



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

Report of the Supreme Chaplain

Pochvalen bud Pan Jezis Kristus!

Slavna Konvencia!

As per Section 4.0 (h) of the bylaws of the Slovak Catholic Sokol, I hereby present my report as Supreme Chaplain to the delegates of the 34th Quadrennial Convention assembled in the City of Scranton, PA.

I wish to express my sincere thanks to the delegates of the 33rd Quadrennial Convention, held in Cleveland, OH, for eliminating the two-term limit from the by-laws which applied to the office of Supreme Chaplain in order for me to be re-elected to another term as Supreme Chaplain of the Slovak Catholic Sokol. It has been a blessing and an honor to be your Supreme Chaplain these last four years. In addition to it helping me to appreciate what makes us uniquely "Sokol", this position has enabled me to meet many of our members.

For each of the previous four years, I have presented a detailed report of my activities as Supreme Chaplain, therefore, this report will merely be an overview of my activities, as spelled out in our bylaws, Section 4.0, during the past four years.

I have had the privilege to participate in and represent our organization in many different activities both within our Slovak Catholic Sokol and beyond.

As Supreme Chaplain, I sit as an "ex officio" member on the Board of Directors of the Slovak Catholic Federation, thus attending all spring and fall meetings. I hold the office of National President of the Slovak Catholic Federation.

Over the previous four years I participated in all the Board of Directors meetings called for by our Supreme President whether they were teleconference or in person. I opened and closed each session with a prayer and when in person provided the Holy Sacrifice of the Mass.

I have composed an article monthly for our publication, *The Falcon*, which I trust you read and found to be insightful.

In closing I wish to sincerely thank my mom, Margaret (Louise) Hvozdovic, for enrolling me upon my birth into our beloved Slovak Catholic Sokol, and for encouraging me to participate over the years in the activities of our organization. To our Supreme President, Mr. Michael Horvath, for his encouragement, friendship, and support; to our Supreme Secretary, Mr. Scott T. Pogorelec, F.I.C., for his time, energy, and dedication to our organization, and his support shown to me. What a pleasure it has been to have served the members of the Board of Directors over these past four years. In making decisions on matters pertaining to the betterment of our organization, I stuck to my oath of office, upholding the Constitution and By-Laws of our organization.

I know that through prayer and our desire to work together, we will continue to strive to live our organization's slogan, "*A Sound Mind in a Sound Body*", and defend our organization's motto, "*Za Boha A Narod*", "*For God and Country*". We can be proud of our impressive past; may we commit ourselves to assuring a promising tomorrow.

ZDAR BOH!

Rev. Andrew S. Hvozdovic
Supreme Chaplain



SLOVAK CATHOLIC SOKOL

REPORT OF THE SUPREME PRESIDENT

Four- Year Report 2020 - 2023

Polchvalen bud Pan Jezis Kristus!
Slavna Konvencia!

In compliance with the Constitution and Bylaws of the Slovak Catholic Sokol, I hereby submit my four-year written activity report as the Supreme President to you the Delegates of the 34th Quadrennial Convention for your review, discussion, and approval.

I would like to begin by asking us to remember and pray for all members of the Slovak Catholic Sokol, our family members and friends who have died since the last Convention in 2019. May they never be forgotten and their souls Rest in Eternal Peace.

I was truly honored to be re-elected by the Delegates of the Slovak Catholic Sokol 33rd Quadrennial Convention, held in Cleveland, Ohio, August 3-7, 2019, as Supreme President for the next four years. The Delegates also elected the Supreme Assembly and entrusted in us to lead, guide the Slovak Catholic Sokol, and follow its Bylaws, in making decisions that will grow the Society, keep it financially sound and solvent, and support and promote our fraternal activities. By keeping to these values, we would remain true to our Motto "For God and Nation" and Slogan "A Sound Mind in a Sound Body".

As President I did follow the Bylaws as written and interpreting them with the assistance of our General Counsel John D. Pogorelec, Jr. Esquire. For any Society, business, or organization to succeed it has to have strong leadership and operational expertise. The Slovak Catholic Sokol is fortunate to have such a leader, our Supreme Secretary, Scott T. Pogorelec, F.I.C. who manages the Home Office day-to-day operations and the professional Home Office staff. They as a Team work daily to assure the business operations are done properly, are responsive to members, agents, vendors, professionals, governmental, fraternal organizations concerns and issues in a courteous and timely manner.

This is the heart of the Slovak Catholic Sokol, I thank the Home Office and the Supreme Assembly for the work and service done for the Society and its members.

The past forty-one months have been interesting. As the Society was entering into its 115th year in January 2020, there was excitement and enthusiasm for the next four years. All fraternal activities that were being planned and especially our 50th International Slet came to a halt because of the Pandemic, COVID 19. This worldwide infection shut down all gatherings and our plans had to be put on hold in 2020 and 2021.

To our credit our Supreme Secretary kept our Home Office safe while still doing day-today-day business operations. Thank you, Brother Scott, and the Home Office staff. The Supreme Physical Fitness Board showed their organizational skills by staying connected with the Groups and their leadership. They had a moving schedule to keep the timelines needed to plan for our activities adjusted each time a new COVID issue arose.

Everyone learned new media platforms to stay in contact and do business via the internet. We learned how to hold meetings and get-togethers via ZOOM. Without this new communication tool our Society and the global community would have suffered even more.

During 2020 -2021 it was our sole responsibility to protect everyone and mitigate the chance of spreading the virus.

We survived but a lot was lost in two years and finally in 2021 we regained a sense of normalcy. Then in 2022 we held our International Bowling and Golf tournaments and the International Clinic "Kruz" to prepare Group leaders for the 50th International Slet at Kutztown University, Kutztown, PA.

MEETING AND ACTIVITIES

Since taking office in January 2020, I presided as the Chair at each Quarterly Board of Directors meeting that was held whether it was at the Home Office, at another location or via conference call or Zoom. I attended the Slovak Catholic Sokol Museum meetings which are held annually before the 1st Quarterly Board of Directors meeting. I serve on the Slovak Catholic Sokol Scholarship Committee for the past four years to select the Scholarship awardees. I wrote monthly articles that were published in the Falcon for four years. I attended various webinars the American Fraternal Alliance, AFA, PNC Investments, and other professional training organizations conducted over the past forty-one months. I Chaired the quadrennial Presidents meeting that was held October 1, 2022, at the Scranton Hilton, Scranton, PA. I participated in other Committee meetings during the three years.

I attended the Fraternalist of the Year (FOTY) celebrations and awarded the FOTYs their gift. I represented the Slovak Catholic Sokol at the Slovak Catholic Federation (SCF) meetings as a Fraternal Society Board of Director. I represented the Slovak Catholic Sokol at the American Fraternal Alliance

meeting. As President, I was invited to attend and speak at other meetings to represent the Slovak Catholic Sokol.

FRATERNAL PROGRAMS

I attended the annual Supreme Physical Fitness Board meetings in-person in 2020 and 2023 and via Zoom in 2021 and 2022 to offer advice and learn of the plans the Board was planning. I attended the International Bowling and Golf Tournaments to extend greetings and to present the Frank S. Petruff Memorial Sportsmanship awards to the worthy recipients. I attended the Clinic held July 2022 at Kutztown University, site of the 50th International Slet in July 2023.

SALES

Sales are the lifeline of any business and the Slovak Catholic Sokol is not exempt from bring in new and more business. Our Director of Sales, Albert J. Suess, Jr. F.I.C., now retired, and between 2020 and 2022 brought in new insurance and annuity business that put our assets over \$100 million. I would like to Thank Brother Suess for all he did over the many years to create the sales agent force which helped the Society with new business and especially during the two years of the Pandemic.

In 2022 our assets decreased due to the stock and bond market adjustments and the withdrawal of annuities due to the high interest rates being offered elsewhere when the contracts expired. To stay current with the volatile interest rates the Board of Directors now set annuity interest rates monthly instead of quarterly.

2020 – (115th Year)

January 17 -19, 2020, I attended the Supreme Physical Fitness Board's annual meeting held in Pittsburgh, PA.

All in-person meetings for 2020 were cancelled and held via Zoom because of COVID-19.

March 20-21, 2020, I chaired the 1st Slovak Catholic Sokol Board of Director meeting.

I Chaired the rest of the 2020 Quarterly Board of Directors meetings, on June 24, 2020, **September 17, 2020**, and December 11, 2020, all of which were conducted via Zoom.

I participated in the many Zoom meeting the Supreme Physical Fitness Board, the Slovak Catholic Federation, the American Fraternal Alliance, PNC, and other organization held in 2020 via Zoom.

2021 – (116th Year)

January 16, 2022, I participated in the Supreme Physical Fitness Board meeting held via Zoom.

February 6, 2021, I participated in the Supreme Physical Fitness Board meeting held via Zoom.

March 19, 2021, I chaired the 1st Quarterly meeting of the Slovak Catholic Sokol Board of Directors held via Zoom.

April 17, 2021, I participated in the Supreme Physical Fitness Board meeting held via Zoom.

April 20, 2021, I participated in the Slovak Catholic Federation's spring meeting via Zoom.

May 2021, I participated in the Slovak Catholic Sokol Scholarship meeting.

June 24, 2021, I chaired the 2nd Quarterly meeting of the Slovak Catholic Sokol Board of Directors held via Zoom.

August 2021, organized the Governance Committee from the members who sent in applications to serve on the Committee.

September 26, 2021, I chaired the 3rd Quarterly meeting of the Slovak Catholic Sokol Board of Directors held via Zoom.

November 5, 2021, attended the 2020 Fraternalist of the Year (FOTY) celebration for Nancy Fedor.

December 5-6, 2021, Chaired the 4th Quarterly meeting of the Slovak Catholic Sokol Board of Directors held in Sarasota, FL.

2022 – (117th Year)

February 12, 2022, I participated in the Supreme Physical Fitness Board meeting held via Zoom.

February 23, 2022, participated in the Governance Committee's first meeting.

March 17-18, 2022, I chaired the 1st Quarterly meeting of the Slovak Catholic Board of Directors. meeting held at Mohegan Sun in Wilkes-Barre, PA.

May 13-14, 2022, attended the 76th International Bowling Tournament held in Brook Park, OH.

June 5, 2022, I was invited to speak at Assembly 78, Group 10, Bethlehem, PA Reunion celebration.

June 17, 2022, I attended the funeral of past Supreme Office Lieutenant Colonel, Dennis Zifcak in Douglas, MA.

July 16, 2022, I attended the Supreme Physical Fitness Board 50th Slet Clinic, "Kruz", at Kutztown University, Kutztown, PA.

August 12-14, 2022, I participated in the 67th International Golf Tournament at Treasure Lakes Golf Course in DuBois, PA.

September 17-18, 2022, I chaired the 3rd Quarterly meeting of the Slovak Catholic Sokol Board of Directors in Cleveland, OH.

September 18, 2022, I attended the 100th Anniversary Mass and celebration of Saint Andrew's Benedictine Abbey in Cleveland, OH where I gave greetings on behalf of the Society.

September 19, 2022, I attended the Slovak Catholic Federation fall meeting at Saint Andrew Abbey in Cleveland, OH.

October 1, 2022, I chaired the Quadrennial Group Presidents meeting held at the Scranton Hilton in Scranton, PA.

October 16-18, 2022, I attended the Pennsylvania Fraternal Alliance meeting at the Hershey Lodge in Hershey, PA.

November 4, 2022, I attended the 2021 Fraternalist of the Year (FOTY) celebration for Michael Matras, in Latrobe, PA.

November 6, 2022, I represented the Slovak Catholic Sokol at Slovak Studies Program at the University of Pittsburgh in Pittsburgh, PA.

December 4-5, 2022, I chaired the 4th Quarterly meeting of the Slovak Catholic Sokol Board of Directors meeting in Boca Raton, FL.

2023 – (118th)

January 13 -15, 2023, I attended the Supreme Physical Fitness Board meeting in Pittsburgh, PA where the plans for the 2023 fraternal activities were finalized.

January 20-22, 2023, I and Supreme Secretary, Scot T. Pogorelec, F.I.C. meet with the Governance Committee in Crystal City, VA. The Committee met first to review the Bylaw changes members sent to them and begin to organize their recommendations. Then Supreme Secretary and I met with the Committee to advise them on what they presented.

March 17-29, 2023, I Chaired the 1st Quarterly meeting of the Board of Directors at the Scranton Hilton, Scranton, PA the site of our 34th Quadrennial Convention.

April 12, 2023, met with Supreme Secretary, Scott T. Pogorelec, F.I.C. to verify the delegates for the 34th Quadrennial Convention and to select the Convention Committees from the delegates wanting to serve on a Committee.

April 15, 2023, Attended the 2022 Fraternalist of the Year celebration for Sister Judith Manyak in east Douglas, MA.

April 17, 2023, Attended the Spring meeting of the Slovak Catholic Federation in Wilkes-Barre, PA.

May 19 – 20, 2023, Attended the 77th annual Slovak Catholic Sokol International Bowling Tournament, in Buffalo, NY and presented the Frank S. Petruff Memorial Sportsmanship award to Sister Kathleen Smolkowicz from Group 12 Reading, PA.

June 28, 2023, I chaired the 2nd Quarterly Slovak Catholic Sokol Board of Directors meeting Zoom.

Although time is limited, I can still be involved with the activities, meetings and events that Group 7 and Assembly 59, Wilkes-Barre, PA, i.e., hold Hands Day, Sokol Day, Golf and Bowling Tournament

and other activities. In addition to Group 7 activities, I attend the Fraternal Societies of Northeastern Pennsylvania meetings when possible.

The Slovak Catholic Sokol would not be the fraternal benefit society it is if it were not for its annual events and activities that are organized by the Supreme Physical Fitness Board, Groups, Assemblies and Wreaths. The Supreme Assembly and members Thank You for making our Society shine throughout the year.

I want to thank all the employees of the Slovak Catholic Sokol for the work they do to keep the organization operating efficiently day-to-day. Their dedication to the organization is well recognized. All appreciate your efforts that enabled the Slovak Catholic Sokol to excel each year. To the Supreme Officers, thank you for helping me accomplish my duties, obligations, and responsibilities. To our Group, Assembly, Wreath officers and members thank you for all your support on a regional and local level. What you do is not only for the benefit of your members but also impacts the whole of the Slovak Catholic Sokol organization. To our Supreme Secretary, Scott T. Pogorelec, F.I.C., these past three years at the helm of our great fraternal society and your leadership has shown that the Slovak Catholic Sokol is in good and competent hands and will continue to grow under your guidance in years and decades to come.

Finally, I want to sincerely thank my family, my wife, Suzanne, daughters Jennifer, Heather and Megan and their families and other family members for all their unending support and encouragement these past three years. All of you have kept me focused and are the daily reminder as to the benefit and purpose of the Slovak Catholic Sokol. I could not get through the months and years without you by my side keeping me on the right track to do my best as the Supreme President and would not be able to do what I do for the Slovak Catholic Sokol. Thank you for the love you showed me. I am truly blessed and thank God for of having this fantastic family.

With God's Blessings to All!

Zdar Boh!

Respectfully submitted,

Michael J. Horvath

Supreme President



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

The following report for 2020 is submitted to the Board of Directors as stated in the Constitution and Bylaws of the Slovak Catholic Sokol.

BOARD OF DIRECTORS MEETINGS

Due to COVID-19 unfortunately almost all of the fraternal activities had to be cancelled. However, the Board of Directors kept busy by continuing the Quarterly Meetings. I participated in our Quarterly meetings either by phone conference or on Zoom calls. These meetings were held on March 20th and 21st., June 24th, September 17th and December 11th. Many good ideas were discussed while the Board worked with our Supreme Secretary and our Financial Advisors as to how we will continue through the pandemic. In March of each year the Board of Directors would normally have the Slovak Catholic Sokol Museum Board of Directors Meeting. This was temporarily postponed hoping that the Board of Directors would have an opportunity to discuss this at a later time in person. Since there seemed to be no end to the pandemic, the Board decided to call the meeting at the third quarter meeting held in September. The minutes of that meeting was printed in the November issue of the Falcon.

SCHOLARSHIP COMMITTEE MEETING

The Scholarship Committee met via a Zoom call on May 16, 2020. The members of the committee were as follows: Michael J. Horvath, Supreme President, Scott T. Pogorelec, F.I.C, Supreme Secretary, Katie Swift Supreme Physical Fitness Directress and John Underation, Supreme Physical Director. The winner's photos appeared in the July 202 issue of the Falcon. There were 30 Slovak Catholic Sokol College Grant winners, 2 Theodore and Mary Jane Rich Memorial Grants, 2 Emil Slavik Memorial Grants, 1 Doctor Lesko Medical Grant, 1 Krista Glugosh Memorial Grant, 1 Yencha Family Grant

and 3 Museum Memorial Grants awarded totaling \$44,000. In addition, 9 Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant Recipients totaling \$4,500. Lastly 11 Slovak Catholic Sokol Grade School Grant Recipients received a total of \$2,750. In total the committee awarded \$51,250 to well deserving youth of our organization. A special thank you to PNC Bank for the gracious donation towards our Memorial Scholarship grants.

OTHER FRATERNAL COMMITTEES

I currently serve as a Board of Director to the Pennsylvania Fraternal Alliance. Although in person meetings and the Annual Meeting were cancelled, I did participate in numerous phone meetings. In addition, I currently sit as a Board of Director on the Western Pennsylvania Slovak Cultural Association. Those meetings were also handled via Zoom calls.

KIDS KORNER

As Supreme Vice President, I continue to provide the Kids Korner in the Falcon Newspaper monthly expanding most months to three pages. I try to provide interesting monthly facts suitable for children along with various puzzles and games. In the summer in conjunction with the Kids Korner is a Summer Reading program also.

CONCLUSION

Finally, I have remained diligent in my efforts to increase our membership by enrolling new members throughout the year. In 2020, I have enrolled 6 new members for a total of \$95,000 in insurance. I look forward to another successful year in our organization.

The following report for 2021 is submitted to the Board of Directors as stated in the Constitution and Bylaws of the Slovak Catholic Sokol.

BOARD OF DIRECTORS MEETINGS

Due to COVID-19 unfortunately almost all of the fraternal activities had to be cancelled. However, the Board of Directors kept busy by continuing the Quarterly Meetings. I participated in our Quarterly meetings either by phone conference or on

Zoom calls. These meetings were held on March 19th and 20st., June 24th and September 24th. The 4th Quarter meeting was held in Sarasota, FL on December 4th through the 6th. Many good ideas were discussed while the Board worked with our Supreme Secretary and our Financial Advisors as to how we will continue through the pandemic. In March of each year the Board of Directors hold the Slovak Catholic Sokol Museum Board of Directors Meeting.

