## 2020 Virtual International Clinic

The year 2020 has brought a lot of challenges for all of us. The Supreme Physical Fitness Board has been working hard. As a new board, we came together to work as one and to make sure the 50<sup>th</sup> International Slet will be one to remember. The SPFB board met several times via zoom to organize a successful virtual International Clinic. Although this is not our preferred way to meet, technology has become part of our every day and we want our organization to flourish into the future.

A worldwide pandemic has blanketed all of us but the SPFB and the leaders of our Groups would not let that hold us back! We had to cancel our 'in person' clinic due to restrictions. The International Clinic was held all virtually. Everyone was able to receive all the required information but all participants missed the fraternalism that comes with our great organization. We met via ZOOM on June 13 and July 18. I would like to thank all the leaders of the groups for joining us on Saturday mornings and being flexible. I thank you all for your commitment.

In attendance were:

# Group 1

**Director Steven Pogorelec** 

**Directress Amber Freda** 

### Group 2

Directress Tina Neudec

### Group 3

Director Gary Manyak

Assistant Director Zach Manyak

Directress Judy Manyak

Assistant Directress Jaque Manyak, Skylar Manyak and Kenzie Manyak

#### Group 4

Assistant Director Noah Romine

Directress Tricia Radtke

Assistant Directress Lisa Hoeck

# Group 5

**Directress Jayme Blosser** 

Assistant Directress Nicole Leslie

#### Group 7

**Directress Kelly Palchanis** 

Assistant Directress August Palchanis

**Director Matthew Malenovitch** 

## Group 11

**Director Chaz Matlon** 

Assistant Director Luke Matlon

**Directress Mary Matlon** 

## Group 12

**Director Chris Antosy** 

**Directress Kathleen Smolkowicz** 

Assistant Directress Myra Tadlock

### Group 14

Director Aaron Kercel

Assistant Director Gavin Watkins

**Directress Haley Hast** 

Assistant Directress Paige Gaisorowski and Brittany Has

## Group 17

Denise Babik

## Group 19

Directress Anne Marie Wasilewski

Director Steven Popik

Assistant Director Michael Wasilewski

The Virtual International Clinic was held over two separate 3 hour sessions. The first session was focused on introductions to the new SPFB members, International Slet rules, regulations, the NEW 30 and over age group, the NEW 3 on 3 Basketball for 8-9 and 10-11-12 year old age group, track and field changes and additions, as well as new ideas.

The second session was held on July 18<sup>th</sup> and there was a review of several rules, the 50<sup>th</sup> International Slet schedule to be held in Kutztown University in Pennsylvania, and we did a break out activity. ZOOM randomly divided all the participants into 5 different groups. Each group was given the task to organize an event for each group to use during different seasons. All the ideas were great!!! We will be sending all the ideas to each leader. We understand that planning events come easy to some people and can be overwhelming for others. The SPFB wants all the leaders to have fun leading and not feel stressed over planning an event.

The SPFB is planning a mini clinic in January or possible March. We will be organizing this event while taking any restrictions COVID-19 may bring.

The participants asked for a video or slideshow to show new members the meaning of our organization. Supreme Assistant Sports Director Frank Laury has created a video in the past so he will take the lead on this project. A September 15<sup>th</sup> deadline has been requested.

We wanted to make sure all people are receiving the Falcon via online. This was a lengthy discussion. If you or your children are not registered and receiving the monthly Falcon, please register on <a href="https://www.slovakcatholicsokol.org">www.slovakcatholicsokol.org</a> Please encourage all members to do so.

### #sokolsrocks

A new idea was suggested by the new Director from Group 12, Christopher Antosy. All the participants are very excited! A way to keep the youth and all ages engaged during this hard time is to start a #sokolsrocks campaign. We encourage any members to paint a rock and add #sokolsrocks on it. Then they can place it around their club, town or area for others to find. They can submit a picture to me when they are finished with their rock or find one. I will post them on facebook/Instagram/and twitter. A detailed article and flyer will be submitted to spread the word.

The SPFB was very excited to welcome several new leaders! We are very happy to see the return of Group 2 and Group 12! We will all work hard to make this transition to coming back fun and easy.

The first ever Slovak Catholic Sokol Virtual Clinic was a success but all the participants felt the same and missed the physical meeting and fraternalism. We are hoping to be together once COVID19 is under control. In the meantime, we will continue to stay connected virtually and keep all communication flowing.

Stay safe and healthy.

Zdar Boh,

Katie Swift

**Supreme Directress**