, September 26 to Tuesday, September 28, 2021 in Danville, PA. The National Secretary, Dolores Evanko will be your contact person for delegate registration and detail information for the Convention. The Convention will officially open with Mass to be celebrated on Sunday, Sept. 26, 2021 at 3 p.m. at the Basilica of Saints Cyril and Methodius, Danville, PA. The Celebrant will be the Right Rev. Gary, Hoover, OSB, Abbot of Saint Andrew Svorad Abbey, Cleveland, OH. Abbot Gary also serves as the Moderator of the Slovak Catholic Federation. The homily for the Mass will be given by Rev. Andrew S. Hvozdovic, V.F., National President of the Slovak Catholic Federation. Following the Mass a Banquet will be held. Working Sessions for the Convention will be on Monday, September 27 and Tuesday, September 28 till all business is completed.

In Memoriam

JULY 2021

ASSEMBLY/ WREATH	MEMBER	AGE	DATE OF DEATH
Assembly 9	Wayne S. Liscinsky, New Milford, CT	68	March 17, 2021
Assembly 9	John G. Buynak, Stratford, CT	93	July 14, 2021
Assembly 9	Irene M. Kozlowski, Southington, CT	86	July 21, 2021
Assembly 11	Ignatius Laciak, Brookfield, IL	64	July 8, 2021
Assembly 16	Robert J. Kuchta, Pittsburgh, PA	64	June 19, 2021
Assembly 24	Robert J. Emerick, Bonton, NJ	88	May 5, 2012
Assembly 36	Raymond J. Sox, Clinton Twsp. MI	85	June 1, 2021
Assembly 36	James Curtis, Bridgeport, MI	64	June 15, 2021
Assembly 59	Carol Ransome, Plymouth, PA	71	April 22, 2021
Assembly 59	Robert Nulton, Plymouth, PA	42	May 10, 2021
Assembly 78	Michael McDonald, Northampton, PA	55	May 13, 2021
Assembly 162	Mary Ann C. Kalata, Clifton, NJ	58	July 2, 2021
Assembly 167	Johanna Kacsanek, Uniontown, OH	87	June 24, 2021
Assembly 167	Mary Jessen, Ocala, FL	99	July 14, 2021
Assembly 219	Ralph Crosby, Yonkers, NY	87	July 1, 2021
Assembly 303	Dominic Mondzelewski, Cleveland, OH	79	June 13, 2021
Assembly 312	Stephen Bolovschak, Delray Beach, FL	. 69	March 5, 2020
Assembly 312	Victor Hrudowsky, Jr., Chesapeake, VA	84	June 15, 2021
Wreath 2	Mary Krohn, Lafayette, NJ	94	June 26, 2021
Wreath 15	Mary Patricia Rosick, Charleroi, PA	59	July 3, 2021
Wreath 34	Thomas Frolo, Parma, OH	88	October 15, 2021
Wreath 54	Helen Hicks, Ashland, VA	85	April 3, 2021
Wreath 54	Eleanor Shevetz, Youngstown, OH	90	June 29, 2021
Wreath 81	Margaret Gargas, Schererville, IN	88	August 10, 2018
Wreath 81	Dolores Dvorak, Natrona Heights, PA	83	May 12, 2021
Wreath 85	Barbara Ann Domitrovich, Aliquippa, PA	83	April 25, 2021
Wreath 147	Steve John Slivka, Levittown, PA	87	May 2, 2015
Wreath 147	Robert J. Maximowicz, Pringle, PA	70	January 16, 2021
Wreath 155	Christine Ann Wojcik, Reading, PA	77	June 29, 2021

CYRILITES ELECT NEW LEADERSHIP

At the recently held chapter of the Congregation of the Sisters of SS. Cyril and Methodius in Danville, PA



new leadership was elected to serve the community for the coming four years. They were installed in early August.

Sister Barbara Sable, a native of Gary, Ind. was elected to serve as the General Superior. Our prayerful best wishes go out to Sister Barbara as well as all the members of the leadership team who will serve the community in

the coming four years.

