



*Za Boha a národ*

*For God and Nation*

# Slovak Catholic Falcon

## Slovenský katolícky sokol

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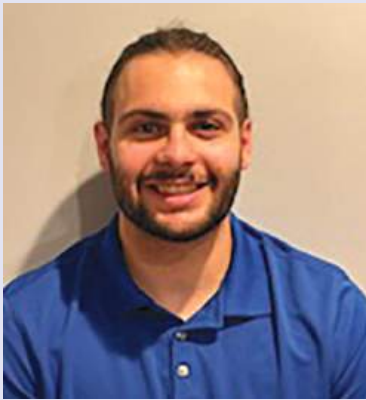
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NUMBER 5198

### CONGRATULATIONS TO THE WINNERS OF OUR 2025 SLOVAK CATHOLIC SOKOL SCHOLARSHIP GRANTS COLLEGE SCHOLARSHIP GRANTS – \$1,000 EACH



**MATTHEW DESOPO**  
Group 1, Assembly 162  
Passaic, NJ  
*DeSales University*



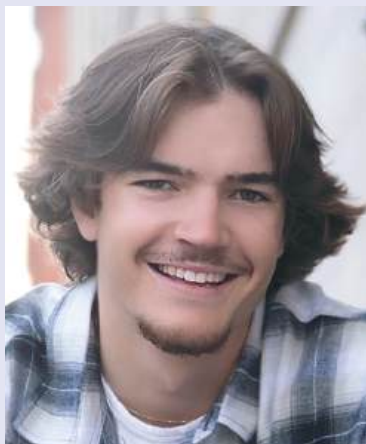
**AVA SZLUKA**  
Group 1, Assembly 162  
Sparta, NJ  
*Rutgers University*



**ANNA COLLINS**  
Group 4, Assembly 11  
Plainfield, IL  
*Illinois State University*



**FAITH MYLES**  
Group 4, Assembly 11  
North Aurora, IL  
*North Central College*



**CARTER MACKO**  
Group 5, Assembly 167  
Barberton, OH  
*University of Mount Union*



**PAUL RUBISH**  
Group 6, Assembly 25  
Pittsburgh, PA  
*Duquesne University*



**ANNA CHAUDHARI**  
Group 6, Wreath 15  
Venetia, PA  
*University of Pittsburgh*



**ALEXANDRA KWIAT**  
Group 6, Wreath 15  
New Castle, PA  
*University of Pittsburgh*

## HAPPY 4<sup>TH</sup> OF JULY!

THIS YEAR WE CELEBRATE 120 YEARS OF DEDICATED FRATERNAL SERVICE  
TO OUR MEMBERS AND TO THE SLOVAK COMMUNITY

## MESSAGE FROM OUR SUPREME PRESIDENT LARRY M. GLUGOSH



From our family to yours, we want to wish all of our Slovak Catholic Sokol members a very happy Canada Day today and we hope you have a safe and enjoyable 4<sup>th</sup> of July this coming week. Our freedom and way of life is not something to take for granted and over the years

we have had the good fortune to celebrate these special anniversaries and reflect upon our many blessings.

We hope our members that took part in last week's Heritage Slet enjoyed the weekend hospitality of Peek and Peak Resort and the fraternalism with your fellow members. We would like to thank the Supreme Physical Fitness board members that planned, organized and executed the numerous activities and Father Andrew HvozdoVIC, who provided spiritual guidance and support to those in attendance. There was about 70 members and Supreme officers at the resort and we hope it was enjoyed by all that attended.

In addition to the above program, our Supreme Director of Sports and Athletics is busy preparing for our International Golf Tournament on August 8<sup>th</sup>- 10<sup>th</sup> at Oaktree Golf course in West Middlesex, PA and Yankee Run golf course in Brookfield Twp, OH. The annual event has been growing every year and we hope this year will be another wonderful fraternal event for our mem-

bers to enjoy. The deadline for entries is today but we will accept applications for the next week.

Last week during our quarterly Board of Directors meeting, we discussed several important topics regarding the financial and operational needs of the society. As part of our deliberations, we discussed how the organization and membership will benefit by selling off some of our equities and reinvesting in long term bonds with a higher yield. This will also enable the society to maintain our high annuity rates and derisk our portfolio. The details for this decision were brought forward by our financial advisors from PNC bank and fully endorsed by our board. It has never been a better time to invest in our society and I encourage all of our members to consider buying more life insurance and/or annuities

In closing, I would like to congratulate all of our 2025 College, High School and Grade School Scholarship recipients. We received some very worthy applicants and selected our recipients based on financial need, academic achievements and fraternal involvement with our society. I would like to thank our Supreme Vice President, Andrea Tadlock and her committee for their leadership and efforts with respect to this year's program.

I wish all of our Slovak Catholic Sokol officers and members continued good health, happiness and I hope and pray you all have a safe and enjoyable summer.

God Bless you all!

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## FROM THE DESK OF THE SUPREME SECRETARY SCOTT T. POGORELEC, F.I.C.

### A MEANINGFUL DAY



On July 2, 1776, the Continental Congress participated in a formal session to vote on the independence of our Nation. The rest of the day and the next



were spent debating over the form and content of a declaration drafted by Thomas Jefferson. Several changes were made, and the final document was adopted on July 4, 1776. As President of the Con-

gress, John Hancock was the first to sign and on July 8<sup>th</sup>, the Declaration was first read publicly in Philadelphia. By August 2, 1776, some fifty members of Congress had signed the document and over the next several months, others followed suit. The Declaration of Independence is the most important document in our history and July 4<sup>th</sup> allows us the opportunity to celebrate and reflect on the meaning of this special document and the men who created it.

While being an important American holiday, July 4<sup>th</sup> is also a special day for the Slovak Catholic Sokol. It was on that day in 1905 that 46 young Slovak immigrants gathered in Passaic, NJ and decided to form a new organization celebrating Sokol traditions. Just as our American Forefathers had, hope had to permeate through those meetings. Since they wanted to be patriotic Americans and were grateful to the United States for the opportunity to begin a new life, they selected the Fourth of July in 1905, the 129<sup>th</sup> anniversary of American independence, to enable their dreams to become reality. In addition to our Sokol traditions of good sportsmanship and fraternalism, our organization also addressed the need to provide financial security for its members. This year's Fourth of July, we will celebrate the 120<sup>th</sup> anniversary of our organization's founding. Many societies have been founded among various immigrant groups, but few have survived and prospered over the years. It is with immense pride that we continue to promote the high ideals of fraternalism which inspired our organiza-

tion's founders 120 years ago. Generations of Sokol members have worked and promoted our great society and today we are financially sound and hope for your continued support.

As our sports season is underway, we most recently completed our Heritage Slet at Peek 'n Peak Resort in Clymer, NY. Everyone had a wonderful time and fraternalism shone brightly. Thank you to the Supreme Physical Fitness Board for their planning and work as we embraced change and made sure our members enjoyed themselves.

I would also like to take this opportunity to congratulate Karen Bakita of S-167, Barberton, OH on receiving the Frank S. Petruff Memorial Sports Award at our most recent Bowling Tournament. Sister Bakita is certainly deserving of this tribute as he has been a loyal attendee for many years at our sporting events. Congratulations again and all the best to you, Sister Karen!

I look forward to seeing many of you at our International Golf Tournament on August 8<sup>th</sup>-10<sup>th</sup> in West Middlesex, PA at Oak Tree Golf Club. For more information, you can check our website or contact our Director of Sports and Athletics, Kathleen S. Watkins, and she will be glad to assist you.

In this issue we are fortunate to see the smiling faces of our 2025 Scholarship Recipients. On behalf of our Organization and our Board of Directors, I would like to congratulate all our winners. We hope that you continue to make us all proud and continue to be wonderful ambassadors of the Slovak Catholic Sokol.

Finally, I would like to wish all our Sokol Dads a Happy Father's Day, which we celebrated on June 15<sup>th</sup>! Happy Father's Day Dad! May God bless you all!

Until next time, I hope all our members have a wonderful Fourth of July Holiday, Happy Canada Day to all our Canadian Sokol Members, and I hope to see many of you at our upcoming events. Have a wonderful summer!

Stay safe, stay strong, and  
STAY POSITIVE!

## SOKOL CALENDAR

**JULY 17, 2025**

**102<sup>ND</sup> AMERICAN SLOVAK DAY** at Kennywood Park, West Mifflin, PA. Tickets: \$33.00 (Ages 4+), Flex Date Tickets \$40.00. Tickets inf: Maty Lou: 412- 462-1957; Sue: 412-421-1204.

**AUGUST 8-10, 2025**

**GOLF TOURNAMENT** – Friday and Saturday – Oaktree (West Middlesex, PA). Sunday – Yankee Run (Brookfield, OH).

**OCTOBER 19, 2025**

**THE ANNUAL MEETING OF THE MSGR. ANDREW HLINKA, GROUP 6, PERRYOPOLIS, PA** at Caparella Restaurant, Uniontown, PA at 1:00 p.m. Member reservations are due by October 5, 2025 by contacting either Terri Gardner at 724-929-8675 or Anna Mae Warnick at 724-736-4032. This meeting will be election of officers so please plan to attend.  
– **Terri Gardner, Secretary**

The semi-annual meeting of Donora, Assembly #163 was held on June 8, 2025. The financial report was given and suggestions were asked about how to increase our membership. The next meeting will be held on December 6, 2025.

– **Terri Gardner, Secretary**

**IN OBSERVANCE OF  
INDEPENDENCE DAY,  
THE HOME OFFICE WILL  
BE CLOSED FOR BUSINESS  
ON FRIDAY, JULY 4, 2025.**

### SLOVAK CATHOLIC FALCON PUBLICATION DATE

The next issue of the **SLOVAK CATHOLIC FALCON** will be that of **SEPTEMBER 1, 2025**. **DEADLINE** for all photos and information for this issue will be **AUGUST 22, 2025**.

The next **SLOVAK CATHOLIC SOKOL NEWSLETTER** will be posted on our website on **JUNE 15, 2025**.



**Thoughts from our Supreme Chaplain,  
Rev. Andrew S. Hvozdozic**  
**POPE LEO XIV, THE FIRST AMERICAN-BORN POPE**

The election of Pope Leo XIV, the first American-born Pontiff, marks a watershed moment in the history of the



Catholic Church—a convergence of tradition and transformation. For centuries, the papacy was shaped largely within the cultural and political boundaries of Europe, particularly Italy. The ascension of

an American to the Chair of Saint Peter signals a globalized Church that is increasingly reflective of its worldwide flock.

Born and raised in the United States, Pope Leo XIV brings with him not just the pastoral and theological depth expected of any Pontiff, but also a unique cultural lens shaped by the diversity, freedom, and challenges of American society. His election is both a recognition of the maturity of American Catholicism and a testament to

the universality of the Church. He represents a Church no longer centered on any one continent but deeply rooted in all.