SCHOLARSHIP COMMITTEE MEETING

The Scholarship Committee met via a Zoom call on May 19, 2021. The members of the committee were as follows: Michael J. Horvath, Supreme President, Scott T. Pogorelec, F.I.C, Supreme Secretary, Reverend Andrew S. HvozdoVIC, Supreme Chaplain and James Jerek, Supreme Chairman of the Auditors. The winner's photos appeared in the July 2021 issue of the Falcon. There were 29 Slovak Catholic Sokol College Grant winners, 2 Theodore and Mary Jane Rich Memorial Grants, 2 Emil Slavik Memorial Grants, 1 Doctor Lesko Medical Grant, 1 Krista Glugosh Memorial Grant, 1 Yencha Family Grant and 3 Museum Memorial Grants awarded totaling \$43,000. In addition, 6 Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant Recipients totaling \$3,000. Lastly 11 Slovak Catholic Sokol Grade School Grant Recipients received a total of \$2,750. In total the committee awarded \$48,750 to well deserving youth of our organization. A special thank you to PNC Bank for the gracious donation towards our Memorial Scholarship grants.

OTHER FRATERNAL COMMITTEES

I currently serve as a Board of Director to the Pennsylvania Fraternal Alliance. The Annual Meeting was held in Pittsburgh from October 25th through the 26th. At this meeting I was reelected to another two-year term to the Board of Directors. I did participate in numerous phone meetings throughout the year. In addition, I currently sit as a Board of Director on the Western Pennsylvania Slovak Cultural Association. Those meetings were also handled via Zoom calls and in person.

OTHER ACTIVITIES

As Supreme Vice President, I have represented the organization at various functions including the Fraternal Societies of Greater Pittsburgh Golf Outing and the Western Pennsylvania Slovak Radio Hour Banquet. I participated in our International Golf Tournament held in Dubois, Pa and the Sokol Family fest held at the SNPJ

Recreation Center in Enon Valley, PA. While at the Golf Tournament I organized a slightly used golf shirt collection to give to a local homeless shelter.

KIDS KORNER

As Supreme Vice President, I continue to provide the Kids Korner in the Falcon Newspaper monthly expanding to three pages. I try to provide interesting monthly facts suitable for children along with various puzzles and games. In the summer in conjunction with the Kids Korner is a Summer Reading program also.

CONCLUSION

Finally, I have remained diligent in my efforts to increase our membership by enrolling new members throughout the year. In 2021, I have enrolled 3 new members for a total of \$15,000 in insurance. I look forward to another successful year in our organization.

The following report for 2022 is submitted to the Board of Directors as stated in the Constitution and Bylaws of the Slovak Catholic Sokol.

BOARD OF DIRECTORS MEETINGS

The Board of Directors kept busy by continuing the Quarterly Meetings. I participated in our Quarterly meeting held on March 18th and 19th in Wilkes-Barre, PA. Our 2nd Quarterly meeting was held by Conference Call on June 23rd. The 3rd quarterly meeting was held in Independence OH September 17th and 18th and our 4th Quarter meeting was held in Boca Raton, FL on December 4th through the 6th. Many good ideas were discussed while the Board worked with our Supreme Secretary and our Financial Advisors as to how we will continue through the upcoming years. In March of each year the Board of Directors hold the Slovak Catholic Sokol Museum Board of Directors Meeting.

SCHOLARSHIP COMMITTEE MEETING

The Scholarship Committee met through email communication. The members of the committee were as follows: Michael J. Horvath, Supreme President, Scott T. Pogorelec, F.I.C, Supreme Secretary, James Knis, Supreme Sports Director and John D. Pogorelec Jr. Esq, General Counsel. The winner's photos appeared in the June 2022 issue of the Falcon. There were 29 Slovak Catholic Sokol College Grant winners, 2 Theodore and Mary Jane Rich Memorial Grants, 2 Emil Slavik Memorial Grants, 1 Doctor Lesko Medical Grant, 1 Krista Glugosh Memorial Grant, 1 Yenchu Family Grant and 4 Museum Memorial Grants awarded totaling \$44,000. In addition, 6 Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant Recipients totaling \$3,000. Lastly 1 Slovak Catholic Sokol Grade School Grant Recipients received a total of \$250. In total the committee awarded \$47,250 to well deserving youth of our organization. A special thank you to PNC Bank for the gracious donation towards our Memorial Scholarship grants.

OTHER FRATERNAL COMMITTEES

I currently serve as a Board of Director to the Pennsylvania Fraternal Alliance. The Annual Meeting was held in Hershey from October 17th through the 18th I did participate in numerous phone meetings throughout the year. In addition, I currently sit as a Board of Director on the Western Pennsylvania Slovak Cultural Association.

OTHER ACTIVITIES

As Supreme Vice President, I have represented the organization at various functions including the Fraternal Societies of Greater Pittsburgh Golf Outing and the Western Pennsylvania Slovak Radio Hour Banquet. I participated in our International Golf Tournament held in Dubois, Pa

KIDS KORNER

As Supreme Vice President, I continue to provide the Kids Korner in the Falcon Newspaper monthly expanding to three pages. I try to provide interesting monthly facts suitable for children along with various puzzles and games. In the summer in conjunction with the Kids Korner is a Summer Reading program also.

CONCLUSION

Finally, I have remained diligent in my efforts to increase our membership by enrolling new members throughout the year. In 2022, I have enrolled 4 new members for a total of \$45,000 in insurance. I look forward to another successful year in our organization.

The following report for 2023 is submitted to the Board of Directors as stated in the Constitution and Bylaws of the Slovak Catholic Sokol.

BOARD OF DIRECTORS MEETINGS

The Board of Directors kept busy by continuing the Quarterly Meetings. I participated in our Quarterly meeting held on March 17th and 18th in Scranton, PA. Many good ideas were discussed while the Board worked with our Supreme Secretary and our Financial Advisors as to how we will continue through the upcoming years. In March of each year the Board of Directors hold the Slovak Catholic Sokol Museum Board of Directors Meeting.

SCHOLARSHIP COMMITTEE MEETING

The Scholarship Committee met through a phone call. The members of the committee were as follows: Michael J. Horvath, Supreme President, Scott T. Pogorelec, F.I.C, Supreme Secretary, James Knis, Supreme Treasurer and Katie Swift, Supreme Physical Fitness Directress. The winner's photos appeared in the June 2023 issue of the Falcon. There were 24 Slovak Catholic Sokol College Grant winners, 2 Theodore and Mary Jane Rich Memorial Grants, 2 Emil Slavik Memorial Grants, 1 Doctor Lesko Medical Grant, 1 Krista Glugosh Memorial Grant, 1 Yencha Family Grant and 4 Museum Memorial Grants awarded totaling \$35,000. In addition, 7 Slovak Catholic Sokol Abbot Jerome M. Koval, O.S.B. Memorial High School Grant Recipients totaling \$3,500. Lastly 15 Slovak Catholic Sokol Grade School Grant Recipients received a total of \$3,750. In total the committee awarded \$42,250 to well deserving youth of our organization. A special thank you to PNC Bank for the gracious donation towards our Memorial Scholarship grants.

OTHER FRATERNAL COMMITTEES

I currently serve as a Board of Director to the Pennsylvania Fraternal Alliance. The Annual Legislative Luncheon was held in Harrisburg from May 22nd through the 23rd. In addition, I currently sit as a Board of Director and Treasurer of the Western Pennsylvania Slovak Cultural Association. On June 1st I along with other members of the Western Pennsylvania Slovak Cultural Association met with Radovan Javorcik, Slovak Ambassador to the United States and Michal Fedik, Minister of Education Slovakia at the William Penn Hotel in Pittsburgh.

OTHER ACTIVITIES

As Supreme Vice President, I have represented the organization at various functions including the Fraternal Societies of Greater Pittsburgh Fraternalist of the Year Banquet.

KIDS KORNER

As Supreme Vice President, I continue to provide the Kids Korner in the Falcon Newspaper monthly expanding to three pages. I try to provide interesting monthly facts suitable for children along with various puzzles and games. In the summer in conjunction with the Kids Korner is a Summer Reading program also.

CONCLUSION

Finally, I have remained diligent in my efforts to increase our membership by enrolling new members throughout the year. In 2023, I look forward to another successful year in our organization.

Zdar Boh!

Edward D. Moeller,

Supreme Vice President



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

205 Madison Street • P.O.Box 899 • Passaic, NJ 07055
(973) 777-2605 • 1-800-886-7656 • Fax: (973) 779-8245
www.slovakcatholicsokol.org • E-mail: info@scslife.org

SCOTT T. POGORELEC, FIC
Supreme Secretary

SUPREME SECRETARY FOUR YEAR FINANCIAL REPORT 2019 - 2022

Fraternal Life Insurance and Benefit Society

REPORT OF THE SUPREME SECRETARY

Slavna Konvencia:

In compliance with Section 4.3, article (n) of the Constitution and Bylaws of the Slovak Catholic Sokol, I hereby submit my written report to this 34th Quadrennial Convention.

My duties and responsibilities as Supreme Secretary are clearly defined in our bylaws and I have, as required, performed them to the best of my ability.

I wish to express my sincere thanks to the delegates of the 33rd Quadrennial Convention, held in Cleveland, Ohio for electing me to this office. I have, along with my fellow Supreme Officers, made a sincere effort to make appropriate decisions after careful deliberation and to be ever mindful of what is in the best interest for our **members** and our beloved **organization**. I am certain that after reviewing our Supreme Officers' reports and the financial reports since our last Convention, you will agree with me that our organization has operated competently and as well as can be expected considering the volatile events that transpired over the past four years.

As per the oath which I took at the last Convention, I have executed and carried into effect all motions and approved recommendations of the Convention and Board of Directors.

HOME OFFICE EFFICIENCY

The Home Office staff is one of our most valuable assets, and I would like to express my gratitude to them for all their hard work. Their dedication, loyalty, and commitment to the organization and members have been second to none. The workforce continues to process information on life insurance, annuities, loans, mortgages,

billing, claims, and all related items in a timely manner. I would also like to recognize Albert J. Suess, F.I.C., for all his hard work while serving as our Director of Sales. Through his efforts, along with our Home Office Staff, we have made great strides in our sales department. Brother Albert retired in 2022 and we wish him well in his retirement.

In conformity of Title V of the "Gramm-Leach Bliley Act", we have met the requirements and issue the "Slovak Catholic Sokol Privacy Commitment Statement to our Insured" during the last four years.

SLOVAK CATHOLIC FALCON

Through the efforts of our staff, the *Slovak Catholic Falcon* continues to report on the various proceedings of our organization, as well as informing the membership of the numerous fraternal and volunteer programs that we support. We respectfully remember our deceased sisters and brothers when the obituary information is provided to us. Quarterly financial reports and minutes of all Board meetings are printed in a timely manner throughout the year for the membership's information and to use for reference. I would like to thank our Editor, Livia Karak, our former Editor and Honorary Supreme Officer, Daniel F. Tanzone, and Louie Smeriglio for their hard work and dedication to the organization.

MEMBERSHIP

As always, the growth of our membership continues to be a challenge. Many other fraternal organizations are experiencing a decline within their societies. However, through the efforts of our licensed agent and dedicated recommenders, the Slovak Catholic Sokol is weathering the storm as best we can.

TOTAL CERTIFICATES – **12/31/18** 30,412

12/31/22 28,870

TOTAL MEMBERSHIP - **12/31/18** 27,730

12/31/22 26,673

I bring your attention to this because the Society must continue to address the issue of declining membership and the need to increase premium income.

CONSOLIDATION OF ASSEMBLIES/WREATHS

At various times, it has become necessary to merge certain Assemblies and Wreaths, due to members' lack of interest in becoming officers and other various reasons. As of 12-31-18 there were 92 Assemblies/Wreaths and as of 12-31-22 we had on record 80 Assemblies/Wreaths. We will continue our efforts in helping Assemblies and Wreaths finding individuals that would like to serve and keep local activity thriving.

SLOVAK CATHOLIC SOKOL ACTIVITIES

As your Supreme Secretary, it is necessary for me to meet on behalf of our organization with state legislators and insurance regulators. I also make every effort to attend various financial and insurance seminars, meetings, and educational classes as this industry is constantly changing. The reporting process to all life insurance related agencies and State Insurance Departments is a tedious and time-consuming task, but it is necessary to protect our organization and our membership.

As per Section 4.3 (o) of the Constitution and Bylaws, I have recorded the minutes of all the Quarterly Meetings of the Board of Directors, and had the minutes of these meetings published in a timely manner in our *Slovak Catholic Falcon* publication. I have

attended the Annual Meetings of the Supreme Physical Fitness Board as my schedule allowed and offered my guidance and experience as needed. A very successful Group Presidents Meeting was held and arranged with the assistance of our Supreme President, Michael J. Horvath on October 1, 2022 at the Hilton Scranton in Scranton, PA.

Each year it has been a distinct pleasure to participate in the selection of the S.C.S. "Fraternalist of the Year" selection and the recognition there of. When time permits, I also attend the Slovak Catholic Federation Executive Board meetings, New Jersey Association of Fraternal Insurance Counselors meetings, the Passaic/Bergen/Hudson Association of Insurance and Financial Advisors meetings, and the New Jersey/New York Fraternal Alliance meetings.

STATE EXAMINATION

The State of New Jersey Department of Banking and Insurance is currently in the process of conducting their Examination audit of the Society's records for the five-year period for 2018, 2019, 2020, 2021, and 2022. The Insurance Examiners review all records and reports as mandated by the State of New Jersey and present their results upon completion. Pursuant to statute, final copies of the report will be distributed to the Departments of Insurance in the states in which we are licensed, to all members of the Board of Directors and recorded as such in the minutes of the Board of Directors Quarterly meeting.

STATISTICAL INFORMATION

As of 12-31-18, the amount of insurance in force was \$234,595,000 and as of 12-31-22, the amount of insurance in force was \$239,476,000, an increase of \$4,881,000. The Solvency Ratio at the end of 2018 was 110.0% and at the end of 2022 it was 108.0%.

Our Surplus or Unassigned Funds as of 12-31-18 equaled \$7,750,000 and as of 12-31-22 our Surplus was \$6,115,225. Assets of the organization as of 12-31-18 were \$85,164,000 and as of 12-31-22, they were \$99,750,000.

ACKNOWLEDGEMENT

I would again like to take this opportunity to sincerely thank our Supreme Officers, especially our Supreme President, Michael J. Horvath. Your leadership and dedication to the organization has benefited the Society greatly during our term. You have been a wonderful partner and colleague through our terms in office and I could not ask for a better individual to serve with. To all our Group, Assembly, and Wreath Officers, I thank you for your dedication and efforts on behalf of the Slovak Catholic Sokol.

Also, to my wonderful and beautiful wife, Maggie, our sons, Reid Thomas and Cole William, and my entire Family, thank you for your love, support, patience, and for always being there for me.

My sincere thanks and appreciation to the entire hard-working Home Office Staff for their cooperation and commitment in providing the very best service to our membership in a professional manner on a daily basis.

Finally, **"thank you"** to every member of our organization for your membership and support of the fraternal benefit system.

CONCLUSION

In conclusion, I wish all the delegates attending this 34th Quadrennial Convention of the Slovak Catholic Sokol success in their deliberations. We must all be open-minded and be ready for change, if necessary, to strengthen our future.

This year marks our 118th Anniversary of the Slovak Catholic Sokol. Let us always remember the motto of our Organization **"For God and Nation,"** and our slogan, **"A Sound Mind in a Sound Body."**

May God Bless America, God Bless our Members, and God Bless the Slovak Catholic Sokol!

Zdar Boh!

A handwritten signature in blue ink, appearing to read 'Scott T. Pogorelec', with a long horizontal flourish extending to the right.

Scott T. Pogorelec, F.I.C.
Supreme Secretary

FINANCIAL REPORT OF THE SUPREME SECRETARY
JANUARY 1, 2019--DECEMBER 31, 2022

ASSETS	2019	2020	2021	2022
Cash and Cash Equivalents	\$ 1,738,696	\$ 4,489,185	\$ 4,437,366	\$ 682,735
Investments - Bonds & Bills	73,164,049	78,623,914	86,597,199	87,949,279
Investments - Stocks	10,955,559	12,409,697	15,567,990	8,983,322
First Mortgage Loans	606,410	593,670	582,765	564,321
Loans on Certificates	241,244	247,218	297,603	326,282
Accrued Interest Receivable	829,062	803,105	857,738	856,034
Sokol Building/Land	325,140	321,402	317,663	324,225
Accounts Receivable	25,100	35,835	39,900	39,649
Due From Groups	-	2,808	(98)	-
Prepaid Items	-	15,168	18,786	24,560
TOTAL ASSETS	87,885,260	97,542,002	108,716,912	99,750,407
LIABILITIES AND RESERVES	2019	2020	2021	2022
Life Reserves	68,441,082	78,226,584	87,343,893	82,189,360
Asset Valuation Reserve	1,660,232	1,977,033	2,468,604	706,914
Interest Maintenance Reserve	196,054	266,972	385,585	386,792
Reserve for Supplemental Contracts	2,643,815	2,849,615	3,394,151	3,116,573
Reserve Emp. Retirement Plan	4,828,267	4,821,045	4,825,870	4,987,780
Reserve for Convention	-	60,000	120,000	170,000
Claims Payable	534,949	490,290	280,897	256,701
Conversion - Canadian Currency	3,801	3,847	3,879	4,765
Accounts Payable	76,983	36,208	30,000	30,000
Sokol Secure Fund	1,096,024	1,093,375	1,388,097	1,452,638
Mary Jane Rich Scholarship Fund	85,000	85,000	85,000	85,000
Emil Slavik Scholarship Fund	100,000	100,000	100,000	100,000
Dr's Lesko Medical Scholarship Fund	20,000	20,000	20,000	20,000
Yencha Memorial Scholarship	18,500	20,700	23,400	26,800
Krista L Glugosh Memorial Scholarship Fund	24,000	24,000	24,000	24,000
Dividend Payable	50,000	50,000	50,000	50,000
Advance Premiums	89,530	45,656	46,505	28,492
PPP Loan	-	40,752	-	-
TOTAL LIABILITIES	79,868,237	90,211,077	100,589,881	93,635,815
Undistributed Funds - Sokol	8,017,023	7,330,925	8,127,031	6,114,592
TOTAL LIABILITIES & SURPLUS	87,885,260	97,542,002	108,716,912	99,750,407