YOUR BENEFICIARIES

When was the last time you looked at your designated beneficiaries on your valuable Sokol insurance policy? How important is it? Just think about how much your life has changed. Have you married, divorced, had children, maybe you lost a loved one? This is an item you should consider annually. If you do need to make changes to any of your policies, contact the Home Office at 800-886-7656.

CESTA SLOVENSKOU AMERIKOU LÁMALA REKORDY

"Totiž – ešte pri plánovaní zájazdu – keď sme sa zahľadeli na mapu Spojených štátov a podľa skromných prameňov zakresľovali kraje, obývané Slovákmi, vychodili nám štyri obvody, do ktorých i číselne, i zemepisne dala by sa aspoň veľká väčšina Slovákov v Spojených štátoch zahrnúť, a to okolo centier New York, Pittsburgh, Cleveland a Chicago." (J. C. Hronský, Cesta slovenskou Amerikou, s. 60 – 61)

Rozvetvenie a postupné posilňovanie matičnej činnosti v 30. rokoch 20. storočia vnieslo do matičného programu aj starostlivosť o Slovákov žijúcich v zahraničí. Hlasy verejnosti, že netreba zabúdať aj na tých Slovákov, ktorí museli z existenčných dôvodov opustiť domovinu a cestovať za prácou až za "veľkú mláku" sa zosilňovali. Horlivo sa začalo apelovať, že je potrebné nadviazať kontakt s najmohutnejšou vetvou slovenského národa – s americkými Slovákmi.

Keď Matica slovenská začiatkom roku 1935 poslala za oceán prvé kontaktné listy, ohlas na ne bol natoľko silný, že cesta matičnej delegácie do zámoria sa nedala ďalej odkladať. Výbor Matice slovenskej sa k myšlienke vyslania vlastnej delegácie do Ameriky postavil prajne. Súhlas na pracovnú cestu bol vydaný na zasadaní matičného výboru 20. februára 1935. Po jeho vyslovení sa v Matici slovenskej odštartovali desaťmesačné prípravy na takmer polročnú cestu slovenskou Amerikou. Matica slovenská zozbierala výstavný materiál, povolila zabezpečenie tých najnevyhnutnejších finančných záležitostí, z matičnej bibliotéky i skladu dala vybrať výstavný materiál a pripravila viac ako 40 000 cenných kníh. Delegáciu tvorili Jozef Cíger Hronský (tajomník Matice slovenskej) a Konštantín Čulen (historik) s manželkami, Jozef Cincík (referent Umeleckého odboru Matice slovenskej) a Karol Plicka (referent Národopisného odboru Matice slovenskej).

Prvoradým cieľom Matice slovenskej bolo vytvoriť pevnú pôdu pre budúcu kultúrnu spoluprácu, získať dokumentárny materiál o živote krajanov a pôsobiť medzi nimi kultúrne a pronárodne. Podľa slov Jozefa Cígera Hronského bolo potrebné "nadviazať styky, založiť knižnice a získať mladé pokolenie slovenské, odchované v Amerike." Delegáti si pripravili prednáškový cyklus zameraný na historické a aktuálne témy nielen z dejín Matice, ale aj z aktuálneho života na Slovensku. Prednášky boli doplnené bohatým výstavným materiálom.

Matičná delegácia opustila Slovensko 27. novembra 1935. Počas polročného pobytu v Spojených štátoch severoamerických a Kanade navštívila 98 miest obývaných Slovákmi. Krajanom pripravila 609 prednášok, ktoré si dovedna prišlo vypočuť okolo 170 000 návštevníkov. Pripravila 37 výstav a výstaviek. Na americký kontinent priviezla vyše 40 000 kníh v hodnote viac ako 750 000 korún, vyše 20 000 brožúrok, 6 500 časopisov, 600 obrazov, množstvo fotografického materiálu (miest, osobností i krás Slovenska), kroje, keramiku i drobné tlačoviny.

Počas dvesto štrnástich dní delegácia Matice slovenskej precestovala po americkom kontinente približne 80 000 kilometrov. Celé dni cestovala v dopravných prostriedkoch a množstvo času venovala osobným rozhovorom a početným návštevám. Je takmer nevyčísliteľné, koľko času a energie obetovala prípravám cesty, chystaniu výstav i baleniu a expedícii darov. Vedúci delegácie J. C. Hronský mal na americkom kontinente oficiálne iba dva dni voľna. Delegácia navštívila oblasť New Yorku, Východopensylvánsku oblasť, oblasti Pittsburghu, Clevelandu, Detroitu, Chicaga a Kanady.