His leadership style reflects a synthesis of traditional Catholic doctrine, and a pastoral pragmatism often found in the American Church—one that engages with modern issues like technology, secularism, and social justice without losing sight of eternal truths. His message resonates deeply across boundaries: a call to unity, dialogue, and holiness amid division.

For American Catholics, Pope Leo XIV is a powerful symbol of inclusion and possibility. Yet, his significance extends far beyond national pride. He stands as a reminder that the Spirit moves where it wills, raising leaders from unexpected places to guide the Church through new and complex terrain.

May his pontificate be one of wisdom, courage, and renewal beacon of hope for a Church seeking to remain ever ancient, ever new.

**2025-2026  
GROUP 12 SCHOLARSHIP**

The Group 12 Scholarship Committee is happy to announce the winners of the 2025-2026 Group 12 Scholarship:



**Cole Baker – Assembly 261**  
Lebanon Valley College  
Business Administration



**Olivia Tadlock – Wreath 155**  
University of Minnesota  
Education Psychology

Congratulations! The Group 12 Officers and the Scholarship Committee Members wish you continued success in your educational pursuits. – **The Group 12 Scholarship Committee**



Thank you, GCU, NSS, Group 1, Group 7, and Group 14, for the raffle baskets, gift cards, and money tree!

Through donations by Group 7 and Assembly 59 and the support of all the International Bowling Tournament participants, \$750 was raised for the Washington City Mission Veterans' Home.

Your support makes a difference to our communities!

**DOWNLOAD THE NEW  
SCS APP TODAY!**

It's free and easy to use. It keeps you up to date with the latest SCS Event Information.

Follow these instructions to join our app today:

1. Scan the QR Code and download the Stack Team App or visit [www.teamapp.com](http://www.teamapp.com)
2. Sign up to Stack Team App and log in to your account.
3. Search for "Slovak Catholic Sokol" and request to join.



**SCAN ME**



**Find us on Facebook:**



**Slovak Catholic  
Sokol Public Group**

## COLLEGE SCHOLARSHIP GRANTS – \$1,000 EACH



**BROOKE CHAPPLE**

Group 7, Assembly 59  
Plains, PA  
*University of Scranton*



**RYAN HVOZDOVIC**

Group 7, Assembly 59  
Hillsborough Township, NJ  
*Babson College*



**THOMAS ISKRA**

Group 7, Assembly 59  
Wilkes-Barre, PA  
*Bloomsburg University*



**ALLIE SILINSKIE**

Group 7, Assembly 86  
West Wyoming, PA  
*Pennsylvania State University*



**ZACHARY ECKENRODE**

Group 9, Assembly 79  
Lilly, PA  
*Saint Francis University*



**LUKE MCLEARY**

Group 9, Wreath 14  
Saint Michael, PA  
*Pennsylvania State University*



**JAMES FRINK**

Group 14, Assembly 16  
Schwenksville, PA  
*Drexel University*



**BRIANNA BELL**

Group 14, Assembly 54  
Butler, PA  
*Grove City College*

**THE DOCTORS LESKO  
MEDICAL MEMORIAL  
\$1,000**



**ALEXANDRA FRINK**

Group 14, Wreath 22  
Pittsburgh, PA  
*Duquesne University*



**NOAH BARON**

Group 19, Assembly 227  
Toronto, Ontario  
*University of Guelph*



**JATHAN KRALL**

Group 1, Assembly 312  
New Ringgold, PA  
*Bucknell University*



**JOSLYN BORAH**

Group 5, Wreath 153  
Middlefield, OH  
*Grove City College*



**KRISTA GLUGOSH MEMORIAL – \$1,000**



**TREVOR WILSON**  
Group 14, Assembly 16  
Irwin, PA  
*Gardner-Webb University*



**STEPHEN FRANKE**  
Group 17, Assembly 108  
Allison Park, PA  
*University of Pittsburgh*

**EMIL SLAVIK MEMORIAL – \$2,000**



**OLIVIA OHNGEMACH**  
Group 1, Assembly 162  
Wayne, NJ  
*Seton Hall University*



**BRANDON MACKO**  
Group 5, Assembly 167  
Clinton, OH  
*University of Akron*

**SCS MEMORIAL – \$1,000**



**AUDREY PERETIN**  
Group 9, Assembly 82  
South Fork, PA  
*Pennsylvania State University*



**BRIAN CHECK**  
Group 10, Assembly 78  
Stanford, CA  
*Stanford University*

**THE YANOSICK SCHOLARSHIP – \$1,000**



**JOHN YANOSICK**  
Group 14, Assembly 16  
Coraopolis, PA  
*Pennsylvania State University*

**THE YENCHA SCHOLARSHIP GRANT – \$1,000**



**ABIGAYL BLASCO**  
Group 7, Assembly 59  
Plains, PA  
*Albright College*

**THEODORE & MARY JANE RICH MEMORIAL – \$2,000**



**OLIVIA TADLOCK**  
Group 12, Wreath 155  
Vermontville, NY  
*University of Minnesota*



**JORDAN KOTVAS**  
Group 14, Wreath 22  
Canonsburg, PA  
*Pennsylvania State University*



**CONNOR CHAPPLE**  
Group 7, Assembly 59  
Wilkes-Barre, PA  
*Boston College*



**VICTORIA PARA**  
Group 7, Assembly 86  
Pittston, PA  
*Marywood University*

**ABBOT JEROME M. KOVAL, O.S.B. MEMORIAL CATHOLIC HIGH SCHOOL GRANT – \$500**



**NICHOLAS DESOPO**  
Group 1, Assembly 162  
Clifton, NJ  
*St. Peter's Prep*



**ROLAND J. WILSON**  
Group 2, Wreath 1  
Bridgeport, CT  
*St. Thomas High School*



**LORELEI WILSON**  
Group 2, Wreath 1  
Bridgeport, CT  
*Duchesne Academy*



**KYLE PETERSON**  
Group 4, Wreath 93  
Milwaukee, WI  
*St. Croix High School*



**ANDREW PETERSON**  
Group 4, Wreath 93  
Milwaukee, WI  
*St. Croix High School*



**JONATHAN FITZMAURICE**  
Group 7, Assembly  
Wilkes-Barre, PA  
*Holy Redeemer  
High School*



**LUKE SILINSKIE**  
Group 7, Assembly 86  
Port Griffith, PA  
*Holy Redeemer  
High School*



**PATRICK PHILLIPS**  
Group 9, Assembly 79  
Lilly, PA  
*Bishop Carrol High School*



**JOSEPH PAUL PHILLIPS**  
Group 9, Assembly 79  
Lilly, PA  
*Bishop Carrol High School*



**ANDREW McVICKER**  
Group 12, Assembly 48  
Philadelphia, PA  
*St. John The Great  
High School*



**CATHOLIC GRADE SCHOOL GRANT – \$250 EACH**



**KAYLA SMUDZ**  
Group 5, Wreath 153  
Parma, OH  
*Assumption Academy*



**GORDAN SMUDZ**  
Group 5, Wreath 153  
Parma, OH  
*Assumption Academy*



**CLAIRE SILINSKIE**  
Group 7, Assembly 86  
Port Griffin, PA  
*Wyoming Area Catholic*



**JOSHUA SILINSKIE**  
Group 7, Assembly 86  
Port Griffin, PA  
*Wyoming Area Catholic*



**SEAMUS FITZMAURICE**  
Group 7, Assembly 86  
Wilkes-Barre, PA  
*Holy Rosary*



**ANDREW FITZMAURICE**  
Group 7, Assembly 86  
Wilkes-Barre, PA  
*Holy Rosary*



**NATALIE R. YURCHAK**  
Group 14, Wreath 85  
McKees Rocks, PA  
*Archangel Gabriel*



## “SOKOL FORWARD SPOTLIGHT”

### Group 12 – The Antosy Family

♥ Group 12 – JoAnn, Elizabeth, Megan, and Adeline Antosy  
 ♥ Cooper University Health NICU Babies – Bonding Hearts

When babies who need additional medical attention are in the Neonatal Intensive Care Unit (NICU), the precious moments for bonding with their parents can be all too limited. Understanding this profound need, the concept of “**Bonding Hearts**” has emerged as a beautiful and heartfelt way to assist families. These specially crafted flannel hearts allow parents and their little ones to share a connection even when they can’t be physically close. By wearing the heart for an hour or more and then swapping it, families can nurture a vital emotional bond that every newborn deserves.

Since January, the mother-daughter duos of JoAnn and Elizabeth and Megan and Adeline Antosy of Group 12, Wreath 155, have created over 150 Bonding Hearts for Cooper University Health NICU babies, and their count is still growing. Their dedication to the Cooper University Health NICU babies gives families a tender way to feel connected during incredibly challenging times. Each heart serves as a symbol of love and connection that supports both babies and their families during their NICU journey.

This volunteer activity is a beautiful way to help families in your community. If you, your Group, or your Assembly/Wreath would like to learn more, here is an example of supporting Bonding Hearts in your community.

<https://www.helplinecenter.org/wp-content/uploads/Bonding-Hearts-New.pdf>

Thank you, JoAnn, Elizabeth, Megan, and Adeline, for your selfless efforts to help families navigate this difficult chapter in their lives. Your compassion for babies and their families is a shining example of generosity and warmth. **Your Sokol Spirit radiates through the love you share, and may you continue to be blessed in all your wonderful endeavors!**



JoAnn and Elizabeth Antosy



Megan and Adeline Antosy

If you’d like to submit an entry to be the monthly **Sokol Forward Spotlight**, please send me an email by the 15th of each month to [vp@slovakcatholicssokol.org](mailto:vp@slovakcatholicssokol.org) and include the following information:

- **Group, Assembly, or Wreath Number with city and state**
- **The name of the charity or volunteer activity**
- **A description of the volunteer or charitable activity**
- **The date(s) of the activity**
- **The frequency of the activity**
- **How long the members have supported charity or participated in the activities**
- **Pictures of the event**

Thank you for all that you do, and keep Sokol Forward!

**Andrea M. Tadlock**  
*Supreme Vice-President*



### International Golf Tournament.

During the tournament, we will have a basket raffle, where participants can enter for a chance to win and help support the **Mercer County Food Bank**. We will also accept monetary donations from individuals, groups, wreaths, and assemblies before and during the tournament.

If you wish to contribute now,  
 please mail a check made out to

**Mercer County Food Bank**

and send it to:

Andrea Tadlock  
 100 Fletcher Farm Road  
 Vermontville, NY 12989

## MINUTES OF THE SUPREME BOARD OF DIRECTORS QUARTERLY MEETING HELD IN WILKES-BARRE, PA – MARCH 29, 2025

### MINUTES OF THE 2025 SLOVAK CATHOLIC SOKOL MUSEUM BOARD OF DIRECTORS

Supreme Chaplain, Reverend Andrew S. Hvozdo-  
vovic, conducted a Memorial Service for all Slovak  
Catholic Sokol members who died, especially those in  
2024.