FINANCIAL REPORT OF THE SUPREME SECRETARY
JANUARY 1, 2019--DECEMBER 31, 2022

INCOME				
	2019	2020	2021	2022
Investment Income	\$ 3,235,523	\$ 3,221,072	\$ 3,389,825	\$ 3,465,093
Amortization of IMR	52,547	39,428	41,645	67,820
Dividends on Stocks	304,618	323,344	351,256	324,673
Interest on Mortgages	38,530	7,710	15,461	24,801
Interest on Certificate Loans	19,616	17,635	19,031	23,255
Sale of Cookbooks	728	465	643	528
Rent Received - Sokol Building	106,075	75,025	110,175	111,890
Life Premium Income	2,591,571	2,314,886	2,195,000	1,932,000
Annuity Income	1,938,704	11,392,077	12,437,000	3,592,000
Suppl. Contract	1,223	-	940,000	-
Miscellaneous Income	46,325	168,138	(1,410)	13,073
Sale of Securities/Amortization	982,519	148,758	1,079,271	762,898
TOTAL INCOME	9,317,979	17,708,538	20,577,897	10,318,031
EXPENSES				
	2019	2020	2021	2022
Death Benefit Claims Paid	1,358,544	1,661,785	1,732,084	1,940,021
Interest Expense	164,847	78,167	85,420	97,860
Fraternal Expenses	574,641	458,674	518,650	652,005
General Expenses	1,444,376	1,291,112	1,220,705	1,185,456
Employee Retirement Expenses	362,466	359,371	352,363	393,114
Commissions	398,702	475,974	472,698	265,758
Annuity Benefits	3,334,506	3,614,974	6,990,220	10,644,403
Taxes & Fees	61,096	53,125	69,832	34,197
Reserve Increase	1,217,351	9,778,280	8,917,000	(5,023,371)
Cash Surrenders	311,042	387,216	247,064	263,444
TOTAL EXPENSES	9,227,571	18,158,678	20,606,036	10,452,887
TOTAL INCOME (LOSS)	90,408	(450,140)	(28,139)	(134,856)

DIVIDENDS PAID

Year 1966 to Year 2021

Year 1966 Paid in year 1967 Dividend No.	5	\$ 267,307.83
Year 1967 Paid in year 1968 Dividend No.	6	\$ 205,463.45
Year 1968 Paid in year 1969 Dividend No.	7	\$ 211,902.66
Year 1969 Paid in year 1970 Dividend No.	8	\$ 216,672.73
Year 1970 Paid in year 1971 Dividend No.	9	\$ 303,361.33
Year 1971 Paid in year 1972 Dividend No.	10	\$ 303,361.33
Year 1972 Paid in year 1973 Dividend No.	11	\$ 317,269.83
Year 1973 Paid in year 1974 Dividend No.	12	\$ 323,252.75
Year 1974 Paid in year 1975 Dividend No.	13	\$ 331,760.00
Year 1975 Paid in year 1976 Dividend No.	14	\$ 336,519.13
Year 1976 Paid in year 1977 Dividend No.	15	\$ 344,910.32
Year 1977 Paid in year 1978 Dividend No.	16	\$ 352,241.64
Year 1978 Paid in year 1979 Dividend No.	17	\$ 355,156.72
Year 1979 Paid in year 1980 Dividend No.	18	\$ 367,204.27
Year 1980 Paid in year 1981 Dividend No.	19	\$ 368,393.73
Year 1981 Paid in year 1982 Dividend No.	20	\$ 362,261.66
Year 1982 Paid in year 1983 Dividend No.	21	\$ 387,843.00
Year 1983 Paid in year 1984 Dividend No.	22	\$ 396,100.00
Year 1984 Paid in year 1985 Dividend No.	23	\$ 814,439.00
Year 1985 Paid in year 1986 Dividend No.	24	\$ 700,000.00
Year 1986 Paid in year 1987 Dividend No.	25	\$ 788,680.00
Year 1987 Paid in year 1988 Dividend No.	26	\$ 732,628.00
Year 1988 Paid in year 1989 Dividend No.	27	\$ 725,961.00
Year 1989 Paid in year 1990 Dividend No.	28	\$ 721,842.00
Year 1990 Paid in year 1991 Dividend No.	29	\$ 711,619.00
Year 1991 Paid in year 1992 Dividend No.	30	\$ 594,398.78
Year 1992 Paid in year 1993 Dividend No.	31	\$ 529,007.98
Year 1993 Paid in year 1994 Dividend No.	32	\$ 480,595.31
Year 1994 Paid in year 1995 Dividend No.	33	\$ 441,686.37
Year 1995 Paid in year 1996 Dividend No.	34	\$ 333,045.93
Year 1996 Paid in year 1997 Dividend No.	35	\$ 314,339.02
Year 1997 Paid in year 1998 Dividend No.	36	\$ 308,159.30
Year 1998 Paid in year 1999 Dividend No.	37	\$ 315,762.90
Year 1999 Paid in year 2000 Dividend No.	38	\$ 306,559.00
Year 2000 Paid in year 2001 Dividend No.	39	\$ 581,577.62
Year 2001 Paid in year 2002 Dividend No.	40	\$ 285,234.00
Year 2002 Paid in year 2003 Dividend No.	41	\$ 285,133.00
Year 2003 Paid in year 2004 Dividend No.	42	\$ 263,307.00
Year 2004 Paid in year 2005 Dividend No.	43	\$ 266,388.00
Year 2005 Paid in year 2006 Dividend No.	44	\$ 238,310.00
Year 2006 Paid in year 2007 Dividend No.	45	\$ 149,980.20
Year 2007 Paid in year 2008 Dividend No.	46	\$ 115,608.08
Year 2008 Paid in year 2009 Dividend No.	47	\$ 48,630.72
Year 2009 Paid in year 2010 Dividend No.	48	\$ 50,602.84
Year 2010 Paid in year 2011 Dividend No.	49	\$ 52,419.88
Year 2011 Paid in year 2012 Dividend No.	50	\$ 49,230.08
Year 2012 Paid in year 2013 Dividend No.	51	\$ 48,186.24
Year 2013 Paid in year 2014 Dividend No.	52	\$ 40,983.16
Year 2014 Paid in year 2015 Dividend No.	53	\$ 43,055.65
Year 2015 Paid in year 2016 Dividend No.	54	\$ 50,000.00
Year 2016 Paid in year 2017 Dividend No.	55	\$ 49,077.00
Year 2017 Paid in Year 2018 Dividend No.	56	\$ 43,144.00
Year 2018 Paid in Year 2019 Dividend No.	57	\$ 39,955.00
Year 2019 Paid in Year 2020 Dividend No.	58	\$ 39,498.00
Year 2020 Paid in Year 2021 Dividend No.	59	\$ 41,234.00
Year 2021 Paid in Year 2022 Dividend No.	60	\$ 42,626.00



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

JAMES F. KNIS
Supreme Treasurer

6385 Harbor Drive N.W.
Canton, OH 44718
(330) 494-9524

Slavna Konvencia:

I would like to start my report by thanking the delegates of the 33rd Quadrennial Convention for giving me the opportunity and the privilege to serve as your Supreme Treasurer for these past four years. None of us could have guessed what these past four years would have brought as we began the period of our life dominated by Covid.

At that Convention, the delegates established "Role Qualifications" for the Supreme Treasurer as follows: "Encouraged bachelor's degree in financial related field; Accounting, Finance, Business Management with 8 years of work experience." With a degree in Business Management and having served 5 years as an auditor, 17 years as a School Treasurer, and 8 years as a School Business Manager, I decided to run for this position.

This new requirement combined with the fact we no longer have two other degreed positions in the office to support the Supreme Secretary, made it clear as to what needed to be done. A Supreme Treasurer with the education and background who would be there to support our Supreme Secretary as well as help him look at all sides of an issue so the end result is what is best for our organization. I can't mention this without noting how blessed we are to have a life-long competent Sokol in that position. I have worked to the best of my abilities to perform the duties, obligations, and responsibilities of the Supreme Treasurer as approved by the convention and spelled out in our Bylaws.

As with all other Supreme Board of Directors, I started off my four years being limited in my travel and activities as they were restricted or cancelled by COVID. But rest assured that I conducted all business that needed to be done, including many meetings by Zoom and numerous phone calls.

Slovak Catholic Sokol Museum Secretary/Treasurer

I started my term as the new Secretary/Treasurer of the Slovak Catholic Museum by obtaining the records, bank statements, etc. so I could get off and running and be able to conduct business as needed.

During the course of each year, I processed all donations to the Museum Account and reported those donations on a Quarterly basis in the Slovak Catholic Falcon.

Every year I submitted the required report to the State of New Jersey for the Slovak Catholic Sokol Museum.

In July of each year, I processed the Slovak Catholic Sokol Museum Scholarships to the very deserving recipients.

At the beginning of the following year, I sent out a letter to all donors thanking them and bringing to their attention the tax deductibility of their donation.

Museum Meetings

I attended the Slovak Catholic Sokols Museum Annual Meetings where I am responsible for recording the minutes and giving the Museum's Annual Financial Report. I am happy to report that our annual scholarships increased from three to four over the course of these last four years, while the fund balance increased by over \$7,000.

While we normally start the first Board Meeting of the year for the Supreme Officers by holding the Museum annual meeting, in 2020 we postponed our meeting hoping that we would be able to do it face to face later in the year. Prior to the Third Quarterly Board of Directors Meeting, we determined that an in-person Museum Annual Meeting was not going to be possible. So, on September 17, 2020, we decided to move ahead with this meeting as a Zoom conference.

Other Slovak Catholic Sokol Museum Annual Meetings were conducted as follows:

On March 19, 2021, via Zoom.

On March 18, 2022, in Wilkes-Barre, PA.

On March 17, 2023, in Scranton, PA.

Budget Committee

As Treasurer, I served as chairman of the Budget Committee, which included our Supreme President, our Supreme Secretary, and our Chairperson of the Supreme Auditors. One of the important tasks of the Treasurer is to analyze the roughly \$11,000,000 budget drawn up by the Supreme Secretary each year.

The task of keeping costs down is very difficult since we have little to no control of the biggest part of our budget, payouts for Annuities and Death Benefits, but the budget is an important part of the Supreme Secretary's duties. In the month leading up to our first Board of Directors meeting each year, I had several conversations with the Supreme Secretary, Supreme President, and Chairperson of the Supreme Auditors regarding the Proposed Budget. I then presented it to the Board, along with my analyzation, for approval at that first meeting.

Salary and Compensation Committee

As Treasurer I served on the Salary and Compensation Committee along with the Supreme Vice-President, Supreme President, and Chairperson of the Supreme Auditors. This committee annually reviews our Supreme Secretary's Salary. A directive of the 33rd Quadrennial Convention also called for a 'variable bonus structure for the Supreme Secretary be put in place under the discretion of the Board of Directors.' Our Supreme Vice-President, as chairman of this committee, asked that I lead a subcommittee to establishment this bonus structure.

Scholarship Committee

In 2023, I had my first opportunity to serve on the Scholarship Advisory/Selection Committee. This Committee which is chaired by our Supreme Vice-President includes our Supreme President, our Supreme Secretary, and two rotating members of the remainder of the Board. After sitting on this committee for the first time, it was evident how much time and energy our Supreme Vice-President put forth to see as many applicants as possible received scholarships.

Board Meetings

2020

On March 20-21, 2020, I attended my first Quarterly Board of Directors Meeting via Zoom. I presented the Slovak Catholic Sokol Annual Budget for discussion and approval.

On June 24, 2020, I attended the Quarterly Board of Directors Meeting, which again was held via Zoom.

On September 17, 2020, via Zoom, I attended the Third Quarterly Board of Directors Meeting for the year.

On December 11, 2020, I attended our final Quarterly Board of Directors Meeting for the year which, as was the others, conducted via Zoom.

2021

On March 19, 2021, via Zoom, I attended the First Quarterly Board of Directors Meeting for the year where I presented the Slovak Catholic Sokol Annual Budget for discussion and approval.

On June 15, 2021, I attended a special meeting of the Board of Directors which was held via Zoom.

On June 24, 2021, I attended the Second Quarterly Board of Directors Meeting, which again was held via Zoom.

On August 12, 2021, I attended a special meeting of the Board of Directors which was held via Zoom.

On September 24, 2021, I attended the Third Quarterly Board of Directors Meeting for the year via Zoom. At this meeting, the Salary and Compensation Sub-committee which I chaired presented the previously noted Bonus Plan for the Supreme Secretary as mandated by the delegates of the 33rd Quadrennial Convention. It was unanimously approved by the Board.

On December 5-6, 2021, I attended our final Quarterly Board of Directors Meeting for the year, which was for the first time in two years was in person in Sarasota, Florida.

2022

On March 18-19, 2022, I attended the First Quarterly Board of Directors Meeting for the year where I presented the Slovak Catholic Sokol Annual Budget for discussion and approval. It should be noted the Board meeting was held in Wilkes-Barre so the Board Members could see firsthand the marketing campaign in conjunction with the Wilkes-Barre Pens.

On June 23, 2022, I attended the Second Quarterly Board of Directors Meeting, which was held via Zoom.

On September 17-18, 2022, I attended the Third Quarterly Board of Directors Meeting for the year which was held in Independence, Ohio so the Board Members could attend the St. Andrew Abbey Centennial Mass and Celebration.

On December 4-5, 2022, I attended our final Quarterly Board of Directors Meeting for the year, which was held in Boca Raton, Florida.

2023

On March 17-18, 2023, I attended the First Quarterly Board of Directors Meeting for the year where I presented the Slovak Catholic Sokol Annual Budget for discussion and approval. It should be noted that the Board meeting was held in Scranton, PA so the Board Members could see firsthand the site of the 2023 convention.

On June 22, 2023, I will be attending the Second Quarterly Board of Directors Meeting for the year which will be held via Zoom.

OTHER ACTIVITIES

On March 12-13, 2020, as a former Supreme Auditor, I assisted with the 2019 Annual Audit conducted at the home office in Passaic, NJ. Each four-year term brings a new team of Auditors, so historically prior Auditors are held over to help with the transition to the new team. We were lucky the Chairperson of the Supreme Auditors set up this meeting just days before everything was shut down for COVID.

On July 16-17, 2021, attended the Slovak Catholic Sokol Family Fest in Enon Valley, PA.

On August 7, 2021, assisted the Supreme Director of Sports and Athletics with the 65th International Golf Tournament in Dubois, PA.

On October 10, 2021, attended the Group 5 Annual Meeting, which was held via Zoom.

On May 13, 2022, assisted the Supreme Director of Sports and Athletics with the 76th International Bowling Tournament in Brook Park, OH.

On August 13, 2022, assisted the Supreme Director of Sports and Athletics with the 66th International Golf Tournament in Dubois, PA.

On October 9, 2022, attended the Group 5 Annual Meeting, which was held via Zoom.

One final event, which would be one of the highlights of my term, will be the 50th International Slet at Kutztown University, which will take place between the submission of this report and the date of the convention. At it, I anticipate seeing my daughter Kristen and her husband Paul Hershberger compete in the Slet along with my granddaughters 12 year-old Abby and 9 year-old Ellie.

On a local basis, my Sokol activities included my involvement with Assembly 180 in Canton, Ohio, where for the last 45 years I have served as president. Despite, COVID we were able to stay active and meet on a regular basis. I participated in our philanthropic projects including school supplies for the needy, supplying turkeys for the underprivileged, stocking the church food pantry, and the purchasing and wrapping of Christmas presents for those in need.

The toughest part of the job continues to be attending the calling hours/funerals of some very active and long-time Sokols such as Edith Babik, Dolly Hussar, Mary Ann Naple, and Steve Underation, and not being able to be there for others such as Maria Doric in Canada because of the Pandemic.

THANK YOU

I again want to thank my fellow Board Members, especially our Supreme Secretary Scott Pogorelec, for his management of the Sokol office through these four years of COVID. His leadership kept our staff safe but kept our business running. Some may think there was less work because there were less people coming into the office or because events were being cancelled. But COVID created a constant changing work environment and, the Supreme Secretary in an effort to keep his staff safe, created more work for himself.

Also, I want to thank the Supreme Physical Fitness Board (SPFB), for their efforts dealing with COVID and the turmoil it created in dealing with the events which needed to be cancelled. They faced many challenges on how to proceed with activities, if and when possible. The SPFB managed to navigate us through a Sokol Family Fest as well as getting all our other events up and running at their earliest possible date. They faced the numerous changes to their schedules head on, determined how to proceed in the safest environment, and showed our organization off well, while many other organizations were still not able to conduct any events.

Lastly, I want to thank my fellow Board Members, for their cooperation in working through the many issues which come before us as a Board and their support in dealing with the committees I was involved with, such as the Sokol Museum, the Budget Committee, and the Salary and Compensation Committee.

AND FINALLY

I want to again thank the delegates to the 33rd Quadrennial Convention. The last four years gave us all a lot of uncertainty, but one thing will always remain with me. That God has blessed me with parents and grandparents who were members of this organization which led to this great opportunity to serve as your Supreme Treasurer.

Zdar Boh,

James F. Knis
Supreme Treasurer



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

REPORT OF GENERAL COUNSEL

Slavna Konvencia:

This report is submitted to the delegates of the 34th Quadrennial Convention, Scranton, Pennsylvania, to briefly outline the activities and the legal services rendered to the Slovak Catholic Sokol during the past four years since the last convention in Cleveland, Ohio, at which time I was re-elected to serve as your General Counsel. This honor from the delegates and their confidence in me has been an inspiration in facing the daily legal challenges which confront our organization. It has been my pleasure to serve as your General Counsel, and I look to your support so that I may continue to serve the Slovak Catholic Sokol in the future.

Since my offices are located in Clifton, New Jersey, approximately 10 minutes from our home office in Passaic, New Jersey, I have had many conferences with our Supreme Secretary, who has merely to call upon my presence at the home office and I am there. I have attended to all matters which have been directed to me by our Supreme President as well as being at the call of all our Supreme Officers as well as the entire membership.

As your General Counsel, I have satisfied all the duties and obligations of my office as set forth in Section 4.11 of the By-Laws of the Slovak Catholic Sokol. I am licensed to practice law in the States of New Jersey, New York, and the District of Columbia as well as the Federal Courts and the Supreme Court of the United States. In this report, I shall briefly and concisely relate my activities during the past four years.

After the last Convention, I met with the designated committee to approve the minutes of the final session of the Convention. I subsequently met with the appropriate committee to review the By-Laws passed at the last Convention. This was in order to have our By-Laws updated and published as soon as possible and submitted to the Insurance Departments of the various states in which we are licensed for their review and approval.

Pursuant to the Constitution and By-Laws, my office continues to review new state and federal legislation pertaining to fraternal benefit societies in the various states that the Slovak Catholic Sokol is licensed to do business. The objective is to determine whether pending legislation will have an adverse effect on or ability to continue to do business within each particular state. Greater emphasis is placed upon the review of tax legislation which may attempt to eliminate the tax-exempt status of our organization. Currently, there is no adverse legislation pending which will negatively impact our organization.

On the federal level, the House of Representatives and Senate both introduced the Fraternal Congressional Resolutions (H.Con.Res. 28 and S.Con.Res. 8) which acknowledge the role that fraternal play in securing the financial futures of members and the impact of community service in legislators' communities. There are 113 co-sponsors of H.Con.Res. 28 and 26 co-sponsors of S.Con.Res. 8. The concurrent resolutions are a part of the federal advocacy strategy to increase awareness of the fraternal benefit system and the importance of the 501(c)(8)

tax exemption in allowing fraternal to give back to our communities. It is a critical step forward in developing strong legislative champions in Washington D.C.