Po príchode do Martina, 21. septembra 1936, Jozef Cíger Hron-



ský predložil výboru Matice slovenskej podrobnú správu o ceste delegácie do zámoria. Onedlho vypracoval kultúrny program pre slovenskú Ameriku, kde hlavný dôraz kládol na pravidelnú výmenu pracovníkov medzi slovenským a slovensko-americkým prostredím. Matica mala záujem rozvinúť spoluprácu aj so školami. Jej cieľom bolo vytvoriť na americkom kontinente vlastný matičný referát. V júli 1935 vznikla Ústredňa Matice slovenskej. Tá však fungovala iba do júla 1938 kvôli finančným a organizačným ťažkostiam. Kompetencie Matice slovenskej prebrala Slovenská liga v Amerike, s ktorou Matica spolupracovala iba okrajovo. Svojej funkcie sa celkom nezriekla. Na podporu slovenského života v Amerike vydávala slovenské knihy. Po vypuknutí druhej svetovej vojny sa však aj táto spolupráca zmiernila a styky Matice slovenskej s americkými Slovákmi sa celkom prerušili. Obnovili sa až po skončení vojnového stavu vo svete (v roku 1946).

Z kultúrnej misie matičná delegácia doniesla viac ako 3500 fotografií, ktoré sa nachádzajú v depozitoch Krajanského múzea MS. V roku 2017 vznikla z fotografií unikátna panelová výstava. Pri príležitosti 85. výročia príchodu delegácie na Slovensko Matica slovenská usporiadala jej vernisáž na Hviezdoslavovom námestí v Bratislave.

Vernisáž výstavy ladenú v štýle 30. rokov 20. storočia zaštítil a otvoril predseda Úradu pre Slovákov žijúcich v zahraničí, Milan Ján Pilip. Publiku sa prihovoril i nasledovník J. C. Hronského, dnešný správca Matice slovenskej, Maroš Smolec. Výstavu predstavila jej autorka, riaditeľka Krajanského múzea Matice slovenskej, Zuzana Pavelcová. O dobovú atmosféru sa postarali swingová speváčka Lucia Švihlová a gitarista Róbert Schranz, knihy z produkcie Vydavateľstva Matice slovenskej venované dejinám amerických a kanadských Slovákov i výstava modelov dobových automobilov zo Slovenského technického múzea – Múzea dopravy v Bratislave.

"Pri príležitosti 85. výročia Cesty slovenskou Amerikou zverejnila ustanovizeň na Youtube profile TV Matica aj rovnomenný audiovizuálny historický dokument, ktorý slúži ako vzdelávacia pomôcka pre školy. V ňom uvidia diváci jedinečné fotografie z archívu Krajanského múzea MS, ako i archívne zábery z matičného filmu Karola Plicku Za Slovákmi od New Yorku po Mississippi, ktoré Matici slovenskej poskytol Slovenský filmový ústav", uviedla hovorkyňa Matice slovenskej, Veronika Grznárová. – **Zuzana Pavelcová**, *riaditelka Krajanského múzea v Martine*

PÁPEŽ NA SLOVENSKU NAVŠTÍVI ŠTYRI MESTÁ

Pápež František na septembrovej návšteve Slovenska navštívi Bratislavu, Košice, Prešov a Šaštín. Program pápeža na Slovensku sa má začať v nedeľu 12. septembra oficiálnym prijatím na letisku v Bratislave, kde bude do 13. septembra.

14. septembra bude Božská liturgia svätého Jána Chryzostoma, ktorej bude predsedať Svätý Otec na priestranstve pred Mestskou športovou halou v Prešove a príhovor Svätého Otca. Nasledovaž bude stretnutie pápeža s rómskou komunitou na Luníku IX. v Košiciach a s mladými na miestnom štadióne.