Chairperson, Andrea M. Tadlock, called the meet-  
ing to order at 9:10 am and welcomed everyone to the  
meeting.

Sister Tadlock called on Supreme Chaplain, Rev-  
erend Andrew S. Hvozdo-  
vovic, to open the meeting with  
a prayer.

Sister Tadlock called on Supreme Physical Directress,  
Katie Swift to lead the Board in the Pledge of Allegiance.  
Museum Secretary/Treasurer Michael J. Horvath con-  
ducted the Roll Call of the Board and reported all 10  
(ten) Directors were present at the meeting.

Sister Tadlock asked for the acceptance of the 2024  
Museum annual meeting minutes held on April 6, 2024.  
A motion was made by General Counsel, John D. Pog-  
orelec, Jr. Esq, seconded by Supreme President, Larry  
M. Glugosh and approved by the Board.

The Scholarship report was presented by Museum  
Secretary/Treasurer, Michael J. Horvath. He reported  
that (4) Four Scholarships of \$1,000.00 (One Thousand)  
each were awarded to Slovak Catholic Sokol members  
in 2024. A motion to accept the Scholarship report was  
made by Supreme Secretary, Scott T. Pogorelec, F.I.C,  
seconded by Supreme Director of Sports and Athletics,  
Kathy Watkins and approved by the Board.

The Museum Treasurer Michael J. Horvath gave  
the following report; in 2024 donations to the Museum  
Memorial Fund was \$7,745.00 and as of December 31,  
2024, the Money Market had \$12,814.13 and the So-  
kol Secure fund had \$12,466.12 A motion to accept the  
Scholarship report was made by Supreme Secretary,  
Scott T. Pogorelec, F.I.C, seconded by Supreme Direc-  
tor of Sports and Athletics, Kathy Watkins and approved  
by the Board.

Under Old and New Business, a discussion about the  
Museum artifacts was discussed, it was suggested to  
bring artifacts to the Convention, digitize the artifacts  
and especially the historic publications, the Falcon, etc.,  
donate to other museums, and have traveling display  
rotating every six months.

The Board discussed the Scholarships to be award-  
ed in 2025. The Board decided to award four (4) schol-  
arships in 2025. A motion was made by Supreme Direc-  
tor of Sports and Athletics Kathleen Watkins, seconded  
by Supreme Physical Fitness Director, Dusan Dorich, to  
award 4 (four) Memorial Scholarships in 2025 and ap-  
proved by the Board.

There being no old or new business, a motion to ad-

journal the meeting was made by General Counsel John  
D. Pogorelec, Esq and seconded by Supreme Director  
of Sports and Athletics Kathleen Watkins and approved  
by the Board at 9:25 am.

Supreme Chaplain Andrew S. Hvozdo-  
vovic then  
closed the meeting with a prayer.

Respectfully Submitted By:

**Michael J. Horvath**

*Museum Board Secretary*

### FIRST SESSION

**Saturday, March 29, 2025 – 9:30 a.m.**

Supreme President, Larry M. Glugosh, **Called to  
Order** the Quarterly Meeting of the Supreme Board of  
Directors at 9:30 a.m. on Saturday, March 29, 2025, and  
welcomed all the members of the Board.

Supreme Chaplain, Rev. Andrew S. Hvozdo-  
vovic, of-  
fered the **Opening Prayer**, leading the Directors in the  
reading of the Prayer to Practice the Golden Rule.

Supreme Secretary, Scott T. Pogorelec, F.I.C. took  
the **Roll Call** and the following members responded:

Supreme Chaplain.....	Rev. Andrew S. Hvozdo- vovic
Supreme President.....	Larry M. Glugosh
Supreme Vice-President.....	Andrea M. Tadlock
Supreme Secretary.....	Scott T. Pogorelec, F.I.C.
Supreme Treasurer.....	Michael J. Horvath
General Counsel.....	John D. Pogorelec, Jr., Esq.
Chairperson of the Supreme Auditors .....	James C. Matlon
Supreme Director of Sports and Athletics .....	Kathleen S. Watkins
Supreme Physical Director .....	Dusan Dorich
Supreme Physical Directress .....	Katie Swift

The record will show that all ten members of the  
Board of Directors are in attendance.

Acknowledged

President Glugosh gave his **Opening Remarks**,  
welcoming the Board of Directors and thanking them for  
their dedication to the organization.

President Glugosh informed the Board that they all  
have received the **Minutes** from our last Board meeting  
held on December 7th, 2024, and published in the March  
1, 2025, issue of the Slovak Catholic Falcon. Brother  
President entertained a motion for their acceptance, so  
moved by Supreme Vice-President, Andrea M. Tadlock,  
seconded by Supreme Chaplain, Rev. Andrew S. Hvoz-  
do-  
vovic.

Approved

Brother President advised the Directors that they  
have all received copies of the **2024 Directors Activity  
Reports** and requested a motion for their acceptance.  
So moved by Supreme Physical Director, Dusan Dorich,



seconded by Chairperson of the Supreme Auditors, James C. Matlon. Approved

The Supreme President then announced the following **Committee Assignments**.

#### **ASSIGNMENT OF PERMANENT COMMITTEES**

##### **BUDGET COMMITTEE**

**Michael J. Horvath, Chairperson**

Larry M. Glugosh

Scott T. Pogorelec, F.I.C.

James C. Matlon

##### **PHYSICAL FITNESS COMMITTEE**

**Kathleen S. Watkins, Chairperson**

Dusan Dorich

Katie Swift

Rev. Andrew S. Hvozdovic

John D. Pogorelec, Jr., Esq.

##### **SCHOLARSHIP ADVISORY/SELECTION COMMITTEE**

**Andrea M. Tadlock, Chairperson**

Larry M. Glugosh

Scott T. Pogorelec, F.I.C.

Kathleen S. Watkins\*

Rev. Andrew S. Hvozdovic\*

\*(Two different B.O.D. Members will rotate each year)  
Acknowledged

President Glugosh asked the Supreme Secretary to present any **Communications** or greetings.

Brother Secretary indicated that a welcome and well wishes were received from Group 7 President, Amy Blasco. Acknowledged

Brother President then called upon the Supreme Secretary, Scott T. Pogorelec, F.I.C., to present the **2024 Annual Financial Report of the Supreme Secretary**.

Several questions were presented and addressed in a general discussion. A motion to accept the report was made by Supreme Chaplain, Rev. Andrew S. Hvozdovic, and seconded by Supreme Director of Sports and Athletics, Kathleen S. Watkins. Approved

President Glugosh then asked our Supreme Secretary to give the Board an update on the **2024 Sales Report**.

Brother Secretary reported that as of December 31, 2024, a total of 205 new members have joined our organization through the purchase of life insurance certificates. The total face amount of insurance issued for 2024 was 2.3 million.

The total number of certificates in force is 28,519, consisting of 27,780 life certificates and 739 annuity certificates.

The total amount of life premium dollars remained strong in 2024. We have built a solid base of renewal premium over the last ten years primarily through Legacy Life and Legacy 20.

Several questions were presented and addressed to the satisfaction of the Board. President Glugosh thanked Brother Secretary for presenting the report and enter-

tained a motion for acceptance, so moved by Supreme Vice-President, Andrea M. Tadlock, seconded by Supreme Physical Director, Dusan Dorich. Approved

President Glugosh called upon the Chairperson of the Supreme Auditors, James C. Matlon, to present the 2024 Annual Report of the Supreme Auditors.

Brother Matlon addressed several questions and touched on the various recommendations from the Supreme Auditors to the satisfaction of the Board.

After a brief discussion, a motion to accept the Auditors' report was made by General Counsel, John D. Pogorelec, Jr. Esq. and seconded by Supreme Director of Sports and Athletics, Kathleen S. Watkins.

Approved

Brother President thanked Brother Matlon and called upon Supreme Treasurer, Michael J. Horvath, to present the **2025 Budget Report**.

The Supreme Treasurer indicated that the Budget Committee, consisting of himself, the Supreme President, the Supreme Secretary, and the Chairperson of the Supreme Auditors met various times virtually to discuss the 2025 Budget. Brother Horvath noted that especially during these volatile fiscal times, certain numbers are always subject to change.

Brother Horvath addressed several questions to the satisfaction of the Board. A motion to accept the report was made by Supreme Vice-President, Andrea M. Tadlock, and seconded by Chairperson of the Supreme Auditors, James C. Matlon. Approved

President Glugosh then welcomed Allan Ferrone, Hause Actuaries, to present the **Actuarial Report**.

Mr. Ferrone presented the yearly report on the results of the Slovak Catholic Sokol's Annual Statement.

The Sokol assets now stand at just under ninety million.

Brother Ferrone reported on the operational results in 2024. Brother Allan indicated the Sokol still needs to find ways to lower expenses, and he went over certain areas where change can affect operations in a positive way. The Home Office and Board will continue to find ways to lower expenses.

A discussion ensued regarding the operational results and areas where the Sokol can improve their efforts. Mr. Ferrone answered all questions to the satisfaction of the Board.

President Glugosh thanked Brother Ferrone and called upon General Counsel, John D. Pogorelec, Jr., Esq. to present the **Legal Department Report**.

Brother Counsel updated the Board on the potential sale of the Home Office Building. Brother John shared the results of a recent appraisal of the building with the Board. Brother Counsel and Brother Secretary will continue to update the Board on any developments regarding the property.

Brother Counsel then discussed the S.C.S. Policy Statement with respect to **Conflicts of Interest**, re-

(Continued on page 12)

# MINUTES OF THE SUPREME BOARD OF DIRECTORS QUARTERLY MEETING

(Continued from page 11)

minding the Directors, that the Slovak Catholic Sokol has the utmost confidence in the loyalty and integrity of its officers, directors, and employees. He reemphasized the traditional policy of the Slovak Catholic Sokol on this subject that each Supreme Officer has a signed completed statement on file. The State of New Jersey Department of Banking and Insurance recommended that the approval of the Statement of Conflict of Interest be made part of the minutes of the Board of Directors' meeting.

To comply with this request, Chairperson of the Supreme Auditors, James C. Matlon, moved to approve the recommendation, seconded by Supreme Physical Director, Dusan Dorich. **Approved**

General Counsel also updated the Board on the mortgages currently on file. All insurance and interest payments are on time and statements are provided monthly.

Brother Counsel also informed the Board that there is no pending litigation involving the Society.

**Acknowledged**

Supreme Treasurer, Michael J. Horvath, made a motion to accept the report, seconded by Supreme Physical Directress, Katie Swift. **Approved**

The Supreme President then asked the Supreme Secretary for the **Donation Requests**.

1. **Slovak Catholic Federation**, Penndel, PA, request from Reverend Thomas A. Nasta, Appeal Coordinator, request for the 47<sup>th</sup> Annual Saints Cyril and Methodius Appeal. **The Board recommends** a donation of \$500 in support of the 47<sup>th</sup> Annual Saints Cyril and Methodius Appeal.