In connection with our lending portfolio, no new mortgage loans have been issued since our last convention. One borrower elected to pay off the mortgage in full ahead of schedule. Consequently, I drafted the requisite discharge of mortgage for filing and recording with the County Clerk's Office. In addition, at the President's direction, I prepared a detailed memorandum concerning the policies and procedures governing the Sokol mortgage program to eligible candidates. Our mortgage portfolio consists of two (2) loans. In 2021, the Board of Directors successfully negotiated mortgage modifications with each of our mortgagors to mitigate the effects of COVID-19 related hardships. My office attended to the drafting and preparing of the mortgage modification agreements for execution by all parties. I also attended to the filing and recording of each agreement with the respective County Clerks' offices in the appropriate vicinage. All mortgage payments are current and being received on time. I have also continued to verify that the property taxes and insurance are all paid to date and current with respect to the two (2) mortgages on file.

In matters concerning contract negotiations, I negotiated a contract with one of our long-standing tenants at the home office site to sell a parcel of real estate that had previously served as our print shop. Notwithstanding continuous delays caused by the global pandemic, the contract of sale was executed and the purchase price is \$185,000. The buyer finalized its plans and completed the development application for review and approval by the Zoning Board of Adjustment of the City of Passaic. The hearing before the Zoning Board is scheduled for late spring. Once the buyer receives the requested approvals from the municipal zoning board, we can proceed with the closing of title of the property in question.

In matters concerning litigation, presently there are no lawsuits pending against the organization. Previously, a generous benefactor, who was a member of this organization, passed away leaving a Last Will and Testament with a specific bequest to the Slovak Catholic Sokol. The will was admitted to probate and later challenged by another heir in Lorraine County Probate Court, Ohio. The will contest settled out of court last year, and our organization received inheritance proceeds totaling \$22,727.98.

As a member of the Board of Directors, I have attended all meetings called by our Supreme President. The concerns and welfare of the membership have always been held foremost by the officers at these meetings. The meetings have always been productive, dynamic, informative and always conducted in a professional manner. My participation at these meetings is well-documented in the minutes of these meetings published in our Sokol magazine, the Slovak Catholic Falcon. Moreover, in the wake of the pandemic, the Board of Directors initiated a program to conduct its meetings virtually through Zoom Video Communications, Inc.. This has resulted in savings of hotel expenses, travel expenses and payment of per diem expenses.

As I stated before, I am grateful to serve as General Counsel of the Slovak Catholic Sokol. As a member, I take advantage of every opportunity to promote our organization and give it the recognition and respect it deserves. During the past term, I have attended virtual meetings of the American Fraternal Alliance and the Association of Fraternal Benefits Counsel. From time to time, I have submitted articles and reports to the Slovak Catholic Falcon for publication. The purpose of these writings is to keep our membership informed on matters pertinent and important to our society.

In all instances, I make myself available to be of service to each and every member of our organization. I remain available to respond to any inquiries raised by any one of our members

for better understanding of the operation of our organization. I have attended various local fraternal activities, and I continue to serve as President of my Assembly 162 in Clifton as well as the President of Group 1. I participate in as many Sokol functions as time permits, and I try to sign up as many new members as I possibly can.

These past four years will be remembered as one marked by unprecedented change and uncertainty for our economy and regulatory environment. Our country currently experiences a stubborn inflation rate which is worrying economists as new numbers reveal hotter than expected price data. Recently, the Federal Reserve raised its benchmark interest rate by a quarter of a point, forging ahead with its fight against inflation despite a spate of bank failures and a growing crisis within the financial sector. The unanimous decision puts the federal funds rate at roughly 5.1 percent, the highest level in sixteen years, from near zero just one year ago. It marks the tenth consecutive rate increase aimed at combating high inflation.

In today's turbulent times, everything is subject to change except our core values which is to do everything possible to make the lives of our membership happy and productive as possible. Dramatic changes were made to the By-Laws to reduce expenses and encourage new membership. We have reduced our expenses substantially; however, our membership continues to decline and steps have been taken to turn this situation around. We have survived a declining stock market, and there has been a dramatic reduction in the yields on bonds we hold in our portfolio due to many years of declining interest rates. This impacts negatively on how much money may be spent on the activities that the Sokol provides for its membership. Notwithstanding the above, we continue to fund all programs as we have in the past and we continue to issue scholarships to our deserving youth to assist them with their education.

Regulatory increases--such as, providing excess reserves--have also created unforeseeable problems. For example, in 2021, the additional reserve due to the asset adequacy analysis was increased by \$200,000 from \$900,000 to \$1.1 million. The last time this additional reserve was increased was in 2013. That amount represents about 1.25 percent of the total life and annuity reserves. If the number of issues that negatively impacted the 2021 results (e.g., historically low market interest rates, higher than expected mortality experience, losses from operations) continue to occur, then the asset adequacy reserve may need to be increased again in the coming years.

These negative issues are not insurmountable, and the dedication and commitment for God and Country and our beloved Slovak Catholic Sokol will allow us to look forward to a glorious future. I extend to my fellow Directors my personal thanks for their wonderful cooperation during the past four years. To the delegates of the 34th Quadrennial Convention, I extend my personal best wishes for much success in your deliberations. I pray to God that He will give us all the wisdom, courage, and common sense to make those decisions which will strengthen our organization and make the Slovak Catholic Sokol the greatest Fraternal Benefit Society in the world.

Zdah Boh!

Respectfully submitted,

JOHN D. POGORELEC, JR.
GENERAL COUNSEL



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

Slavna Konvencia:

Dear Sister and Brother Delegates to the 34th Quadrennial Convention of the Slovak Catholic Sokol.

I would like to thank the delegates of the 33rd Quadrennial Convention for giving me the opportunity to serve in the Office of Chairperson of the Supreme Auditors. The past three and a half years have been challenging, interesting and enlightening as we blended new and old in our continuing efforts to better our beloved organization.

The faster paces of today's world, the fluctuating business climate and our national economy have made this Board of Directors tenure a series of reevaluations. Balancing attempts to trim expenditures while maintaining member benefits and coping with decreasing membership has made this a challenging tenure. Through each and every meeting this Board has worked diligently on ways to maintain and improve our organization. Several of these ideas will be presented to you at this Convention as we attempt a conservative approach to dealing with our dynamic environment.

My activities as your Chairperson of the Supreme Auditors through the past three and a half years are as follows:

2020

March 16-20, 2020: Conducted the Slovak Catholic Sokol Annual Audit for the year 2019 with both outgoing and incoming Supreme Auditors in Passaic, New Jersey.

March 20-21, 2020: Participated in the First Quarter Board of Directors Meeting via Zoom. Presented the Slovak Catholic Sokol Annual Audit for discussion and approval.

June 24, 2020: Participated in the Second Quarter Board of Directors Meeting via Zoom.

August 16, 2020: Attended the golf social at the GCU course in Beaver Falls, Pa.

September 17, 2020: Participated in the 2020 Slovak Catholic Sokol Museum Board Meeting via Zoom.

September 17, 2020: Participated in the Third Quarter Board of Directors Meeting via Zoom.

December 11, 2020: Participated in the Fourth Quarter Board of Directors Meeting via Zoom.

2021

March 19, 2021: Participated in the 2021 Slovak Catholic Sokol Museum Board Meeting via Zoom.

March 19, 2021: Participated in the First Quarter Board of Directors Meeting via Zoom. Presented the Slovak Catholic Sokol Annual Audit for discussion and approval.

May 19, 2021: Participated in the 2021 Scholarship Selection Committee via Zoom.

June 15, 2021: Participated in a special meeting of the Board of Directors via Zoom.

June 24, 2021: Participated in the Second Quarter Board of Directors Meeting via Zoom.

July 31, 2021: Participated in the Ohio Fraternal Alliance Executive Board Meeting in Bellville, Ohio.

August 7, 2021: Attended and assisted at the 65th International Golf Tournament in DuBois, PA.

August 12, 2021: Participated in a special meeting of the Board of Directors via Zoom.

September 24, 2021: Participated in the Third Quarter Board of Directors Meeting via Zoom. The Salary and Compensation Sub-Committee (of which I am a member) presented the Bonus Plan for the Supreme Secretary as mandated by the delegates of the 33rd Quadrennial Convention. It was unanimously approved by the Board.

October 15, 2021: Participated in the Ohio Fraternal Alliance Annual Meeting in Independence, Ohio as a post-COVID reorganization and revitalization event. Elected Secretary.

December 5-6, 2021: Participated in the Fourth Quarter Board of Directors Meeting in person in Sarasota, Florida.

2022

March 14-17, 2022: Conducted the Slovak Catholic Sokol Annual Audit for the year 2021 in Passaic, New Jersey.

March 18, 2022: Participated in the 2022 Slovak Catholic Sokol Museum Board Meeting in Wilkes-Barre, PA.

March 18-19, 2022: Participated in the First Quarter Board of Directors Meeting in Wilkes-Barre, PA. Presented the Slovak Catholic Sokol Annual Audit for discussion and approval.

June 23, 2022: Participated in the Second Quarter Board of Directors Meeting via Zoom.

July 30, 2022: Participated in the Ohio Fraternal Alliance Executive Board Meeting via Zoom.

August 9-11, 2022: Conducted the 2022 Semi-Annual Audit in Passaic, New Jersey.

August 13, 2022: Attended and assisted at 66th International Golf Tournament in DuBois, PA.

September 17-18, 2022: Participated in the Third Quarter Board of Directors Meeting in Independence, Ohio. The Board Members attended the St. Andrew Abbey Centennial Mass and Celebration.

October 1, 2022: Participated in the Group President's Meeting in Scranton, PA.

October 14-15, 2022: Participated in the 105th Ohio Fraternal Alliance Annual Meeting. Re-elected Secretary.

December 4-5, 2022: Participated in the Fourth Quarter Board of Directors Meeting in Boca Raton, Florida.

2023

March 13-16, 2022: Conducted the Slovak Catholic Sokol Annual Audit for the year 2022 in Passaic, New Jersey.

March 17, 2022: Participated in the 2023 Slovak Catholic Sokol Museum Board Meeting in Scranton, PA.

March 17-18, 2023: Participated in the First Quarter Board of Directors Meeting in Scranton, PA. Presented the Slovak Catholic Sokol Annual Audit for discussion and approval.

My service continues to include local involvement as an officer on both the Assembly and Group levels. I attend and participate in our various local, Group and International athletic and fraternal events. I serve our Organization as an officer and Board member of the Ohio Fraternal Alliance. My Slovak heritage is further promoted through my active involvement as Trustee for the American Slovak Cultural Association of the Mahoning Valley.

I would like to extend thanks to Supreme President Michael J. Horvath, Supreme Secretary Scott T. Pogorelec, F.I.C. and the Home Office staff for their support and cooperation these past three plus years. I offer the greatest of thanks and appreciation to my friends and colleagues Supreme Auditor Edward P. Bajus and Supreme Auditor Bradley P. Hoeck for their professionalism, cooperation and dedication. Sincere thanks to my fellow Board members who have worked so diligently through the past three plus

years of a truly unique era. A special thanks to my daughter Katie who reminds me of how wonderful this organization is for the youth. Finally, thank you to all members who have continued their diligence and dedication to our beloved Slovak Catholic Sokol.

May God Bless and Keep You All as you deliberate through this Convention.

Respectfully Submitted,
ZDAR BOH!
James G. Jerek
Chairperson of Supreme Auditors

**The Supreme Auditors have reviewed the records and accounts of the
Slovak Catholic Sokol and hereby present the 2023 Convention Report:**

	2019	2020	2021	2022
1. <u>BOARD OF DIRECTORS MEETING EXPENSES</u>	<u>\$ 38,056.88</u>	<u>\$ 5,988.54</u>	<u>\$ 15,933.41</u>	<u>\$ 40,993.22</u>
2. <u>BUILDING RENTALS</u>				
A. First floor office space is leased by the Slovak League of America.	\$ 4,800.00	\$ 4,800.00	\$ 3,800.00	\$ 3,300.00
B. Tri County Plumbing rents supply storage space.	\$ 6,900.00	\$ 6,900.00	\$ 6,000.00	\$ 6,500.00
C. Little Achievers Academic Child Care	\$ 75,085.00	\$ 58,705.00	\$ 79,679.89	\$ 82,109.67
D. Museum	\$ 15,000.00	\$ 15,000.00	\$ 15,000.00	\$ 15,000.00
E. Parking leases on a month to month basis.	\$ 4,620.00	\$ 4,620.00	\$ 6,195.00	\$ 4,980.00
Total	<u>\$ 91,405.00</u>	<u>\$ 90,025.00</u>	<u>\$ 110,674.89</u>	<u>\$ 111,889.67</u>
3. <u>FRATERNAL CONGRESS EXPENSES</u>	<u>\$ 17,391.12</u>	<u>\$ 1,958.06</u>	<u>\$ 8,284.11</u>	<u>\$ 11,579.40</u>
4. <u>QUADRENNIAL CONVENTION</u>				
33RD August 4 - 7, 2019 Held in Cleveland, Ohio				
Travel Expense	\$ 44,662.08			
Meals and Banquet Charges	\$ 85,382.98			
Lodging	\$ 56,938.94			
Per Diems/Officers and Delegates	\$ 27,921.65			
Donations	\$ 15,500.00			
Committees	\$ 8,553.60			
Printing Expenses	\$ 6,254.89			
Gifts for Delegates	\$ 7,603.35			
Audio, Visual, Sound Systems	\$ 2,923.73			

Office Expense	\$	4,302.86
Planning Meeting	\$	2,208.13
Entertainment	\$	454.18

Total **\$ 262,706.39**

34TH	August 5 - 8, 2023	Held in Scranton, Pennsylvania	(Accrual)	\$	60,000.00	\$	60,849.62	\$	62,513.42
-------------	--------------------	--------------------------------	-----------	----	-----------	----	-----------	----	-----------

5. OUTSTANDING SLET BALANCES

Group 11	\$	659.05	\$	-	\$	-	\$	-
Group 14	\$	926.75	\$	-	\$	-	\$	-
Group 19	\$	3,111.54	\$	1,889.55	\$	-	\$	-
Total	\$	4,697.34	\$	1,889.55	\$	-	\$	-

6. PHYSICAL FITNESS BOARD EXPENSES

\$	11,741.99	\$	13,401.50	\$	950.00	\$	-
----	-----------	----	-----------	----	--------	----	---

7. PUBLICATION EXPENSES

Slovak Catholic Falcon								
Printing	\$	28,275.00	\$	26,575.00	\$	24,475.00	\$	25,275.00
Postage	\$	20,300.00	\$	17,150.00	\$	17,300.00	\$	13,600.00
Annual Activity Review Book	\$	8,350.00	\$	-	\$	-	\$	-
Miscellaneous Printing	\$	26.61	\$	27.81	\$	1,986.26	\$	280.00
	\$	56,951.61	\$	43,752.81	\$	43,761.26	\$	39,155.00

8. REVIEW OF EXISTING MORTGAGES

A.	Outstanding Mortgage Balances:	\$	606,420.70	\$	594,555.25	\$	582,764.61	\$	564,320.52
	2 mortgage payments are being received								
B.	Interest income on mortgages	\$	36,968.25	\$	7,709.57	\$	15,460.92	\$	24,801.20

9. SCHOLARSHIP COMMITTEE

Scholarships	\$	42,750.00	\$	50,430.10	\$	46,750.00	\$	43,427.10
--------------	----	-----------	----	-----------	----	-----------	----	-----------

Committee Expenses

\$	623.85	\$	-	\$	478.00	\$	-
\$	43,373.85	\$	50,430.10	\$	47,228.00	\$	43,427.10

10. SPORTS AND ATHLETIC EXPENSES**A. District Tournaments**

None Held

\$	-	\$	-	\$	-	\$	-
----	---	----	---	----	---	----	---

B. International Bowling Tournament

Home Office Allotment

\$	2,775.00	\$	-	\$	-	\$	2,090.00
----	----------	----	---	----	---	----	----------

Returned to Home Office

\$	720.32	\$	-	\$	-	\$	(24.00)
----	--------	----	---	----	---	----	---------

Supreme Officers Expense/Insurance

\$	2,054.68	\$	-	\$	-	\$	2,066.00
----	----------	----	---	----	---	----	----------

\$	3,300.02	\$	-	\$	-	\$	3,980.97
----	----------	----	---	----	---	----	----------

\$	5,354.70	\$	-	\$	-	\$	6,046.97
----	----------	----	---	----	---	----	----------

C. 49th International Slet

Held July 17-21, 2019 University of NY-College at Brockport

Meals

\$	14,889.57
----	-----------

Lodging

\$	29,715.54
----	-----------

Group Transportation

\$	27,101.44
----	-----------

Board and Staffing

\$	19,340.00
----	-----------

Trophies / Medals

\$	2,971.60
----	----------

Gymnastic Expense

\$	580.00
----	--------

Chaperones

\$	1,650.00
----	----------

Track & Field Expense

\$	5,294.81
----	----------

Calisthenics Officials

\$	2,320.00
----	----------

Printing

\$	69.06
----	-------

Participant Recreation

\$	2,041.25
----	----------

Miscellaneous Supplies

\$	2,237.25
----	----------

Props

\$	70.06
----	-------

Participant Souveneirs

\$	1,672.65
----	----------

Transportation

\$	11,848.74
----	-----------

	Sub Total	\$ 121,801.97
Less: Groups Share of Expenses		\$ 38,163.91
Total Home Office Expense		<u><u>\$ 83,638.06</u></u>

D. International Golf Tournament

Home Office Allotment	\$ 4,400.00	\$ -	\$ 4,250.00	\$ 5,600.00
Returned to Home Office	\$ -	\$ -	\$ 1,296.58	\$ 1,142.94
	<u>\$ 4,400.00</u>	<u>\$ -</u>	<u>\$ 2,953.42</u>	<u>\$ 4,457.06</u>
Supreme Officers Expense/Insurance	\$ 4,135.19	\$ -	\$ 3,561.94	\$ 5,886.93
Reimbursement for 2018 deficit	\$ 2,207.51			
	<u>\$ 10,742.70</u>	<u>\$ -</u>	<u>\$ 12,061.94</u>	<u>\$ 10,343.99</u>

E. Other Sports & Youth Programs

Walking Program	\$ -	\$ -	\$ -	\$ -
Kid's Corner Reading Program	\$ -	\$ -	\$ -	\$ -
Insurance	\$ 336.00	\$ 336.00	\$ 336.00	\$ 336.00
Total	<u>\$ 336.00</u>	<u>\$ 336.00</u>	<u>\$ 336.00</u>	<u>\$ 336.00</u>