Posledný deň návštevy, v stredu 15. septembra, strávi pápež v Šaštíne, kde bude modlitbové stretnutie s biskupmi v Národnej svätyni v Šaštíne a Svätá omša na otvorenom priestranstve pri Národnej svätyni v Šaštíne a Homília Svätého Otca.

ACH, TÁ NAŠA SLOVENČINA!

... slávi veľký **comeback** ... Herečka Jennifer Coolidge si aj vďaka týmto rolám vyslúžila dnes už kultový **status**.

- pravda.sk

Európske last minute destinácie ponúkajú široký výber...

- aktuality.sk

...prekvapujúcimi kombináciami a so skvostnými nálevmi či **dresingami**.- *pravda.sk*

Štát stopol financovanie mesačníka, ktorý **adoroval** vojnový slovenský štát. - *aktyality.sk*

Strečing je v podstate pomalá fyzická aktivita ... – *pravda.sk* Dva stabilné krémy z **cream cheese** na uhladenie torty.

varecha.sk



Bratislava zažívala svoju najväčšiu slávu jednoznačne v období, keď bola korunovačným mestom. Počas takmer 300 rokov korunovali v Dóme sv. Martina 10 uhorských kráľov, jednu kráľovnú a sedem kráľovských manželiek. Najznámejšou osobnosťou, na ktorej hlavu položil arcibiskup kráľovskú korunu, bola nepochybne Mária Terézia, jediná vládnuca kráľovná korunovaná v Bratislave. Titul a korunu prijala 25. júna 1741. Toto historicky významné obdobie si mesto každoročne pripomína počas trojdňového festivalu Bratislavské korunovačné dni. Tento rok sa konali od 13. do 15. augusta.

(Zdroj: Martina Mlčúchová)

KRÁTKE SPRÁVY ZO SLOVENSKA



Po úniku digestátu z bioplynovej stanice v obci Budča (okres Zvolen) z rieky Hron vylovili 5,3 tony uhynutých rýb. Uhynuté ryby nachádzajú aj na miestach, ktoré sú veľmi ťažko prístupné a vytiahnutie rýb z nich je prakticky nemožné. Vylovené mŕtve ryby preto predstavujú možno tretinu skutočného rozsahu úhynu. Je možné, že množstvo rýb, ktoré vytiahli tvorí možno len desať percent celkového úhynu. Únik digestátu z bioplynovej stanice nastal po tom, ako strom počas búrky zlomil konár, ktorý následne poškodil skladovací vak bioplynovej stanice.

Slovensko má ďalší, v poradí ôsmy zápis v Zozname svetového kultúrneho a prírodného dedičstva UNESCO. Zapísaná bola lokalita Hranice Rímskej ríše – Dunajský Limes (západná časť), ktorej súčasťou sú aj dve národné kultúrne pamiatky na území SR. V tajnom hlasovaní o tom v piatok rozhodol Výbor Svetového dedičstva UNESCO v čínskom meste Fu-čou. Zápis sa týka prvej, západnej časti Dunajského Limesu od bavorského Bad Göggingu po Ižu na Slovensku a zahŕňa 77 pamiatok rímskeho hraničného systému na rieke Dunaj. Nomináciu predložilo Slovensko spoločne s Nemeckom a Rakúskom. Na území Slovenska sú súčasťou novej lokality svetového dedičstva UNESCO dve národné kultúrne pamiatky – Rímsky vojenský tábor (kastel) Gerulata v Bratislave-Rusovciach a Rímsky vojenský tábor (kastel) v Iži.

Úlomky z vraku legendárneho Titanicu i rekvizity, ktoré boli použité pri natáčaní oscarového filmu Titanic od Jamesa Camerona, môžu vidieť návštevníci Apponyiovskej knižnice. Výstavu v kaštieli v Oponiciach sprístupnili 11. augusta. Expozíciu tvorí najväčšia zbierka svojho druhu v strednej Európe. Jej majiteľkou je Dada Helíková, ktorá sa o Titanic zaujíma už od detstva. Z postupného odkladania novinových výstrižkov prerástla jej záľuba do skutočnej zberateľskej vášne, vďaka ktorej sa jej podarilo získať viac ako 1500 zbierkových predmetov. Priamo s Apponyiovskou knižnicou je spojený aj príbeh milionára a dobrodruha Thomasa Cardezu, ktorý v Oponiciach strávil niekoľko rokov a bol jedným z mála ľudí, ktorým sa podarilo prežiť skazu Titanicu. Tento výstredný Američan sa vryl miestnym obyvateľom hlboko do pamäti a na jeho prechádzky s opicami po miestnom parku a výstredný život sa spomína dodnes. Výstava bude sprístupnená verejnosti do 12. septembra.