2. **Western Pennsylvania Slovak Cultural Association**, Pittsburgh, PA, request from Joseph Senko, Executive Director, requesting a donation of \$300 for sponsorship fee.

**The Board recommends** a donation of \$300 to cover the sponsorship fee for 2025.

President Glugosh thanked the Supreme Secretary and called upon Chairperson of the Scholarship Committee, Supreme Vice-President, Andrea M. Tadlock, for the **Scholarship Report**.

Sister Tadlock reported that as of March 25, 2025, we have received 29 college applications, 7 high school applications, and 7 grade school applications.

The Scholarship Selection Committee will meet in May to select the 2024-2025 recipients.

**Acknowledged**

Brother President then called upon the Supreme Director of Sports and Athletics, Kathleen S. Watkins, for the **Physical Fitness Committee Report**.

Sister Watkins reported the annual meeting of the Supreme Physical Fitness Board was held in Pittsburgh, PA on January 25th-26th, 2025. Many thoughts and ideas

were presented at this meeting to increase participation at our local levels.

Arrangements are finalized for the 79th International Bowling Tournament at Meadows Lanes in Washington, PA on May 16th and 17th. We will be holding this tournament jointly with the NSS and GCU.

Sister Swift and Brother Dorich updated the Board on the Heritage Slet to be held on June 26th-29th at Peek-n-Peak Resort in Clymer, NY. Look for more information on our website and social media platforms.

The 70<sup>th</sup> International Golf Tournament will be held at Oaktree and Yankee Run in West Middlesex, PA on August 8th-10th. The applications, information letter and hole sponsorship are currently posted on our website and will be emailed to our golfers in April.

The dates, locations, and assignments for our 2025 athletic programs:

<u>2024 Events</u>	<u>Host City</u>	<u>Dates</u>	<u>Staff Assignments</u>
<b>Bowling</b>	Meadows Washington, PA	May 16-17	Nancy Kropolinsky
<b>Heritage Slet</b>	Peek-n-Peak Clymer, NY	June 26-29	Directors/ Assistants
<b>Golf</b>	Oaktree/Yankee Run West Middlesex, PA	August 8-10	Zack Manyak

## 2025 Annual Supreme Physical Fitness Board Recommendations

The proposed recommendations from the 2025 Physical Fitness Board meeting are presented below for review and approval at the annual Board of Directors meeting in March. We extend our gratitude to the Group Presidents, Sports Directors, Physical Directors, Physical Directresses, and all valued members of our society for their valuable input and ideas.

The SPFB recommends the following:

1. An allotment of \$60 per bowler for the International Bowling Tournament for bowling fees, prize allotment, luncheon, and souvenir. No increase.

2. An allotment not to exceed \$2,000 for the Walking Program for all related mailings, certificates, and prizes. No increase.

3. An allotment of \$60.00 per golfer for the International Golf Tournament for banquet, prize money, and souvenir. No increase.

4. An allotment not to exceed \$300 for prizes for any virtual events. \$700 decrease.

5. An allotment of \$150 to cover the cost of McAfee computer protection for 2 years for the Director of Sports and Athletics' computer.

6. One additional worker for the golf tournament.

7. An allotment of \$1500 to cover the cost of mis-



cellaneous supplies/ prizes needed for any additional events organized by the SPFB.

After a lively discussion regarding all the items and recommendations, General Counsel, John D. Pogorelec, Jr., Esq., moved for the acceptance of the report, seconded by Supreme Vice-President, Andrea M. Tadlock. Approved

Having completed all the business on the morning agenda, Brother President entertained a motion to adjourn for lunch, so moved by Supreme Director of Sports and Athletics, Kathleen S. Watkins, seconded by Supreme Physical Directress, Katie Swift. Approved

## SECOND SESSION

**Saturday, March 29, 2025 - 1:00 p.m.**

The Supreme President called the Second Session to order.

Brother President then called upon Mr. Thomas Calimano, Mr. Ralph Primavera, and Mr. Napoleon Stephenson, of PNC Institutional Asset Management to present the **PNC Advisor's Report**.

Mr. Calimano began the meeting discussing the agenda which included a brief economic and financial market overview of 2024, expectations for 2025, and a portfolio / investment performance review. Mr. Primavera also discussed expectations for the Federal Reserve policy and the fixed income expectations.

Mr. Calimano and Mr. Primavera also discussed future potential portfolio repositioning and PNC's outlook for the financial markets during these challenging times.

Brother Calimano addressed various questions from the Board concerning our performance outlook. He indicated the Society is in a strong financial position, especially in this volatile fiscal environment.

Brother President thanked the team from PNC Institutional Asset Management and asked if there was any **Unfinished Business** to address.

The Salary Committee updated the Supreme Secretary on the salary and goals for 2025. Brother Secretary will also update the Board on any changes regarding the Home Office Staff. Acknowledged

Brother President questioned if there was any **New Business** to address.

Brother Secretary informed the Board that the 2nd Quarter Meeting will be held virtually on Thursday, June 19<sup>th</sup>. He will update the Board of any changes.

Supreme Vice-President, Andrea M. Tadlock, updated the Board on some of the volunteer and community outreach events on which we are planning. The hope is to get many of our Groups, Assemblies, and Wreaths involved in these efforts. Congratulations to Group 16 on being honored as the 2024 Sokol Forward Leader.

Our Supreme Chaplain also informed the Board that Mass will be held in our meeting room at 4:30 p.m.

Later this evening, the Board will be in attendance honoring our 2024 Fraternalist of the Year, Martin De-



## News and Views from Slovakia...

### KIA SLOVAKIA PRODUCED RECORD NUMBER OF 351,000 CARS LAST YEAR

The Kia Slovakia carmaker manufactured more than 351,000 vehicles at its plant in Teplicka nad Vahom (Zilina region) in 2024, a record for the factory, Kia Slovakia spokesman Tomas Potocek told a news conference.

The Kia Sportage continues to be the model produced in the largest numbers.

The three main export markets of Kia Slovakia in 2024 were the United Kingdom, Germany and Spain.

A total of 351,270 vehicles left the production plant's lines last year, 0.3 percent more than in the previous year. "The biggest demand was for the Sportage model, with more than 221,000 being manufactured in 2024. The remaining 129,000 vehicles were four versions of the Kia Ceed model," said Potocek. Electric versions accounted for a quarter of the vehicles produced.

As many as 18 percent of the company's exports went to the United Kingdom, 11 percent to Germany, and 9 percent to Spain. They were followed by exports to Poland, Italy, France and the Czech Republic. The company exported its cars to 83 countries in total, while more than 7,800 cars remained on the Slovak market.

Kia Slovakia is the only company operated by Kia Corporation in Europe. Its plant was built between 2004-2006, and it launched production in December 2006. It employs up to 3,800 people.



Find us on Facebook:  
**Slovak Catholic Sokol  
Public Group**

gnan.

Having completed all items on the agenda, Brother President entertained a motion to adjourn, so moved by General Counsel, John D. Pogorelec, Jr., Esq., seconded by Supreme Physical Director, Dusan Dorich.

Approved

Supreme Chaplain, Rev. Andrew S. Hvozdic, closed the meeting with a prayer.

The meeting was adjourned at 4:00 p.m.

Respectfully Submitted,

**Scott T. Pogorelec, F.I.C.**  
*Supreme Secretary*

## NEAR PERFECT 2025 INTERNATIONAL BOWLING TOURNAMENT

Over two days, 94 bowlers descended on the Meadows Casino in Washington, PA, just outside of Pittsburgh for the 2025 International Bowling Tournament. The event featured bowling in three categories: Team, Doubles, and Singles.

Day one was dedicated to team bowling. This consisted of three games for each team of four. This event featured some excellent bowling, with multiple bowlers taking perfect games into the 7<sup>th</sup> or later. One game, however, stood out.

On lane 8 in the morning session, Davey Novotney rolled 11 strikes in a row, needing only the final strike to land the perfect game. As he approached, he let go of the ball with the familiar pop of the thumb. As the ball spun down the lane and started its turn to the left, everyone was holding their breath. The ball struck the head pin just on the right and sent them all flying; all except for one. After the pins settled, the 10 pin stood defiantly, denying a perfect game by one.

This was just the highlight of some excellent play on day one. Numerous scoreboards lit up with numbers north of 250 throughout the day, and the X's were a common sight all around.

Between the first and second sessions, the annual Frank S. Petruff Memorial Award was given to a well deserving recipient. Former winners of the award that were present were Michael Matras, Clarence "Buffalo" Checton, Kathleen Smolkowicz, and Bob Macko. The winner of this year's award was Karen Batika from Group 5, with many members congratulating her throughout the night.

Day two featured Doubles and Singles, with a coffee-required start time of 9:00am. Once again, requiring two sessions, scores were high. Even without the drama of a near perfect game, everyone enjoyed their time on the lanes. Laughter and stories filled the lanes all day, as old friends caught up and new friends were formed.

Each year, a charity is chosen to be supported throughout the event. This year, the Crabtree-Kovacecek Veterans House City Mission based out of Washington, PA was the beneficiary of the raffling off of several gift baskets donated to the tournament.

While the event was dominated by good spirited play, we did have a competition to sort out. Winners for the men's side included the teams of Perry Sokols #1 taking the top spot of both scratch and handicap, followed closely by The Place To Be in scratch and Pocket Pounders in handicap. Doubles champions went to John Adamcik and Jeff Siesky, and singles champions A.J. Novotney scratch and Justin Francis handicap.

Overall men's scratch champion was George McGavitt with event scores of 694, 634, and 628 for a total tournament score of 1,956. Second place was Greg Maranowski with a total tournament score of 1950 and

third went to Andy Keebler with a total tournament score of 1926.

Overall men's handicap champion was Justin Francis with event scores of 665, 540, and 528 with a handicap of 648 for a total tournament score of 2,381. Second place was Paul Papcun with a total tournament score of 2340 and third went to A.J. Novotney with a total tournament score of 2329.

On the women's side, our team scratch champions were One is Better than Non followed by 2+2. Our team handicap champions were Split Champions followed by Heather's Heros. Scratch doubles went to the team of Diana Brashier and Jean Karaffa, while handicap doubles went to Debbie Ripple and Melanie Basl. The singles scratch champion was Jean Karaffa and the singles handicap champion was Jo Ann Antosy.

Overall women's scratch champion was Jean Karaffa with event scores of 519, 537, and 444 for a total tournament score of 1,536. Second place was Melanie Basl with a total tournament score of 1527 and third went to Barbara Wahal with a total tournament score of 1447.

Overall women's handicap champion was Karen Adamcik with event scores of 365, 418, and 452 with a handicap of 612 for a total tournament score of 1,847. Second place was Jo Ann Antosy with a total tournament score of 1769 and third went to Carol Macko with a total tournament score of 1752.

Congratulations to all bowlers and staff for making an incredible event filled with competition and camaraderie a huge success!