Summary of Sports and Athletic Expenses

A. District Tournaments	\$ -	\$ -	\$ -	\$ -
B. International Bowling Tournament	\$ 5,354.70	\$ -	\$ -	\$ 6,046.97
C. 49th International Slet	\$ 83,638.08	\$ -	\$ -	\$ -
D. International Golf Tournament	\$ 10,742.70	\$ -	\$ 12,061.94	\$ 10,343.99
E. 50th International Clinic	\$ -	\$ -	\$ -	\$ 38,600.27
F. Other Sports Expenses	\$ 336.00	\$ 336.00	\$ 336.00	\$ 336.00
Total	<u>\$ 100,071.48</u>	<u>\$ 336.00</u>	<u>\$ 12,397.94</u>	<u>\$ 55,327.23</u>

11. OTHER ACCOUNTS REVIEWED

Accountant Expenses	\$ 32,447.82	\$ 31,822.64	\$ 31,068.92	\$ 35,062.89
Actuarial Expense	\$ 95,350.04	\$ 49,368.00	\$ 88,945.00	\$ 108,730.00
Advertising / Promotional	\$ 7,902.73	\$ 14,854.67	\$ 22,109.15	\$ 12,598.04

Agency Expenses	\$ 19,614.76	\$ 26,652.46	\$ 26,096.19	\$ 21,838.89
Annuity Commissions	\$ 22,149.40	\$ 169,664.34	\$ 221,983.66	\$ 76,451.85
Annuity Surrenders/Withdrawal	\$ 2,554,342.05	\$ 3,165,441.86	\$ 5,995,305.06	\$ 9,392,404.09
Bank Charges - Bond Department	\$ 166,750.16	\$ 183,402.05	\$ 215,047.43	\$ 183,193.74
Building Maintenance and Repairs	\$ 1,662.25	\$ 4,280.66	\$ 4,158.20	\$ 13,164.48
Commission Expenses	\$ 376,553.14	\$ 306,328.72	\$ 250,715.36	\$ 185,822.50
Computer Expenses	\$ 71,758.25	\$ 61,681.28	\$ 76,034.90	\$ 69,733.79
Death Benefit Claims Paid / Paid Up Additions/Annuity Death Benefits	\$ 2,140,882.55	\$ 2,509,283.55	\$ 2,772,529.71	\$ 3,202,718.41
Donations and Contributions	\$ 6,969.18	\$ 6,241.53	\$ 13,599.17	\$ 11,883.05
Dues & Subscriptions	\$ 7,013.98	\$ 6,913.86	\$ 3,789.98	\$ 3,877.19
Group Assessments	\$ 47,933.47	\$ 45,720.85	\$ 47,031.38	\$ 46,486.78
Hospitalization/Employee Benefits	\$ 85,114.30	\$ 49,317.97	\$ 77,455.25	\$ 62,159.16
Interest Expense	\$ 164,847.00	\$ 67,888.98	\$ 85,420.00	\$ 111,104.42
Marketing Expenses	\$ 20,282.90	\$ 17,159.21	\$ 18,816.84	\$ 15,051.18
Miscellaneous Income	\$ 59,495.50	\$ 186,823.50	\$ 4,532.79	\$ 26,910.97
Office Expenses	\$ 16,261.30	\$ 14,527.02	\$ 18,477.65	\$ 12,765.64
Operating Expense-Sokol Building	\$ 71,610.42	\$ 57,401.29	\$ 53,027.12	\$ 65,400.71
Other Legal Expenses	\$ 8,646.57	\$ 6,259.56	\$ 5,046.00	\$ 3,970.09
Pension Plans Office/Officers Payments	\$ 374,930.64	\$ 346,654.24	\$ 357,188.44	\$ 553,193.35
Pension Plans-Print Shop Payments	\$ 6,126.48	\$ 5,495.28	\$ 5,495.28	\$ 1,831.76
Postage Office	\$ 12,588.00	\$ 12,976.59	\$ 11,018.92	\$ 10,238.66
Property Taxes-Sokol Building	\$ 86,813.97	\$ 88,088.91	\$ 88,773.60	\$ 91,701.24
Rental Area Expenses	\$ 6,546.11	\$ 9,469.60	\$ 5,753.08	\$ 13,904.46
Reserve Annuity Supplemental Contracts	\$ 2,309,322.34	\$ 207,549.76	\$ 3,059,059.03	\$ 2,791,403.80
Salaries-Editorial	\$ 39,075.00	\$ 36,872.90	\$ 35,061.20	\$ 40,319.10
Salaries-Office	\$ 443,835.90	\$ 450,674.40	\$ 459,123.60	\$ 363,306.00
Salaries-Supreme Officers	\$ 96,695.00	\$ 112,050.00	\$ 110,025.00	\$ 113,050.00
Sale of Cookbooks	\$ 727.50	\$ 465.00	\$ 643.00	\$ 527.50
SKS 2020 Committee	\$ 3,830.70	\$ -	\$ -	\$ 1,000.00
State Insurance Licenses & Fees	\$ 6,645.08	\$ 5,927.89	\$ 11,402.50	\$ 3,676.41
Supreme Auditors	\$ 7,825.90	\$ 7,139.87	\$ -	\$ 11,449.19
Supreme Officers Employee Bonding	\$ 2,051.00	\$ 2,051.00	\$ 2,051.00	\$ 2,051.00
Supreme Officers Travel	\$ 9,722.32	\$ 3,230.77	\$ 2,370.86	\$ 8,307.72
Supreme Officers Uniform Allowance	\$ -	\$ 115.70	\$ 4,004.30	\$ 208.55
Telephone-Editorial	\$ 1,145.04	\$ 1,395.73	\$ 1,668.47	\$ 2,470.02
Telephone-Office	\$ 6,134.70	\$ 6,210.65	\$ 9,166.86	\$ 6,570.03
Workman's Compensation	\$ 6,782.81	\$ 8,486.67	\$ 5,723.60	\$ 5,291.76



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

As the Supreme Director of Sports and Athletics, and in compliance with the Bylaws of the Slovak Catholic Sokol, I hereby submit my 4 year Activity Report.

2020

The first event of the year was the Supreme Physical Fitness Board Meeting held in Pittsburgh, Pennsylvania the weekend of January 17th through the 19th. Before the annual meeting I met with Basil Wahal from the GCU to discuss the 2020 International Bowling Tournament in Cleveland, Ohio and International Gold Tournament at Seven Oaks Country Club and Black Hawk Golf Course in August.

I participated in March 20th and 21st Zoom calls for the Board of Directors 1st Quarter Meeting. During the meeting all of the Physical Fitness Board recommendations were approved for the 2020 fraternal activities and sporting events. The Board of Directors voted to cancel the 74th International Bowling Tournament scheduled for May 15th and 16th at Brookgate Lanes in Cleveland, Ohio due to the growing COVID-19 Pandemic.

During the month of March, I was able to finalize the golfing, lodging and banquet facilities for the 2021 Golf Tournament at Treasure Lake, in DuBois, Pennsylvania. On March 31st, Kutztown University cancelled all events for the summer of 2020, including our Clinic that was scheduled in July.

On April 19th, I participated in the Supreme Physical Fitness Board Zoom call as we initialized plans for our first virtual Clinic. We had an additional Zoom call on May 9th to finalize all of the details and schedule for the virtual Clinic.

I participated in the Board of Directors 2nd Quarter 2020 meeting via conference call on Wednesday, June 24th. During the meeting, the Board of Directors made the decision to cancel the 2020 International Golf Tournament due to the increase in the number of people contracting COVID-19 and for the health and safety of our members.

The first virtual Clinic Zoom call for all of the Group Leaders was held on Saturday June 13th, to discuss the rules and regulations and the addition of the over 30 age group for the 50th International Slet. The second Clinic Zoom call was held on Saturday July 18th with a separate breakout session to go over the new drills for the 50th International Slet.

Since the International Golf Tournament was cancelled, the Fitness Board decided that we would have an International Golf Week, August 10th-16, 2020. Our members would continue to practice social distancing at local golf courses, miniature golf, driving ranges or just pose with a club in hand and post pictures on Facebook. We had over 100 members send in pictures from different venues all over the USA and Canada, and 22 pictures were posted in the September issue of our *Falcon*.

The Board of Directors held their 3th Quarter 2020 Meeting via Zoom conference call on Thursday, September 17th. The Board of Directors held their 4th Quarter Meeting via Zoom conference call on Friday, December 11th. At the December meeting, the Board of Directors agreed to postpone the 50th International Slet until July 2022 at Kutztown University due to the COVID-19 Pandemic. The Physical Fitness Board is looking into promoting a Family Camp in July 2021. I participated in both meetings and we must continue to explore unique ways to communicate with our members at a local level during the Pandemic. The increased participation at the local level will help to increase the number of participants at our International Sporting events, including the 50th International Slet in 2022.

I would like to thank all of the members of the Supreme Physical Fitness Board for their help and participation in the multiple Zoom calls in 2020. I am looking forward the Sokol Family Fest at the SNPJ Recreation Center in July 2021 and the 66th International Golf Tournament at Treasure Lake in August 2021. I am optimistic that over 75% of our members will get vaccinated in the coming months and we can again have in person fraternal and social activities. Please keep in your prayers all of our members, families and friends that have had life changing events in their lives due to the COVID-19 pandemic.

2021

The first event of the year was the annual Supreme Physical Fitness Board zoom meeting held on January 16th, to discuss the scheduled activities for 2021 and possible changes that might have to be made due to the COVID-19 pandemic. I participated in the scheduled zoom on February 6th and March 6th to discuss having a Sokol FamilyFest at SNPJ Camp in July 2021, and moving the 50th International Slet to July 2022.

I participated in the Board of Directors 1st quarter meeting via zoom call that was held on March 19th. The Board of Directors voted to cancel the 75th International Bowling Tournament scheduled for May 14th and 15th at Brookgate Lanes in Cleveland, Ohio because of the indoor gathering restrictions due to COVID-19. In March I finalized plans for golf, lodging and banquet facilities for our 2022 Golf Tournament at Treasure Lake Resort in DuBois, Pennsylvania.

I participated in SPFB zoom calls on April 17th, May 8th, 15th, June 12th, 19th, and July 1st, to finalize the scheduled activities and lodging for our first Sokol FamilyFest at SNPJ Camp in Enon Valley, PA. I participated in the Board of Directors zoom call on June 15th to approve the

expense allocation for our Sokol FamilyFest. I participated in our 2nd Quarter Board of Directors zoom call that was held on June 24th.

I held a conference call on July 12th with Basil Wahal from the GCU and Kevin Collins from the FCSU to address any questions on our combined golf tournament at Treasure Lake. I attended the Sokol FamilyFest that was held at SNPJ Camp from July 14th- 18th. We had a total of 64 members enjoy the camp, including seven Fitness Board Members and two members from the Board of Directors. I also arranged the golf outing for participants of the FamilyFest at nearby Seven Oaks Country Club on Friday morning. On Sunday morning I reviewed and paid all of charges for the Sokol FamilyFest. The financial report was submitted to the Home Office on September 29th.

The 66th International Golf Tournament was held at Treasure Lake Resort in DuBois, PA, with 150 golfers participating. The Slovak Catholic Sokol had 78 golfers, FCSU 54 golfers and GCU 18 golfers. Prize money totaling \$5,636 was mailed out to the 56 winners in August. The article on the golf tournament was published in the September issue of the *Falcon*. The tournament results and pictures were published in the October edition of the *Falcon*. I would like to thank Frank Laury for his help to make the golf tournament a success. I had a follow-up conference call with the FCSU and GCU on August 11th to answer any questions on the 2021 tournament and to help promote the 2022 International Golf Tournament.

I participated on the Board of Directors zoom call on August 12th and the Fitness Board zoom call on August 21st to recap the Sokol FamilyFest and our International Golf Tournament.

I participated in a SPFB zoom call on September 14th, to discuss a possible mini-clinic in conjunction with the annual Fitness Board Meeting.

I participated in the Board of Directors 3th Quarter 2021 zoom meeting on Wednesday, Friday September 24th. The Fitness Board had zoom calls on November 17th and 21st to discuss the SCS Bylaws and moving our Clinic to July 2022 and the 50th International Slet to July 2023.

I attended the 4th Quarter Board of Directors Meeting that was held in Sarasota, Florida on December 5th and 6th. The Board of Directors confirmed the Fitness Board request to have the Clinic in July 2022 postpone the 50th International Slet until July 2023, both at Kutztown University.

I would like to thank all of the members of the Supreme Physical Fitness Board for their help and participation in the multiple zoom calls in 2021. I am looking forward to the 76th International Bowling Tournament in May 2022 after having been postponed for the past two years.

Please keep in your prayers all of our family members and friends that have effected by life changing events due to the COVID-19 pandemic.

2022

On January 12th, I was on a zoom call with leaders from the GCU, FCSU and NSS to discuss our combined 2022 International Bowling Tournament. The annual Supreme Physical Fitness Board Meeting held in via zoom call on Saturday February 12th. We also had a second zoom call on March 5th to work on the schedule for our Clinic that will be held in July at Kutztown University.

I attended the Board of Directors 1st Quarter Meeting held in Wilkes-Barre, Pennsylvania from March 18th through the 20th. The Board of Directors approved all the recommendations the Physical Fitness Board proposed for the 2022 sporting events. On April 20th I drove to Cleveland, Ohio to meet with the George Palmer the General Manager of the AMF Brookgate Lanes and finalize our bowling schedule and the Friday hospitality. I also met with Brian Wipprechet the General Manager of the Crown Plaza, the host hotel for our tournament and the Saturday evening bowling banquet.

The first sporting activity of the year was the 76th International Bowling Tournament held at Brookgate Lanes in Brook Park, Ohio. This was our first International Bowling Tournament since 2019. The annual tournament included bowlers from the GCU, FCSU and NSS. A total of a 46 participants from the Slovak Catholic Sokol took part in the annual event. Frank Laury and Nancy Kropolinsky were assigned to work the bowling tournament. Nancy submitted the bowling tournament article and pictures, which were published in the July issue of the *Falcon*. The 2022 results for Men and Women's Team, Doubles and Singles and corresponding prize money were also published in the *Falcon* and posted on our website. The bowling tournament financial report was submitted to the Home Office on June 30th.

The Fitness Board had additional zoom calls on May 21st, June 18th and July 9th to finalize the schedule and assignments for our International Clinic at Kutztown University.

On Saturday June 23th, I participated in the 2nd Quarter Board of Directors conference call. I attended the 2022 International Clinic on July 13th through the 17th at Kutztown University in Kutztown, PA. I was in charge of the transportation of Clinic participants who flew into and out of Newark Liberty International Airport. I made the arrangements for the Clinic participants to attend Dorney Amusement Park in Allentown, Pennsylvania on Friday evening.

The final tournament of the year was the 67th International Golf Tournament held from August 12th through the 14th at Treasure Lake Resort in DuBois, Pennsylvania. The annual golf tournament had 146 golfers including 105 from the SCS and 41 from the FCSU and GCU. Kristen Popik was the Fitness Board member assigned to the tournament and worked with Frank Laury to help make sure we had the correct names for all of the golfing foursomes and golfers in the candid pictures that were taken during the weekend event. Kristen Popik submitted the golf tournament article and Frank Laury submitted golf pictures for the *Falcon*. Frank Laury submitted the additional golf pictures that are posted on our website. The Flight Winners and all prize money recipients were published in the *Falcon* and also posted on our website. The prize

money checks were mailed out in late August after all of the scores and handicaps were verified. The flight winners and best scratch scores received championship golf shirts that were mailed to each winner in early October. The golf tournament financial report was submitted to the Home Office in November.

I attended the 3rd Quarter Board of Directors Meeting held in Cleveland, Ohio the weekend of September 17th through the 19th. On the drive home after our meeting, I stopped at the Kensington Golf Course in Ohio to work on the arrangements for the lodging, hospitality and banquet for our 2023 International Golf Tournament.

On December 3rd-5th, I attended the 4th Quarter Board of Directors Meeting held in Boca Raton, Florida. The final meeting of the year was extremely productive as we set goals for the last year of our four year term as a member of the Board of Directors. We continue to explore new ideas to expand our communications and increase participation for activities at the local, group and national level.

All of the arrangements for 2023 tournaments have been completed and I am currently working on locations for the 2024 bowling and golf tournaments. In closing I would like to thank all members of the Supreme Physical Fitness Board for their support during the year, especially my Assistant Frank Laury. I will continue to use the *Falcon* and the Slovak Catholic Sokol website to help publicize all of our sporting events. Hopefully we will have a great turnout for our 50th International Slet, which will be held at Kutztown University from July 13th through the 17th, 2023.

2023

The first event of the year was the Supreme Physical Fitness Board Meeting held in Pittsburgh, Pennsylvania the weekend of January 13th through the 15th. Before the annual meeting I finalized all of the arrangements of the 2023 International Golf Tournament. I also met with Basil Wahal from the GCU to discuss the 2023 International Bowling Tournament at AMF Airport Lanes in Buffalo, NY. The SPFB had had zoom calls on 2/7, 3/7, 4/11, 5/2 and 6/6 to finalize all of the scheduled events at our historic 50th International Slet.

I participated in the Board of Directors 1st Quarter Meeting that was held from March 17-19th in Scranton, PA. During the meeting all of the Physical Fitness Board recommendations were approved for the 2023 fraternal activities and sporting events.

The first sporting activity of the year was the 77th International Bowling Tournament held at AMF Airport Lanes in Buffalo, New York. This was our second International Bowling Tournament with bowlers from the GCU, FCSU and NSS. A total of a 42 participants from the Slovak Catholic Sokol took part in the annual event. Frank Laury and Kristen Popik were assigned to work the bowling tournament. Kristen Popik has submitted the bowling tournament article and pictures for the July issue of the *Falcon*. Frank Laury provided all of the pictures that

were taken at the tournament to the GCU, FCSU and NSS. The 2023 results for Men and Women's Team, Doubles and Singles will be published in the Falcon and posted on our website.

I am working with the entire SPFB getting ready for our historic 50th International Slet, at Kutztown University from July 13th -16th, 2023. The Fitness Board will be arriving on Tuesday evening, July 11th to make sure everything is ready for our first Slet since July 2019, due to the COVID-19 pandemic. The 2023 International Golf Tournament will be held at Kennsington Golf Club in Canfield, Ohio and Flying B Golf Course in Salem Ohio the weekend of August 18th -20th.

I would like to thank all of the members of the Supreme Physical Fitness Board who worked so hard since March 2020 to promote Slovak Catholic Sokol via social media and zoom calls during the COVID-19 pandemic. The pandemic has made the past three years plus a challenge but we pulled together and did our best under trying circumstances. I would also like to thank Frank Laury, the Assistant Director of Sports and Athletics for all his help in the past 4 years at all of our sporting events. Frank has taken time to identify all of the pictures taken during our sporting events that were published in the *Falcon* and posted on our website.

I extend my best wishes for a successful 34th Quadrennial Convention to the delegates as we make important decisions on the growth and future of the Slovak Catholic Sokol.

Zdar Boh!

James C. Matlon
Supreme Director of Sports and Athletics



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

FRANK P. LAURY, III.
Member Physical Fitness Board

3163 Loyal Oak Dr.
Norton, OH 44203
(330) 825-0699

4 Year Activity Report as The Supreme Assistant Director of Sports and Athletics

In Accordance with the bylaws of the Slovak Catholic Sokol, I hereby submit my 4 year activity report to the Board of Directors and all 2023 Convention Delegates.