Slovensko vyslalo 75 hasičov a 30 kusov hasičskej techniky na pomoc s lesnými požiarmi v Grécku. Hasiči zaradení do Modulu pozemného hasenia lesných požiarov sa podľa šéfa rezortu vnútra zmobilizovali do 24 hodín a 8. augusta vycestovali z Bratislavy do Grécka. Modul je sebestačný vrátane elektrickej energie, ubytovania a stravovania na sedem dní, v prípade potreby je možné túto dobu predĺžiť. Požiare v Grécku rozdúchala najhoršia vlna horúčav za uplynulých 30 rokov. Ortuť teplomera sa vyšplhala až na 45 stupňov Celzia. S ohňom bojujú nielen grécki požiarnici, ale pomáhajú im aj kolegovia z viac ako 20 krajín v Európe a na Blízkom východe. Tie okrem tímov vyslali aj hasičské lietadlá, helikoptéry a vozidlá. Požiar na ostrove Eubója spálil rozsiahle oblasti lesa, zničil domy a prevádzky a vyhnal z domovov tisícky ľudí.

Our Ever-Popular, 304-Page Sokol Cook Book is Now in its Fourth Edition Just \$15.50 which includes postage and handling Sokol Assemblies and Wreaths can order a case of 12 cook books for just \$170.00 Place your order today! Make check or money order payable to: Slovak Catholic Sokol P.O. Box 899 – 205 Madison Street Passaic, N.J. 07055

NAME
ADDRESS
CITY, STATE & ZIP
NUMBER OF BOOKS
(Effective January 1, 2015)

(Canadian orders kindly add an additional \$15.00 for postage)

CHANGE OF ADDRESS OR REQUEST FOR SLOVAK CATHOLIC FALCON

P.O.BOX 899 • 205 MADISON STREET PASSAIC, N.J. 07055

	,	
☐ NEW	☐ CHANGE	☐ CANCELLATION
Certificate No)	
Name		
NewAddress		
City	State	Zip
Old Address_		

SLOVAK CATHOLIC SOKOL MEMORIAL SCHOLARSHIP FUND

Have you found yourself looking for a way to memorialize a lost loved one or fellow Group/Wreath/Assembly member? Why not make a donation in their honor to the newly developed Memorial Scholarship fund?

Your donation will assure that an annual scholarship be given out to a college age student who best exemplifies the meaning of fraternalism and volunteerism. Here's how it



works: Send a check or money order to the Memorial Scholarship Fund clearly indicating the name to be memorialized. You can find a donation form on line at

http://slovakcatholicsokol.org/members/memorialfrmframe.htm

or simply send your donation to: James F. Knis, SCS Museum Treasurer, 6385 Harbor Drive, N.W., Canton, OH 44718. Your bequest will be recognized in the Falcon as well as permanently added to the Memorial Scholarship Donation Log which will be kept at the Sokol Museum. Depending on the amount of funds collected, we will be able to award at least two \$1,000 scholarships annually. The hope is that the donated funds will begin a self-perpetuating interest bearing scholarship account.

Have you recently lost a loved one? You might consider earmarking donations to this fund in their memory.

Follow Us On TWITTER

- * Upload the Twitter app on your phone or go to www.twitter.com
- * Click "Sign up for Twitter."
- * Provide basic information about yourself. ...
- * Choose your username. ...
- * Click "Create my account."
- * Search physicalfitnessboard and click follow

INSTAGRAM

- * Upload the Instagram app on your phone or go to www.instagram.com
- * Click "Sign up" and enter your e-mail
- * Create a username and password
- * Provide basic information about yourself. ...
- * Click "Create my account."
- Search physicalfitnessboard and click follow