**Robert Palchanis,**  
*Supreme Assistant Director  
of Sports and Athletics*









## SS. CYRIL AND METHODIUS APPEAL OF THE SLOVAK CATHOLIC FEDERATION

The Saints Cyril and Methodius Appeal is in its 47th year raising money to assist the Pontifical Slovak Institute and College of Saints Cyril and Methodius in Rome with its day-to-day operations. The Appeal relies upon the generosity of individual donors in addition to collections taken up in personal parishes of Slovak ancestry. A direct mailing asking for donations was sent in January to local district and branch leaders from the four Catholic Slovak Fraternal Organizations, members of the Slovak Catholic Federation, clergy with Slovak ancestry, and previous donors.

**As of June 19, the 2025 Appeal has received \$18,862.40 from 150 donors.** Among the 48 donations received from Catholic Slovak Fraternal Branches and Districts, Assembly 11, Assembly 23, Assembly 24, Assembly 34, Assembly 48, Assembly 59, Assembly 78, Assembly 162, Assembly 182, Group 7, Group 17, Wreath 54 and the Home Office of the Slovak Catholic Sokol have donated a combined total of \$1,610.00. Donations to date have also been received from 5 churches, 20 clergy and religious, and 77 individuals. On behalf of the Pontifical College, thank you for your continued generosity and support.

All wishing to contribute to the 2025 Appeal are asked to fill out the information in the box at the bottom of this article and mailing it along with your check payable to the Slovak Catholic Federation to the address provided. Donations in any amount are deeply appreciated and are acknowledged. Gifts received after November 30, 2025 will be credited toward the 2026 Appeal. Thank you again for your goodness and generosity.

The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding Pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, PA. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak Fraternal Organizations for cultural, religious and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., Abbot of St. Andrew Svorad Abbey, Cleveland, OH. National President is Reverend Andrew S. Hvozdivic, V.F., Supreme Chaplain of the Slovak Catholic Sokol and Pastor of Our Lady of Victory Parish, Harveys Lake, PA and Gate of Heaven Parish, Dallas, PA. Reverend Thomas A. Nasta, National Chaplain of the First Catholic Slovak Union and Parochial Vicar with Senior Priest status at Our Lady of Grace Church, Penndel, PA, serves as First Vice President of the Federation and is the Appeal Coordinator.



### 47<sup>TH</sup> ANNUAL SS. CYRIL AND METHODIUS APPEAL

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Amount \$ \_\_\_\_\_

Please make check payable to **Slovak Catholic Federation** and mail to: Reverend Thomas A. Nasta, National First Vice President, Slovak Catholic Federation, Our Lady of Grace Church, 225 Bellevue Avenue, Penndel, PA 19047-4052

## GROUP 3—JOIN HANDS DAY



Group 3, Douglas, MA participated in the St. Denis Catholic Women's Council project "Mothers Love" collecting diapers, wipes, and gift card for young mothers in need. We collected a total of \$275 in gift cards, 1 case + 1 pk of wipes, 2 cases of sz 1 diapers, 2 cases of sz 2 diapers and 34 pkcs of assorted diaper sizes. In addition Assembly 28 donated \$200.





## MINUTES OF THE MEETING OF GROUP 14 HELD IN PITTSBURGH, PA MARCH 24, 2025

The meeting was called to order by Group President Kathy Watkins welcoming all officers and members in attendance. President Watkins also thanked Ed and Arlene Most for providing the pizza for all to enjoy.

After an opening prayer and the Pledge of Allegiance, roll call was taken. A total of 9 officers and members were in attendance. Minutes of the last meeting and officer reports were provided and approved. Due to the inability of our auditors to attend this meeting, the books will be audited at our October meeting. The financial report was read by Arlene Most and all is in order.

A thank you was received from Travis Watkins and South Fayette Mini-Thon for the generous donation to help children with pediatric cancer. The Slovak Catholic Sokol name will be displayed on the event t-shirts, on the event banner, and will be announced at the Blue Out lacrosse game where all monies raised go to the mini-thon event which is one of the largest in the country.

President Watkins and Supreme Physical Directress Katie Swift discussed the upcoming international events:

International Bowling Tournament – May 16 and 17 at Hollywood Casino and Racetrack at the Meadows in Washington, PA (all are encouraged to join, even if you don't bowl just to mingle);

Heritage Slet June 26 - 28 at Peek N'Peak resort in Clymer, New York

(modified and revamped Slet with events and activities for all ages and family members).

The SPFB is looking forward to this exciting family event.

The international Golf tournament – August 8 – 10 at Oaktree (West Middlesex, PA) and Yankee Run (Brookfield Twp, OH).

Applications and information for all events can be found on the website and Facebook. President Watkins encouraged all to try to attend the upcoming events.

Supreme Physical Directress Katie Swift is in the process of planning a regional activity with another group. Additionally, information on a Join Hands Day activity will be forthcoming. Everyone in attendance was excited to hear about all the upcoming activities.

There was discussion about donations to the bowling tournament outreach charity and to the Heritage Slet. Donations were approved for both.

There being no further business to discuss, a motion was made to close the meeting and seconded. All joined for a closing prayer for our living and deceased members, including a special prayer for our former group secretary, Claudia Borecki.

Respectfully submitted,

**Cindy Walkowiak, Group 14 Secretary**



## Western Pennsylvania Slovak Day Committee Presents



**102<sup>nd</sup> Annual**

**AMERICAN SLOVAK DAY**

**THURSDAY, JULY 17, 2025**

**Kennywood Park - West Mifflin, PA**

*The Beginning of the Next 100 Years!*



Slovak Day Tickets \$33.00 (Ages 4+) Flex Date Ticket - \$40  
Tickets & Info: Mary Lou-412-462-1957 Sue-412-421-1204

**Slovak Kitchen Opens 12:30 p.m. Pavilion #4**

**(Cash Only for food purchase)**

### PROGRAM

Slovak Fraternal Societies – Displays – Vendors \* \* \* Pavilion #5  
Children's Activities.....12:30pm\* \* Pavilion #9  
Music by George Batyi & Friends..... 1 to 3:00pm \* \* Pavilion #4  
Easy Slovak Dessert Demo ..... 2:00pm  
Greetings and Introductions..... 3:45 pm \* \* Pavilion #5

**Mass at 4:00 p.m. Main Pavilion #5 Stage**

**with**

**Main Celebrant – Bishop Larry Kulick**

**Priests and Deacons of Pittsburgh and Greensburg Dioceses**

**Slovak Folk Entertainment ~ Main Pavilion Stage**

**Pittsburgh Slovaks**



Members of Group 19 and their guests attended the annual golf tournament/Charity event sponsored by Group 19. The charity this year was Heart & Stroke. 57 golfers took part in it. Event was held at the Cambridge Golf and Country Club, Ontario, CN.



## MINUTES OF ASSEMBLY 36 MEETING – APRIL 26, 2025

Vice President John Papcun called to order the annual meeting of the Slovak Catholic Sokol's Assembly 36 at 3:30 p.m. at Sts. Cyril and Methodious Church in Sterling Heights, Michigan.

Brother Papcun began the meeting with a prayer and a pledge of allegiance. John next welcomed the presence of Stephen Papcun and Colleen Papcun in attendance. Accordingly, President John submitted the following Agenda:

- Call to Order of Meeting and Prayer
- Opening Statement
- Roll Call of Officers
- Assembly Officer Reports
- Old Business
- New Business

### President John Papcun:

After John presented his opening remarks, he presented a report titled: Vice President Report and Opening Statement:

"As Vice President of Assembly 36 it is my duty to assume the office of President, in absence of such. Our President ( Beth Penxa ) has been on a personal leave of absence since prior to our last Group ( 16 ) meeting of 10/5/24. It is for personal reasons that she is unable to continue as our president. Therefore, I shall remain as President and preside over this meeting. Beth has decided to step down at this time.

I would like to thank Beth for her contributions and all of her fine efforts toward serving as Assembly 36 president. Also, without objection, I am pleased to announce that my daughter, Colleen Papcun has agreed to assume the role of Vice President of assembly 36 until further notice. We shall both continue in this capacity."

First, was the submission and acceptance of last year's meeting minutes. Of other notes, the announcement is of our participation in the West side Sokols Festival in July, 2025. Moving positively, is our continued participation in Join Hands Day (this coming May 3).

Next, was Officer Roll Call which noted the attendance of the following:

- Vice President: John Papcun
- Secretary/Treasurer: Stephen Papcun
- Auditors: Colleen Papcun

Also in attendance ( via Audio ) were members Sharon Papcun and LaVerne Eland.

Highlights of each Officer Reports are here noted:

### Vice President John Papcun:

See note submitted. Also noted, was the recent passing of Sokolky Anna Magusin. Condolences, thoughts and prayers to the family of Sister Magusin.

### Treasury/Secretary Steve Papcun:

Stephen reported that as treasurer of Assembly 36 he fulfilled his duties to the best of his ability: having kept the books, did the banking, making deposits and disbursement checks when needed. An end-of-year financial report was submitted, audited by Colleen P, and accepted. Of note, was that the FY2024 was a net loss. Expenditures exceeded revenue.

### Auditors:

Auditor Colleen Papcun verified the accuracy and integrity of the Treasurers financial report. Paula Papcun was not in attendance.

The meeting Proceeded with a review of Old Business:  
2024 Activities:

- Join Hands Day
- Donations to Churches
- Participation in Bowling ( John, Don, and Sharon P. )
- Participation in Sokol Golf (John, Don, and Mark P. )

The meeting Proceeded with New Business:

Officers were retained as follows:

- President: John Papcun
- Vice President: Colleen Papcun
- Secretary / Treasurer: Stephen Papcun

Donations designations as follows:

All Saints Church ( Rossford #214 parish ) : \$150.

Burgess Nature Center : \$100 ( Join Hands Day )

Current Year Sports Activities noted:

Bowling Tournament: to be attended by John and Sharon Papcun, Stephen and (son) Paul Papcun as well as Mark Papcun.

Golf tournament in August: Steve, Paul, John, Sharon, and Mark Papcun to attend and participate.

Golf tournament reimbursement reduced. Now limited to \$750 total .

2025 Planned Activities:

- Join Hands Day (May, 2025)
- Heritage Slet attendance by John and Sharon Papcun
- Sokol Walking Program (starting January 2025)
- Czech and Slovak ( Sokol Detroit ) participation
- Holiday Packages ( Adopt – a – Family ) ??

A motion to adjourn the meeting submitted by John Papcun. The motion was seconded by Stephen Papcun. The motion was unanimously approved. The meeting was adjourned.

These minutes dutifully submitted by Stephen Papcun ( Sec. / Treas Assy 36 ). – **Steve Papcun**



John and Colleen Papcun, President and Vice President of Assembly 36.