(2020) Jan-July

In January, I attended the Supreme Physical Board Meeting held at the Homewood Suites in Pittsburgh PA. We discussed the previous Slet and the upcoming events and camps.

In March, Jim Matlon and I met to discuss upcoming tournaments, and discussed how Covid would impact the sporting events.

In July I attended the Virtual Clinic, there was an impressive turnout with group directors and directresses. Jim and I also met to discuss ideas to promote the golf weekend which would replace the International Golf Outing due to Covid. Numerous groups participated in this fun weekend of taking pictures with Sokol Friends and Family, and shared them on the Website. In August I posted a fun Golf Video to help keep members excited for the following year tournament.

In November, Julie, Nancy and myself went to the Slovenska Narodna Podpora Jednota (Slovene National Benefit Society) or now more commonly known as the SNPJ Recreation Center located in Kirkland Ohio. We met with their directors just in case the Slet would be cancelled giving us another Safe Fraternal Event to replace.

(2021) In January we had a Physical Fitness Board Annual Zoom Meeting

In February wrote and published article recapping the International Sporting events and results for 2020. We also had a zoom meeting to discuss upcoming SNPJ Camp.

In March, April, May, June and July the Fitness board had numerous zoom calls to discuss SNPJ Camp. In July had call with reps for International Golf Tournament.

July 14th-18th, I participated and worked at the SNPJ Sokol Family Fest.

In August I worked the 66th International Golf Tournament at Treasure Lake PA, and published Article for the Golf Tournament. The Board had a Zoom call in August.

(2022) In February we had the Supreme Physical Fitness Board Meeting by Zoom Call. Wrote article to recap International Sporting Events.

In March and April had Fitness Board Zoom meetings

On May 13th-15th worked the 76th Annual Slovak Catholic Sokol International Bowling tournament in Cleveland Ohio. At tournament I took team pictures, played the National Anthems and submitted pictures for Falcon and Sokol website. Sold 50/50 tickets and assisted at Banquet. In May we did have another Fitness Zoom Meeting.

In June and July the Fitness Board had a few Zoom Calls to stay up on events.

On July 13th-17th Worked the International Clinic at Kutztown University. Duties included Set up of Flags, complete picture taking and filming of drills, Discussed track and volleyball rules during meeting. Played anthems at the exhibition. I also Kept water and ice ready for participants.

August 12th-14th I Worked the International Golf Tournament. My duties included helping plan tournament, collect tournament money for closet to pin and hand out tournament souvenirs, set up flags and play anthems, input score cards into excel, help set up banquet, place advertising signs out, handing out awards and working banquet.

September 19th, met with Jim Matlon, at Kensington Golf Course in Youngstown to to finalize details for 2023 International Golf Tournament. Met with representatives for Course, food and lodging.

October 2nd I Golfed at the Central District Golf Outing in Youngstown.

(2023) On January 13th-14th attended the Supreme Physical Fitness Board Meeting in Pittsburgh, PA. Most of the meeting consisted of planning for the upcoming Slet in Kutztown PA.

In February met with trophy company to start order of awards for upcoming Slet. We also had a Fitness board zoom call.

In February posted article on Recap of all International Sporting Events.

March and April had Fitness board zoom calls in preparation for upcoming Slet.

May 19th-20th worked at the 77th International Bowling tournament at Airport Lanes in Buffalo, NY. At tournament I took team pictures, played the National Anthems and submitted pictures for Falcon and Sokol website. Sold 50/50 tickets and assisted at Banquet. In May the Fitness Board had a Zoom Call.

May 26th I visited the Kensington Golf Course to check on progress of Hotel being built in preparation for upcoming International Golf outing held August 18th-20th at Kensington Golf Course in Canfield Ohio.

June Zoom meeting scheduled for the 6th to discuss Slet schedule and awards.

The past four years had its challenging days, but we have endured through these challenges and will be stronger moving forward. I look forward to the rest of 2023 with the Slet, Golf Tournament and Convention all right around the corner!

Zar Boh!

Frank P. Laury

Frank P. Laury III
Supreme Assistant Director of Sports and Athletics



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

June 1, 2023

In accordance with the Constitution and By-laws of the Slovak Catholic Sokol, I submit my Convention Report as Supreme Physical Director.

January-March 2020

Attended the Annual Physical Fitness Board Meeting held in Pittsburgh PA.

Participated in the Group 7 Easter Flower fundraiser.

April-June 2020

Attended the Supreme Physical Fitness Board conference meeting on Zoom.

Devised the draft of rules for the 3-on-3 Co-ed Basketball to be used in upcoming Slets.

Submitted an article to the Slovak Catholic Sokol Falcon for publication.

July-September 2020

Attended the two Zoom 'virtual' Clinics with the Board and Group leaders

Met with Brothers John and Robert to complete the choreography and videos for Clinic/Slet drills.

October-December 2020

Attended the Zoom conference calls the Board held to discuss upcoming activities.

Submitted an article to the Slovak Catholic Sokol Falcon for publication.

January-March 2021

Attended the virtual events and meetings hosted by the Physical Fitness Board.

April-June 2021

Attended the virtual SPFB meetings

Attended the Group 7 Annual Meeting in Wilkes-Barre, PA

July-September 2021

Attended the first Sokol Family Fest Camping event held at SNPJ Campgrounds.

Attended the virtual SPFB meetings.

Worked at the Annual Group 7 Sokol Day in Plains, PA

October-December 2021

Attended the virtual SPFB meetings

Attended the celebration dinner of Nancy Fedor being named the Slovak Fraternalist of the Year

January-March 2022

Attended the virtual Physical Fitness Board Meeting

Attended the Wilkes-Barre/Scranton Penguins hockey game sponsored by the Board of Directors.

Attended virtual meetings for the Physical Fitness Board.

April-June 2022

Assumed the duties of the Supreme Physical Director

Participated in the International Bowling Tournament in Cleveland OH

Submitted an article for publication to the Slovak Catholic Sokol Falcon

Attended the virtual Board of Directors Meeting

Attended virtual meetings for the Physical Fitness Board

July-September 2022

Conducted the International Clinic in Kutztown PA

Attended the Board of Directors Meeting held in Cleveland OH and was present for the

100th Anniversary Mass and Reception for the Benedictine Monks of St. Andrew's Abbey

Participated in the Group 7 Annual Sokol Day Celebration.

Attended virtual meetings for the Physical Fitness Board

October-December 2022

Attended the Group Presidents Meeting in Scranton PA

Submitted an article for publication to the Slovak Catholic Falcon

Attended the Board of Directors Meeting held in Boca Raton FL

Attended virtual meetings for the Physical Fitness Board

January-March 2023

Attended the Physical Fitness Board Meeting held in Pittsburgh PA

Attended the Board of Directors Meeting held in Scranton PA

Attended virtual meetings for the Physical Fitness Board

April-June 2023

Participated in the International Bowling Tournament held in Buffalo NY

Attended virtual meetings for the Physical Fitness Board

The past four years have been a complex and trying time for our great Organization. Keeping fraternalism alive during the pandemic was a struggle but with the advances in technology, we were able to come together and keep the spirit alive. We found new ways to connect and stay together. One of the newest events, the Sokol Family Funfest, was a huge success and hopefully will continue in some form in the future.

Being appointed the Physical Director last year was a privilege and an honor. I am proud to carry on the legacy of the men who have come before and hope to continue their good work.

As always, I would like to thank my family for their support and love. I would also like to thank the Physical Fitness Board and the Board of Directors for their patience and guidance.

Zdar Boh!

Martin Degnan

Supreme Physical Director



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

Serving a four year term as the Supreme Physical Directress has been an honor filled with excitement but came with many challenges, successes and many new ideas. The Supreme Physical Fitness Board was faced with challenges that no other board has ever faced. Starting our first year with a world-wide Pandemic which slowed us down a bit but did not keep us down. I feel as though I smiled, made some changes, we worked hard as a board to still keep our organization heading into the future.

In accordance with the Bylaws of the Slovak Catholic Sokol, I hereby submit my 4 year report for the International Convention.

Year of 2020

January – May

I started the year by reaching out to all Group Presidents and Sports Directors for collection of Activity Reports and data. This information is valuable to see what can help the Groups in the future.

I was in contact with the newly elected Board Members: Assistant Directress Nancy Kropolinsky, Supreme Physical Fitness Board Member Kristen Popik and Supreme Physical Fitness Board Member Janice Matlon. With great excitement, we made plans for our first Physical Fitness Board meeting as well as Drill weekend to choreograph the new dance routines for the upcoming 50th International Slet.

The SPFB gathered in Pittsburgh, PA on the weekend of January 19-23 for the yearly meeting and drill weekend.

I worked on making sure all the members have updated information and paperwork to be successful.

February 11, 2020 I attended the virtual workshop hosted by PNC: Tackling 2020 Leadership challenges and Board Governance.

As the world-wide pandemic started, the SPFB stayed in contact to discuss how we can keep membership engaged.

In the beginning of March, I completed the SWOT challenge form to be discussed at the Board of Directors meeting.

On March 31, 2020 I attended my first Board of Directors phone teleconference with all members of the Board of Directors.

In April, I worked with the Supreme President and Supreme Secretary to purchase a membership in ZOOM to be used for future meetings.

Due to the continuation of the worldwide pandemic, April 5, 2020 the SPFB had a virtual meeting to discuss our summer programs. Due to the uncertainty of the pandemic, the SPFB decided to postpone the International Bowling Tournament as well as the International Clinic. Plans were being made for other events.

On April 26, 2020, I hosted a virtual Book club Meeting.

On March 31, 2020, and May 9, 2020 the SPFB had virtual meetings to discuss future plans and different possibilities for our organization.

June-September

Due to safety measures, COVID protocol and the concern of our members, the SPFB has decided to not hold an 'in—person' clinic. The SPFB members were faced with a challenge like none other. After several virtual meetings and emails, the SPFB held the International Clinic on two different days, June 14 and July 18. Both sessions lasted between 2-4 hours and a lot was discussed. Although disappointed by not being able to spend time together fraternally, the Group Directress', Directors, and assistants were happy to connect.

On June 23, 2020 the female members of the fitness board met to discuss changes to drills and a schedule.

On June 24, 2020, I attended the Board of Directors Board meeting. Because of COVID-19, the meeting was hosted via Zoom virtually.

On July 8, 2020, the female SPFB met with all the Directresses and assistants to make clarifications and discuss the future of drills and the 50th Anniversary of the International Slet.

Due to COVID-19, the SPFB voted to reschedule the 'official' International Golf Tournament. The golf courses still honored the group rate price. Some of our members were still able to meet. During that week, the SPFB hosted a virtual Golf Week and encouraged all members to post pictures on Facebook.

During the month of August, the COVID-19 virus was not slowing down. Seeing this as a stressor and bringing people down, I worked together with the SPFB members to organize a number of events to be hosted via ZOOM. These events were in hopes to guide the organization and hold us together.

September-December

On September 18, 2020, I hosted the first virtual happy hour with Assistant Directress Nancy Kropolinsky.

September 17, 2020, I attended the virtual Board of Director meeting.

On October 2, I hosted a First Friday Happy Hour with Assistant Directress Nancy Kropolinsky.

On October 17, 2020 I met with Supreme Director John Underation, Assistant Director Marty Degnan, and Assistant Directress Nancy Kropolinsky to help plan what future events our organization may be able to host.

On October 18- 24, 2020, the SFPB hosted a virtual International Bowling event where we encouraged people to post pictures, memories, and old pictures from Bowling Tournaments.

In October, I was a member of the scholarship committee and met with fellow members of the committee from the Board of Directors to review applicants.

November 6, 2020, Assistant Directress Nancy Kropolinsky and I hosted the virtual Friday Happy Hour.

December 5, 2020, the SPFB had a meeting to discuss plans for the 50th International Slet. With a heavy heart, we all agreed the seriousness of COVID-19 continues to be the major concern, safety issues, regulation and the Canadian Border still not accessible for transit, we would need to postpone the 50th International Slet. Discussion of a retreat/ family weekend are in the plans. We feel as though the need for a fraternal event is wanted by all members.

Dec 11,2020, I attended the Board of Director virtual meeting.

Year of 2021

All year long I continued to be in constant contact with members of the Supreme Physical Fitness Board. I consistently updated Facebook, Instagram and emailed Group Directors, Directress', Group Presidents and Group Sports Directors. I also submitted several articles to the Falcon throughout the year.

Due to Covid-19 we were unable to host the International Clinic or International Slet. The SPFB felt as though a fraternal event involving the youth was needed. After many meetings, discussions and planning, we were able to plan an amazing event at the SNJP. The event included, karaoke, hiking, bonfires, cornhole, swimming, sports and much more. We are hoping to have more family events such as these in the future.

Listed below are the many virtual events and meetings I attended and/or organized.

- January 15 Hosted Sokol Happy Hour via zoom
- January 7 Hosted the annual SPFB Ladies meeting via zoom
- January 16 Hosted SPFB Meeting via zoom
- Feb 6 Hosted SPFB Meeting via zoom
- February 5 Hosted Sokol Happy Hour via zoom
- March 5th Hosted Sokol Happy Hour via zoom
- March 6 Hosted SPFB Meeting via zoom
- March 19 Attended Virtual BOD Meeting via zoom
- April 17 Hosted SPFB meeting via zoom
- May 8 Hosted SPFB meeting via zoom
- May 15 Hosted SPFB meeting via zoom
- June 12 SPFB Meeting for preparations for SNJP via zoom

June 28 Met with Assistant Supreme Directress, Nancy Kropolinsky to visit SNJP and finalize events.

June 25 Attended the Virtual Board of Directors Meeting

July Hosted several meetings about SNJP

July 15-18 Attended SNJP Sokolfest Camp

August 21 Attended SPFB recap of 2021 events SNPJ, Golf and future events via zoom

Sept. 21 Hosted SPFB meeting via zoom

Nov. 17 Hosted SPFB meeting to discuss bylaw 7.3 and each person's stance to be represented by the Supreme Directress and Sports Director at the Board of

Directors meeting via zoom

Nov 21 Hosted SPFB meeting via Zoom

Dec.4-7 Attended Board of Directors meeting in Sarasota, Florida.

Year of 2022

January-March

I contacted all Group Presidents encouraging activity for the future and asking for submission of an activity report from the previous year.

The female Physical Fitness Board met virtually to discuss scheduling, rules and regulations and preparations for the Annual Supreme Physical Fitness Board meeting.

Contacted Group Directress, Directors and Sports Directors for suggestions, ideas and input for the SPFB meeting.

The Supreme Physical Fitness Board met virtually on February 12th, 2022 for the annual meeting. Lengthy discussions took place on sporting events, International Clinic preparations and all yearly activities.

The SPFB held the virtual monthly meeting on March 5 to discuss recommendations to be discussed at the Board of Directors meeting.

Mid March I attended the Board of Directors meeting held in Wilkes-Barre, Pennsylvania.

April-June

The SPFB held the virtual monthly meeting on April 12, 2022. At this time we discussed the resignation of Supreme Physical Director John Underation and the transition to the new Supreme Physical Director Martin Degnan.

On April 26, 2022, the female Physical Fitness Board members met to discuss all the details for the International Clinic.

The SPFB Held countless meetings with Directors and Directresses about the changes in leadership as well as changes for the International Clinic.

I worked with Supreme Assistant Director Dusan Dorich to establish and finalize the contract with Kutztown University for the International Slet.

I worked with the female fitness board to finalize all female rules and regulations.

The SPFB held the virtual monthly meeting on May 21, 2022. At this meeting the board finalized the Clinic schedule, rules and regulations changes, rules for the newly added youth basketball section, plans for the 50th Anniversary celebration and much more.

I worked closely with Supreme Council John Pogorelec and Kutztown University for the proper steps for background checks to protect the youth of our organization for the International Clinic.

I contacted each Directress and Director for information to be collected for the background checks. Also made sure each leader had the newest registration packets, International Clinic revised schedules and copies of Rules and Regulations.

The monthly SPFB virtual meeting was held on June 18, 2022.

Attended the Board of Directors meeting that was held virtually on June 23, 2022. At this meeting Supreme Sports Director Jim Matlon, Supreme Director Marty Degnan and I gave reports on the upcoming International Clinic

I submitted all the information for each member of the SPFB and International Clinic members to be submitted for background checks.

Confirmed all arrival times, travel times and events for the International Clinic

July-September

The monthly SPFB meeting was held on July 9, 2022.

The International Clinic was held from July 14-17, 2022 with the SPFB arriving on July 12, 2022. There were representatives from Group 1, 3, 4, 5, 7, 11, 12, 19. All the leaders worked hard and are excited for the 50th International Slet to be held in July 2023.

I made revisions to the International Slet schedule and Rules and Regulations from the suggestions and input we received at the International Clinic.

Organized the google drive with updated drill videos from the International Clinic.

In September, I was unable to attend the Board of Directors meeting due to the passing of my father. Thank you for all the kind messages, notes and gifts sent from my Sokol family.

October-December

I contacted the SPFB with updates and changes for the International Slet.

I worked closely with the SPFB members, Directress and Directors to establish new contact lists, information packets and goals for the upcoming year.

I attended the Board of Directors meeting on December 3-5th, 2022 held in Boca Raton, Florida.

There are many correspondence, text messages, emails, and phone calls that happen monthly between the SPFB, BOD and leaders. I consistently update social media as well as have submitted several articles to the Falcon.

Year of 2023

January-April

I worked with the SPFB to make sure all the information for the International Slet was correct and ready to be shared with all the membership.

I contacted all the group leaders in preparation for the Supreme Physical Fitness Board meeting

January 13th-January 15th, I attended the Supreme Physical Fitness Board Meeting held in Pittsburgh, PA.

I updated all the changes and notes made by the SPFB and emailed all the new changes, updates and events the SPFB will be organizing for the 2023 year.

The SPFB has a virtual meeting every month to discuss updates, changes and make sure communication is flowing.

I attended monthly virtual SFPB meeting on the 7th of February

I made sure all Directresses had access to the video drills. Due to some technical issues I was able to work with SPFB member Kristen Popik to have some of the drills recorded again.

I attended the SPFB virtual meeting on 7th of March.

I attended the Board of Directors meeting in Scranton, Pennsylvania. After many discussions and approvals at Board of Directors I began to finalize all International Slet plans.

In April, I worked with Supreme Counsel John Pogorelec to finalize all the waivers and legal papers we would need for the International Slet. As well as what is needed for background checks for all International Slet participants over the age of 18.

I attended the April 11 Supreme Physical Fitness Board virtual monthly meeting.

On April 15th, I had the privilege of being able to be present in the celebration of Judith Manyak for receiving the Fraternalist of the Year Award.

The month of May is spent sending International Slet qualifier papers to all the groups, responding to countless emails and texts.