## KIDS' CORNER "Detský kútik"

### July 2025

#### THE KIDS' CORNER SUMMER READING PROGRAM!!!!



Do you love reading books? If yes, then you will love this program! From **July 1st to September 12th**, you must keep track of the books you read and the author's name. Don't forget to ask your parents to sign your list after you finish reading each book. If you can't read on your own yet, that's okay too! You can have someone like your parents, grandparents, babysitter, or teacher read to you.



Remember to choose books that interest you and are a little challenging! I will need your completed reading list by **September 30th**. Please don't forget to include your name, address, group number, and age so I can recognize you in the paper.



I split the groups based on how well you read books. Kids who can't read yet might have more books read to them, so they might read more. There are different prizes for different levels, and the more you read, the better the prize you can get. The following is the breakdown of award levels. Remember this when you set your reading goals!



**Can you do me a favor and let me know which books are your favorites on the list?** I'd love to share them with other kids. Have fun reading, and good luck! Don't forget to email your completed reading lists to Andrea Tadlock - [vp@slovakcatholicsokol.org](mailto:vp@slovakcatholicsokol.org)



#### Non-Readers

- ☛ Level 1 - 15 books
- ☛ Level 2 - 25 books
- ☛ Level 3 - 35 books or more

#### Early Readers (sounding out most words)

- ☛ Level 1 - 10 books
- ☛ Level 2 - 20 books
- ☛ Level 3 - 30 books or more

#### Intermediate Reader (50+ pages each book)

- ☛ Level 1 - 10 books
- ☛ Level 2 - 15 books
- ☛ Level 3 - 20 books or more

#### Advanced Readers (100 + pages each book)

- ☛ Level 1 - 5 books
- ☛ Level 2 - 10 books
- ☛ Level 3 - 15 books or more



## GROUP 7, WILKES-BARRE, PA

Group 7 volunteered to clean and organize the storage areas of the North End Slovak Citizens Club for Join Hand Day.



Group 7 hosted a Night on the Ice @ the Mohegan Sun Arena. Members and friends enjoyed a fun night on the ice as the Wilkes-Barre/Scranton Penguins swapped to be the Carbondale UFO's for one-night-only while defeating the Springfield Thunderbirds 4-1.







**93rd ANNUAL  
SLOVAK-AMERICAN DAY  
SUNDAY, JULY 27, 2025**

11:00 a.m. - 5:00 p.m.  
HOLY MASS at 12:00 Noon  
CULTURAL PRESENTATION  
featuring the Tatra Slovak Dancers

- FREE ADMISSION -

**CROATIAN PARK**  
9100 S. 76th Street, Franklin, WI 53132





## MINUTES OF GROUP 12 MEETING – NOVEMBER 9, 2024

President Joe Harak called to order our annual Group 12 meeting with the opening prayers Our Father and Hail Mary followed by reciting of the Pledge of Allegiance to the Flag.

The roll call of officers: present were President Joe Harak, Vice President Greg Milanek, Financial Secretary/Treasurer Lar'e Leso, Physical Director Megan Antosy, via zoom Physical Directress Viktoria Tadlock.

Not present: Sports Director Robert Latshaw, Assistant Sports Director Mark Kopcik, Assistant Physical Director Deb Unger, Assistant Physical Directress Olivia Tadlock, and Recording Secretary Joann Antosy. The minutes for the meeting were taken by Christopher Antosy Jr.

Delegates in attendance: Laura Harak, Anne Leso, Andrea Tadlock, Kathleen Smolkowicz, Pat Latshaw, Johanna Leso, Dave Keturakis, Paul Keturakis, Adeline Antosy and Christopher Antosy III.

A copy of the minutes from the 2023 Group 12 meeting handed out. A motion was made by Kathleen Smolkowicz to accept the minutes seconded by Laura Harak.

### **President's report: Joseph Harak:**

I remain active in Assembly 261 and in our Home Association as the treasurer.

I run bingo on Wednesday nights here at our Sokol hall along with Kathleen Smolkowicz, Pat Latshaw, and Greg Milanek who are here attending the meeting.

Congratulations to all the 2024 Sokol scholarship winners, especially those from Group 12:

- Theodore & Mary Jane Rich Memorial: Carolyn D. Halgas attending George Mason University
- Abbot Jerome M. Koval O.B.S. Memorial Catholic High School Grant: Andrew McVicker attending St. John Paul the Great High School
- Catholic Grade School Grant: Megan McVicker attending Academy of Notre Dame

A motion made by Andrea Tadlock to accept the President's report seconded by Pat Latshaw.

### **Vice President's report: Greg Milanek**

I am active in our local Assembly 261. As Joe said, I help run our bingo program and I call the bingo numbers. I am available to help and promote the events and activities which are held throughout the year for our Slovak Catholic Sokol.

A motion to accept the Vice President's report was made by Johanna Leso and seconded by Megan Antosy.

### **Treasurer's report: Lar'e Leso:**

A typed report was given to each officer and delegate. Our income comes from our assessments from the Headquarters. As you can see our assessment is reduced due to our membership decreasing. We earn a minimum income from interest from our saving, money market, and checking accounts. The interest from our secure fund also went down slightly due to withdrawing \$5000.00 for a loan to Reading Home Association for a new bingo machine for Sokol Hall Bingo.

Our expenses for 2023 were the Group 12 meeting and luncheon and also the Slet expenses.

Greg Milanek asked a question regarding the amount of funds in accounts and the amount of interest received and does Headquarters have a record of the amount. Lar'e said we are earning 2 ½% interest on our secure fund account which is the same as last year. The interest rate has not gone down. Headquarters is aware we have used the money in our secure fund account in the past for the SCS Assembly 261 Wreath 155 Inc. and this year for a loan for

the bingo machine. Also, a year-end statement of our accounts is given to Headquarters for them to see what we are reporting is in fact the amount we have.

A motion was made by Greg Milanek to accept the Treasurer's report seconded by Paul Keturakis.

**Physical Fitness Board:** Physical Directress Viktoria Tadlock, Physical Director Megan Antosy and Christopher Antosy Jr.

The Clinic for the Slet next summer there were two virtual sessions.

We had 6 members of Group 12 attend the Sokol Family Fest at Peek 'n Peak Resort in Clymer, NY. They were Andrea and Olivia Tadlock, Christopher Jr., Megan, Adeline, and Christopher III Antosy. We also were able to have another family join us who are not members of the SCS. We want to show them what Sokol's is about and have them join our organization.

We had opportunities for people to get together and interact. We had a night of roller skating at Skateaway, which we did five different times. Also, we had a sunset hike on Neversink Mountain. Even though we did not see the sunset due to light rain the walk did us good. We want to plan a Christmas breakfast with a visit from Santa.

In May Joann Antosy, Megan Antosy, Pat Latshaw and Deb Unger attended the FCU, GCU, NSS & SCS bowling tournament.

Kathleen Smolkowicz made a motion to accept the Physical Fitness report. Laura Harak seconded the motion.

### **Old Business:**

Has Headquarters decided on the site for the International Convention? Andrea Tatlock said not yet. We still recommend Valley Forge Convention Center in Valley Forge, PA, Hollywood Casino in Morgantown, PA or Live Casino in Philadelphia.

Head Quarters will give \$5.00 per child towards a children's Christmas party if the child has a life insurance policy with the Slovak Catholic Sokol's.

The Scholarship committee: Andrea Tadlock, Lar'e Leso, Laura Harak, Greg Milanek, and Kathleen Smolkowicz recommends starting a scholarship program in the amount of \$500.00 for Group 12. This would be for members who are seniors in high school, current college undergraduate, graduate or attending a professional trade school. The recommendations for eligibility are having a life insurance policy with the Slovak Catholic Sokol for \$3000.00 in whole life, being a member in the organization for 5 years and a 2.5 GPA. Initially the money would come from our general fund and next year we will work on a capital campaign to build the funds from donations from our membership.

Chris Antosy Jr asked the question regarding the college eligibility "Is this for first time college students or does it include all members who want to go back to college?" Andrea answered, "It includes first time and returning students."

Joe Harak clarified only one scholarship will be awarded and not one scholarship in each grade level.

Andrea Tadlock put this in the form of a motion: Group 12 will move forward with the scholarship program in the amount of \$500.00. For the first year the money will be taken out of our general fund for the 2025-2026 school year. The motion was seconded by Megan Antosy.

Laura Harak asked if the Group 12 banner had been replaced. President Harak said we will see if it is something we will use in the future and replace at that time.

Reading Sokol's bus trip to Longwood Gardens was cancelled last year due to the cost of the bus.

A Group 12 reunion was not held in 2024. Kathleen Smolko-



## MINUTES OF THE SEMI-ANNUAL MEETING OF GROUP 3 "REV. EDMUND MOCHAK"

Group 3, Rev. Edmund Mochak, held its semi-annual meeting on Sunday, April 27, 2025, at 10:00 am at the Sokol Hall, Douglas, Massachusetts.

After everyone enjoyed coffee and donuts, the meeting was called to order by Group 3 President Kevin Conway at 10:20 am. Brother Kevin opened the meeting with a prayer and Brother John Manyak led us all in the Pledge of Allegiance.

Group 3 Secretary, Christine Manyak took roll call, there were 6 members present representing Assembly 28.

**Welcoming Address:** Brother Kevin welcomed and thanked everyone for their attendance. He acknowledged all the changes that continue and how hard it is to get members to participate, however we continue to persevere. Brother Kevin

wicz will try again in 2025 to have the reunion.

### **New Business:**

Johanna Leso congratulated Kathleen Smolkowicz for receiving the 2023 Frank Petruff bowling sportsmanship award.

Andrea Tadlock congratulated Megan Antosy for receiving the Sokol Forward Spotlight Charitable award. Megan collects personal hygiene products for her local community at the Exeter Food Pantry and makes gift baskets filled with snacks and drinks for first responders. The article was featured in the November 2024 Falcon.

Andrea Tadlock gave an explanation about what Sokol Forward Spotlight is about. The Sokol Catholic Sokol would like to highlight our members who volunteer in their communities. Those featured in the Falcon will receive a \$50.00 donation to be given to the organization our member works with. A \$150.00 donation will be awarded in January to one of the organizations mentioned during the year.

Andrea Tadlock also mentioned we have until November 15th to submit someone to the home office for fraternalist of the year.

Lar'e Leso asked about the pickleball program. Joe Harak gave the report. There were two four-week sessions with 8 people in each session and one instructor at each session. This was held on Sundays. After the four-week sessions pickleball continued as an open court on Tuesday nights but not everyone could attend on Tuesdays, therefore due to low attendance the program has been put on hold at this time.

### **Donations:**

The donations are as follows:

- \$200.00 to the SCS Memorial fund in memory of our deceased members of Group 12.
- \$100.00 to the Sisters of SS. Cyril and Methodius Danville, PA.
- \$100.00 to Walt the K Polka show on I Heart Radio.
- \$100.00 to the Slovak Catholic Federation.
- \$50.00 to each athlete from Group 12 participating in the international golf and/or bowling tournaments.
- \$100.00 to Reading Sokol local golf tournament which is being held on October 25, 2025.

A motion was made by Greg Milaneck to adjourn the meeting. Andrea Tadlock seconded the motion. All in favor.

hopes we can continue to grow with the change.

**Secretary's Report:** Minutes from the Annual meeting on Sunday, November 3, 2024, were reviewed by Secretary Christine Manyak. The minutes were accepted on a motion by John Manyak, 2nd by Julie Gresian. ACCEPTED!

Treasurer's report: was presented by Julie Gresian; after discussion a motion to accept was made by Sister Judy Manyak, 2nd by Gary Manyak; ACCEPTED!

### **Old Business:**

\* Building Improvements: The hall floor has been buffed & shined.

\*Parking Lot/grounds cleanup: Great turn out for a successful clean up. Thank You.

\*Assembly 28 held a successful golumpki sale in December thanks to the many volunteers who helped.

### **New Business:**

\*2025 Heritage Slet will be held at Peek'n-Peak in Clymer, NY from June 26-29, 2025. You can check out details on social media

\*2025 International Golf Tournament will be held 8/8-10/25 in West Middlesex, PA. A motion to sponsor a hole was made by Kevin Conway, seconded by John Manyak. ACCEPTED!

\*Sokol Open: the 50th Sokol Open will be held on 9/6/25 at Blissful Meadows. Brother John Manyak will again be chair of this event and is promising some surprises to commemorate the event. This event has repeatedly sold out and continues to have a waitlist. Brother Roger Manyak co-founded this event which is the Groups biggest fundraising event. A motion to have the Youth fund contribute to this event was made by Brother John and seconded by Sister Judy. ACCEPTED! A motion for Group 3 to donate a special door prize was made by Brother Kevin, 2nd by Brother John. ACCEPTED!

### **Discussion/Recommendations**

• Sister Christine reminded members that the Falcon is only published every other month, so items need to be put in sooner than usual.

• Join Hands Day is in May. Sister Judy recommended that we assist the Catholic Women's Council of St. Denis with their "Mothers Love" campaign collecting diapers and gift cards for young mothers in need. We will put a collection box at the club and at Sister Judy's house.

• 2026 Calendar of events: July 12-Sokol Sports Day, Oct-Pumpkin Carving, Nov-Day of Giving, Dec-Ugly Christmas sweater. Everyone can participate by submitting photos to the Falcon.

A motion to Adjourn was made by Christine Manyak, 2nd by John Manyak and accepted.

Brother Kevin Conway recited the closing prayer. Sulhas.

**Christopher Antosy Jr.**  
**Joann Antosy, Group 12 Secretary**

Respectfully submitted by  
**Christine Manyak, Group 3 Secretary**

## OBITUARIES

### ALBERT OTTO NEUDECK III 1950 – 2025

Albert Otto Neudeck III, 74, of Black Rock, Bridgeport, and beloved husband of Anne Marie Neudeck, passed away peacefully on Thursday, June 12<sup>th</sup>, 2025, at the Veterans Hospital in West Haven, Connecticut, following an extended illness with cancer.



He was born on June 18, 1950, in Sydney, Cape Breton, Nova Scotia, Canada, to Albert Otto Neudeck and Margaret Neudeck while they were on holiday visiting family. Following his graduation from Harding High School in 1968, he immediately joined the United States Navy. He was the third generation to serve in the Navy. He served during the Vietnam War.

Upon honorable discharge from the Navy, he attended and received an Associate's degree in Social Work from Housatonic Community College in Bridgeport, Connecticut. During his youth, he was very active in the community as a Boy Scout and Eagle Scout.

His love for America and Canada had always shown throughout his lifetime. He was very active in the role of Commander at Lt. RJ Bower Post 1466 on 40 Alfred Street, Bridgeport, Connecticut. He facilitated the remembrance of fallen soldiers, placing wreaths on deceased veterans' graves each Memorial Day.

He was a member of Port 5, NANV Bridgeport, VFW, and CWV Derby post. He was the PTA president and helped build the playground at St Ann's Bridgeport.

He was the President of Group 2 Slovak Catholic Sokol and Senior Director of the male drillers.

He is survived by his beloved wife, Anne Marie Neudeck. His son Albert O. Neudeck IV, wife Tess, Tinamarie Neudeck, Amanda Mentz husband William. Three grandchildren Albert O. Neudeck V, Delaney Armstrong and Beckett Adler Mentz. Stepmother Cecilia Neudeck of Costa Mesa, California, and sisters Virginia M Lazar of Winston Salem, North Carolina, and Gloria Hamley of Winsted, Connecticut, and stepsister Lisa Marie Hamilton of Avon, Connecticut. Stephanie Alexis Lazar, niece, and Frederick John Neudeck II, nephew, as well as several cousins and great-nieces.

Mass of Christian burial was held on Saturday, June 21<sup>st</sup>, 2025, at 11 AM at Saint Ann's Church in the Black Rock section of Bridgeport, CT. Following the service, full military honors were held outside the church.

### Helen Glocka 1929 – 2025

Helen Glocka, age 96, of Hartland, Wisconsin formerly of Milwaukee, Wisconsin was born to Eternal Life Thursday May 1, 2025. Helen was born on February 2, 1929. She was preceded in death by her beloved husband of 44 years, Stanley J. Glocka.



Dear mother of Gerald (Suzanne) Glocka and Nancy (Dan) Danhauer. Loving grandmother of Angela Glocka (Paul) Lois and Jennifer Glocka (Evan) Arnold. Proud great grandmother of Adelaide, August and Evangeline Lois and Maya and Myles Arnold. Preceded in death by her four brothers, two sisters and brother-in-laws and sister-in-laws. Further survived by two sister-in-laws, nieces and nephews.

Helen grew up in Milwaukee, Wisconsin and was a lifelong member of St. Stephen Martyr Catholic church in Milwaukee. Helen loved her family and friends. Her Catholic faith guided her throughout her life. She was very proud of her Slovak heritage. She enjoyed nature and was always in awe of all of God's creation.

Mass of Christian burial was held on Monday May 12, 2025.

Helen was a lifelong member of Wreath 93, Milwaukee, Wisconsin.



**When was the last time you looked at your designated beneficiaries**

**on your valuable Sokol insurance policy? How important is it? Just think about how much your life has changed. Have you married, divorced, had children, maybe you lost a loved one? This is an item you should consider annually. If you do need to make changes to any of your policies, contact the Home Office at 800-886-7656.**





### APRIL 2025 - MAY 2025

Assembly 11	Laura S. Krivi of Staunton, IL	86	March 17, 2025
Assembly 11	Rita Cernick of Chicago, IL	90	April 16, 2025
Assembly 11	Diane B. Rotter of Stone Mountain, GA	79	April 29, 2025
Assembly 24	Joseph Carnogursky of Boonton, NJ	94	December 21, 2024
Assembly 24	Catherine A. Hogan of Egg Harbor City, NJ	75	May 27, 2025
Assembly 36	Randall Lee Trombley of Saginaw, MI	66	April 5, 2025
Assembly 28	Julius J. Gavlak of Culver City, CA	89	March 31, 2025
Assembly 59	Ronald J. Urban of Moosic, PA	78	April 27, 2025
Assembly 59	Douglas Fischer of Kingston, PA	77	May 30, 2025
Assembly 72	Janice Ann Gurgick of Bethlehem, PA	89	May 12, 2025
Assembly 78	Gerald Adamcik of Bethlehem, PA	81	March 31, 2025
Assembly 86	Bernadine Ann Hizny of Vestal, NY	88	December 2, 2023
Assembly 108	Mark J. Leskovyansky of Youngstown, OH	72	December 18, 2024
Assembly 108	Thomas R. Troll of Boardman, OH	81	January 15, 2025
Assembly 108	John Walko of Campbell, OH	96	February 22, 2025
Assembly 108	John A. Medvec of Youngstown, OH	98	March 22, 2025
Assembly 108	Mary Miller of Niles, OH	98	April 20, 2025
Assembly 162	Rosanne Amend of Hampstead, NC	70	October 19, 2024
Assembly 162	Patricia Haynes of Lynchburg, VA	64	April 9, 2025
Assembly 162	Edward M. Andras of Edison, NJ	90	May 14, 2025
Assembly 167	Rosemary Mileski of Akron, OH	94	January 29, 2025
Assembly 167	Agnes Sboray of Wadsworth, OH	95	December 9, 2024
Assembly 180	Richard J. Oleyar of Saxonburg, PA	81	March 13, 2025
Assembly 182	Alois A. Chmela of Larchmont, NY	87	April 16, 2025
Assembly 305	Helen M. Omiliak of Dana Point, CA	99	November 23, 2024
Assembly 312	Patricia J. Meszaros of Irvine, CA	77	February 12, 2025
Assembly 312	Margaret Lasky of Erie, PA	84	March 29, 2025
Assembly 312	Dorothy M. Keirsej of Lowellville, OH	71	May 9, 2025
Wreath 11	Ann M. Downes of Ravenna, NY	83	April 25, 2025
Wreath 14	Barbara J. Tomchik of Mars, PA	69	October 4, 2024
Wreath 15	Jill Kemp of Lithia, FL	55	October 16, 2022
Wreath 22	Victoria C. Book of Franklin, PA	84	March 14, 2025
Wreath 22	Margaret Potocnak	77	March 14, 2025
Wreath 22	Mary Lou Chojnicki of Carmichaels, PA	95	May 9, 2025
Wreath 39	Barbara B. Vigilane of Bridgeport, CT	84	August 18, 2024
Wreath 54	Catherine C. Pearce of Poland, OH	101	May 6, 2025
Assembly 59	Mary Lord of Plymouth, PA	63	May 13, 2025
Assembly 71	Margaret Piskorik of Greencastle, PA	95	March 5, 2025
Wreath 81	Marilyn Rezak of Crown Point, IN	75	April 8, 2025
Wreath 85	Elaine Bohinsky of Ambridge, PA	81	March 29, 2025
Wreath 85	Carmelita T. Hricz of McKees Rocks, PA	83	March 15, 2025
Wreath 85	Janice Pfister of McKees Rocks, PA	74	June 3, 2025
Wreath 86	Anne E. Murray of Torrington, CT	54	April 18, 2025
Wreath 93	Daniel Franson of Wisconsin Rapids, WI	61	January 27, 2025
Wreath 93	John Porubsky of Oconomowoc, WI	96	August 26, 2024
Wreath 93	Emily Zavadsky of Sussex, WI	100	March 19, 2025
Wreath 93	Helen Glocka of Hartland, WI	96	May 1, 2025
Wreath 93	Anna Engel of McHenry, IL	96	May 15, 2025
Wrath 155	Doris Roberts of Frackville, PA	89	March 25, 2025

## JE TU SEZÓNA ČEREŠNÍ A UHORIEK

Čerešne ladté, šťavnaté a plné vitamínov. Odporúčajú sa konzumovať najmä pri zápaloch, artritíde či parodontóze. Majú pozitívny vplyv na chudnutie, v 100 gramoch je približne 60 kilokalórií a 80 percent ich dužiny tvorí voda. Pomáhajú k lepšiemu spánku vďaka obsahu melatonínu. Okrem vitamínu C sú tiež bohaté na draslík, vápnik, horčík, meď, fluoridy a síru. Dokážu viazať voľné radikály a pôsobiť tak proti vysokému krvnému tlaku. Čerešne majú omladzujúce účinky a zlepšujú kvalitu pokožky.