I worked with the Assistant Supreme Director to make sure all contracts were finalized.

I had several meetings with the SPFB virtually and several phone meetings, Everyday brings a new topic.

The female Fitness Board held a virtual meeting with all the Directresses to clarify any questions, issues, and details for the summer events.

On June 3 I attended the Group 14 drill practice.

In June, I will be finalizing all the plans for the International Slet. Revising Slet schedules to meet any changes, gathering information for individual drill competition, team drill and so on. I will be in contact with the SPFB as well as the Directresses while we finalize all the needs for the International Slet.

In June, I will be attending the Board of Directors meeting virtually.

The International Slet will be held at Kutztown University from July 13-16, 2023 followed by the International Convention in August.

In conclusion, my four year term as the Supreme Directress has been filled with challenges that no one could predict. I feel as though I took all the challenges head on

and hope I was able to provide a positive atmosphere with virtual events and in person. Holding a position as a leader of the SPFB as well as a BOD position was an honor. I feel as though I followed what the Convention has nominated me to do and I kept to the oath I took when I accepted this position. Following laws is not always easy and not what everyone wants to do but it is our responsibility for the safety and reputation of our grand organization to do so. I will continue to stress the importance of communication within our organization, and the importance of fraternal events for adults and youth. If we do not keep our youth involved, who will continue our legacy?

Lastly, I ask the delegates of convention to please be open to diversity on the BOD and selecting more youth and females into leadership positions.

Respectfully,

Katie Swift
Supreme Directress



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

In compliance with the bylaws of Slovak Catholic Sokol, I hereby submit my 4 years Activity report.

January – March 2020

I met with the Cultural committee of Vychodna Slovak Dancers to start planning their trip to Slovakia for the semifinal's competition in ZemSpieva. Plans were finalized. I travelled to Pittsburgh Pa. to attend meeting of the Supreme Physical Fitness Board. All the last year's events were reviewed and suggestion to improve events were acted on. Plans for the upcoming International Clinic were finalized and we have planned an exciting schedule. All the sporting activities were finalized. This year assignments were given to the Physical Fitness Board. The whole board including new members had a lot of input during the meeting. We all work as one and the meeting was productive. After the meeting we worked on the drills for the upcoming International Clinic.

I travelled to Slovakia ahead of the Vychodna Slovak Dancers to make sure all arrangement for their arrival were ready. While in Slovakia Covid 19 came into Slovakia. ZemSpieva was cancelled and I rushed back home before Slovakia closed the borders.

April – June 2020

Together with the male Physical Fitness Board held conference calls (re) men's drills. I posted information on our Facebook page. With the Covid 19 Physical Fitness Board cancelled all our sporting events and the International Clinic for the safety of our Sokol members. We held conference calls as well as Zoom calls to plan new ways to communicate with our members. The board made a new schedule for the Zoom International Clinic. I kept in touch with my liaison groups about new plans for the year.

July – September 2020

I represented Physical Fitness Board at the annual meeting of Group 19 thru the conference call. I updated Group 19 with all the changes and plans for the events. I took part in the virtual International Clinic by a Zoom. This was the first International Clinic since I have been involved that it was not an in-person event. This was the part I missed the most this year. Virtual Clinic went well, and overall a lot was accomplished. Thanks to all the Group's leaders for taking part in it.

I represented Physical Fitness Board at Group 19 Annual Golf outing. Group 19 had a good turnout for the event. They helped at a fundraiser for the Breast Cancer. Thank you to the organizers of the event, well done. As a board we continued to hold Zoom meetings to keep up with all the new information's. I worked with the Male board members on the preparation of a drill to be reviewed at the next meeting with the group leaders for next year. I send updates to the board regarding Falcon articles.

October – December 2020

As a board we held a Zoom meeting to start planning next year's International Slet. As well as plan the sporting events. I kept in touch with my liaison groups regarding all the updates.

I met by conference call with executives of the Vychodna Slovak Dancers regarding the travel to Slovakia to take part in semifinals of ZemSpieva which was reschedule to mid Dec 2020. After all the points were presented, we decided not to travel to Slovakia for the safety of the dancers and the executives.

This has been a vastly different year, but I think we have managed to deal with it well to protect safety of our members.

2021

With the worldwide pandemic still at it worst in 2021 it was another challenging year for the Physical Fitness board to plan events. We had to cancel some events. With borders still closed for non-essential travel me and Kristen could not travel to USA. We were able to take part in planning events via zoom.

All year long I was in contact with my assigned groups and kept them informed of what the Physical Fitness board was planning.

During the whole year I kept posting on our Facebook page, as well posted few challenges to our members.

Due to the pandemic, we were not able to host International Clinic or Slet. We as a board felt that we needed a fraternal event involving our young members as well as their families. After many meetings and planning we were able to put together a great event at SNJP. It involved family-oriented events with both kids and parents taking part in them. We are hoping to have more family events such as the one this year in the future.

In January I met with the Vychodna Slovak Dancers to see what we can do to keep our dancers participating in our few zoon events since we could not do in person classes for most of the year.

Listed below are many virtual/zoom events I attended.

January 16. I took part in SPFB annual meeting, last year events were reviewed and new once planned.

February 6. SPFB meeting to plan this year events.

March 6. SPFB zoom meeting plans in progress.

May 8. SPFB zoom meeting planning SNJP camp planning.

May 15. SPFB zoom meeting SNJP plans in progress.

June 12. SPFB zoom meeting planning re SNJP and final international golf tournament.

July Several meetings re final preparations for SNJP family camp.

August 7-8. Represented SPFB at Group 19 golf tournament. Since Canadians could not cross borders for the International Goff tournament, they held their own at the same time as International one. It was a great turnout for the event. Money raised from the split between Group 19 Slet participants and the local Mental Health Association. Great work Group 19.

August 21. SPFB zoom meeting to recap this year's International Golf tournament and the SNJP family camp. As well future events were discussed.

September. I took part in a conference call with our Supreme Secretary and Supreme President to discuss situation that has arise re one of our Sokol member.

September 21. SPFB zoom meeting to discuss next year plans.

October. Represented SPFB at the annual meeting of Group 19 by conference call. At the meeting I updated Group 19 with what was happening at international level and plans for 2022.

Nov 17. SPFB zoom meeting to discuss bylaw 7.3. Decision made by the board how the Supreme Directress and Supreme Sports Director should represent SPFB at the Board of Director's meeting.

This has been a vastly different and difficult year for not only SPFB but all our members as well, but I think we have managed to deal with it well to protect safety of our members.

2022

With the worldwide Covid still at a higher level it was another challenging first few months of of the year for Physical Fitness Board. With borders still closed for non-essential travel me and Kristen could not yet ravel to USA Until June 1.

All year long I was in contact with my assigned groups and kept them informed of what the Physical Fitness board was planning.

During the whole year I kept posting on our Facebook page, as well posted few challenges to our members.

In January Slovak Ambassador to Canada Mr. Vit Koziak and I started making plans to bring to Canada for the 30th Anniversary of Slovakia , Slovak Dance Theatre presentation of their modern ballet Carmen choreographed by Jan Durovcik.

In February we held our Physical Fitness Board yearly meeting over the zoom. Last year events were reviewed. Plans for the upcoming International Clinic were finalized and new and exciting schedule planned. All the sporting activities were finalized. This year assignments were given out to the board. It was a great meeting with input from the whole board. The whole board worked hard as one.

In March the board held another zoom call to continue planning events for the year. I started working with the Kutztown University to finalize dates and facility for our upcoming International Clinic.

In April Physical Fitness Board held another zoom meeting re International Clinic.

In May I finalized all the facilities we would need for our International Clinic with Kutztown University. Physical Fitness Board held another Zoom meeting.

In June I represented SPFB at the Group 19 gold tournament. Event was well organized with 46 golfers taking part in the event. Congratulations to Group 19 organizers for a well ran tournament and money raised for a charity. As a board we held Zoom meeting for the Clinic. With the Covid restriction in Canada easing off I was able with the Slovak Ambassador finalized dates for the Slovak Dance Theatre re 30th anniversary both on Ottawa & Mississauga.

In July I wrote an article for our Falcon. The board help our last zoom meeting regarding Clinic.

I travelled to Kutztown PA to take part in person at our International Clinic which was held at Kutztown University. It was great to see all the Group representatives after three years. There were old and new faces at the Clinic. All the participants work hard to learn new drill for the upcoming 50th International Slet. Rules and regulations were reviewed with the participants and all their ideas taking into consideration. Thank you to all the participants for their hard work.

In August I took part in International Golf Tournament. Event was well organized with lots of our young Sokol members taking part in . Organizer deserve big thank you for a great event.

During early fall I together with Slovak Ambassador finalized all the plans for the 30th anniversary celebration of Slovak Republic. I started working with the Kutztown University regarding our 50th International Slet in 2023. In November took part in celebration of the 30th Anniversary of Slovak Republic. Together with the local committee hosted Slovak Dance Theatre while they were in Mississauga.

2023

January –March

I travelled to Pittsburgh PA to attend meeting of the Supreme Physical Fitness board. As the board we reviewed last year's events. It was a first in person meeting since 2020. It was great to have everyone together in one room. All the suggestions about the activities were reviewed. We reviewed 2022 Clinic

as well and looked at the suggestion we received from the the Clinic participants. We started working on the plans for this year's International Slet and preliminary schedule was put together. I reviewed with rest of the board our Falcon monthly articles. We finalized all the sporting events for the year. There was a lot of input from all the board members.

I worked with the representative from Kutztown University to finalize the contract for the International Slet . Making sure all the facilities we need to the Slet were included in the final contract.

In February and March we held zoom meeting to continue working on the final Slet schedule and to prepare all our recommendations to the Supreme Board of Directors.

I represented Physical Fitness Board at the annual meeting of Group 19, I gave greeting on behalf of the board and updated Group 19 on this year's planned activities.

April- June

As a board we had our Zoom monthly meeting regarding the sports events and the International Slet. Schedule was finalized. All information regarding the International Slet was sent out to the Group's.

I continue keeping in touch with the representative from Kutztown University about our plans for the International Slet.

I need with the Slovak Toronto cultural organizers to start planning October visit to Toronto of the Vranovcan Folklore Group from Slovakia.

I represented Supreme Physical Fitness board at the annual golf tournament of Group 19. It was great to see 50 golfers present at the event. Congratulations to Group 19 organizer for a job well done. This year their fundraiser was toward the Breast Cancer.

Upcoming events for rest of the year

July International Slet

August Convention of the Slovak Catholic Sokol, International Golf tournament

October hosting Vranovcan Folklore group in Toronto

I wish to express my sincere gratitude to the Slovak Catholic Sokol for allowing me to serve as a Supreme Assistant Physical Director

Fraternally yours,

Zdar Boh!

Dusan Dorich

Supreme Assistant Physical Director

SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"



SLOVAK CATHOLIC SOKOL

NANCY KROPOLINSKY
Member Physical Fitness Board

1853 Wingate Road
Youngstown, Ohio 44514

In accordance with the by-laws of the Slovak Catholic Sokol, I hereby submit my four-year report for the years 2020 through 2023.

March 2020 shifted focus and forced the Fitness Board to plan differently. A shift from organizing a large-scale event hoping to generate a wider age group of past, present, and future competitors, evolved into thinking of ways to remain connected through social media. Our motto "A Sound Mind in a Sound Body" was of greater significance. The year 2021 centered around promoting activities for members to remain connected even though being physically apart. Communications, Happy Hour, and offerings of souvenir coffee mugs and certificates for involvement continued to remain a theme throughout the year. Our desire to spend time together was evident in the attendance at the first Family Fest at SNPJ, with over 80 members and guests attending throughout the weekend. The willingness of members of the Physical Fitness Board to volunteer time to organize events paired with attendees volunteering to assist with activities and contribute to the fun and excitement of the weekend only symbolizes the fraternalism the Slovak Catholic Sokol aims to attain. The years 2022 and 2023 contained much excitement planning for the 50th International Slet. The members of the Physical Fitness Board met frequently to finalize plans for the 2022 Clinic and organized memorable activities for the 2023 Slet, to ensure the crux of our organization remains preserved.

January- March 2020 I attended the Supreme Physical Fitness Board Meeting, Pittsburgh, Pennsylvania and served on the Sports Program Committee. I assisted the Supreme Physical Fitness Female Board with choreography of the junior girls' and senior women's drills for the 2021 International Slet. I reported on the status of the Sunshine Fund and transferred all records to Supreme Physical Fitness Board Member, Janice Matlon. I participated in the Physical Fitness Board Zoom Meeting in preparation for the 2020 Clinic.

April – June 2020 I submitted an article to *The Falcon* pertaining to understanding generational differences. I participated in monthly Physical Fitness Board Zoom Meetings as well as two Female Board Zoom Meeting in preparation for a Virtual Clinic. I assisted Supreme Physical Directress, Katie Swift in conducting Part I of the Virtual Clinic.

July - September 2020 I participated in a Female Board Zoom Meeting to reflect on ways to keep communication and connections with our members. I promoted Sokol International Golf Week on Facebook and attended a golf outing with members of Groups 5, 17 and 14 at Seven Oaks Country Club.

October - December 2020 I participated in monthly Physical Fitness Board Zoom Meetings to discuss concerns and restrictions regarding the 2021 International Slet. I assisted Katie Swift in

hosting Happy Hour Zoom Meetings by issuing prizes to monthly theme winners. I contacted SNPJ to discuss a possibility of holding a family outing should the Slet be postponed in 2021. I toured SNPJ with Supreme Assistant Sports Director, Frank Laury and collaborated with SNPJ Recreation Director to develop a draft itinerary.

January- March 2021 I participated in a Female Board Zoom Meeting to provide updates in Group communications. I attended the Annual Physical Fitness Board as well as monthly Zoom Meetings to plan 2021 sport events. I presented information regarding the SNPJ Facility to the Supreme Physical Fitness Board and made recommendations for Family Fest. I assisted Supreme Physical Directress, Katie Swift in hosting Sokol Happy Hour Zoom Meetings.

April – June 2021 I submitted an article to *The Falcon* pertaining to positive and negative energy. I attended several Supreme Physical Fitness Board meetings via Zoom to receive updates on attendees for Family Fest, review draft itinerary of planned events and finalize details and responsibilities. I met Supreme Physical Directress, Katie Swift at SNPJ to coordinate final plans and details for Family Fest with SNPJ personnel.

July-September 2021 I co-coordinated events with Supreme Physical Directress, Katie Swift for Family Fest at SNPJ which included: Swimming, Walking Trail, Bonfires, Catered Breakfast, Lunch and Dinner, Craft Activities, Adult evening Socials, and Children Team Building Competitions. I attended Physical Fitness Board zoom meeting to recap 2021 events and discuss 2022/2023 Clinic and Slet.

October – December 2021 I attended several Supreme Physical Fitness Board meetings via Zoom to discuss Bylaw 7.3.

January- March 2022 I attended the Annual Supreme Physical Fitness Board as well as monthly meetings via Zoom to plan 2022 sport events and make recommendations. Preliminary details regarding the 2022 Clinic were also agenda items discussed.

April- June 2022 I submitted an article to *The Falcon* about the benefits of walking. I contacted previous members of the walking program to update records of participation and updated contact information on the Slovak Catholic Sokol website. I attended monthly Supreme Physical Fitness Board meetings via Zoom to discuss assignment of responsibilities for 2022 Clinic and 2023 Slet. I assisted James Matlon, Supreme Director of Sports and Athletics during the International Bowling Tournament and submitted the tournament article to *The Falcon*.

July- September 2022 I attended Supreme Physical Fitness Board meeting via Zoom to ensure all duties and responsibilities were met for 2022 Clinic. I assisted in the operations of the the International Clinic held at Kutztown University and worked collaboratively with the Supreme Physical Fitness Board throughout the Clinic to ensure it was productive and successful.

October – December 2022 I contributed to on-going communication via email with Supreme Physical Fitness Board Members to recap 2022 activities and generate recommendations for 2023.

January- March 2023 I attended the Annual Supreme Physical Fitness Board meeting in Pittsburgh, PA. to plan 2023 sport events, make recommendations and discuss details for the 50th International Slet. I attended monthly Supreme Physical Fitness Board meetings via Zoom to discuss plans for the 2023 International Slet and assignment of duties. I submitted an article to *The Falcon* recapping the 2022 Walking Program participation and sent awards to participants.

April- June 2023 I submitted an article to *The Falcon* regarding Join Hands Day and organized activities for monthly group walking events. I attended monthly Supreme Physical Fitness Board meeting via Zoom to review assignments for the 2023 International Slet and relayed information to the Group Physical Directresses via Zoom. I collaborated with T-Shirt Wizard for the design of the souvenir gifts for Slet participants.

Looking back on the past four years of my term reaffirms the core values of the Slovak Catholic Sokol- faith, family, good health, and happiness. I am thankful for being able to serve the organization as the Supreme Assistant Physical Directress. It is truly an honor to be involved in this capacity and I look forward to the continued growth of the Physical Fitness Program.

Zdar Boh

Nancy Kropolinsky
Supreme Assistant Physical Directress



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

In accordance with the by-laws of the Slovak Catholic Sokol, I, Janice Matlon, respectfully submit the following activity report for my term from 2020-2023, serving as a Supreme Physical Fitness Board Member.

2020

January-March

I attended the SPFB meetings held in Pittsburgh, Pennsylvania from January 17th-20th. Throughout these several days, along with all female members of the SPFB, we chose songs and choreographed the drills that would be taught at the 2020 International Clinic. At this time, I was also given the task to manage the SPFB's Sunshine Fund in order to send gifts and messages of both sympathy and congratulations to officers of our organization as those occurrences arise.

I began making Facebook posts on our Slovak Catholic Sokol page on February 13th in order to promote fraternalism. I continued these posts on the 13th of each month of the rest of 2020, as was assigned to me during the January meeting.

I attended a female SPFB meeting held via Zoom on March 31st. All other meetings from this point forward are held virtually.

April-June

I attended a SPFB meeting on April 19th to discuss how we could move forward with preparing for the International Clinic while we are not able to get together physically.

I attended a Virtual Happy Hour on May 1st.

I attended a SPFB meeting on May 9th to discuss further details about our upcoming Virtual Clinic.

I attended and helped facilitate Part 1 of the Virtual Clinic on June 13th.

I attended a meeting of the female members of the SPFB on June 26th.

July-September

I attended a meeting led by the female members of the SPFB in order to touch base with the directresses and assistant directresses. We communicated information that was specific to female drills and addressed questions and concerns of the directresses and their assistants. This took place on July 8th.

I attended and helped facilitate Part 2 of the Virtual Clinic on July 18th.

October-December

I attended a Virtual Happy Hour on November 6th.

I attended a SPFB meeting on November 7th to discuss our views on the 2021 Slet as well as initial plans for a 2021 SNPJ camp based on recommendations.

I wrote and submitted a Slovak Catholic Falcon article on the benefits of hiking at all times of the year. This was published in the December issue.