Zrelé čerešne sú veľmi krehké, lebo šťavnatú dužinu plodov chráni iba tenká šupka. Keďže sa pomerne rýchlo kazenia, najlepšie je zjesť ich čo najskôr. V chladničke vám vydržia asi päť dní, no radšej ich držte v uzavretej nádobe. Ľahko totiž pohlcujú cudzie vône.

Uhorku poznali už v starovekom Grécku či Ríme, do Ameriky sa dostala až v 15. storočí.

Ak vás v horúcich dňoch prepadne únava, hlad alebo smäd, so všetkým vám uhorka dokáže bez problémov pomôcť. Je označovaná za jednu z najzdravších potravín. Obsahuje enzýmy, ktoré uľahčujú trávenie, a tiež vlákninu, skvelú pomocníčku pre správne fungovanie čriev.

Konzumácia uhorky je vďaka vysokému obsahu vody perfektným riešením pre všetkých, ktorí si chcú udržiavať štíhlu líniu. Pomôže aj so starostlivosťou o pleť, správna uhorková hydratácia zvonku aj zvnútra totiž predchádza nadmernej tvorbe vrások a bojuje proti starnutiu.

Čerstvá uhorka má byť tmavozelená. Dôležitá je tiež kvalita šupky, ktorá musí byť pevná a bez poškodenia.



## ACH, TÁ NAŠA SLOVENČINA!



Podaril sa drobný **upgrade** veľkého tabletu? –*HN.sk*

Ikonický **look** z filmu Flashdance. – *pravda.sk*

**Single** v kuchyni: Ako si zorganizovať varenie...

– *varecha.sk*

V prvom kraji spustia **skrining** rakoviny... – *pravda.sk*

Nezmeškajte **first moment** zľavu do 35 percent.

– *sme.sk*

..známej herečky a podnikateľky s vlastnou kozmetickou a **lifestylovou** značkou... – *pravda.sk*

Hľadáte niečo ostrejšie a **sofistikovanejšie**...

– *varecha.sk*

**Savory** burger s karamelizovanou cibul'kou

– *varecha.sk*

Na parmezánové **čipsy** nastrúhame parmezán

– *varecha.sk*

## RECEPTY NA GRILOVANIE

### GRILOVANÉ KURACIE PRSIA

400 g (z kuracích prs, alebo vykostených stehien)

7 PL olej

1 strúčik cesnak

3 PL šťava citrónová

1 ČL korenie grilovacie

1 ks cuketa

3 ks paprika farebné

2 ks cibuľa červená

sol', korenie čierne mleté

Na podávanie:

chlieb arabský

šalát listový



Mäso nakrájame na rovnako veľké kúsky. V miske zmiešame olúpaný prelisovaný cesnak, 4 lyžice oleja, grilovacie korenie a citrónovú šťavu. Do marinády vložíme mäso, premiešame a necháme odležať najlepšie aspoň hodinu.

Cuketu umyjeme a nakrájame na kúsky. Rovnako si pripravíme aj kúsky farebnej papriky a cibule. Zeleninu a mäso striedavo ponapichujeme na špajdle. Všetko ešte ochutíme sol'ou a korením a grilujeme na rozohriatom grile a priebežne ešte štetcom potierame zvyšnou marinádou.

Za občasného otáčania grilujeme asi 8 až 10 minút.

### HOVÄDZIE PLÁTKY NA ZELENINE

250 g hovädzia sviečkovica

1 ks cuketa

1 ks červená paprika

1 ks červená cibuľa

2 strúčiky cesnak

1 PL oregano

1 PL bazalka

1 PL rozmarín

2 PL olivový olej

mozzarella

sol'

mleté čierne korenie



Mäso nakrájame na tenké plátky, očistíme a nakrájame zeleninu. Namiesto hovädzieho môžeme použiť aj bravčové karé či morčacie prsia. Mäso a zeleninu vložíme do misy, ochutíme sol'ou, korením, nadrobno nasekanými bylinkami a olejom. Necháme pol hodiny odstáť pri izbovej teplote. Namiesto čerstvých bylín môžeme použiť aj sušené.

Pripravíme gril alebo predhrejdeme rúru na 200°C. Natrháme veľké štvorce alobalu a do stredu dáme zmes mäsa a zeleniny. Alobal preložíme, uzavrieme a pečieme na rošte grilu alebo v rúre 15 až 20 minút. Potom alobal otvoríme a na vrch položíme plátky mozzarely. Pečieme ešte ďalšie 2 minúty a ihneď podávame.



## KAŠTIEĽ V HLOHOVCI



Kaštieľ v Hlohovci je najvýznamnejšou historickou pamiatkou mesta Hlohovec. Nachádza sa južne od Hlohovca, na okraji rozsiahleho stromového parku s francúzskymi terasami. Predtým na jeho mieste stál Hlohovský hrad. Pôvodný stredoveký hrad bol postavený v 11. storočí a prvýkrát sa spomína v tzv. zoborskej listine z roku 1113. V roku 1275 kráľ Ladislav IV. daroval hrad prvému feudálnemu vlastníkovi z rodu Abovcov. Odvtedy, s malými prestávkami, patril aj s okolitými pozemkami až do roku 1945 mocným feudálnym rodom. Na hlohovskom hrade sídlili rody Ujlakiovcov, Turzovcov, Forgáčovcov a Erdődyovcov. Práve Erdődyovci hrad prestavali na pohodlné panské sídlo a obývali ho až do roku 1945, kedy sa do mesta dostali sovietske vojská. Vtedy bola na zámku zriadená nemocnica pre sovietskych vojakov. Po ich odchode sídlila v priestoroch zámku určitý čas posádka česko-slovenskej armády. Od roku 1951 boli na hlohovskom zámku obývacie priestory a učebne výchovného ústavu pre mládež.

## SLOVENSKÍ HERCI, KTORÍ HRALI V AMERICKÝCH FILMOCH

Milan Kňažko, známy slovenský herec, sa v roku 2007 objavil v horore Hostel II.

Bratislavský rodák Vladimír Furdík začínal v Hollywoode ako kaskadér v roku 1990, no postupne si získal uznanie aj ako herec. Vidieť sme ho mohli vo filmoch ako Eragon či Skyfall, a preslávil sa postavou Night King v kultovom seriáli Hra o tróny. Jeho všestrannosť a schopnosti mu priniesli široké uznanie v medzinárodnom meradle.

Žilinský herec Marko Igonda pôsobil vo filme Crazy Six. Jeho prítomnosť v ďalších filmoch ako Hannibal: Zrodenie zla len potvrdila jeho všestrannosť.

Slovenská herečka Gabriela Marcinková sa preslávila úlohou v romantickej dráme 360, kde hrala popri Judem Lawovi a ďalších hviezdach. Neskôr si zahrala aj vo filme Move On po boku Madsa Mikkelsena, čo posilnilo jej pozíciu na medzinárodnom poli hereckého sveta.

## KRÁTKE SPRÁVY ZO SLOVENSKA



Robert Fico by rád obsadil voľné pracovné miesta Uzbekmi. Oznámil to počas návštevy Taškentu. „Uzbekistan je pripravený poskytnúť 200-tisíc pracovníkov, ktorí by mohli robiť v zahraničí. Slovensko potrebuje 150-tisíc kvalifikovaných pracovných síl,” citovala TASR slovenského premiéra. Spresnil, že ho zaujímajú Uzbeki, ktorí by sa zamestnali napríklad v automobilkách, zmienil sa aj o zdravotných sestrách.

16.júna pricestovali Slovensko evakuovaní občania SR spolu s občanmi z ďalších krajín z krízovej oblasti Blízkeho východu. Logistický proces organizuje Ministerstvo zahraničných vecí a európskych záležitostí (MZVEZ) SR v spolupráci s Ministerstvom obrany SR a Ministerstvom vnútra SR. „Prvý let by mal na bratislavské letisko doraziť už dnes vo večerných hodinách,” potvrdilo MZVEZ. Na palube bolo 91 ľudí. 17. júna v priletelo lietadlo z Cypru. „Keďže konflikt medzi Iránom a Izraelom je pomerne intenzívny, využili sme naše štátne lietadlá. Rezort diplomacie 15. júna pre TASR potvrdil, že je v kontakte so všetkými občanmi Slovenska na Blízkom východe, zaevidovanými v dobrovoľnej registrácii ministerstva a usmerňuje ich k ďalšiemu postupu.

V evidencii dopravných inšpektorátov v Trenčianskom samosprávnom kraji (TSK) bolo koncom mája toto roku 281.430 osobných motorových vozidiel. Vyplýva to z informácií odboru dopravnej polície Prezídia Policajného zboru. Počet osobných automobilov stúpol v TSK medziročne o 5376. Najviac osobných áut v TSK evidovali v okrese Prievidza (62.496), najmenej v Myjavskom okrese (12.764). Dopravné inšpektoráty na Slovensku evidovali koncom mája tohto roku 2.746.781 osobných automobilov. Ich počet stúpol medziročne o 66.146. Najviac osobných vozidiel bolo v Bratislavskom samosprávnom kraji (505.952), najmenej v TSK (281.430).

Platy na Slovensku stúpili. Priemerná nominálna mesačná mzda zamestnanca v slovenskom hospodárstve v 1. štvrťroku dosiahla 1518 eur, čo je medziročný nárast o 4,9 %. Zamestnanci si v hrubom prílepsi v priemere o 71 eur. Rastúca inflácia na začiatku roka však spomalila reálny rast plátov len na úroveň 1 %, čo je najpomalší rast reálnych miezd od posledného štvrťroka 2023. Z regionálneho pohľadu si nadpriemerné mzdy udržal iba Bratislavský kraj (1901 eur). V ostatných krajoch sa mzdy pohybovali od 1179 eur v Prešovskom kraji do 1417 eur v Trenčianskom kraji. Nominálna mzda bola vo všetkých regiónoch vyššia než v 1. štvrťroku 2024, pričom najvýraznejší nárast, o 8,2 %, zaznamenal Nitriansky kraj. Reálny rast zárobkov nastal len v piatich z ôsmich krajov Slovenska, najvýraznejšie, o viac ako 2 %, v Nitrianskom a Trenčianskom kraji. V Bratislavskom a v Žilinskom kraji mzdy reálne klesli a v Banskobystrickom kraji zostali na rovnakej úrovni ako pred rokom.



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