I attended a SPFB meeting on December 5th to discuss how we would proceed with our 2021 annual meeting and other upcoming 2021 events.

Over the course of 2020, I sent out four different gifts and cards using the Sunshine Fund, on behalf of the SPFB. These totaled \$238.53 and were covered by the \$250 donation that 10 SPFB members and 2 BOD members contributed in January.

2021

January-March

On January 7th, I attended a Zoom meeting that we had as a female board in order to discuss any points that we wanted to bring up the next week at our annual meeting and to be sure that we all were in clear communication with each other.

Then on January 16th, we held our annual SPFB meeting virtually. One of the main focal points of our meeting was to outline our needs and logistics for a family camp event at SNPJ in Pennsylvania. This would serve as an in-person event in the summer that could still safely take place during Covid times due to the fact that family units stayed together in cabins or campers, and the majority of events were held outdoors and/or in spacious rooms and halls. Additionally at this meeting, I continued to maintain the Sunshine Fund so that we could send appropriate communications and gifts to board members for either sympathy or congratulations for big life events.

I attended Zoom meetings on February 6th and March 6th for continued planning of the required details for the SNPJ camp. Board members were assigned to certain sub-committees and subsequent duties. My main task was to help plan sports-related activities that would take place at camp.

April-June

Monthly Zoom meetings continued in order to plan for the SNPJ camp. I attended these meetings on April 17th, May 15th, and June 12th. We had one additional meeting on June 28th as the event dates approached to be sure that we had all details covered and ready to execute.

During these spring months, I also communicated by email and a phone call with Frank Laury, who also was on the activities committee. He had lots of good ideas for which activities would work for which age levels. We outlined a variety of activities: some just for kids, some for whole families, and others for adults. We spaced them out in the agendas of each day at the camp. All board members helped fill in the details so that they would be able to be run smoothly.

July-September

One of our main events of the year was the SNPJ camp that ran from July 14th-18th. Board members and participants arrived at a variety of times, just as this camp was set up to be. All board members who were able to attend the event were present by the morning of July 15th so that we could hold an in-person meeting for the first time in 18 months, after participants were welcomed and were settling into their cabins. It was very fruitful to be able to hold the meeting in order to make sure that the rest of the structured activities at camp ran well and for us to discuss other points of business for the second half of 2021 as well as potential ways that Covid could impact the future of what events we are able to hold and in what format.

During camp, I was present and helped out at almost all structured activities to be sure that all supplies were where they needed to be, to help organize the participants, and to keep each activity running smoothly.

Then, I attended a Zoom meeting on August 21st to recap the SNPJ camp and golf tournament.

Finally, I attended a Zoom meeting on September 14th discussing the possible dates of a mini clinic to prepare for a potential 2022 slot. We also reviewed activities that had taken place at each group.

October-December

I attended a Zoom meeting on November 17th to discuss important updates as a board and how we would be proceeding at the start of 2022.

I wrote and submitted a Slovak Catholic Falcon article on the liturgical year, which was published in the December issue.

Additionally, I attended a follow-up meeting on November 21st to finalize some of the details discussed several days earlier about our stance of how our ideas as a SPFB would be presented at the Board of Directors meeting in the beginning of December.

Over the course of 2021, I sent out six different gifts and cards using the Sunshine Fund, on behalf of the SPFB. These totaled \$266.03 and were covered by the balance remaining from 2020 as well as 9 SPFB and BOD members contributed in 2021.

2022

January-March

On February 12th, I attended the annual SPFB meeting that we held virtually. I was the main recorder of the meeting minutes. During the meeting, we recapped our first Sokol FamilyFest event that occurred from July 15-18, 2021, recapped the 2021 Golf Tournament, reviewed group activities reports, looked ahead to the 2022 events, and reviewed other general points of business. Another main focal point was preparing properly for the 2022 International Clinic.

Additionally at this meeting, I continued to maintain the Sunshine Fund so that we could send appropriate communications and gifts to board members for either sympathy or congratulations for big life events.

On March 5th, I attended a follow-up Zoom call to our annual meeting, which served as the first of a series of monthly calls that we would have in order to continue to move preparation forward for the 2022 International Clinic.

April-June

Monthly Zoom meetings continued in order to prepare for the 2022 International Clinic. I attended these meetings on April 12th, May 21st, and June 18th.

Throughout this quarter, I also reviewed the clinic itinerary and upcoming duties that we would all have at the Clinic in order to know what to expect and be prepared. These documents were all sent and reviewed by email.

July-September

On July 7th, I completed and then passed a background check in order to participate in that month's Clinic event.

On July 9th, I attended a Zoom meeting to be sure that all last-minute items were ready to go for the next week's Clinic. We reviewed when everyone would be arriving and made sure that all items were covered on our "to-do" list.

On July 13th, I arrived on campus at Kutztown University in Kutztown, Pennsylvania, in order to make preparations for the 2022 International Clinic, along with the rest of the SPFB. We held our first meeting that afternoon in order to organize what errands we had to run when and what the timeline of tasks was to be completed that day and the next morning. That day specifically we made sure all copies and folders were ready to go for all participants to have the correct information throughout the Clinic.

From July 14th-17th, I helped to successfully run the 2022 International Clinic along with the rest of the SPFB. This included getting supplies the morning of the 14th that we would use throughout the clinic such as snacks and drinks and items needed for our Minute to Win It games on the final night. When participants arrived later that day, we got right to learning the drills. I helped to guide the female group directresses and assistants throughout that drill session and during all of our subsequent drill sessions, answering questions and demonstrating drill moves when needed. I followed the lead and instructions of both our Supreme Physical Directress Katie Swift and Assistant Supreme Physical Directress Nancy Kropolinsky in order to carry out the events of each day to the greatest level of success possible. Additionally, I helped to review and edit both the general rules and regulations along with the activity/sport-specific rules that we discussed during our meeting session the night of the 14th. Finally, I tried to talk and interact with a variety of our Clinic participants throughout the days we were there in order to support them and build rapport in both formal and informal ways.

On July 19th-20th, I wrote and submitted a Slovak Catholic Falcon article to review the Clinic that had just occurred. It was published in the August issue.

October-December

I did not participate in any activities specific to my role as a Supreme Physical Fitness Board member during this quarter due to the fact that the main preparations for the 2023 International Slet are done at the group level at this time.

Over the course of 2022, I sent out four different gifts and cards using the Sunshine Fund, on behalf of the SPFB. These totaled \$240.85 and were covered by the money that 9 SPFB and BOD members contributed during the year.

2023

January-March

On January 13th and 14th, I attended in-person meetings in Pittsburgh, Pennsylvania that we had as a Supreme Physical Fitness Board. I recorded the minutes from our formal meetings. The main topics we discussed were recapping the events that were held in 2022 as well as planning and the next steps to be executed for the 2023 International Slet.

I attended the SPFB Zoom meetings on February 7th and March 7th to continue to move forward with Slet preparation and to assign specific tasks to individuals. We also discussed setting firm and earlier-than-normal deadlines for participants so that we could have an accurate idea of how to structure events during the Slet.

On February 23rd, I submitted the edited and finalized minutes from the January meeting.

April and May

I attended the SPFB Zoom meetings on April 11th and May 2nd to continue to formulate more specific plans based on the number of participants in the different age groups and genders. We are making adjustments accordingly, condensing some events and timelines as needed.

I attended a Zoom meeting with female Board members and directresses on April 27th. We talked about how different teams are handling drills now that team drill includes juniors and seniors combined. There were several success stories and several challenges so far, especially regarding marching with many different heights of people. The Board was able to hear the feedback directly so that we could make improvements moving forward.

On May 26th, I sent out an email to all groups regarding details about poster designs for the Slet. Each group will have the chance to submit designs in order to be printed on corrugated cardboard posters that we will display throughout campus in order to promote Sokol spirit overall. I will be handling further details and questions about this moving forward.

Projected June and July

I will be attending the SPFB Zoom meeting on June 6th where we will really solidify who is assigned to what to be sure that plans are fully laid out in order to be executed for the Slet itself. Most tasks will have to be taken care of in June, and some will have to wait until we are on campus in July.

I will be contacting Kutztown Printing in order to be sure that they can meet our needs for printing posters. I will contact them the week of June 19th after posters are due so that I can discuss more specifics about the designs submitted and how many should be printed, etc.

I will be attending the International Slet from July 11th-16th, taking on all duties assigned to me in both preparing for the Slet on the 11th and 12th and ensuring the Slet runs smoothly from the 13th-16th.

Zdar Boh,

Janice Matlon

Supreme Physical Fitness Board Member



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

While being on the Supreme Physical Fitness Board for the past four years I had the honor of working with the other board members. Even though the beginning of the term we had our challenges due to the pandemic.

As per the Bylaws of The Slovak Catholic Sokol for Duties of the Members of the Supreme Physical Fitness Board Section 4.12 (d) I am submitting my 4 year report.

January 2020 - December 2020

January 19-23 Attended my first Supreme Physical Fitness Board Meeting in Pittsburgh, PA.

March 31 Attended the first virtual meeting of the SPFB due to the pandemic

April 5 The SPFB had their virtual meeting due to the pandemic.

May 5 The SPFB had another virtual meeting to discuss plans on the future clinic.

June 14 Attended the first SPFB virtual International clinic with the Groups Director and Directress

July 18 Attended the second SPFB virtual International clinic.

Through out the rest of the year I attended Virtual happy hour hosted by the Supreme Physical Directress.

January 2021 - December 2021

January 15 Sokol Happy Hour via Zoom

January 16 SPFB Meeting via Zoom

February 5 Sokol Happy Hour via Zoom

March 5 Sokol Happy Hour via Zoom

March 6 SPFB Meeting via Zoom

April 17 SPFB Meeting via Zoom

May 8 SPFB Meeting via Zoom

May 15 SPFB Meeting via Zoom

June 12 SPFB Meeting for preparations for the SNJP Camp via Zoom

July attended several meeting about the SNJP Camp

July 15-18 Attended the SNJP Sokolfest Camp

August 21 attended SPFB meeting to recap the 2021 events, SNJP, Golf and future events via Zoom

November 17 SPFB meeting to discuss Bylaw 7.3 and each person's stance to be represented by the Supreme Directress and Sports Director at the Board of Directors meeting via Zoom

November 21 SPFB meeting via Zoom

January 2022 - December 2022

February 12, 2022 Annual Fitness Board Meeting via a zoom call

March 5, 2022 Supreme Physical Fitness Board zoom call

April 12, 2022 Supreme Physical Fitness Board zoom call

May 21, 2022 Supreme Physical Fitness Board zoom call

June 6, 2022 Supreme Physical Fitness Board zoom call

July 9, 2022 Supreme Physical Fitness Board zoom call for the up coming Clinic at Kutztown University

July 13-17, 2022 Slovak Catholic Sokol Clinic that was held at Kutztown University

October 2022 Attended a Halloween Trunk & Treat with Group 7 for a benefit

November 2022 Attended the annual Group 7 Meeting at St. Robert Bellarmine

January 2023 - August 2023

January 13-14 Attended the first in person SPFB meeting since the pandemic in Pittsburgh, PA since January 2020

February 7 Attended the SPFB had a meeting via Zoom call to discuss additional details for the 50th International Slet.

March 7 Attended the SPFB had an meeting via Zoom for updates on the International Slet.

April 11 Attended the SPFB had a meeting to discuss the schedule for the International Slet.

May 2 Attended the SPFB meeting

June 6 Attended the SPFB meeting to go over the final assignments and plans for the International Slet.

July 13-16 Attended the 50th International Slet at Kutztown University

August 5-8 Attended the 34th Quadrennial Convention

August 18-20 I attended the annual International Golf Tournament at Kennsington golf club in Canfield, Ohio and the Flying B golf Course in Salem, Ohio

Respectfully Submitted

Robert Palchanis

Supreme Physical Fitness Board Member



SLOGAN: "A Sound Mind in a Sound Body"

MOTTO: "For God and Nation"

SLOVAK CATHOLIC SOKOL

In accordance with the by-laws of the Slovak Catholic Sokol, I, Kristen Popik, respectfully submit the following four year activity report for my term as a Supreme Physical Fitness Board Member.

January-December 2020

I started the year by looking into music options to use at the Supreme Physical Fitness Drill weekend to help with the new drills.

I attended my first SPFB meeting held in Pittsburgh, Pennsylvania, on January 17-19th. At the SPFB I participated in the choreography of the drills with the fellow female members of the board.

February 10th Janice and I submitted the minutes for the SPFB meeting.

I posted monthly on the Slovak Catholic Sokol Facebook page.

March 31st I was in attendance at the SPFB meeting via zoom.

April 5th I was in attendance at the SPFB meeting via zoom.

April 14th I was in attendance at the female members of the SPFB meet via zoom to discuss the drills.

April 19th I filmed the JR Girls drill and sent to the Female Board Members.

Due to the global pandemic the SPFB members met via Zoom to discuss the options for the 2020 Clinic as well as other virtual events, occurred on May 9th. At the zoom meetings we reviewed and revised the Rules and Regulations as well as Qualifying times and score sheets.

June 13th a virtual clinic was held to review the updates to the rules and regulations with the group directors and directresses.

June 23rd I was in attendance at the female members of the SPFB meet via zoom.

July 8th I was in attendance at the female members of the SPFB meet via zoom.

Attended zoom clinic/meeting with all the directors and directresses on July 18th

I attended local Group 19 and Assembly 227 annual meeting on July 25th. Officially voted in new directress Anne Marie Wasilewski, and no assistant till further notice. Spoke of news for international clinic and golf being canceled.

Wrote an article for the newspaper regarding International Golf week and the great turn out despite everyone remaining in their own state/country.

Attended virtual happy hour multiple times.

Oct 10th I held a meeting with the group 19 director and directress to inform them of the cancelation of the 2021 slet and its movement to 2022 as well as the idea of a camp for July of 2021 to hear their thought and opinions.

November 7th I was in attendance at the SPFB meeting via zoom.

Dec 5th I was in attendance at the SPFB meeting via zoom.

January- December 2021

I attended a virtual female board meeting on January 7th to discuss the structure of the annual report and finalize any details for the annual board meeting.

Due to the pandemic the SPFB meeting for 2021 was held via zoom on Saturday, January 16th at 10am. We discussed the SNJP camp for July 2021 and the slet for 2022. We each obtained committee rolls for the SNJP camp. We kept the same Facebook posting dates and Falcon article months.

January 30th I submitted my year-end report for 2020 via email.

February 5th, I attended Sokol Happy hour on zoom where everyone shared their hidden talent.

February 6th, I virtually attended the SPFB meeting to discuss the SNJP camp in July.

March 6th, I virtually attended the SPFB meeting to go into further detail regarding the plan for the SNJP camp in July and responsibilities required for the event.

April 17th, I virtually attended the SPFB meeting to finalize a schedule for SNJP and discuss the numbers and deadlines for reservations.

May 15th, I virtually attended the SPFB meeting to discuss the SNJP camp in July. We reviewed attendance for the event, schedule for the week and assigned everyone activities to run, as well as agreeing on handing out welcome bags.

June 12th, I virtually attended the SPFB meeting to discuss the SNJP camp in July. The final registration date has passed so we have a final count for attendance. The decision was also made

that the Canadian board members would not be able to attend the event in person as there are covid restrictions on border crossing.

June 28th, I virtually attended the SPFB meeting to finalize the details in agenda and event responsibilities for SNJP camp.

August 13th, I had a phone call meeting with group 19 Sports Director to discuss the Canadian golf tournament results and success.

August 21st, I virtually attended the SPFB meeting to recap the events of 2021. Mainly discussing the success of the SNPJ camp and the Golf tournament.

August 19th, I submitted my article for the Falcon regarding the golf tournament in the states and in Canada that both occurred on the same weekend of the

September 14th, I virtually attended the SPFB meeting to discuss the dates and possibilities of a mini clinic for slet to be held in January along with the annual board meeting. Also discussing group activity that have occurred over the past year and any new possible activities/events we can implement. New ideas such as painting rocks, and I was assigned the task of coming up with a new slogan for the next slet.

October 2nd, I attended a conference call for the annual group 19 meeting. I informed them of the event updates for the possible mini clinic and slet in 2022.

November 17th, I virtually attended an emergency SPFB meeting called by our Supreme Director of Sports and Athletics to discuss our Bylaws and Procedures

November 21st, I virtually attended the SPFB meeting and discussed the 50th slet and when to do hold the clinic.

I posted monthly on the Facebook group.

January- December 2022

January 30th, I submitted my year-end report for 2021 via email.

Due to the continuation of the pandemic the SPFB meeting for 2022 was held via zoom on Saturday, February 16th at 10am. We delayed it to February in hopes that the borders would open up but this was not the case. During the meeting we discussed the SNJP camp that occurred in 2021 and the success it was. We moved onto new business discuss the clinic for 2022 and the 50th Slet for 2023.

March 5th we had a SPFB meeting at 10am. We discussed the clinic and the number of days and possible activities such as going to an amusement park that are put up for discussion at the BOD meeting.

April 12th we had a SPFB meeting. Discuss the resignation of a board member, and the clinic.

May 21st we had a SPFB meeting via Zoom to go over the clinic details.

June 18th. The SPFB held a virtual meeting to go over tasks for the clinic and updates with the number of attendees from each group.

July 9th the SPFB held a virtual meeting to go over the final details for the clinic.

July 13-17 I attended the SCS Clinic at Kutztown university. It was the first time I got to see the SPFB in a year and a half. I think it was a great success and everyone is excited for the slet next year.

August 11-13 I attended the 67th Annual Sokol Golf Tournament in DuBois PA. I started each day by checking in the golfer. As they golfed, I went around taking pictures and posting about the event in the Facebook page. On the last day I was able to help calculate all the golf scores.

August 24th I submitted the August Falcon article about the Gold tournament.

January- December 2023

February 7, I attended a SPFB meeting via zoom to discuss the 50th slet.

February 20th I submitted my year end report for 2022 via email.

March 7th I attended a SPFB meeting via zoom to discuss the 50th slet.

April 11th I attended the SPFB meeting via zoom

April 27th I attended an all girls meeting followed by directress meeting

May 2nd SPFB meeting via zoom about the 50th

May 19-20th I attended the International Bowling tournament in Buffalo, NY. I aided in checking in all the bowlers, taking photos and posting them to the Facebook page and socializing with the participants at the event.

May 28th I attended group 19s annual meeting to discuss the slet and upcoming convention this year as well as the group golf tournament and past events the group has partaken in.

June 3rd I attended and playing in the group 19 annual golf tournament at Turtle Creek golf course.

June 6th SPFB meeting via zoom to delegate tasks for the 50th Slet

June 7th I submitted my article for the falcon about the bowling tournament.

June 20th SPFB meeting to finalize items for the slet

July 12-16th I attended the 50th Slet in Kutztown PA.

August 5th-8th I attended the convention in Scranton, PA.

Zdar Boh,

Kristen Popik

Supreme Physical Fitness Board Member